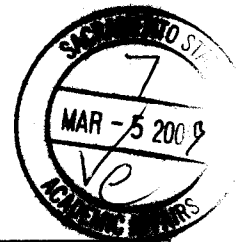




SACRAMENTO
STATE

Program Proposal Form B



Academic Group (College): Health and Human Services	Date of Submission to College Dean: February 13, 2009
Academic Organization (Department): Kinesiology and Health Science	Requested Effective: Fall 2009__, Spring __, 20__.
Department Chair: Dr. Fred Baldini	Contact if not Department Chair:
Title of the Program (Please be specific; indicate minor, undergraduate or graduate degree, etc.): General Physical Education Option	
Type of Program Proposal: <input checked="" type="checkbox"/> Modification in Existing Program: <input checked="" type="checkbox"/> Substantive Change ___ Non-Substantive Change ___ Deletion of Existing Program <input type="checkbox"/> New Programs ___ Initiation (Projection) of New Program on to Master Plan ___ New Degree Programs ___ Regular Process ___ Fast Track Process ___ Pilot Process ___ New Minor, Concentration, Option, Specialization, Emphasis ___ New Certificate Program	
PLEASE NOTE: Form B is to be used only as a Cover Form. Additional information is requested for each of the above as noted in the corresponding procedure in the Policies and Procedures for Initiation, Modification, Review and Approval of Courses and Academic Programs found at http://www.csus.edu/umannual/acad.htm	
Briefly describe the program proposal (new or change) and provide a justification. Adding 1 unit to the required upper division course (27 units) and reducing the electives requirement by one unit to 7 units.. In order to meet the California Commission of Teacher Credentialing standards for subject matter competency in physical education a one unit cardiopulmonary resuscitation class (KINS 122B) must be added to the existing program.	
Approvals: Department Chair: <u></u> Date: <u>2-13-09</u> College Dean: <u></u> Date: <u>3/4/09</u> University Committee: _____ Date: _____ Associate Vice President and Dean for Academic Affairs: _____ Date: _____	

General Physical Education Option
Old Program 66 Units

Required Core (17 units)

- ___ BIO 25 Human Anatomy and Physiology I
(4)
- ___ BIO 26 Human Anatomy and Physiology II
(4)
- ___ KINS 151D Applied Kinesiology and
Biomechanics (3)
- ___ KINS 152 Physiology of Exercise (3)
- ___ KINS 158 Motor Learning (3)

Required Upper Division Courses (26 units)

- ___ KINS 130 Elementary PE Curriculum and
Content (3)
- ___ KINS 131 Secondary PE Curriculum (2)
- ___ KINS 133 Integration of Concepts (3)
- ___ KINS 134 Historical and Philosophical
Foundations of PE (3)
- ___ KINS 135 Assessment Strategies in PE (3)
- ___ KINS 137 Sociology of Sport (3)
- ___ KINS 138 Teaching Strategies in PE (3)
- ___ KINS 160 Sport and Exercise Psychology (3)
- ___ KINS 177 Introduction to Adapted PE (3)

Skill Analysis (15 units)

- ___ KINS 140 Analysis of
Tumbling/Gymnastics (1)
- ___ KINS 141 Analysis of Net Sports (2)
- ___ KINS 142 Analysis of Rhythm and Dance
(2)
- ___ KINS 143 Analysis of Field Sports (2)
- ___ KINS 144 Analysis of Weight Training (2)
- ___ KINS 145 Analysis of Team Passing Games
(2)
- ___ KINS 146 Analysis of Aquatics (1)
- ___ KINS 147 Analysis of Self Defense (1)
- ___ KINS 148 Analysis of Nontraditional Games
and Outdoor Activities (1)
- ___ KINS 149 Analysis of Health Related
Fitness (1)

Electives

8 elective units of upper division KINS units
required

General Physical Education Option
New Program 66 Units

Required Core (17 units)

- ___ BIO 25 Human Anatomy and Physiology I
(4)
- ___ BIO 26 Human Anatomy and Physiology II
(4)
- ___ KINS 151D Applied Kinesiology and
Biomechanics (3)
- ___ KINS 152 Physiology of Exercise (3)
- ___ KINS 158 Motor Learning (3)

Required Upper Division Courses (27 units)

- ___ KINS 130 Elementary PE Curriculum and
Content (3)
- ___ KINS 131 Secondary PE Curriculum (2)
- ___ KINS 133 Integration of Concepts (3)
- ___ KINS 134 Historical and Philosophical
Foundations of PE (3)
- ___ KINS 135 Assessment Strategies in PE (3)
- ___ KINS 137 Sociology of Sport (3)
- ___ KINS 138 Teaching Strategies in PE (3)
- ___ KINS 160 Sport and Exercise Psychology (3)
- ___ KINS 177 Introduction to Adapted PE (3)
- ___ **KINS 122B Cardiopulmonary
Resuscitation (1) or equivalent**

Skill Analysis (15 units)

- ___ KINS 140 Analysis of
Tumbling/Gymnastics (1)
- ___ KINS 141 Analysis of Net Sports (2)
- ___ KINS 142 Analysis of Rhythm and Dance
(2)
- ___ KINS 143 Analysis of Field Sports (2)
- ___ KINS 144 Analysis of Weight Training (2)
- ___ KINS 145 Analysis of Team Passing Games
(2)
- ___ KINS 146 Analysis of Aquatics (1)
- ___ KINS 147 Analysis of Self Defense (1)
- ___ KINS 148 Analysis of Nontraditional Games
and Outdoor Activities (1)
- ___ KINS 149 Analysis of Health Related
Fitness (1)

Electives

7 elective units of upper or lower division KINS
units required