Program Proposal
Form B

Academic Group (College): Health and Human Services
Date of Submission to College Dean: February 13, 2009

Academic Organization (Department): Kinesiology and Health Science
Requested Effective: Fall 2009, Spring 20__

Department Chair: Dr. Fred Baldini
Contact if not Department Chair: 

Title of the Program (Please be specific; indicate minor, undergraduate or graduate degree, etc.):
General Physical Education Option

Type of Program Proposal:

_____ X _____ Modification in Existing Program:
   _____ X _____ Substantive Change
   _____ Non-Substantive Change
   _____ Deletion of Existing Program

_____ New Programs
   _____ Initiation (Projection) of New Program on to Master Plan
   _____ New Degree Programs
      _____ Regular Process
      _____ Fast Track Process
      _____ Pilot Process
   _____ New Minor, Concentration, Option, Specialization, Emphasis
   _____ New Certificate Program

PLEASE NOTE: Form B is to be used only as a Cover Form. Additional information is requested for each of the above as noted in the corresponding procedure in the Policies and Procedures for Initiation, Modification, Review and Approval of Courses and Academic Programs found at http://www.csus.edu/umanual/acad.htm

Briefly describe the program proposal (new or change) and provide a justification.

Adding 1 unit to the required upper division course (27 units) and reducing the electives requirement by one unit to 7 units.

In order to meet the California Commission of Teacher Credentialing standards for subject matter competency in physical education a one unit cardiopulmonary resuscitation class (KINS 122B) must be added to the existing program.

Approvals:

Department Chair: [Signature] Date: 2-13-09

College Dean: [Signature] Date: 3-14-09

University Committee: [Signature] Date:

Associate Vice President and Dean for Academic Affairs: [Signature] Date:
General Physical Education Option
Old Program 66 Units

Required Core (17 units)
- BIO 25 Human Anatomy and Physiology I (4)
- BIO 26 Human Anatomy and Physiology II (4)
- KINS 151D Applied Kinesiology and Biomechanics (3)
- KINS 152 Physiology of Exercise (3)
- KINS 158 Motor Learning (3)

Required Upper Division Courses (26 units)
- KINS 130 Elementary PE Curriculum and Content (3)
- KINS 131 Secondary PE Curriculum (2)
- KINS 133 Integration of Concepts (3)
- KINS 134 Historical and Philosophical Foundations of PE (3)
- KINS 135 Assessment Strategies in PE (3)
- KINS 137 Sociology of Sport (3)
- KINS 138 Teaching Strategies in PE (3)
- KINS 160 Sport and Exercise Psychology (3)
- KINS 177 Introduction to Adapted PE (3)

Skill Analysis (15 units)
- KINS 140 Analysis of Tumbling/Gymnastics (1)
- KINS 141 Analysis of Net Sports (2)
- KINS 142 Analysis of Rhythm and Dance (2)
- KINS 143 Analysis of Field Sports (2)
- KINS 144 Analysis of Weight Training (2)
- KINS 145 Analysis of Team Passing Games (2)
- KINS 146 Analysis of Aquatics (1)
- KINS 147 Analysis of Self Defense (1)
- KINS 148 Analysis of Nontraditional Games and Outdoor Activities (1)
- KINS 149 Analysis of Health Related Fitness (1)

Electives
8 elective units of upper division KINS units required

General Physical Education Option
New Program 66 Units

Required Core (17 units)
- BIO 25 Human Anatomy and Physiology I (4)
- BIO 26 Human Anatomy and Physiology II (4)
- KINS 151D Applied Kinesiology and Biomechanics (3)
- KINS 152 Physiology of Exercise (3)
- KINS 158 Motor Learning (3)

Required Upper Division Courses (27 units)
- KINS 130 Elementary PE Curriculum and Content (3)
- KINS 131 Secondary PE Curriculum (2)
- KINS 133 Integration of Concepts (3)
- KINS 134 Historical and Philosophical Foundations of PE (3)
- KINS 135 Assessment Strategies in PE (3)
- KINS 137 Sociology of Sport (3)
- KINS 138 Teaching Strategies in PE (3)
- KINS 160 Sport and Exercise Psychology (3)
- KINS 177 Introduction to Adapted PE (3)
- KINS 122B Cardiopulmonary Resuscitation (1) or equivalent

Skill Analysis (15 units)
- KINS 140 Analysis of Tumbling/Gymnastics (1)
- KINS 141 Analysis of Net Sports (2)
- KINS 142 Analysis of Rhythm and Dance (2)
- KINS 143 Analysis of Field Sports (2)
- KINS 144 Analysis of Weight Training (2)
- KINS 145 Analysis of Team Passing Games (2)
- KINS 146 Analysis of Aquatics (1)
- KINS 147 Analysis of Self Defense (1)
- KINS 148 Analysis of Nontraditional Games and Outdoor Activities (1)
- KINS 149 Analysis of Health Related Fitness (1)

Electives
7 elective units of upper or lower division KINS units required