

FORM B

**CALIFORNIA STATE UNIVERSITY, SACRAMENTO
PROGRAM PROPOSAL**

Academic Unit: Kinesiology and Health Science	Date of Submission to School Dean: April, 2006
Requested Effective: Fall, 2006.	
Name of Contact Person, if not Department Chair: Jayne Willett, Graduate Coordinator (Interim)	
Title of the Program: Graduate Program in Kinesiology	
Type of Program Proposal: <input checked="" type="checkbox"/> Modification in Existing Program: <input type="checkbox"/> Substantive Change <input checked="" type="checkbox"/> Non-Substantive Change <input type="checkbox"/> Deletion of Existing Program <input type="checkbox"/> New Programs <input type="checkbox"/> Initiation (Projection) of New Program on to Master Plan <input type="checkbox"/> New Degree Programs <input type="checkbox"/> Regular Process <input type="checkbox"/> Fast Track Process <input type="checkbox"/> Pilot Process <input type="checkbox"/> New Minor, Concentration, Option, Specialization, Emphasis <input type="checkbox"/> New Certificate Program	
PLEASE NOTE: Form B is to be used only as a Cover Form. Additional information is requested for each of the above as noted in the corresponding procedure in the Policies and Procedures for Initiation, Modification, Review and Approval of Courses and Academic Programs found at http://www.csus.edu/acaf/univmanual/index.htm	
Briefly describe the program proposal (new or change) and provide a justification. For many years, the core for the Sport Performance Concentration (<i>New proposed name: Movement Studies</i>) has been to take 2 of the following 3 courses: KINS 203, KINS 236, and KINS 262. In an effort to allow for more choices, while exposing students to an additional course, we are proposing to increase the choices from 3 to 5 and increase the requirement from 2 to 3. Students will choose 3 from the following 5 courses: KINS 203, KINS 236, KINS 258, KINS 262, KINS 270. Additionally, this will support each class in enrollment and allow for flexibility in scheduling.	
Approvals: Department Chair: _____ Date: _____ School Dean: _____ Date: _____ University Committee: _____ Date: _____ Associate Vice President For Academic Affairs: _____ Date: _____	

<u>Current Program</u>	<u>Proposed Program</u>
A. Required Courses (7 units)	Required Courses (7 units)
(3) KINS 210 Research Methods in Kinesiology	(3) KINS 210 Research Methods in Kinesiology
(1) KINS 211 Research Seminar	(1) KINS 211 Research Seminar
(3) KINS 260 Psychology of Sport	(3) KINS 209 Introduction to Graduate Studies in Kinesiology
B. Culminating Requirement (4 units)	B. Culminating Requirement (4 units)
(4) KINS 500 Culminating Experience	(4) KINS 500 Culminating Experience
SPORT PERFORMANCE CONCENTRATION	MOVEMENT STUDIES CONCENTRATION
(19 units)	(19 units)
(6) Select <u>two</u> of the following:	(9) Select <u>three</u> of the following:
(3) KINS 203 Specificity of Conditioning	(3) KINS 203 Specificity of Conditioning
(3) KINS 236 Sport and Society	(3) KINS 236 Sport and Society
(3) KINS 262 Psychological Aspects of Peak Performance	(3) KINS 262 Psychological Aspects of Peak Performance
(13) Electives selected in consultation with advisor OR; (S/C Option)	(3) KINS 258 Research in Motor Learning
	(3) KINS 270 Instructional Strategies for Physical Activity and Sport
	(10) Electives selected in consultation with advisor
	OR;
Strength/Conditioning Option	(19) Movement Studies/ Strength/Conditioning Option
(3) KINS 203 Specificity of Conditioning	(6) Select <u>two</u> of the following:
(3) Select <u>one</u> of the following:	(3) KINS 236 Sport and Society
(3) KINS 236 Sport and Society	(3) KINS 258 Research in Motor Learning
(3) KINS 258 Research in Motor Learning	(3) KINS 262 Psychological Aspects of Peak Performance
(3) KINS 262 Psychological Aspects of Peak Performance	(3) KINS 270 Instructional Strategies for Physical Activity and Sport
	(13) Required Courses
(4) KINS 295 Practicum	(3) KINS 203 Specificity of Conditioning
(6) Electives selected in consultation with advisor	(4) KINS 295 Practicum
	(6) Elective units selected in consultation with advisor
	OR;

<u>Current Program</u>	<u>Proposed Program</u>
<i>None</i>	(19) Movement Studies/ Sport Psychology Option
	(6) Select two of the following:
	(3) KINS 203 Specificity of Conditioning
	(3) KINS 236 Sport and Society
	(3) KINS 258 Research in Motor Learning
	(3) KINS 270 Instructional Strategies for Physical Activity and Sport
	(13) Required Courses
	(3) KINS 260 Psychology of Sport
	(3) KINS 261 Psychology of Exercise
	(3) KINS 262 Psychological Aspects of Peak Performance
	(1) KINS 295 Practicum
	(3) Elective units selected in consultation with advisor
	OR;
	(19) Movement Studies/ Sport Pedagogy Option
	(6) Select two of the following:
	(3) KINS 203 Specificity of Conditioning
	(3) KINS 236 Sport and Society
	(3) KINS 258 Research in Motor Learning
	(3) KINS 262 Psychological Aspects of Peak Performance
	(13) Required Courses
	(3) KINS 270 Instructional Strategies for Physical Activity and Sport
	(3) KINS 276 Teaching and Coaching Effectiveness
	(1) KINS 295 Practicum
	(6) Elective units selected in consultation with advisor

<u>Current Program</u>	<u>Proposed Program</u>
A. Required Courses (7 units)	A. Required Courses (7 units)
(3) KINS 210 Research Methods in Kinesiology	(3) KINS 210 Research Methods in Kinesiology
(1) KINS 211 Research Seminar	(1) KINS 211 Research Seminar
(3) KINS 260 Psychology of Sport	(3) KINS 209 Introduction to Graduate Studies in Kinesiology
B. Culminating Experience (4 units)	B. Culminating Experience (4 units)
(4) KINS 500 Culminating Experience	(4) KINS 500 Culminating Experience
EXERCISE SCIENCE CONCENTRATION	EXERCISE SCIENCE CONCENTRATION
(19) Exercise Science Option	(19) Exercise Science Option
(3) KINS 250 Advanced Lab in Exercise Physiology	<i>No changes proposed.</i>
(3) KINS 252 Advanced Exercise Physiology	
(3) KINS 254 Advanced Biomechanics	
(3) KINS 259 Research in Exercise Physiology	
(7) Elective units selected in consultation with advisor	