



Academic Affairs - Course Proposal



Form A

CALIFORNIA STATE UNIVERSITY, SACRAMENTO

Academic Unit: Division of Social Work		Department Chair: Dr. Robin Carter	
Type of Course Proposal: New <input checked="" type="checkbox"/> Change <input type="checkbox"/> Deletion <input type="checkbox"/>		Date: May 3, 2006	
Does this course fulfill a requirement for single-subject or multiple subject credential students? Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>		For Catalog Copy: Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	CCE: Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>
		Semester Effective: Fall <input type="checkbox"/> Spring <input checked="" type="checkbox"/> 20	
Prefix & No. SW196 Experimental 196	Title: Introduction to Social Work		Units: 3
Change to:			
Prefix & No.	Title:		Units:

JUSTIFICATION:

This course will initially be offered as an experimental elective as a way to further evaluate the course content and objectives with the idea that ultimately this would be a required course for all social work majors. This course is needed as a prerequisite for students entering the social work profession or those who have little prior knowledge of the field and want to learn more. The course helps to serve as a screening process to the profession by providing students with a look at the profession prior to taking the division's professional practice courses. It allows students, both transfer and CSUS to make an informed decision regarding becoming a social worker with an overview of the profession's knowledge, values and skill requirements.

NEW COURSE DESCRIPTION: (Not to exceed 80 words, and language should conform to catalog copy. See <http://www.csus.edu/acaf/univmanual/crspsl.htm> - Guidelines for Catalog Course Description)

This course provides an overview of the social work profession and of social welfare systems especially in relation to marginalized populations. The course also introduces a generalist perspective to social work practice with emphasis on professional development. Students are exposed to the values and ethics of social work, as well as the important ideologies that shaped social welfare and social work.

Note: This course includes a 20 hour volunteer experience (service learning) to aid in assessing students appropriateness for the profession.

Prerequisite: None for this course.

Corequisite: None

Department Chair:	<i>[Signature]</i>	5/16/06
College Dean or Associate Dean:	<i>Marilyn Hogreaves</i>	5/10/06
CPSP (for school personnel courses ONLY)		
Associate Vice President and Dean for Academic Programs		

Distribution: Academic Affairs (original), Department Chair and College Dean. Dean's office to send original after approval to Jerri McAtee, at zip 6016. An electronic copy must also be sent to mcateeji@csus.edu.

FOR NEW COURSE PROPOSALS OR SUBSTANTIVE CHANGES ONLY:

Description of the Expected Learning Outcomes: Describe outcomes using the following format:
"Students will be able to: 1), 2), etc." See the example at <http://www.csus.edu/acaf/example.htm>

Students will be able to: 1) Demonstrate understanding of skills, values and knowledge as related to professional Social Work; 2) Recognize and identify ethics and values as they relate to the National Association of Social Work code of ethics. 3) Recognize and identify specific theoretical perspectives related to social work intervention skills, knowledge and values; 4) Recognize and identify the importance of understanding environmental effects on human interactions; 5) Understand the relationship between marginalized populations and social systems, institutions and social justice perspectives; 6) Identify career opportunities for trained Social Workers; 7) Understand that the core principles of Social Work are to enhance the well being of individuals and communities, promote social and economic justice, and intervene to assist in helping in critical social problems.

****Attach a list of the required/recommended course readings and activities [Note: it is understood that these are updated and modified as needed by the instructor(s).] This attachment should be forwarded only to your Dean's office, not Academic Affairs.**

**** Syllabus Attached.**

Assessment Strategies: A description of the assessment strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above:

See attached syllabus. Assessment Strategies delineated in the course objectives

For whom is this course being developed?

Majors in the Dept Majors of other Depts Minors in the Dept General Education
Other

Is this course required in a degree program (major, minor, graduate degree, certificate)? Yes No
If yes, identify program(s):

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer facilities, faculty, etc.)? Yes No
If yes, attach a description of resources needed and verify that resources are available.

Indicate which department or programs will be affected by the proposed course (if any). Division of Social Work _____

The Department Chair's signature below indicates that affected programs have been sent a copy of this proposal form.

