RPTA 115-B SP 11

Attachment A Faculty Senate Agenda November 18, 2010



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# Program Proposal Form B



Academic Group (C		Date of Submission to College Dean:
Health and Human	Services	
Academic Organiza	tion (Department):	Requested Effective: Fall, Spring_X, 2011
<b>Recreation</b> , Parks a	nd Tourism Administration	
Department Chair:		Contact if not Department Chair:
Beth Kivel		Greg Shaw
Title of the Program	n: Bachelor of Science: Recrea	tion Administration
<b>Concentration: Rec</b>	reation Therapy	
Type of Program P	roposal:	
	-	
X Modifica	ation in Existing Program:	
_2	<b>K_Substantive Change</b>	
	Non-Substantive Change	
·	_ Deletion of Existing Program	1
N7		
New Prog		
	/	v Program on to Master Plan
	New Degree Programs	
	Regular Process	
	Fast Track Process	
	Pilot Process	
		Option, Specialization, Emphasis
	_ New Certificate Program	
PLEASE NOTE:		a Cover Form. Additional information is requested for
		the corresponding procedure in the Policies and
		odification, Review and Approval of Courses and
		t <u>http://www.csus.edu/acaf/univmanual/index.htm</u>

#### Briefly describe the program proposal (new or change) and provide a justification.

#### Additional information to be added at the top of the program.

#### Description

The National Council on Therapeutic Recreation now requires students to take a class based on Assessment and Documentation. This course will provide content necessary for students to enter the recreation therapy, including the recreation therapy process (APIE), basic assessment skills and how to complete medical documentation.

## Justification:

The National Council on Therapeutic Recreation Certification (NCTRC) has changed the requirements for classes students must take to be eligible to sit for certification. The new class replaces the 3 units of elective for recreation therapy majors. Adding this course allows CSU to continue to be in compliance with National Certification requirements for recreation therapy.

Overview:

- New addition of Assessment and Documentation Course to Recreation Therapy Curriculum
- Omit 3 units of elective for Recreation Therapy students
- The names of the courses have been changed pending approval of form A's

Approvals:	
Department Chair: B. Pan Kink	Date: 9 22/10
College Dean:	Date: 4-23-2
University Committee:	Date: 10-13-10
Associate Vice President and Dean for Academic Affairs:	Date!0/14/10
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	· · · ·	NEW PROGRAM	1
Therapeutic Recreation (43-48 units) This concentration focuses on recreation services for individuals who are ill, disabled, elderly or incarcerated. It can be applied in clinical, transitional and community based settings. Emphasis is on therapeutic recreation as it applies to children and adults who are physically, mentally, socially and/or emotionally challenged.		<b>Recreation Therapy (43-48 units)</b> This concentration focuses on recreation services for individual who are ill, disabled, elderly or incarcerated. It can be applied ir clinical, transitional and community based settings. Emphasis is on therapeutic recreation as it applies to children and adults who are physically, mentally, socially and/or emotionally challenged.	
Required TR Course		Required RT Course	es (22-27 units)
(3) RPTA 116	Therapeutic Recreation Principles and Practices (RPTA 106 or instructor permission; RPTA 106 may be taken concurrently)	(3) RPTA 115	Recreation Therapy Assessment and Documentation (RPTA 106 or concurrent Enrollment)
(3) RPTA 117	Therapeutic Recreation and Contemporary Aspects of Disability (RPTA 106 or instructor permission)	(3) RPTA 116	Recreation Therapy Principles and Practices (RPTA 106 or instructor permission; RPTA 106 may be taken
(3) RPTA 118	Facilitation Techniques in Therapeutic Recreation (RPTA 106 or instructor permission)	(3) RPTA 117	concurrently) Recreation Therapy and Contemporary
(3) RPTA 119	Therapeutic Recreation Service Systems (RPTA 106 or instructor permission)		Aspects of Disability (RPTA 106 or Concurrent enrollment
(10-15) RPTA 195D*	Internship: Therapeutic Recreation (The completion of all required classes for the TR option. Completion of required	(3) RPTA 118	Recreation Therapy Facilitation Techniques (RPTA 106 or concurrent enrollment
	administrative paper work in the semester prior to internship, approval of major advisor)	(3) RPTA 119	Recreation Therapy Management and Advancement of the Profession (RPTA 106 or instructor permission)
Electives (3 units) (3) RPTA 120 (3) RPTA 128 Other classes selecte	<ul> <li>Leisure Education</li> <li>Leisure Services for At-Risk Populations</li> <li>d in consultation with a major advisor.</li> </ul>	(10-15) RPTA 195D*	Internship: Recreation Therapy (The completion of all required classes for the RT option. Completion of required administrative paper work in the semester prior to internship, approval of
<ul> <li>Non-RPTA Electives (18 units)         <ul> <li>Elective units selected in consultation with a major advisor, including: A) at least 3 units each in Abnormal Psychology, Life span Human Development, and Human Anatomy/Human Physiology; B) 9 units of Human Service Classes, as defined by NCTRC. Advisor approval required to assure compliance with certification requirements.</li> </ul> </li> <li>* Prerequisites: 600 hours of approved field experience.</li> </ul>		advisor, includ Psychology, Li Anatomy/Huma Service Classe required to ass requirements.	major advisor)



