

**FORM B**

**CALIFORNIA STATE UNIVERSITY, SACRAMENTO  
PROGRAM PROPOSAL**

<b>Academic Unit:</b> Kinesiology and Health Science	<b>Date of Submission to School Dean:</b> April, 2006
<b>Requested Effective:</b> Fall, 2006.	
<b>Name of Contact Person, if not Department Chair:</b> Jayne Willett, Graduate Coordinator (Interim)	
<b>Title of the Program:</b> Graduate Program in Kinesiology	
<b>Type of Program Proposal:</b>  _____ <b>Modification in Existing Program:</b> ___ Substantive Change ___ Non-Substantive Change ___ Deletion of Existing Program  ___ <b>X</b> _____ <b>New Programs</b> ___ Initiation (Projection) of New Program on to Master Plan ___ New Degree Programs ___ Regular Process ___ Fast Track Process ___ Pilot Process ___ <b>X</b> New Minor, Concentration, Option, Specialization, Emphasis ___ New Certificate Program	
<b>PLEASE NOTE:</b> Form B is to be used only as a Cover Form. Additional information is requested for each of the above as noted in the corresponding procedure in the Policies and Procedures for Initiation, Modification, Review and Approval of Courses and Academic Programs found at <a href="http://www.csus.edu/acaf/univmanual/index.htm">http://www.csus.edu/acaf/univmanual/index.htm</a>	
<b>Briefly describe the program proposal (new or change) and provide a justification.</b>  We are proposing the addition of a Sport Psychology option within the Sport Performance concentration ( <i>New proposed name: Movement Studies</i> ). Many students are looking for programs that have clearly defined course offerings with an emphasis in sport psychology. While we currently offer these courses, by offering an option in sport psychology, students will have transcripts that indicate their emphasis in the subdiscipline.	
<b>Approvals:</b>  Department Chair: _____ Date: _____  School Dean: _____ Date: _____  University Committee: _____ Date: _____  Associate Vice President For Academic Affairs: _____ Date: _____	

<u>Current Program</u>	<u>Proposed Program</u>
<b>A. Required Courses (7 units)</b>	<b>Required Courses (7 units)</b>
(3) KINS 210 Research Methods in Kinesiology	(3) KINS 210 Research Methods in Kinesiology
(1) KINS 211 Research Seminar	(1) KINS 211 Research Seminar
(3) KINS 260 Psychology of Sport	(3) KINS 209 Introduction to Graduate Studies in Kinesiology
<b>B. Culminating Requirement (4 units)</b>	<b>B. Culminating Requirement (4 units)</b>
(4) KINS 500 Culminating Experience	(4) KINS 500 Culminating Experience
<b>SPORT PERFORMANCE CONCENTRATION</b>	<b>MOVEMENT STUDIES CONCENTRATION</b>
<b>(19 units)</b>	<b>(19 units)</b>
<b>(6) Select <u>two</u> of the following:</b>	<b>(9) Select <u>three</u> of the following:</b>
(3) KINS 203 Specificity of Conditioning	(3) KINS 203 Specificity of Conditioning
(3) KINS 236 Sport and Society	(3) KINS 236 Sport and Society
(3) KINS 262 Psychological Aspects of Peak Performance	(3) KINS 262 Psychological Aspects of Peak Performance
<b>(13) Electives selected in consultation with advisor <b>OR;</b> (S/C Option)</b>	(3) KINS 258 Research in Motor Learning
	(3) KINS 270 Instructional Strategies for Physical Activity and Sport
	<b>(10) Electives selected in consultation with advisor</b>
	<b>OR;</b>
<b>Strength/Conditioning Option</b>	<b>(19) Movement Studies/ Strength/Conditioning Option</b>
(3) KINS 203 Specificity of Conditioning	<b>(6) Select <u>two</u> of the following:</b>
<b>(3) Select <u>one</u> of the following:</b>	(3) KINS 236 Sport and Society
(3) KINS 236 Sport and Society	(3) KINS 258 Research in Motor Learning
(3) KINS 258 Research in Motor Learning	(3) KINS 262 Psychological Aspects of Peak Performance
(3) KINS 262 Psychological Aspects of Peak Performance	(3) KINS 270 Instructional Strategies for Physical Activity and Sport
	<b>(13) Required Courses</b>
<b>(4) KINS 295 Practicum</b>	(3) KINS 203 Specificity of Conditioning
<b>(6) Electives selected in consultation with advisor</b>	(4) KINS 295 Practicum
	(6) Elective units selected in consultation with advisor
	<b>OR;</b>

<u>Current Program</u>	<u>Proposed Program</u>
<i>None</i>	<b>(19) Movement Studies/ Sport Psychology Option</b>
	<b>(6) Select two of the following:</b>
	(3) KINS 203 Specificity of Conditioning
	(3) KINS 236 Sport and Society
	(3) KINS 258 Research in Motor Learning
	(3) KINS 270 Instructional Strategies for Physical Activity and Sport
	<b>(13) Required Courses</b>
	(3) KINS 260 Psychology of Sport
	(3) KINS 261 Psychology of Exercise
	(3) KINS 262 Psychological Aspects of Peak Performance
	(1) KINS 295 Practicum
	(3) Elective units selected in consultation with advisor
	<b>OR;</b>
	<b>(19) Movement Studies/ Sport Pedagogy Option</b>
	<b>(6) Select two of the following:</b>
	(3) KINS 203 Specificity of Conditioning
	(3) KINS 236 Sport and Society
	(3) KINS 258 Research in Motor Learning
	(3) KINS 262 Psychological Aspects of Peak Performance
	<b>(13) Required Courses</b>
	(3) KINS 270 Instructional Strategies for Physical Activity and Sport
	(3) KINS 276 Teaching and Coaching Effectiveness
	(1) KINS 295 Practicum
	(6) Elective units selected in consultation with advisor

<u>Current Program</u>	<u>Proposed Program</u>
<b>A. Required Courses (7 units)</b>	<b>A. Required Courses (7 units)</b>
(3) KINS 210 Research Methods in Kinesiology	(3) KINS 210 Research Methods in Kinesiology
(1) KINS 211 Research Seminar	(1) KINS 211 Research Seminar
(3) KINS 260 Psychology of Sport	(3) KINS 209 Introduction to Graduate Studies in Kinesiology
<b>B. Culminating Experience (4 units)</b>	<b>B. Culminating Experience (4 units)</b>
(4) KINS 500 Culminating Experience	(4) KINS 500 Culminating Experience
<b>EXERCISE SCIENCE CONCENTRATION</b>	<b>EXERCISE SCIENCE CONCENTRATION</b>
<b>(19) Exercise Science Option</b>	<b>(19) Exercise Science Option</b>
(3) KINS 250 Advanced Lab in Exercise Physiology	<i>No changes proposed.</i>
(3) KINS 252 Advanced Exercise Physiology	
(3) KINS 254 Advanced Biomechanics	
(3) KINS 259 Research in Exercise Physiology	
(7) Elective units selected in consultation with advisor	