



SACRAMENTO
STATE

Course Change Proposal Form A

NRS 119 #12
NOV 10 2008
SACRAMENTO STATE
ACADEMIC

Academic Group (College): Health & Human Services	Academic Organization (Department): Division of Nursing	Date: September 24, 2008
Type of Course Proposal: New <input checked="" type="checkbox"/> Change <input type="checkbox"/> Deletion <input type="checkbox"/>	Department Chair: Ann Stoltz	Submitted by: Ann Stoltz
Does this course fulfill a requirement for single-subject or multiple subject credential students? Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	For Catalog Copy: Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> CCE: Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Semester Effective: Fall <input type="checkbox"/> Spring <input checked="" type="checkbox"/> , 2009

This course replaces experimental course Subject Area (prefix) and Catalog Number (course number):	
This Catalog Number (course number) is being replaced:	

Change from: New Course

Subject Area (prefix) & Catalog No. (course no.): NURS 119	Title: Mental Health Nursing for the LVN 30-Unit Option	Units: 4
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Change to:

Subject Area (prefix) & Catalog No. (course no.):	Title:	Units:
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JUSTIFICATION:

The LVN 30-unit option required by Section 1435.5 in the Laws Relating to Nursing Education Licensure – Practice in the State of California limits the program to a total of 30 units. To accomplish this, the course proposal for N119 Mental Health for the LVN 30-Unit Option has been created to meet the 4 units proposed in the accompanying Course Change Proposal Form B. The Board of Registered Nursing mandates lecture content beyond that provided in an LVN program and also mandates a minimum number of clinical hours; the new course will meet these requirements by containing 3 units of lecture and 1 unit of acute care clinical. One unit of clinical has been deleted as the Board of Registered Nursing does not require a specific number of units in clinical placement for this option. The previous required course was 5 units and the current course, Nurs 119 maintains the acute care clinical component and deletes the one-to-one clinical component, thus the one unit reduction.

NEW COURSE DESCRIPTION: (Not to exceed 80 words, and language should conform to catalog copy. See <http://www.csus.edu/acaf/univmanual/crspsl.htm> - Guidelines for Catalog Course Description)

NURS 119 Mental Health Nursing for the LVN 30-Unit Option: Theoretical basis for the nursing care of individuals who require nursing intervention to achieve and maintain mental health through adaptive processes. The course includes a supervised practicum which incorporates therapeutic modalities. A variety of psychodynamic theories related to anxiety, interpersonal relationships, crisis intervention, and group process are discussed. **Prerequisites:** Microbiology with a lab (4) Physiology with a lab (4) and California licensure as a Vocational Nurse.

Note:	
Prerequisite: Microbiology with a lab (4), Physiology with a lab (4), and California licensure as a Vocational Nurse	
Corequisite: NURS 123 Nursing the Family in Complex Illness (6 units)	
CAN (California Articulation Number):	
Graded: Letter <input checked="" type="checkbox"/> Credit/No Credit <input type="checkbox"/>	Instructor Approval Required? Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>
Course Classification (e.g., lecture, lab, seminar, discussion): Lecture 02; Clinical 16	Title for SIS+/CMS (not more than 30 characters): Mental Health LVN Option
Cross Listed? Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	If yes, do they meet together and fulfill the same requirement, and what is the other course.

How Many Times Can This Course be Taken for Credit? 1

Can the course be taken for Credit more than once during the same term? Yes No X

FOR NEW COURSE PROPOSALS OR SUBSTANTIVE CHANGES ONLY:

Description of the Expected Learning Outcomes: Describe outcomes using the following format: "Students will be able to: 1), 2), etc." See the example at <http://www.csus.edu/acaf/example.htm>

At the completion of the course the students will be able to:

1. Describe and apply biological theories and psychodynamic concepts of mental health and mental illness
2. Describe the characteristics and effects of anxiety and crisis and the impact on adaptation and wellness.
3. Demonstrate knowledge of interpersonal relationships and the establishment of a therapeutic relationship.
4. Demonstrate knowledge of group theories and their application.
5. Demonstrate understanding of the mental health assessment.
6. Compare and contrast therapeutic modalities used with individuals, groups, and families to improve mental health.
7. Describe functional and dysfunctional coping processes used by individuals and families.
8. Apply the nursing process in simulated clinical situations to meet the mental health needs of health care consumers.
9. Identify multidisciplinary mental health team members' roles and responsibilities and the leadership role the nurse plays in the planning of care for the consumer of mental health services.
10. Participate in values clarification and recognize the impact on one's own values may have on the consumer of mental health services.
11. Describe the American Nurses' Association Standards of Psychiatric Mental Health Nursing Practice and the Code of Ethics to understand a framework for mental health nursing practice.

**Attach a list of the required/recommended course readings and activities [Note: it is understood that these are updated and modified as needed by the instructor(s).] This attachment should be forwarded only to your Dean's office, not Academic Affairs.

Assessment Strategies: A description of the assessment strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above:

1. Examination
2. Midterm and Final Clinical Evaluation
3. Clinical Worksheets

For whom is this course being developed?

Majors in the Dept Majors of other Depts Minors in the Dept General Education Other X

Is this course required in a degree program (major, minor, graduate degree, certificate)? Yes No X

If yes, identify program(s):

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer facilities, faculty, etc.)? Yes No X

If yes, attach a description of resources needed and verify that resources are available.

Indicate which department or programs will be affected by the proposed course (if any). _____

The Department Chair's signature below indicates that affected programs have been sent a copy of this proposal form.

Approvals: If proposed change, new course or deletion is approved, sign and date below. If not approved, forward without signing to the next reviewing authority, and attach an explanatory memorandum to the original copy.

Signatures:

Date

Department Chair: <i>Ann D. Holt</i>	<i>10 - 27 - 08</i>
College Dean or Associate Dean: <i>Marilyn Hopkins</i>	<i>11 - 7 - 08</i>
CPSP (for school personnel courses ONLY)	
Associate Vice President and Dean for Academic Programs	

Distribution: Academic Affairs (original), Department Chair and College Dean. Dean's office to send original after approval to Academic Affairs, at mail zip 6016. An electronic copy must also be sent.