HHS Faculty and Alumni living green in the Great Outdoors
Message from Dean Hopkins

HHS in the Great Outdoors

Dean Marilyn Hopkins

Since this issue of Update features sailors, cyclists, hikers, and rafters, I must confess that I do not spend as much time outdoors as I would like. I love to camp, take leisurely walks and swim, but I’ve gotten into a rut during the winter months. Long hours at work have become a habit and weekends seem full of family responsibilities and household chores.

After reading about the enthusiasm of our alumni and faculty for the great outdoors, I took paper, pen, and a sack lunch and headed to a shady campus bench in the Quad to write these remarks. Trees were lush and green and blossoms were everywhere. Students congregated outside in groups, laughing and talking, and I noticed the return of my least favorite footwear, the flip flop! I know it’s not high adventure, but I enjoyed my outing. I engaged in some serious people watching and was entertained by the plump gray squirrels that raced up and down tree trunks near my bench. You can’t help but be optimistic about life when you feel warm sun on your face and a gentle breeze blowing.

That’s why I love spring and I love living in Sacramento.

So, if you haven’t been to campus in awhile, come see us now. Stroll through the university arboretum at the front of campus, walk along the levy by the river toward the H Street Bridge, or head over the Guy West Footbridge to Campus Commons. The parklike grounds of campus make a perfect place for a family picnic, a game of flag football, a leisurely bike ride, or a nice nap under one of our giant trees. Admission is free and you don’t need a ticket to ride. Come back for a visit and explore the great outdoors at Sacramento State.

Marilyn Hopkins

Sac State Library Quad

ON THE COVER: RLS professors Jennifer Piatt (left) and Kathy Martinez are ready to hit the road wearing their Team-In-Training shirts. (Page 8)
Nursing alumna Barbara Quinn has discovered how to maintain her perspective while raising her three children, earning her degrees, and advancing within her career. The solution is perfect in its simplicity: hike to the top of a mountain.

“It is easy to become wrapped up in work and family concerns, but when you are outside, you see how big nature is and how small your issues are in comparison,” says Quinn. Daily walks substitute for hikes during work days, but Quinn and her husband Tim plan longer hikes and backpacking adventures for weekends and vacation times.

Quinn’s favorite hiking is in Yosemite National Park. In fact, the couple was married in a meadow there. And in 2005, she hiked to the top of Half Dome. “When you are in the middle of a hike, you realize that quitting is not an option; no-one is around to carry you out. You gain a tremendous sense of confidence and strength with each successful hike.”

Challenges have always been part of Quinn’s life. Returning to school with three small children at home, she graduated with her B.S.N. and hit the job market in 1994, a particularly tough time for nursing positions. Starting in a transitional care unit at Sutter Hospital, she eventually worked her way into acute care. “I love the variety of doing acute care,” she says, “It is never boring, and I liked being able to care directly for patients. In time, however, I got increasingly involved with clinical improvement.”

She joined Sutter Medical Center’s Sacramento Clinical Ladder Program in which nurses write about their level of practice within seven domains, detailing what they are doing on a daily basis to deliver a standard of care above the norm. These stories raised her consciousness regarding her own career and inspired her to return to school for her M.S.N.

“I was convinced I could make a difference, not only to patients, but to my fellow nurses,” Quinn says. Since earning her degree and her certification as a Clinical Nurse Specialist, she has taken a position as Concurrent Care Interventionalist in Sutter’s Integrated Quality Department, or as she puts it, she is a “core measure coach.” In short, she helps nurses standardize and quantify the quality of care so that they can not only consistently meet, but also exceed, mandated norms.

ON A PERSONAL NOTE: Barbara and Tim Quinn say that two of their favorite hikes have been the rim trail around Lake Tahoe and Round Top at Carson Pass. An amateur photographer, Barbara Quinn has piles of scrapbooks filled with pictures of mountains, wildlife, meadows, lakes, streams, and trails—visual reminders of the perspective she finds while hiking.
In 1999, physical therapy students preserved Professor and Chair Susan McGinty’s name for posterity—engraved on a two-foot high golf trophy.