Approvals: If proposed change, new course or deletion is approved, sign and date below. If not approved, forward without signing to the next reviewing authority, and attach an explanatory memorandum to the original copy.

Signatures:

Date

CAN (California Articulation Number):	
Graded: Letter <input checked="" type="checkbox"/> Credit/No Credit	Instructor Approval? Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>
Course Classification: lower division G.E.	Title for SIS+ (not more than 25 characters) Introduction to Social Work
Cross Listed? Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	If yes, with what course:
How Many Times Can This Course be Taken for Credit? Once	

CALIFORNIA STATE UNIVERSITY, SACRAMENTO
DIVISION OF SOCIAL WORK
SOCIAL WORK 095: INTRODUCTION TO SOCIAL WORK

Spring 2007

Credits:3

Instructor: Dr. Mariposa Hall, Ph.D.
Office Hours: Monday-Thursday 8 - 11am
Phone Number: 278-1234
E-Mail:
Course Meets:
Time:

Course Description

This course is an introduction to the profession of social work and its roles in the social welfare system. This course will emphasize the historical development of the field of public welfare as well as the profession of social work, including prominent persons, events and legislation. Fundamental theoretical concepts and practices within the field of social work such as values, ethics, ecological systems perspective, generalist perspective, direct and indirect practice. Students will be introduced to issues of discrimination in marginalized populations such as people of color, physically and mentally challenged persons, women, and gay and lesbian persons. The many settings which social workers practice will be also examined. Additionally, a fundamental understanding of the National Association of Social Workers Code of Ethics will be stressed in this course.

Course Format

This course consists of 2.75 hours of weekly lecture and 20 clock hours of volunteer work. In addition to lectures the course will include videos, class discussions, in-class writing, small group exercises, one-on-one exercises, quizzes and exams.

Required Texts

Ambrosino, R., Heffernan, G., Shuttlesworth, R. (2005). *Social work and social welfare: An introduction* (5th Ed.) Brooks/Cole.

Supplemental Readings

Course Objectives

Skill Objectives

Successful completion of this course will result in the student being able to:

1. Identify and demonstrate knowledge of varying field settings within the social work profession
2. Identify and demonstrate basic knowledge of the National Association of Social Workers Code of Ethics.
3. Identify and demonstrate knowledge of oppression of vulnerable and marginalized populations.
4. Describe and discuss competencies that are expected for entry-level professional social workers.
5. Demonstrate awareness of the meaning of human diversity, oppression, social justice and advocacy within the social work profession.
6. Articulate and discuss significant affective learning in a service learning experience at a community based organization or social service agency.
7. Articulate understanding of social problems affecting clients related to a Generalist framework (micro-mezzo-macro).
8. Begin to understand the importance of social works evaluation the processes and effectiveness of practice.

Value Objectives

Successful completion of this course will result in the student being able to:

1. Understand the ethical principles and values of the social work profession.
2. Familiarize oneself with concepts related to advocacy, social justice, empowerment and dignity and self-worth.

3. Understand the importance of self-assessment as related to professional self.
4. Understand the value of human diversity and the central importance of human relationships.

Knowledge Objectives

Successful completion of this course will result in student being able to understand and analyze:

1. The roles and functions performed by social workers, within a national and global context.
2. One's motivation for being interested in the field of social work.
3. How to integrate the "use of self" in serving clients/client systems while working as professional social worker.
4. One's personal belief system and its potential to impact on one's work as a professional social worker.
5. The skill base of social work profession including traditional and contemporary methods with emphasis on generalist practice methodology.
6. Social Work practice within an ecological framework that incorporates a variety of helping roles.
7. The knowledge base, skills, and values of the profession within the social welfare institution, with a special focus on the mission and concern for social and economic justice.
8. The impact of social, political, and economic forces that affect individual, group and community functioning.

Confidentiality

Confidentiality is very important to be maintained and respected. All client and personal information shared in the class must be treated as confidential.