## California State University, Sacramento Department of Recreation, Parks, and Tourism Administration

## **RPTA 115 Recreation Therapy Assessment and Documentation (3 credits)**

Instructor: XXXXX Office: XXXXX E-mail: <u>XXXX</u> Office Hours: XXXXX Phone: XXXX

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# I. <u>Accommodations</u>

Any student needing to arrange a reasonable accommodation for a documented disability should contact Disability Concerns at 350 Fell Hall, 438-5853 (voice), 438-8620 (TTY).

# II. <u>Course Overview</u>

Assessment procedures and instruments used to assure competence in assessment of client function in leisure. Documentation, assessment, regulations in different settings (i.e., community, hospital, and clinical settings), protocols and development of individual treatment plans. Students are exposed to the Recreation Therapy process (APIE) in a variety of both clinical and community settings.

## III. Specific Student Outcomes

This course provides students with learning opportunities that correspond with the following Council on Accreditation sponsored by the National Recreation and Park Association professional standards: 9D.09, 9D.18, 9D.20. At the completion of this course, the student will be able to:

- Describe the need for and use of client assessment tools, procedures and resources.
- Utilize a variety of data gathering techniques (e.g., interviewing, observations, etc.) for assessment purposes.
- Evaluate therapeutic recreation assessment instruments.
- o Design components of an assessment that are connected to a comprehensive program plan.
- Design an individualized treatment program plan based on assessment results for the purpose of placing clients into programs.
- Design an individualized progress note to record client regression / stabilization or progression toward treatment goals.
- Design an individualized discharge / referral summary to record a summary of services and evaluate the effectiveness of treatment received at a facility.
- o Discuss the need for client referrals to and from therapeutic recreation services.
- o Understand the clinical supervision process.

# IV. <u>Evaluation/IDEA Outcomes</u>

- o Gaining factual knowledge (terminology, classifications, methods, trends)
- Learning to *apply* material (to improve thinking, problem solving, and decisions)
- Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course

# V. <u>To facilitate your success and the success of all students and this course</u>:

# • Attendance & Participation:

i. Be Respectful to all members of the class and any guest speakers as well as to yourself and the instructor.

- ii. Attendance is highly valued by the instructor and ISU. If you are to miss class for any reason, please let the instructor know ahead of time. In-class activities, assignments, quizzes, or exams will NOT be made up if you miss class.
- iii. Excessive tardiness (not being in class at 9:00 am) and excessive absences will affect your success. If you are not in class you are not able to participate in any in-class activities.
- iv. If a student must be absent from class for <u>3</u> or more times for unexpected health or family reasons the student should contact the Office of Student Affairs (309-438-5451). The student will be responsible for providing verification for the reason of the absence to the instructor and for completion of required course work and assignments
- v. Turn your cell phone completely off. IF YOU ARE CAUGHT TEXTING IN CLASS OR YOUR PHONE GOES OFF, YOU WILL BE ASKED TO LEAVE

#### • Course work, Assignments, Preparation:

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- i. All assignments, quizzes, and exams should be the students' own work. Academic Integrity and Honesty are valued by the instructor and ISU. Cheating, plagiarism, or other acts of academic dishonesty is not tolerated the instructor or ISU. Any student caught in academic dishonesty will receive a zero for that assignment, quiz, or exam. And, the instructor will follow University policy for academic dishonesty. See Undergraduate Catalog 2008-2010 for violations of academic integrity and honesty.
- ii. No late assignments, quizzes, or exams will be accepted. Any student, who is late for a scheduled exam or quiz, will not be able to take the exam.
- iii. All assignments, quizzes, in-class activities, and exams will be submitted via Blackboard (unless otherwise specified) by 9:01 am on the date it is due.
- iv. No assignments are to be submitted via email or via the instructor's mailbox unless prior approval has been obtained.
- v. All assignments are expected to be professional in nature. Assignments are to be typed in 12-point font times new roman, stapled or paper clipped on the upper left corner, APA format, free of grammatical and spelling errors, and 1" margins all the way around. Each assignment is to have the appropriate grading rubric attached at the time of submission. Every time the rubric is not attached or it is turned in after the assignment, the assignment will have 5 points subtracted from it and will be graded last.
- vi. You have a choice to be prepared. Being prepared is one of the best ways to increase your success in this class and program. Students are expected to read and study and keep up with all their work.
- Group Projects: Group projects require active participation by all members on all components of the assignment. Group projects do not mean breaking an assignment into small parts that individual students will work on separately. Group projects are designed for students to work and learn together.