Organized and run by students, the McGinty Golf Tournament has developed into a tradition entrusted to the succession of physical therapy majors. Working through the Physical Therapy Majors Club, each class takes its turn at running the event created to strengthen connections between the University, its faculty and students with physical therapy alumni and the community.

The Tournament grows with every passing year. This year, event planners expect close to 100 participants. Sponsors and contributors represent the range of the health and wellness industry in the Greater Sacramento Region, including individuals like Al Biancani, a local strength and fitness guru; companies such as Berger Rehabilitation, Fleet Feet and La Foot Plus; and many others. Alumni weigh in heavily as participants as well as sponsors.

Carina Bender-Abrams, current president of the P.T. Majors Club, reports that this year the tournament is scheduled at Cherry Island Golf Course in Elverta on May 5. The shotgun play starts at 8 a.m., but interested parties are also invited to come just for the lunch and award presentations at noon. Besides the McGinty Cup awarded to the top finishers, there are lots of prizes to be won, all donated by such sponsors as Cherry Island, golf equipment shops, wineries, fitness companies, etc.

McGinty says that the money raised through the tournament has helped pay for such “extras” as required State test preparation materials for students, funding for student and faculty research projects, and professional development for physical therapy faculty. “The Tournament is a wonderfully fun way for alumni and students to connect while supporting the top-quality P.T. program we have here at Sac State,” says McGinty. “And there is room on the trophy for 25 years’ worth of winners.”

Anyone interested in finding out more about participating in or sponsoring future tournaments is invited to contact the Physical Therapy Department at (916) 278-6426.
Too often society convinces us that all of our time needs to be spent producing something. It is not unusual to hear people boast about not having taken vacation from their jobs in years or recounting how many miles they drove or visits they crammed in to their so-called free time; children have schedules packed tightly with structured lessons and practices; our elders fight depression when faced with forced retirement. Productivity, a lynchpin of economic success, can become a stumbling block to people’s health and well-being.

RLS Professors David Rolloff and Kath Pinch teach the value of regeneration through true recreation.

Rolloff, who spends his summers serving as a Forest Ranger, teaches courses on the ecology of recreational areas, the recreational use of natural resources, and visitor management. When not in the classroom, he can often be found leading students on backpacking excursions to directly experience the great outdoors. The experience is relevant for everyone, not just RLS majors.

“The lessons learned in these classes will impact students their whole lives. These are future Scout leaders, parents, legislators, consumers; we all benefit from knowing the value of natural places: its impact on economics, human health and relationships, future resources,” explains Rolloff who refers to Sacramento as being “phenomenally placed” with its access to resources ranging from whales at Port Reyes to Alpine camps of the high Sierras to salmon running in the Sacramento River.

This adventure education might not have been possible a few years ago because to safely hike through natural environments, students needed to have at least the bare necessity of equipment. Not long ago, the College of HHS purchased backpacks for student use. Now approximately 60 students each semester get to experience the outdoors safely.

Pinch, Rolloff’s colleague, has extensive wilderness experience in her home country of Australia as well as in Great Britain, New Zealand, Nepal, and the United States. She too is an enthusiastic exponent of experiential education which immerses students in action, then has them reflect on those experiences. Experiential learning helps focus personal values while increasing confidence levels and team-building skills.

“When learners are directly engaged and their experiences are focused by a skilled leader, those learners develop competence which leads to confidence; the experience also often leads to clarification of personal values that have broad impact on their lives,” says Pinch.