Attendance

1. A roll sheet will be circulated at the beginning or end of each class.
2. It is the student's responsibility to sign-in on the attendance sheet.
3. It is the student's responsibility to provide the instructor with a written excuse to validate absences (otherwise the absences will be considered unexcused).
4. Every absence after three (unexcused or not) will result in 5 points being taken from your final grade for each class period missed.
5. Attendance is a vital component for successful completion of this course, attendance at less than 80% of the classes may result in a loss of a letter grade and four absences (excused or unexcused) may result in a loss of 5 points per class from the final grade.

Course Structure, Assignments and Grading

- 1). Quizzes will be given on units from texts and lectures.
- 2). Volunteer Experience Assignment(s).
- 3). Mid-Term Exam based on readings from the text and classroom lectures and materials.

The course grade will be determined as follows:	Points
Class Participation	25
Social Work Practice Specialization	50
Mid-Term Exam	50
Volunteer Experience	50
Chapter Quizzes (5) 20pts each	100
Final Exam	50
Total	325

Written Assignments

All writing assignments shall be typed, double-spaced and have one-inch margins. Font (typeface) size shall be 12 points. All papers should include a cover page with your name, name of

assignment, instructors' name, course name and date. No late papers will be accepted unless there are extraordinary circumstances and/or prior approval has been given by the instructor. **Always keep a copy of each assignment** you submit to the instructor. Please use APA format on all papers in this course.

Plagiarism

Plagiarism is the use of distinctive ideas or works belonging to another person without providing adequate acknowledgement of that person's contribution. Regardless of the means of appropriation, incorporating another's work into one's own requires adequate identification and acknowledgement.

If it is determined that a student has plagiarized the work of another, it can result in the student being suspended or expelled from the University, depending on the circumstances. (<http://www.csus.edu/admbus/umannual/UMP14150.htm>). In this course a grade of {F} may be expected by students who plagiarize.

Disability

Reasonable accommodations, including auxiliary aids, will be provided to students with disabilities when necessary to ensure that they are not denied the benefits of, excluded from participation in, or otherwise subjected to discrimination in any academic program. The University's goal is to provide an equivalent academic experience and learning opportunity, not to guarantee the outcome of the student's educational endeavor.

The student is responsible for making arrangements for accommodations and support services with the Specialist and the instructor in a timely manner. Use of reader, tutor, or notetaker requires certain office procedures that the student must complete before these support services can start.

If you believe you will need accommodations please contact Services to Students with Disabilities (SSWD).
Phone: (916) 278-6955 (Voice)/(916) 278-7239 (TDD only)
Fax: (916) 278-7825 /E-mail Address: sswd@csus.edu

COURSE ASSIGNMENTS

Class Participation - 25 points

- Be a Participant - Participating fully in this class will enrich your learning experience. It will also count toward your grade.
- Be Prepared - Reading assignments shall be completed prior to the start of class. All homework given to be completed on time.
- Be Patient and Supportive - Beginning a new class may cause you or your classmates some initial nervousness or apprehension. It is important that class members are patient and supportive of each other. Providing encouragement and support creates an atmosphere of trust and confidence. Such an atmosphere makes risk-taking possible and even exciting.
- Be Respectful - Students are expected to be considerate and respectful toward their classmates and instructor.
- Actively Participate - The instructor welcomes and encourages you to speak-up and actively participate in class discussions and exercises.
- Take Responsibility - The instructor encourages students to analyze life experiences and situations and to apply communication skills to resolve conflicts.

Note: The instructor will not tolerate any student disrupting the class. A student is considered disruptive when he/she engages in behavior in the classroom that interferes with the process of teaching and learning. If any student persists in disrupting the class, points will be subtracted from his/her grade. **No cell phone use in class** (if you are expecting an urgent call please inform the instructor and put your phone on vibrate or silent).

Social Work Practice Specialization -50 points

This assignment is meant to help you explore an area of practice within social work that is of interest to you. For example, if

you are interested in working with children, you might want to investigate child welfare, or if you are interested in health care, you could explore medical social work. Find out as much as you can about the field from books and journals, then locate a social work professional (key informant) who is either currently working in the field or has special knowledge of the field. If you are fortunate enough to locate an individual who is currently employed in your area of interest, see if you can shadow them for a few hours.

