

FORM B

**CALIFORNIA STATE UNIVERSITY, SACRAMENTO
PROGRAM PROPOSAL**

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| Academic Unit: Kinesiology and Health Science | Date of Submission to School Dean: April 2006 |
| Requested Effective: Fall, 2006. | |
| Name of Contact Person, if not Department Chair: Jayne Willett, Graduate Coordinator (<i>Interim</i>) | |
| Title of the Program: Graduate Program in Kinesiology | |
| Type of Program Proposal: <input checked="" type="checkbox"/> Modification in Existing Program: <input type="checkbox"/> Substantive Change <input checked="" type="checkbox"/> Non-Substantive Change <input type="checkbox"/> Deletion of Existing Program <input type="checkbox"/> New Programs <input type="checkbox"/> Initiation (Projection) of New Program on to Master Plan <input type="checkbox"/> New Degree Programs <input type="checkbox"/> Regular Process <input type="checkbox"/> Fast Track Process <input type="checkbox"/> Pilot Process <input type="checkbox"/> New Minor, Concentration, Option, Specialization, Emphasis <input type="checkbox"/> New Certificate Program | |
| PLEASE NOTE: Form B is to be used only as a Cover Form. Additional information is requested for each of the above as noted in the corresponding procedure in the Policies and Procedures for Initiation, Modification, Review and Approval of Courses and Academic Programs found at http://www.csus.edu/acaf/univmanual/index.htm | |
| Briefly describe the program proposal (new or change) and provide a justification. We are proposing a change in the name of the Sport Performance concentration to be retitled Movement Studies. For years this name, Sport Performance, has served as an umbrella term for many subdisciplines in Kinesiology. For some, the title Sport Performance has been too vague, and not indicative of the profession. After looking at several other CSU graduate programs in Kinesiology, as well as departments across the nation, we are proposing the new title of Movement Studies, which we view to be more inclusive of the subdisciplines, while serving more specifically with the term movement as opposed to sport. | |
| Approvals: Department Chair: _____ Date: _____ School Dean: _____ Date: _____ University Committee: _____ Date: _____ Associate Vice President For Academic Affairs: _____ Date: _____ | |

| <u>Current Program</u> | <u>Proposed Program</u> |
|---|---|
| A. Required Courses (7 units) | Required Courses (7 units) |
| (3) KINS 210 Research Methods in Kinesiology | (3) KINS 210 Research Methods in Kinesiology |
| (1) KINS 211 Research Seminar | (1) KINS 211 Research Seminar |
| (3) KINS 260 Psychology of Sport | (3) KINS 209 Introduction to Graduate Studies in Kinesiology |
| B. Culminating Requirement (4 units) | B. Culminating Requirement (4 units) |
| (4) KINS 500 Culminating Experience | (4) KINS 500 Culminating Experience |
| SPORT PERFORMANCE CONCENTRATION | MOVEMENT STUDIES CONCENTRATION |
| (19 units) | (19 units) |
| (6) Select <u>two</u> of the following: | (9) Select <u>three</u> of the following: |
| (3) KINS 203 Specificity of Conditioning | (3) KINS 203 Specificity of Conditioning |
| (3) KINS 236 Sport and Society | (3) KINS 236 Sport and Society |
| (3) KINS 262 Psychological Aspects of Peak Performance | (3) KINS 262 Psychological Aspects of Peak Performance |
| (13) Electives selected in consultation with advisor OR; (S/C Option) | (3) KINS 258 Research in Motor Learning |
| | (3) KINS 270 Instructional Strategies for Physical Activity and Sport |
| | (10) Electives selected in consultation with advisor |
| | OR; |
| Strength/Conditioning Option | (19) Movement Studies/ Strength/Conditioning Option |
| (3) KINS 203 Specificity of Conditioning | (6) Select <u>two</u> of the following: |
| (3) Select <u>one</u> of the following: | (3) KINS 236 Sport and Society |
| (3) KINS 236 Sport and Society | (3) KINS 258 Research in Motor Learning |
| (3) KINS 258 Research in Motor Learning | (3) KINS 262 Psychological Aspects of Peak Performance |
| (3) KINS 262 Psychological Aspects of Peak Performance | (3) KINS 270 Instructional Strategies for Physical Activity and Sport |
| | (13) Required Courses |
| (4) KINS 295 Practicum | (3) KINS 203 Specificity of Conditioning |
| (6) Electives selected in consultation with advisor | (4) KINS 295 Practicum |
| | (6) Elective units selected in consultation with advisor |
| | OR; |

| <u>Current Program</u> | <u>Proposed Program</u> |
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| <i>None</i> | (19) Movement Studies/ Sport Psychology Option |
| | (6) Select two of the following: |
| | (3) KINS 203 Specificity of Conditioning |
| | (3) KINS 236 Sport and Society |
| | (3) KINS 258 Research in Motor Learning |
| | (3) KINS 270 Instructional Strategies for Physical Activity and Sport |
| | (13) Required Courses |
| | (3) KINS 260 Psychology of Sport |
| | (3) KINS 261 Psychology of Exercise |
| | (3) KINS 262 Psychological Aspects of Peak Performance |
| | (1) KINS 295 Practicum |
| | (3) Elective units selected in consultation with advisor |
| | OR; |
| | (19) Movement Studies/ Sport Pedagogy Option |
| | (6) Select two of the following: |
| | (3) KINS 203 Specificity of Conditioning |
| | (3) KINS 236 Sport and Society |
| | (3) KINS 258 Research in Motor Learning |
| | (3) KINS 262 Psychological Aspects of Peak Performance |
| | (13) Required Courses |
| | (3) KINS 270 Instructional Strategies for Physical Activity and Sport |
| | (3) KINS 276 Teaching and Coaching Effectiveness |
| | (1) KINS 295 Practicum |
| | (6) Elective units selected in consultation with advisor |

| <u>Current Program</u> | <u>Proposed Program</u> |
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| A. Required Courses (7 units) | A. Required Courses (7 units) |
| (3) KINS 210 Research Methods in Kinesiology | (3) KINS 210 Research Methods in Kinesiology |
| (1) KINS 211 Research Seminar | (1) KINS 211 Research Seminar |
| (3) KINS 260 Psychology of Sport | (3) KINS 209 Introduction to Graduate Studies in Kinesiology |
| B. Culminating Experience (4 units) | B. Culminating Experience (4 units) |
| (4) KINS 500 Culminating Experience | (4) KINS 500 Culminating Experience |
| EXERCISE SCIENCE CONCENTRATION | EXERCISE SCIENCE CONCENTRATION |
| (19) Exercise Science Option | (19) Exercise Science Option |
| (3) KINS 250 Advanced Lab in Exercise Physiology | <i>No changes proposed.</i> |
| (3) KINS 252 Advanced Exercise Physiology | |
| (3) KINS 254 Advanced Biomechanics | |
| (3) KINS 259 Research in Exercise Physiology | |
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| (7) Elective units selected in consultation with advisor | |
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