Pinch’s focus includes the water resources so abundant in this area. Being an avid rafter and canoeist herself, she would like to see her students more fully utilize the 23 miles of river near Sac State. While presently limited to equipment borrowed from the Aquatic Center, she hopes HHS will someday have enough canoes of their own to lead students out onto the water on a more regular basis and take them places unreachable from the Aquatic Center.
Social Work Leads to Office

"If you’re not part of the solution, you’re part of the problem..."
— Sydney J. Harris

Harris’ statement could well serve as a call to service for social workers everywhere. Certainly the logic helped motivate Social Work professor Susan Talamantes Eggman to pursue a seat on the city council in Stockton last year.

“Social work professionals are used to working across systems,” says Eggman. “And I have always believed that if I did not like something in a system, I needed to work to change it.”

That “something” she did not like included the way the neighborhoods around her home were deteriorating. With areas of town becoming rundown or overdeveloped, with the crime rate skyrocketing, with injuries and deaths making the nightly news, Eggman decided it was time to take a stand—or actually a seat—when a spot opened up on the six-member city council. Being a political outsider, her election support would have to come from the very people she was so keen on helping.

The professor, in her sixth year teaching at Sac State, recognized her grass-roots candidacy as an ideal learning opportunity for her students. “As social advocates,” says Eggman, “policies drive our practice. Understanding how to work within the existing system to affect necessary policy change may be the key to being effective in our field.”

Starting in fall 2005 semester and working through to the November 2006 election, students volunteered time to help out on Eggman’s campaign—and experience the American political process up-close and personal. They got hands-on practice in researching issues, conducting surveys, compiling information, and organizing man-power. Perhaps even more importantly, they got out into the streets themselves. Knocking on doors and talking to people on their home ground, students learned first-hand about social issues that affect people. For some it was their first exposure to poverty or discrimination; for all it was enlightening. Students also got to work with faculty from other disciplines who were also active supporters. In the end, it was all highly effective.

Eggman is now serving on the Stockton City Council, and in doing so, she is living what she teaches.

PERSONAL NOTE Eggman earned her undergraduate in psychology and graduate degree in social work from CSU Stanislaus, and she received her doctorate in philosophy from Portland State University. Beginning her career as a hospital-based hospice counselor, she chose social work out of a desire to “improve the circumstances of people’s lives.”

Policing the Wilderness

Whether patrolling on foot, in a vehicle or on an ATV, a kayak or a jet ski; riding on horseback or flying in a helicopter; dressed in a uniform or disguised as a hunter or angler; “Working as a game warden in California is the best law enforcement job in the world,” claims CRJ alumnus Captain John Baker.

Growing up in Columbia State Park in Tuolomne County, Baker already had a love of the environment, and as the son of a constable, he had a respect for law. The Department of Fish and Game was a natural blend of both.

An internship with the Department of Fish & Game developed into a student assistantship, helping Baker support his education. Graduating from Sacramento State with his B.S. in criminal justice in 1989, he continued to work for Fish & Game, becoming a game warden in 1992. His areas of responsibility have encompassed some of the most beautiful country in California, starting in northern Santa Barbara County. A promotion to lieutenant in 1998 brought him to the Fresno area; when promoted to captain in 2005, his duties branched out to include overseeing the law enforcement function for the Department in the counties of Madera, Fresno, Tulare, Kings, Kern, Inyo, Mono and San Bernardino County north of HWY 58.

Baker savors the stewardship role that is inherent in his job. Although game wardens need to be prepared to deal with criminal activity from spousal assault and drunk driving to poaching and unlawful selling, the end result of all their efforts focus on protecting the environment and the wild life within it. Over-the-limit fishing or hunting may impact future resources; unlawful dumping and pollution can endanger species and cost millions of dollars; marijuana farming or meth labs can adversely affect the surrounding area and hamper the ability of the public to enjoy the natural resources. And these are just a few examples.

Wardens generally work alone which involves a lot of freedom—and a lot of responsibility. “It’s like being an entire police department by yourself,” says Baker. “We work alone, gathering evidence and following the case through to the end. We have to find justice for victims who don’t speak.” Baker has found the career to be challenging, but so personally rewarding that he invites anyone interested in finding out more about a possible career in the Department of Fish & Game to call either the Sacramento headquarters at 916.651.9953 or to contact him at 559.243.4005.

