### Course Change Proposal

**Form A**

<table>
<thead>
<tr>
<th>Academic Group (College):</th>
<th>College of Health and Human Services</th>
<th>Academic Organization (Department):</th>
<th>Division of Nursing</th>
<th>Date:</th>
<th>February 22, 2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type of Course Proposal:</td>
<td></td>
<td>Department Chair:</td>
<td>Carolynn Goetze</td>
<td>Submitted by:</td>
<td>Ann Stoltz</td>
</tr>
<tr>
<td>New X Change Deletion</td>
<td></td>
<td></td>
<td></td>
<td>Semester Effective:</td>
<td>Summer 2011</td>
</tr>
<tr>
<td></td>
<td></td>
<td>For Catalog Copy: Yes X No</td>
<td></td>
<td>Fall Spring</td>
<td>2011</td>
</tr>
<tr>
<td>Does this course fulfill a requirement for single-subject or multiple subject credential students? Yes X No</td>
<td>CCE (Extension): Yes X No</td>
<td>NA</td>
<td></td>
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This course replaces experimental course Subject Area (prefix) and Catalog Nbr (course number): NA

If changing an existing course, should new version be considered a repeat of the original version? If so, the same Course ID will be maintained. If not, a new Course ID will be assigned. Note: In PeopleSoft terminology, the Course ID is the unique system identifier, not the Catalog Nbr.

<table>
<thead>
<tr>
<th>If changing an existing course, should new version be considered a repeat of the original version?</th>
<th>Yes X No</th>
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</table>

#### Change from: New Course

<table>
<thead>
<tr>
<th>Subject Area (prefix) &amp; Catalog Nbr (course no.):</th>
<th>NURS 108</th>
</tr>
</thead>
<tbody>
<tr>
<td>Title:</td>
<td>Nursing the Childrearing Family: Assessment and Skill Acquisition</td>
</tr>
<tr>
<td>Units:</td>
<td>1</td>
</tr>
</tbody>
</table>

#### Change to:

| Subject Area (prefix) & Catalog Nbr (course no.): | |
|---------------------------------------------------| Units: |

#### JUSTIFICATION:

The current approved NURS 139 course is re-numbered as NURS 108 to match sequencing of NURS 106 and NURS 107.

#### NEW COURSE DESCRIPTION: (Not to exceed 80 words, and language should conform to catalog copy. See http://www.csus.edu/umana/acad.htm - Guidelines for Catalog Course Description

Acquisition of knowledge and practice using tools and techniques for assessing the child and the family in a community-based setting or on-campus laboratory. Credit/No Credit: 1 unit/laboratory/3 hours

#### Prerequisites:

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<th>Note:</th>
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<thead>
<tr>
<th>Prerequisite:</th>
<th>Enforced at Registration: Yes X No NURS 101, NURS 102, NURS 18, NURS 117, NURS 150, or instructor permission</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corequisite:</td>
<td>NURS 106, NURS 107 Enforced at Registration: Yes No X</td>
</tr>
</tbody>
</table>

| Graded: Letter Credit/No Credit X Instructor Approval Required? Yes X No |
|--------|-------------------|-----------------|
| C-17   | Course Classification (e.g., lecture, lab, seminar, discussion): Title for CMS (not more than 30 characters) NURSChildrearingFamilyAssessmentSkills |

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<tr>
<th>Cross Listed? Yes X No</th>
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<tr>
<th>How Many Times Can This Course be Taken for Credit?</th>
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<tr>
<th>Can the course be taken for Credit more than once during the same term? Yes X No</th>
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</table>
FOR NEW COURSE PROPOSALS OR SUBSTANTIVE CHANGES ONLY:

Description of the Expected Learning Outcomes: Describe outcomes using the following format: “Students will be able to: 1), 2), etc.”
See the example at http://www.csus.edu/acaf/example.htm

Students will be able to:

1. Integrate knowledge, skills, and aptitudes gained during pre-requisite coursework with current research in pediatric nursing to plan, deliver and evaluate nursing care with children and families.
2. Integrate the health-illness values, beliefs, experiences, and goals of the child and family in planning, implementing, and evaluating pediatric nursing care.
3. Demonstrate ability to provide safe and effective nursing care to children and families in predictable situations.
4. Adhere to standards of academic integrity and professional nursing practice.
5. Demonstrate leadership in the coordination of health care for children and families.
6. Demonstrate effective inter- and intraprofessional communication, in all forms.