The instructor reserves the right to raise or lower individual grades on group projects based on individual effort, attitude, and learning achievement. These factors will be based on peer grades, the instructor's observations, and confidential peer evaluations.

Peer feedback should be constructive and demonstrate analysis of performance strengths and growth areas, as well as provide justification for the scores given. Students will receive copies of the evaluation forms completed by peers. **Evaluations that are not thorough can result in a deduction of points the evaluator's overall score.** 

The instructor resources the right, at anytime and for any assignment, to require team members to submit an individual version of the assignment if it is thought that group members are not contributing significantly to the project and the work.

### VI. <u>Course/topical outline</u>

#### o Textbook:

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- Burlingame, J., & Blaschko, T.M. (2010). Assessment Tools for Recreational Therapy and Related Fields (4<sup>th</sup> ed). Ravensdale, WA: Idyll Arbor, Inc. [Red Book]
- Stumbo, N. & Peterson, C.A. (2009). Therapeutic Recreation Program Design: Principles and Procedures (5<sup>th</sup> Ed). San Francisco: Pearson Benjamin Cummings. [S & P]
- Other readings: as assigned and posted on Blackboard. Other readings are posted at the end of the syllabus

Date	Торіс	Reading	Assignment/Activities
1/11	Introductions and expectations		
1/13	Review of TR Program Design • Review TRAM • Review LAM • Review Intervention Programs • Case Study/ Case History	S & P Chap. 2 & 4 (skim); Stumbo 2002, Chap. 3 (skim)	
1/15	<ul> <li>Overview of Documentation</li> <li>Definition</li> <li>Rationale</li> <li>Types</li> <li>Flow Pattern</li> <li>Confidentiality &amp; Other Legalities</li> <li>HIPPA Privacy Standards</li> </ul>	Red Book, chap. 8 www.hhs.gov/ocr/hipaa	
1/18	Martin Luther King Day- see campus calendar for activities around campus	NO CLASS	
1/20	<ul> <li>Client Assessment</li> <li>Purpose &amp; Use</li> <li>Relationship between assess &amp; Program placement</li> </ul>	Red Book Chap.1 LeConey S & C, Chap 7	

	<ul> <li>Definition</li> <li>Principles of TR Client Assessment</li> <li>Assessment Domains</li> <li>Data Gathering Techniques, Sources</li> </ul>		
	Assessment Planning     Process & Implementation		
1/22	<ul> <li>Client Assessment</li> <li>STILAP</li> <li>Pros/Cons of Interest Inventories</li> <li>Problems with TR Assessments</li> </ul>	Stumbo 93/94 (on Blackboard) Red Book, pp. 578-595	Complete & Discuss STILAP
1/25	<ul> <li>Client Assessment</li> <li>Measurement Characteristics (validity, reliability, usability)</li> <li>Norm &amp; Criterion Reference</li> <li>Review of Commercial Assessments</li> </ul>	Stumbo 2002 pp. 27-57; & appendix - skim <b>Red Book, pp. 27-33 (fairness)</b> Stumbo 1991, chap. 2- skim	
1/27	Client Assessment • CERT	Review CERT Psy pages	Bring Red Book
1/29	<ul> <li>Client Assessment</li> <li>Discuss CERT</li> <li>Selection of Assessment Instruments &amp; Procedures</li> <li>Critiquing a Commercial Assessment for Purchase</li> </ul>	Stumbo 2002 Chap 5 & 6	
2/01	<ul> <li>Client Assessment</li> <li>Developing an Agency Specific Assessment</li> </ul>	S 2002 Chap 7 (guide as you create your own)- skim S & P pp. 276-282 Red Book pp. 111-116; 130-134 (ten steps)	
2/03	<ul> <li>Client Assessment</li> <li>Interviewing         <ul> <li>Directive vs. Non-directive</li> <li>Open &amp; Closed Questions</li> <li>Motivational Interviewing</li> </ul> </li> </ul>	Red Book, pp. 89-100, Stumbo 2002, pp. 200-203, skim pp. 203-207, pp. 211-213	Published Assessment name last day for approval
2/05	Client Assessment <ul> <li>Observation</li> <li>Recording Methods/Techniques</li> </ul>	Stumbo 2002 Chap 9 Red Book pp. 118-129 (prior to controlling the environment)	Student observations Assessment Review #1 Due
2/08	Client Assessment • MARRC	Boothman Red Book, pp. 447-459, FACTR	
2/10	<ul> <li>Client Assessment</li> <li>Leisure Diagnostic Battery (LDB)</li> </ul>	Witt	