ON A PERSONAL NOTE John and his wife Sara have an 11-year old daughter, Rebecca, and an 8-year old son, John. They reside in Fresno, enjoying all the amenities offered by the city while staying within reach of the area’s natural resources.
Sailing through life

When KHS Alumni Craig and Ann Perez met, they could not have known they would spend the rest of their lives together. Quips Craig, “On each anniversary of our first date, I gave Ann a rose for each year we have been together. It is getting tough to find that many roses.” It was 35 long-stemmed beauties last year.

Ann and Craig were both interested in physical education and teaching. In 1977, he earned both his B.A. in physical education with a minor in science and his K-12 teaching; she was a year behind with the same degrees. Ann began her teaching career in Sacramento while Craig worked towards his master’s degree at Sac State. In 1981, when Coach Ray Clemons needed someone to turn the idea of an aquatic center into a reality, he turned to someone who had been a sailor all his life: Craig Perez.

“I had been doing substitute teaching in the San Juan system after leaving the residence hall in 1980, and I was working on my thesis with Professor Cary Goulard. I was also teaching skiing and playing tennis depending on the season, but the idea of a facility devoted to hands-on learning for water-based skills was exciting,” says Perez. “Ray [Clemons] and Garth Tanner from the State Parks Department drew up the site for the Center on a table napkin and roughed out an agreement. I started out at the Folsom Dam off Hazel Avenue with three cargo containers, a port-a-potty, and a parka. No phone, no electricity.”

Thus began what would become a 19-year full-time commitment overseeing the birth and maturation of what is now a world-renowned aquatic center.

Celebrating its 25th anniversary in 2007, the Sacramento State Aquatic Center is a cooperative operation of Sac State’s Associated Students Inc., the California Department of Boating and Waterways, and the California Department of Parks and Recreation. Supporting its mission to provide high quality boating and safety programs through education, recreation, and competition, the Center has provided instruction to thousands of students as well as the general public. It also provides a top level venue for competitive rowing teams, international and national events, and progressive summer camps and youth programs. Its success is a source of great pride to Perez, but eventually, he shares, it became time to move on.

In 2000, he accepted a position as a fundraiser with Sac State’s development office, and in 2005, he became a stewardship officer. He is now working on projects near to his heart, including the future Broad Athletic Facility and the revitalization of the Stinger Athletic Association.

Ann Perez has spent 19 years in the field of special education, after earning her bachelor’s degree in physical education and her K-12 teaching credential, then adding a master’s degree in special education, a specialist/severe handicapped credential, and an administrative services credential.

She is executive director of Grizzly Creek Ranch, a project of the Sierra Health Foundation in Portola, CA, that helps kids with special needs, learn independence, and confidence through organized camping experience.
Laura (Waters) Horn (B.S. Audiology 2002; M.S. Speech Language Pathology 2005) can see the ocean from her front door. That close proximity has fueled her latest passion: surfing. Laura and Clayton Horn chose to locate their home in Crescent City to be better able to enjoy a lifestyle founded on fresh air, exercise and adventure sports.

Since they met nine years ago, the couple has snorkeled in Hawaii, skied at Sugarbowl and Alpine Meadows, fished for steelhead trout, kayaked through class-five white water, biked up mountains and backpacked through wilderness—and that is the short list.

"People at Sac State would probably remember me from my injuries," says Horn. "At the start of my master’s program, I came to class with my shoulder strapped up and 11 stitches across my eyebrow." While kayaking in the white water of the Tuolumne River, she flipped over and struck the rocks. It took her more than three hours in 90-degree heat to hike out of the deep canyon. She dislocated that same shoulder three more times before getting it surgically repaired. None of her injuries has daunted her zest for the great outdoors, however.