**Attach a list of the required/recommended course readings and activities [Note: it is understood that these are updated and modified as needed by the instructor(s).] This attachment should be forwarded only to your Dean's office, not Academic Affairs.

Assessment Strategies: A description of the assessment strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above

1. Demonstration of pediatric-specific skills,
2. Math exam

For whom is this course being developed?

- Majors in the Dept.
- Majors of other Depts ______
- Minors in the Dept ______
- General Education ______
- Other ______

Is this course required in a degree program (major, minor, graduate degree, certificate)? Yes ______ No ______

If yes, identify program(s): Bachelor of Science in Nursing

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer facilities, faculty, etc.)? Yes ______ No ______

If yes, attach a description of resources needed and verify that resources are available.

Indicate which department or programs will be affected by the proposed course (if any). None

The Department Chair's signature below indicates that affected programs have been sent a copy of this proposal form.

Accessibility: Following course approval, and prior to the start of the semester in which the new or revised course will be taught for the first time, an accessibility checklist [available at http://www.csus.edu/accessibility/checklist.html] shall be completed and submitted to the appropriate Dean’s office. An accessible syllabus shall also be made available online, preferably prior to the start of that semester's open registration period.

Approvals: If proposed change, new course or deletion is approved, sign and date below. If not approved, forward without signing to the next reviewing authority, and attach an explanatory memorandum to the original copy.

Signatures: ____________________ Date: 3/14/11

Department Chair: ____________________Date: 3/6/11

College Dean or Associate Dean: ____________________Date: 3/6/11

CPSP (for school personnel courses ONLY)

Associate Vice President
and Dean for Academic Programs

Distribution: Academic Affairs (original), Department Chair and College Dean. Dean’s office to send original after approval to Academic Affairs, at mall zip 6016. An electronic copy must also be sent.

5/20/2010
California State University, Sacramento
Division of Nursing
NURS 108: NURSING THE CHILDREARING FAMILY:
ASSESSMENT AND SKILL ACQUISITION
Syllabus

Faculty of Record:
Denise Wall Parilo, RN, MSN, PhDc
Email: walld@csus.edu
Phone: (916) 278-7258
Office: Folsom Hall 2008
Office Hours: TBA

Course Faculty:
Bridget Parsh, RN, CNS, EdD
Email: parshb@csus.edu
Phone: (916) 278-1512
Office: Folsom Hall 2029
Office Hours: TBA

Jan Sampson, RN, MSN
Email: sampsonj@csus.edu
Phone: (916) 278-1510
Office: Folsom Hall 2022
Office Hours: TBA

Class Time & Location:
Class Times TBA; Lecture, skills lab hours generally completed
during first three weeks of semester frontloading; Service-learning
hours generally 3-8 per week as scheduled by the student.
Class Location: For lecture locations, refer to SacCT calendar.

Prerequisites:
NURS 101, NURS 102, NURS 18, NURS 117, NURS 150 or
instructor permission.

Corequisites:
NURS 106, NURS 107.

Required Texts & Materials:
(8th Ed.). St. Louis, Missouri: Mosby, Inc.
ISBN: 0 3230 5353 X

ATI (Assessment Technologies Institute) Nursing Study Packet
(available online; includes Pediatrics, OB, and Pharmacology
texts/DVDs)

Recommended Text:
New York: Farrar, Straus and Giroux. ISBN: 0 3745 2564 1
Course Description

Acquisition of knowledge and practice using tools and techniques for assessing the child and the family in a community-based setting or on-campus laboratory. Three hours weekly. Graded: Credit / No Credit. Units: 1.0.