This paper should include information ascertained from an interview with your key informant as well as information from the literature regarding the specialized area of practice. This paper should include a history of the field, how long has social work been involved, how did they come to be involved, and employment opportunities which exist within the field. Also, if social work is NOT the primary setting, i.e. medical or forensic social work, how is the social worker viewed within the primary field. For example, how do criminal justice workers and lawyers view forensic social workers? How do doctors, nurses, physical therapists... view medical social workers? When quoting or paraphrasing the words of your key informant, you will need to cite, the same is true for information obtained from the literature.

See writing guidelines for papers.

Volunteer Experience - 50 points

This course requires an experiential component of 20 hours volunteer hours. The primary objective of this requirement is to integrate concepts learned in class with experiences and observations in the field.

Students are expected to locate and arrange to complete the volunteer hours during the semester at an approved (by professor) agency. Each student must select an agency from the list given to you and return the *Volunteer Experience Form* to your instructor by the given deadline. Successful completion of this experience will also include, *Volunteer Time Log*, signed by both student and agency personell.

Students are asked to provide a ten minute in-class presentation describing their volunteer experience. If more than one student volunteer worked together in the same agency, they make a 10

minute small group presentation. Presentations should include the following in a two-four page presentation;

1. A brief description of the agency and the population(s) served, including the demographics about this population;
2. Give at least two examples of your experiences as they relate to social work roles, social welfare experiences;
3. A discussion of social work/ social welfare concepts, policy issues that you experiences from your volunteer experience;
4. Include a discussion about your professional use of self and your role in this agency;
5. Include the name of the agency, address, contact person, phone number.

See guidelines for writing papers in this syllabus.

Mid-Term Exam - 50 points

Students will be given a mid-term exam which will be based on the assigned class readings, discussions and exercises. If the instructor gives a take-home mid-term exam students are expected to complete this work individually. The instructor reserves the right not to give make-up exams in the case of missed exams. Extraordinary circumstances will be considered.

Quizzes - (5) 20 points each

Quizzes will be given periodically throughout the semester. The dates are noted in the syllabus in the course outline section. The instructor reserves the right not to give make-up quizzes. In the case of missed quizzes extraordinary circumstances will be considered. The purpose of these quizzes is to help ensure that understanding of social work values, skills, knowledge and theories is retained before moving into more advanced social work practice courses.

Final Exam - 50 points

A comprehensive final exam will be given at the end of the semester based on class lectures, volunteer experiences and readings.

Dear Social Work Students,

You are responsible for understanding the Division of Social Work's Student Standards. After reading both the syllabus and Student Standards of Performance found at <http://www.hhs.csus.edu/SWRK/SWForms.htm> sign and date.

I _____/date _____
have read this syllabus for Social Work 104 and understand the assignments, policies and procedures of this course. In addition, I have read the Student Standards of Performance and I understand the roles and responsibilities of a student in the Division of Social Work.

Assessment Strategies for Social Work 104

The objectives or standards to be assessed in this course have been considered when developing this course. Different

assessment methods have particular strengths for assessing some knowledge, skills and abilities but are not ideal for others. We have determined that it is best to use a combination of several assessment methods to evaluate student progress and readiness for more advanced social work courses. We feel this should increase the reliability and validity assessment of this course.

Quizzes and Exams:

Quizzes and Exams will be used to assess students' ability to understand basic concepts, terminology, and theories that will be needed for social work practice. Testing will meet various skill, value and knowledge objectives listed in the syllabus. These examinations are considered to be extremely well suited and are meant to assess knowledge and its applications of social work

Social Work Practice Specialization

This assignment will help instructors to evaluate the students' ability to assess other aspects of competence such as communication and problem-solving. It will include skill, value and knowledge objectives covered in the syllabus.

Volunteer Experience

This assignment will assist in evaluating student's readiness for field placement in social work practice. Although students cannot actually simulate real social work experiences they can get a better understanding of the populations, social issues and perspectives crucial to professional social work practice. Because work-type simulations are well suited to evaluating direct on-the-job performance and communication skills, it is felt that this is the best way to allow social work students to self-assess for appropriateness for the profession. This assignment meets, skill, knowledge and value objectives.

BIBLIOGRAPHY

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