She was working in the Rio Linda Unified School District almost two years ago when the opportunity arose to work for Del Norte County Unified School District in Crescent City. Says Horn, "My husband and I love the area here. Life is slower, simpler, healthier, and there are so many great outdoor activities available. And I just love working with children." She adds that her school district has an opening for another speech pathologist and audiologist—in case one of her fellow alumni is interested.

Horn credits Sacramento State for the education and support that has enabled her to work in the field she loves while living in a locale that allows her and her family to enjoy the outdoors.
If you would like to publish news about your important life changes and professional accomplishments in an upcoming HHS Update magazine, submit items to the Dean’s Office at (916) 278-7255.

Social Work
2000–Present

NINA DYBA. M.S.W., Sacramento State 2006. Dyba is currently working for Sacramento County as a social worker, working locally to engage youth with mentors in their community. She also serves on the SETA Head Start Board of Directors and the Sacramento Valley Regional Care Coalition Board of Directors.

Kinesiology and Health Science
2000–Present

STACEY ANKER. B.S. Kinesiology/Exercise Science, Sacramento State 2002. Anker will be graduating from San Francisco State this spring with a degree in graphic design, with emphasis on industrial design. She notes that while it is not using her kinesiology degree, it is something about which she is passionate. stac-ey@sfedu.edu

SHAUNTAY DAVIS. B.S. Health Science, Sacramento State 2000. Davis is being honored as one of Sacramento’s Thirty under 30 for 2007 by the Observer Newspaper, which annually recognizes 30 young men and women under the age of 30 who exemplify accomplishment, leadership, dedication and commitment in academic settings and professional environments.

Nursing
2000–Present

NICK ALLEN. R.N., B.S.N., Sacramento State 2004. Working in the pediatrics unit of UC Davis Medical Center for the past two years, Allen has had the opportunity to mentor students from Sac State’s nursing program. Allen hopes to someday work at the Lucile Packard Children’s Hospital at Stanford University Hospital. Living in downtown Sacramento, he spends his free time coaching basketball at his former grade school, St. Ignatius. He can be reached at nicksonallen@sbcglobal.net

1990–1999


1970–1979

JUNE INUZUKA. B.S.N., Sacramento State 1978. After working as a nurse for 5 years, Inuzuka earned her J.D. from the University of Maryland Law School. She worked for the Maryland Attorney General, and then did a fellowship in women’s rights in Washington, D.C. Moving to Denver, CO, she stayed home raising her three children. In 2005, she obtained her real estate license and has been involved in real estate investment and property management. Currently she is also training to work in immigration law. Her hobby is documentary filmmaking which she is studying at the Colorado Film School. She may be contacted at jinuzuka2000@yahoo.com.

KATHY (STEPSHES) THOMAS. R.N., P.H.N., B.S.N., Sacramento State. Moving to San Francisco recently after 12 years in Crescent City where she worked as a CA State Public Health Nurse, Thomas is expand-
news from the front
College of Health & Human Services

Criminal Justice

FACULTY PUBLICATIONS/PROJECTS:
» CRJ faculty have delivered multiple scholarly papers at the annual conferences of the American Society of Criminology, Academy of Criminal Justice Sciences and Western Society of Criminology.
» Xin Ren published “Delinquency and Juvenile Justice Systems in the Non-Western World,” co-edited with Paul C. Friday.

DIVISION UPDATE:
» A forensic investigation minor, open only to chemistry and biology majors, has been opened within the Division.
» Faculty have developed on-line degree programs to be offered to working professionals through the College of Continuing Education.

Kinesiology & Health Science

FACULTY PUBLICATIONS/PROJECTS:
» Fred Baldini, Chair of KHS, attended the Management Development Program at the Harvard Institute of Higher Education this past summer.
» Lindy Valdez was selected to receive the 2007 California Association of Health, Physical Education, Recreation and Dance (CAHPERD) Honor Award for meritorious contributions made in the areas of service, research, teaching and administration.
» Maureen Smith has been elected president for the North American Society for Sports History, an international society whose mission is to promote, stimulate, and encourage study, research and writing of the history of sport.