NURS 108 is a laboratory course taken in conjunction with NURS 106 and NURS 107. Student experiences include both on-campus and off-campus assignments, as well as a community-based, service-learning component. Students will learn pediatric health care maintenance parameters, will acquire a working knowledge of various assessment tools, and will interact with children and/or families in a variety of settings in order to broaden their perspective of health issues in our community. Assessments of children’s and families’ psychological responses to health problems are also included.

Course Objectives and Performance Indicators

The following are the course objectives for NURS 108. Students must meet all course objectives in order to pass NURS 108. These objectives will be evaluated by the faculty of record for the course, referring to course activities and assignments, utilizing input from service-learning agency contacts, and evaluating students’ written and verbal evidence of performance.

1. Select appropriate assessment tools and techniques for health promotion of the child and family.

2. Demonstrate effective use of assessment tools and techniques in pediatric health promotion.

3. Demonstrate the ability to provide safe and effective nursing care to children and families in the simulation laboratory.

4. Adhere to standards of academic integrity and professional nursing practice.

5. Demonstrate effective inter- and intra-professional communication, in all forms.
Method of Instruction

There are 45 class hours for NURS 108. Student time will be utilized acquiring specific assessment skills and accruing an appreciation for the multidisciplinary resources available to children and families in the community. Approximately half of the total 45 hours will be spent in class. Be advised that NURS 108 lecture material may appear on general NURS 106 theory exams and N108 lecture material will certainly be a component of skills labs. For the remaining hours, some experiences will be scheduled by faculty and the majority of service learning experiences will be self-scheduled. The class will not be meeting every week (see course schedule), although service-learning experiences generally occur on a weekly basis.

Study guides, found within the NURS 106/107/108 course site in SacCT, provide learner objectives and reading assignments in preparation for class lectures and laboratory. It is expected that students will review and utilize the objectives to direct their pre-class reading. In the event that all content is not discussed in class, the student is responsible for meeting the objectives through assigned reading.

Outline of areas to be covered throughout the course:

I. Assessment of Growth and Development: The Child and Family
   A. Physical and psychosocial assessment
   B. Developmental assessment process
   C. Use of developmental assessment tools
   D. Parenting
   E. Managing common developmental concerns

II. Health Maintenance: Child and Family Assessment
   A. The role of the nurse in health promotion and health maintenance
   B. Effective communication with children and parents
   C. Physical Assessment of the infant and child. Adaptations for the child based on age
      1. Physical examination
      2. History taking
   D. Health promotion and illness prevention
      1. Screening for vision, hearing, and speech problems
      2. Maintaining good dental health
      3. Immunizations
   E. Prevention and treatment of injury and poisoning
F. Nutritional assessment in infancy, childhood, and adolescence
   1. Process of nutritional assessment
   2. Maintenance of optimal nutrition
   3. Prevention of common childhood nutritional problems such as failure
      to thrive, anemia, obesity

G. Community resources

III. Social, Cultural, and Religious Influences on Child Health Promotion
   A. Social roles and sub-cultural influences
   B. Cultural influences on health

V. The Child and Family at Psychosocial Risk
   A. Maladaptive family functioning
      1. Non-organic failure to thrive
   B. Children of poverty

VI. Medical-Ethical Issues in Pediatrics: Nursing Responsibilities

Course Assignments and Projects

1. Skills Laboratory

A variety of clinical scenarios will be presented in the simulation laboratory in preparation
for pediatric clinical. Pre-reading information will be provided via the course site in SacCT
on the first day of class. In order to receive credit for skills lab, students must submit all
required laboratory paperwork by the end of the skills lab session.

Written Assignments

Written assignments for NURS 108 are skills lab forms as well as service learning progress
reports and attendance time logs for the service learning placements. Due dates and
submission procedures for assignments are noted on the course schedule and posted in the
SacCT course calendar.

Written Examinations

Math Exam
Each student must pass the NURS 108 math exam with a minimum score of 90% before
administering medications in NURS 107 clinical. An online Pediatric Math & Medication
Module is provided in SacCT in preparation for this exam. All students are expected to
complete the module and practice exam prior to the math exam. A student unable to pass
the math exam in three attempts will be dropped from NURS 106, NURS 107, and
NURS 108 and will need to petition to enroll in these courses the following term. A
basic calculator (without text storage capability) will be needed for the math exam; if the
exam is given via SacCT, students must still use a basic calculator and not the computer’s calculator.