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	Leisure Barriers		
2/12	Client Assessment	S & C pp. 101-121	
	Activity Analysis		
	• Task Analysis Assessment		
	Performance Assessment		
2/15	Client Assessment		
	Social Skills		
2/17	Client Assessment		
	• Strengths-based		
	Assessment		
2/19	Client Assessment		
	• Environment Assessment		
	Assessment Development		
	Review		
	Batteries     Trien relation		
	Triangulation		
	Agency Created     Assessments		
2/22	Client Assessment	S & P Chap 10; <b>283-292</b>	
	BASPLAC		
	• Score Assessment Results		
	Analysis Assessment		
	Results		
	Interpretation Assessment		
	Results		
	• Use of Results for Placement		
2/24	Client Assessment	Red Book pp. 667-676	Bring Red Book to
	Assessment Summaries		class
	Leisure Competence		Assessment Review #2
	Measure		Due
2/26	Client Assessment	Red Book, Chap 16, pp. 60-71, pp. 416-	MDS Handout
	(Interdisciplinary)	433,	
	Resident Assessment	S & C, pp. 122-127	
	Instrument (RAI)		
	Minimum Data Set (MDS)		
	Inpt Rehab Facility (IRF-		
	PAI)		
	• Functional Independence		
3/01	Measure (FIM) Client Assessment	Red Book, pp. 19-26	
5/01	(International)	WHO Website:	
	World Health	http://www.who.int/classifications/icf/en/	
	Organization (WHO)	intep.// www.wite.intertessifications/feiren-	
	WHO Defined		
	Importance to TR Practice		
3/03	Client Assessment (General)	C & L	
	Global Assessment	Red Book, Chap. 9 specifically pp. 179-	
	Functioning (GAF)	181 (signs); 183-184 (AIS); 186- (Brief	
	ASIA AIS Scale	cognitive rating scale); 187-190 (pain);	
	Rancho Los Amigos	190 (functional independence and	
1	Glasgow Coma Scale		

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<u> </u>	Children's Coma Scale	Glasgow), 191 (GAF), 192 (GDS), 194	
	<ul> <li>Global Deterioration Scale</li> </ul>	(mini-mental), 194 (multiaxial), 197 -	
	(GDS)	198(orientation x3), 198 (ranchos), 198	
	Assessing Pain	(ROM), 199 (three-step),	
	• Other Testing Issues		
3/05	Client Assessment	C&L	Assessment Review #3
	Community Integration     Program	Red Book, pp. 617-639	Due
	<ul> <li>Community Assessments</li> <li>Klitzing Inclusion</li> </ul>		
3/08-	Assessment		
3/12	Spring Break		
3/15	Client Assessment	Red Book, pp. 555-570	Bring book to class
	Leisure Step-Up		
3/17	Client Assessment	Red Book, pp. 85-87	
1	• Review		
	Guidelines for writing		
	policies and Procedures		
3/19	Treatment Plans	S & P, Chap. 11	Exam 1 Due
	Review of TRAM		
	• Direction for Rest of		
	Semester		
	Common Methods of		
	Charting		
	• Problem Oriented and		
	Source Oriented Client		
3/22	Documentation		
3/22	Client Assessment		
-	• Assessment		
2/04	Presentations		
3/24	Client Assessment		
	• Assessment		
	Presentations		
3/26	Client Assessment		
	Assessment		
	Presentations		
3/29	Treatment Plans	S & C, Chap. 8	
	• Need for and purpose		
	Components of		
	Agency Vs. TR Treatment     Plans		
	Coordination with TR &		
	Agency Tx plans		
3/31	Treatment Plans		
	Using Assessment Results		
	to Create Client Goals		
	Matching client goals &		
	Objectives with		
	Appropriate Program		
	Plans		
4/02	Treatment Plans	Sylvester, pp. 314-322	Assessment