DEPARTMENT UPDATE:
» This year the KHS Athletic Training Education Program, coordinated by Doris Flores, was granted continued accreditation by the Commission on Accreditation of Athletic Training Education (CAATE).
» Jennifer A. Simpson, a HLSC major, has been selected for a National Institutes of Health Undergraduate Scholarship for Individuals from Disadvantaged Backgrounds. She was one of 13 recipients selected from a national pool of more than 300 applicants. She will travel to a NIH laboratory in Washington, D.C. this summer to do a 10-week internship.
» The Health Science Program continues its record setting pace in enrollments. In fall 2006, there were more than 300 declared health science majors and 174 freshman applications to the Health Science Program, and health science courses were at 92% capacity.

Nursing

FACULTY RETIREMENTS:
» Ann Haffer, professor of Leadership and Management, has retired.

FACULTY PUBLICATIONS/PROJECTS:
» Tanya Altman’s article “Oregon’s Death with Dignity Act: A Health Policy Analysis” was published in the Journal of Nursing Law (January 2007).
» Christine Vourakis received the Sigma Theta Tau International Chapter Excellence Award for Research.
» Bridget Parsh had her article, “Want to become a clinical nursing instructor? These 10 tips will get you off to a good start.” published in Nursing (2006).
» Debra Brady coordinated the participation of 23 students and their faculty supervisors in the Student Health Center’s Mile High Health Fair on the quad last fall. The teams administered over 400 flu shots, giving nursing students invaluable experience.

DIVISION UPDATE:
» The remodeling of El Dorado Hall, which houses the Division of Nursing, is complete. There are now two simulation labs: one adult and one maternal-child. In addition, a former classroom has been converted to a 10-bed skills lab, and faculty and staff offices, a lounge and a reception area received a “facelift.”
» Fifty-four Entry Level Master’s students (ELMs) will be completing the pre-licensure portion of their program by the end of August, and then roll right into graduate courses in the fall. Summer 2007 will also see 40 students in an Accelerated Second Bachelor’s Program (ASBS).
» The R.N. to B.S.N. program will be expanding as on-line courses for fall 2008. Workforce Investment Act Funds will provide for student stipends and development of an on-line format for working nurses who live in out-lying areas.

Physical Therapy

FACULTY PUBLICATIONS/PROJECTS:
» Six faculty have had the results of their research efforts accepted for presentations at the World Confederation of Physical Therapy, International Congress (WCPT) in Vancouver, B.C. in June: Ed Barakatt, Rafael Escamilla, Clare Lewis, Susan McGinty, Michael McKeough, and Brad Stockert. Areas of research include efficacy of augmenting the teaching of neuroanatomy with computers; quantifying the numbers of physical therapy clinics in Northern California who encounter patients with Limited English Proficiency; and applied clinical research related to low back pain, therapeutic exercise, and balance assessments. The prestigious WCPT meetings occur only every four years around the world.
» Rafael Escamilla traveled to Turkey for invited presentations at a rehabilitation conference.
» Brad Stockert has been appointed a member of a Task Force convened by the P.T. Board of California to develop the implementation rules for the new continuing education requirements for physical therapists in California enacted into law this past year.

DEPARTMENT UPDATE:
» The Department has established an articulation agreement with A.T. Still University, Arizona School of Health Sciences for a post-professional D.P.T. degree for our master’s degree graduates. An articulation agreement for graduates of our baccalaureate curriculum is also being developed. Interested alumni can follow a link for more information from the department’s website: www.hhs.csus.edu/pt.

Recreation & Leisure

FACULTY RETIREMENTS:
» Ernie Olson is participating in the Faculty Early Retirement Program, after serving the department for more than 30 years.