ATI: Nursing Pharmacology Exam
This semester you will be required to purchase the ATI (Assessment Technologies Institute) packet (available according to Division instruction). This packet contains both study materials and self-assessment materials for pediatric nursing. ATI materials are geared toward mastery of NCLEX-type questions that you may encounter on the examination for state RN licensure. It is recommended that you use ATI materials to supplement your reading during the semester in order to maximize your study hours.

The ATI pharmacology exam, taken once during the OB-Peds semester, is offered for purposes of self-assessment only. ATI examinations are nationally-normed and are taken as closed-book, timed, proctored computer examinations. All students will take the exam concurrently in a computer lab; attendance for this exam is mandatory. If calculations are required during the Pharmacology exam, students may utilize the calculator embedded within the ATI exam interface but are not permitted to use personal calculators. Students are not required to achieve a specific score on the Pharmacology exam but must complete the exam in order to receive credit in NURS 108. It is strongly recommended that students utilize the feedback obtained after the Pharmacology exam to guide their studies in preparation for the NCLEX licensure exam. Students should strive for a score equivalent to the Level 2 standard of proficiency; students achieving less than Level 2 should conduct an in depth review of nursing pharmacology prior to taking the state licensure exam (NCLEX).

Grading

Grading for NURS 108 is Credit/No Credit. Students must, in the time allotted for such activities, pass all objectives satisfactorily to receive a “Credit” grade. A grade of “No Credit” will be assigned if there are any outstanding assignments (including make-up assignments) at the end of the semester or any assignments or skills that have not met the objectives. Credit for assignments will be posted in the “MyGrades” tool in the combined NURS 106/107/108 SacCT site.

Special Note:
Students may receive partial course credit for previous experience in a service learning placement (e.g. summer camp for children with special health needs). Please consult with the Faculty of Record for more information.
Course Policies

Attendance
Attendance is mandatory at all NURS 108 class sessions, laboratory, and community experiences. Students will not be excused from NURS 108 to attend experiences for OB projects or any other nursing or non-nursing courses. Any NURS 108 hours missed due to illness and/or emergency must be made up. A student who misses a class session will have a make-up experience to be determined by the faculty.

If a student is going to miss class due to illness/emergency, the student needs to:
1. Call the Faculty of Record as soon as possible (see number at front of syllabus) and leave a message that he or she will be absent from class.
2. Contact the faculty teaching that day’s session and discuss plans to make up the missed material and the missed hours.

Student attendance for service learning experiences must be documented in the Time Log at the community agency placement. Time logs are provided by the University’s Community Engagement Center (CEC) via their online portal. Time logs must be signed by the student and the agency contact person at the end of scheduled hours. Then, the student must have the form signed by the Faculty of Record before submitting the Time Log form in person to the CEC (office is on 4th floor of the Library).

If a student is going to miss a service learning day due to illness/emergency, the student needs to:
1. Call the community agency as soon as possible notifying that he or she will be absent.
2. Contact the community agency contact person to negotiate additional service learning hours.

Students are advised that due to limitations in community agency and faculty availability, make up days may not be accommodated. If there is insufficient opportunity for make ups during the term, the student may not be successful in completing the skills/community requirements in the time allotted and may not receive a passing grade in NURS 108. Further, students who are unable to meet objectives in the time allotted will not pass the course.
University Policies

Academic Honesty
Academic honesty is ensured when a student completes academic work on his/her own merit. This concept is violated when a student gains an unfair advantage over other students such as is the case when copying others’ assignments, attempting to gain knowledge of exam items or related content, or plagiarizing published works. **If any part of your written or verbal work is suspected of academic dishonesty (whether you benefited from or provided an unfair advantage), the BSN Student Handbook requires notification of the University’s Student Affairs office. Once academic dishonesty is determined to have taken place, the assignment will not be accepted, will receive a score of zero, and the student(s) will be subject to disciplinary action including, but not limited to, course failure or program dismissal.** It is your responsibility to review the university policy and student handbook regarding academic honesty and plagiarism, to understand their definitions, and to consult with faculty if you need assistance. See also academic honesty link(s) on SacCT and the Sacramento State Policy Manual (http://www.csus.edu/umanual/student/UMA00150.htm).

