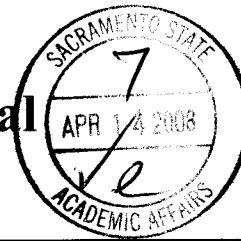




# Academic Affairs - Course Proposal

**Form A**

CALIFORNIA STATE UNIVERSITY, SACRAMENTO



<b>Academic Unit:</b> Counselor Education		<b>Department Chair:</b> Rose Borunda	
<b>Type of Course Proposal:</b>  New    Change <u>X</u> Deletion		<b>Date:</b> March 14, 2008	
<b>Does this course fulfill a requirement for single-subject or multiple subject credential students? Yes    No    <u>X</u></b>		<b>For Catalog Copy:</b> Yes <u>X</u> No	<b>CCE:</b> Yes No <u>X</u>
		<b>Semester Effective:</b> Fall <u>X</u> Spring 2008	
<b>Prefix &amp; No.</b> EDC 219	<b>Title:</b> Group Dynamics	<b>Units:</b> 3	

**Change to:**

<b>Prefix &amp; No.</b>	<b>Title:</b>	<b>Units:</b>
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**JUSTIFICATION:**

EDC 219, Group Processes in Counseling, is presently a credit/no credit course. The Department proposes to change the course grading criteria to a graded course for the purpose of augmenting competence criteria toward improving student outcomes. During the site review by the Council for the Accreditation of Counseling Related Programs, the CACREP review team suggested that the Department consider enhancing student evaluation procedures in areas of student counseling skills acquisition. Since the Department has two separate courses to teach group skills, EDC 219 and EDC 282, Group Practicum, both of which are presently credit/no credit courses, faculty members believe that this is the prime area for improvement of student competence evaluation.

**NEW COURSE DESCRIPTION: (Not to exceed 80 words, and language should conform to catalog copy.)**

See <http://www.csus.edu/acaf/univmanual/crspsl.htm> - Guidelines for Catalog Course Description

EDC 219, Group Processes in Counseling. Group process theory and procedures, including group counseling and guidance. Participation in a group experience is required. Lecture, discussion, three hours. Prerequisite: Classified student in the Counselor Education Program. EDC 216, EDC 280. 3 units.

**Note:**

**Prerequisite:** EDC 216; EDC 280

**Corequisite:**

**CAN (California Articulation Number):**

**Graded:** Letter X Credit/No Credit

**Instructor Approval?** Yes No X

**Course Classification:** C-4

**Title for SIS+ (not more than 25 characters)** Counseling Law and Ethics

**Cross Listed?**  
Yes No X

**If yes, with what course:**

**How Many Times Can This Course be Taken for Credit? Once**

**FOR NEW COURSE PROPOSALS OR SUBSTANTIVE CHANGES ONLY:**

**For whom is this course being developed?**

Majors in the Dept X Majors of other Depts \_\_\_ Minors in the Dept \_\_\_ General Education \_\_\_ Other \_\_\_

Is this course required in a degree program (major, minor, graduate degree, certificate)? Yes X No \_\_\_

If yes, identify program(s): MFCC and Community

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer facilities, faculty, etc.)? Yes \_\_\_ No X


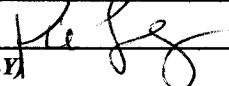
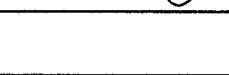
If yes, attach a description of resources needed and verify that resources are available.

Indicate which department or programs will be affected by the proposed course (if any).

*The Department Chair's signature below indicates that affected programs have been sent a copy of this proposal form.*

**Approvals:** If proposed change, new course or deletion is approved, sign and date below. If not approved, forward without signing to the next reviewing authority, and attach an explanatory memorandum to the original copy.

**Signatures:**

	Date
Department Chair: 	3/11/08
College Dean or Associate Dean: 	3/22/08
CPSP (for school personnel courses ONLY) 	
Associate Vice President and Dean for Academic Programs	

**Distribution:** Academic Affairs (original), Department Chair and College Dean. Dean's office to send original after approval to Jerri McAtee, at zip 6016. An electronic copy must also be sent to [mcateeij@csus.edu](mailto:mcateeij@csus.edu).

**Required Texts**

Chen, M. W., & Rybok, C. J. (2004). *Group leadership skills: Interpersonal process in group counseling and therapy*. Belmont, CA: Thomson-Brooks/Cole.

Rothwell, J. D. (1998). *In mixed company: Small group communication* (3rd ed.). Fort Worth, TX: Harcourt Brace College Publishers.

**Description of the Expected Learning Outcomes:** Describe outcomes using the following format: "Students will be able to: 1), 2), etc." See the example at <http://www.csus.edu/acaf/example.htm>

1. **A working knowledge of basic theories of group counseling, including commonalities, distinguishing characteristics, and pertinent research and literature**
2. **Demonstrate a developing ability to relate to a counseling group**
3. **A working knowledge of group counseling methods, including group counselor orientations and behaviors, appropriate selection criteria and methods, and methods of evaluation of effectiveness**
4. **An understanding of principles of group dynamics, including process components, developmental stage theories**
5. **Knowledge of the various types of group work, approaches used, and relevant therapeutic factors of group work**
6. **A working knowledge of group leadership styles and approaches, including characteristics of various types of group leaders and leadership styles**
7. **An understanding of the unique responsibilities and legal and ethical issues involved in group leadership, and an appreciation for the ACA Code of Ethics as applied to group work**
8. **Knowledge of group member roles and their impact on the progress of the total group**
9. **Demonstrate self processing skills**

**\*\*Attach a list of the required/recommended course readings and activities [Note: it is understood that these are updated and modified as needed by the instructor(s).] This attachment should be forwarded only to your Dean's office, not Academic Affairs.**

**Assessment Strategies:** A description of the assessment strategies (e.g., portfolios, examinations, performances, pre- and post-tests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above:

**The requirements for this course support three components of multiple measures of learning and outcomes: 1) personal growth, 2) counseling skills building utilizing multiple theoretical approaches, 3) professional development. All students are required to:**

- 1) **Attend class (on time) and be prepared for discussions. Attend and participate in groups as a client throughout the semester.**
- 2) **Submit feedback to each student after she/he has practiced facilitating a group session. Also submit a self evaluation as a member of a group.**
- 3) **Cofacilitate at least two group sessions in class. Submit written self-evaluations to be handed in the following week (learning essays), based on feedback from class members and the instructor.**
- 4) **Class members will choose a theory of group counseling (i.e., Gestalt, Cognitive) and complete a plan for a 10 + session, progressive group. This project will be completed as a group project.**
- 5) **By the beginning of class on the date that each textbook reading is due, an examination is to be completed.**