FACULTY PUBLICATIONS/PROJECTS:
» Jennifer Piatt was selected as a Faculty Research Fellow in the College’s Research Center. She will conduct research and write grants on the impact of an adaptive sports camp on youth with physical disabilities.
» Lecturer Kathy Martinez will ride her bicycle in another Team-In-Training Century this year, and will ride a Double Century from Seattle to Portland. Team-In-Training is a fundraiser for the Leukemia & Lymphoma Society.
Speech Pathology & Audiology

FACULTY PUBLICATIONS AND PROJECTS:

» Celeste Roseberry-Mckibbin’s book, Language and Academic Achievement in Children of Poverty, will be published in May 2007. It will be the only book in our profession on this topic.

» Larry Boles is continuing to train speech pathologists in American Samoa.

» Robert Pieretti, alum and staff speech pathologist, has been accepted into the Ph. D. program in Education at University of California, Davis.

» The Applied Communications Sciences Laboratory has a growing list of presentations and publications. See our list on the website: http://www.hhs.csus.edu/spa/acsl.html

DEPARTMENT UPDATE:

» David Gleason has joined SPA as Administrative Coordinator. Our new improved website www.w.hhs.csus.edu/spa is just one of his many accomplishments.

» An Alumni Survey was recently sent out to 1500 alumni; if you did not receive a survey, please contact the department office 916.278.6601 to update your information with us.

» The Sacramento State National Student Speech Language Hearing Association (NSSHLA) chapter hosted the 3rd annual Speech Language Pathology Conference on March 31.

» The Mary Jane Rees Language, Speech and Hearing Center is celebrating its 55th anniversary on October 6 at the Sacramento State Alumni Center. This will be a great celebration and we will invite many speech pathology and audiology alumni, emeritus faculty, and community members. To insure your invitation, please be sure we have your recent contact information. Call 916.278.6601.

Social Work

FACULTY RETIREMENTS:

» Doman Lum retired last year after a long and successful career as an educator and scholar. He is internationally known in the social work community for his books on diversity and cultural competence.

FACULTY PUBLICATIONS/ PROJECTS:

» Tony Platt visited Queens University in Belfast, Northern Ireland in March to talk on his books The Child Savers and Bloodlines. His book review of Golden Gulag, a study of the California prison system, was published by the San Francisco Chronicle on December 31, 2006.


» Lynn Cooper was selected to be on the Board of Directors of East Bay Community Mediation.

» Robin Carter will co-chair the annual meeting of the Council on Social Work Educators in November 2008. The four-day conference is considered the premier event for social work educators across the country.

DIVISION UPDATE:

» The Southeast Asian Specialty Program is in its second year with 19 students continuing their academic and field work this year. Students received specialized content and field work experience working with children and families from diverse language and cultural backgrounds.

» The new Mental Health Specialty Program in which 20 graduate students receive focused training and field experience in community mental health continues into its second year. In addition, the Division is working with several organizations to develop a Mental Health Collaborative between social work education programs and agencies serving the chronically and persistently mentally ill. ■
The Student Health Center conducts the Mile High Health Fair each fall, helping to educate students about health needs and available campus options. In 2006, Darlene Spencer, the coordinator of the Fair, contacted Nursing Professor Debra Brady for assistance in dispensing flu shots. With shifts of students and faculty volunteers, Brady set up an efficient flu shot clinic on the quad. She reports that within the four hours that the clinic operated, over 400 flu shots were administered by the two shifts of students and their faculty supervisors. In all, 23 student nurses gained invaluable practice—and a boost of self-confidence—while donating a public service to their peers. This outdoor mass immunization clinic may have been a first, but nursing students (over 80 students this past semester) routinely take part in the weekly immunization clinics held at the Student Health Center.

**Students Helping Students**

JOIN US  Together we help each other grow. Join HHS alumni in reconnecting with faculty, friends, and other alumni. Network with others in your field and take advantage of special events and services at your alma mater through membership in your Sac State Alumni Association. For more information, call 916.278.6295 or 800.SAC-GRAD or log onto www.csus.edu/alum/.

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