Student Conduct
Participation in NURS 108 obligates students to demonstrate professional behavior at all times, adhering to the Student Code of Conduct found in the Student Handbook (see also statements in the Division of Nursing Philosophy). Additionally, students are expected to follow the University Student Code of Conduct (http://www.csus.edu/umanual/student/UMS16150.HTM) and to adhere to all policies found within the Division of Nursing BSN Student Handbook.

Proper student conduct will be enforced by the faculty and the Division of Nursing. Violation of any of these principles, whether during class times or course-related activities, may result in one or more of the following: letter of reprimand placed in the student file; notice of jeopardy of failing a course; failure of a course; referral to University Student Affairs; and/or dismissal from the nursing program and/or University.

Reasonable Accommodation Policy
Students with special learning needs (extended exam time, special seating, use of assistive devices, etc.) will communicate these during the first week of class, with written substantiation, to the Faculty of Record in NURS 108. For more information, contact the Services for Students with Disabilities (SSWD) using one of the following: website www.csus.edu/sswd; in person Room 1008, Lassen Hall; phone (916) 278-6955; email sswd@csus.edu.
Course Schedule

All attendance for in class activities is mandatory. Any changes in schedule will be provided at orientation.

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Pre-Readings/Prep &amp; SacCT Links</th>
<th>Activity</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 and 2</td>
<td>Orientation</td>
<td>See syllabus in SacCT: Syllabus</td>
<td>Orient to course</td>
<td>See SacCT Calendar</td>
</tr>
<tr>
<td></td>
<td>Child Health Maintenance</td>
<td>See related study guide, lecture notes in SacCT: Lecture Materials</td>
<td>Lecture</td>
<td></td>
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<tr>
<td></td>
<td>Prep Sheets</td>
<td>See Clinical Prep Sheet Guidelines and Forms in SacCT: Clinical Info &amp; Forms</td>
<td>Lecture</td>
<td></td>
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<tr>
<td></td>
<td>Nutrition</td>
<td>See related study guide, lecture notes in SacCT: Lecture Materials</td>
<td>Lecture</td>
<td></td>
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<tr>
<td></td>
<td>Physical Assessment</td>
<td>See related study guide, lecture notes in SacCT: Lecture Materials</td>
<td>Lecture</td>
<td>See SacCT Calendar</td>
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<tr>
<td></td>
<td>Community Partner (Agency) Orientation</td>
<td>See information in syllabus and SacCT: NURS 108 Service Learning</td>
<td>Orient to service-learning placement</td>
<td>As assigned</td>
</tr>
<tr>
<td></td>
<td>Math Exam</td>
<td>See syllabus; Also complete Online Pediatric Math &amp; Medications study module; quiz: Online Learning Modules; Assessments</td>
<td>Exam</td>
<td>See SacCT Calendar. Additional attempts scheduled as needed.</td>
</tr>
<tr>
<td>3</td>
<td>Skills Lab</td>
<td>See syllabus &amp; online postings SacCT: Syllabus &amp; TBA</td>
<td>Skills Lab</td>
<td>See SacCT Calendar</td>
</tr>
<tr>
<td>TBA</td>
<td>ATI: Pharmacology</td>
<td>ATI Pharm Study Materials; Practice exam codes TBA on SacCT</td>
<td>Exam – advisory only!</td>
<td>See SacCT Calendar</td>
</tr>
<tr>
<td>Varies – see SacCT deadlines</td>
<td>Service-Learning Progress Reports</td>
<td>See syllabus; Also see assignment request and deadlines for progress reports in SacCT: Assignments</td>
<td>Progress reports</td>
<td>Due dates vary according to student activity. See SacCT Calendar and Assignments section for details.</td>
</tr>
</tbody>
</table>