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	Blooms Taxonomy	Red Book, pp. 26-27	Development Due
	Client Goals & Objectives	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	
	• Examples of Treatment Plans		
4/05	<ul><li>Treatment Plans</li><li>Client Goals &amp; Objectives</li></ul>	S & P, pp. 323-334	
4/07	<ul> <li>Progress Notes</li> <li>Review TRAM</li> <li>Need for</li> <li>Purpose of</li> <li>Content and Format of</li> <li>Connection between assess., Tx. Plans, and notes</li> <li>Regression, Stability, Progression</li> </ul>	S & P, pp. 340-346	
4/09	<ul> <li>Progress Notes</li> <li>Charting Notation</li> <li>Report Progress to Tx team</li> <li>Connections to evaluation, accountability, &amp; payment services</li> </ul>	S & P, pp. 340-346, 362-366, Appendix D	
4/12	<ul> <li>Progress Notes</li> <li>SOAP</li> <li>Other types</li> <li>Examples of Progress Notes</li> </ul>	S & P, pp. 346-349 S & C, Chap. 13	
4/14	<ul> <li>Discharge Notes/ Transition</li> <li>Plans</li> <li>Need for and Purpose</li> <li>Typical Format and Content</li> <li>Examples</li> </ul>	S & P, pp. 346-349 S & C, pp. 245-247	Treatment Plan Due
4/16	<ul> <li>Referrals &amp; Other Forms of Documentation</li> <li>Need for and Purpose</li> <li>ITRS TR D/C &amp; Referral Process</li> <li>Incident Reports</li> <li>Other Reports</li> <li>Computerized Documentation</li> <li>Examples of</li> </ul>	S & P, pp. 346-349 S & C 245-247	
4/19	<ul> <li>Clinical Supervision</li> <li>Professional Strengths &amp; Weaknesses</li> <li>Definition</li> <li>Process</li> </ul>	S & C, pp. 257-266 Other reading provided	
4/21	<ul><li>Professional Development</li><li>Higher Education</li><li>Continuing Education</li></ul>		

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	<ul><li>In-service staff training</li><li>Professional Organizations</li></ul>		
	Publications		
4/23	Course Wrap-up & Catch up		
4/26	Midwest Symposium		
4/28	Midwest Symposium		
4/30	Final review		Matthew Green Treatment Plan Due
5/03- 07	Finals	May 4th	7:50 am

This syllabus has been created as a guide to the class and is as accurate as possible. However, all information to this outline and the syllabus are subject to change as class needs change. Any changes will be discussed during class session and may not be distributed in writing.

#### VII. Required Student Tasks/ Assignments

Student tasks/Assignments are the methods of evaluation used to determine the student's acquisition and comprehension of the class outcome. The following measures will be used.

#### A. Examinations

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Exam 1 (Take Home)	Points: 100	Due: 3/19
Final (Comprehensive)	Points: 100	Due: 5/4 7:50 am

#### **B.** Assignments

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a.	Assessment Review #1- Grp. (Mundy)	Points: 10	Due: 2/5
b.	Assessment Review #2 (Published)	Points: 50	Due: 2/24
c.	Assessment Review #3- Grp (Agency)	Points: 15	Due: 3/5
d.	Assessment Presentation	Points: 25	Due: 3/22, 3/24, 3/26
e.	Assessment Development	Points: 100	Due: 4/2
f.	Treatment Plan	Points: 25	Due: 4/14
g.	Matthew Green Treatment Plan	Points: 50	Due: 4/30
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**Directions:** See assignment sheet for requirements

C. Quizzes, In-Class Activities/Assignments Points: 100 Due: Ongoing In-class/homework assignments or quizzes will be provided throughout the semester. Each will receive 5 points if it is completed and correct on the date and time due, 3 points for a good faith partial completion or partially correct, or 0 for non-completion or a poor faith effort. If you are not in class for these you will receive a 0. If this carry-over to another day and you miss one of the days the most you will receive is 3 points if correct and completed, 1.5 points for a good faith partial completion of partially correct, or 0 for non-completion or a poor faith effort.

Not all in-class activities, quizzes, or assignments will be provided with points.

#### VIII. Evaluation Devices/ Grading

Due Date	Assignment	Points	Points Received
2/5	Assessment Review #1	10	
2/24	Assessment Review #2	50	

3/5	Assessment Review #3	15
3/19	Exam 1	100
3/22, 3/24, 3/26	Assessment Presentation	25
4/2	Assessment Development	100
4/14	Treatment Plan	25
4/30	Matthew Green Treatment Plan	50
5/4	Final Exam	100
<u>On-going</u>	Quizzes, In-Class Assignments	50
	Total	525

**Grading Scale** 

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A= 525-473 B= 472-420 C=419-368 D= 367-315 F= 314-0					
	A= 525-473	B= 472-420	C=419-368	D= 367-315	F = 314 - 0

\*\*Each assignment will be described in detail throughout the semester