Growth and Success: Sac State Since 1947

Sacramento State had rather humble beginnings, starting out in 1947 in rented quarters at a local junior college. Within six years, the fledgling Sacramento State had settled at its permanent site alongside the American River, not far from California’s Capitol.

Since then, Sacramento State has grown into one of the nation’s top regional universities, led for the past 12 years by President Alexander Gonzalez, who retires at the end of the 2014-15 academic year. He leaves his successor, Dr. Robert S. Nelsen, and the University poised for continued success and an ever-growing presence in the Sacramento region. Read About Sac State’s History

#ThrowbackThursday and #HornetInsider: Glimpses of Sac State’s Past and Present
Manual Lopez

Where were you born?
I was born in the Central Valley in Delano, CA

What college did you attend?
University of California Davis.

What degree did you receive and what did you major in?
Bachelor of Arts, History

What is your favorite thing about Sacramento State?
Students of course. I love interacting with students and helping them find their path in higher education.

Do you have any tips or advice for Future Hornets?
Be prepared. Take advantage of resources around you. Don't be afraid to speak your mind. Speak up for others who cannot speak for themselves. Take the time to enjoy college life. Study abroad if you can. Keep an open mind.

What is your favorite quote?
“It is better to die on your feet than live on your knees” Emiliano Zapata

In just three years as a Sacramento State student, Lombardo has made a significant and lasting mark as one of the youngest, most visible and active ASI presidents in the University’s history. She consistently elevated the Sac State student voice to the national stage, excelled in her classes, and pounced on state government internship opportunities, all while putting herself through school via grants, loans, and out of her own pocket.

After her term as student body president ended in 2015, Lombardo was appointed to the California State Student Association executive board, a distinguished position from which she addresses student issues across the greater CSU system.

It is an evolving balancing act at which Lombardo excels.

Read more of Lombardo success story here: http://www.csus.edu/made/lombardo.html
Our beautiful campus is an urban oasis, nestled alongside the American River in the heart of California’s dynamic capital city. You’ll find plenty to do after classes and homework are done. Student life at Sac State is fun! You’ll make new friends, and your experiences will be unforgettable.

You might play rugby. Go bass fishing. Scale The WELL’s challenging rock wall. Learn Scottish country dancing. Meditate. Take up wakeboarding through the Sac State Aquatic Center. Join a club. Volunteer to help others. Live on campus and get involved, cheer on Hornet athletes competing at the NCAA Division I level. Attend Sac State’s top-notch theater and dance productions. Take in an art show. Play billiards. Get fit. Go skiing, backpacking, or snowboarding with Peak Adventures. Read a book beneath one of our 3,500 shade trees. Jump on the 32-mile American River Bike Trail (aka the Jedediah Smith Memorial Trail) at the Guy West Bridge and take a long ride or a run through a unique riparian habitat.

Sac State is just minutes from the city’s best restaurants, fast-food eateries, and shopping areas. Arden Fair Mall, home to Nordstrom, Macy’s and the Apple Store, is four miles away. The campus is less than eight miles from the State Capitol. (Visit our page on “The Capital’s University.”) The city of Sacramento offers a myriad of museums to explore and plenty of festivals to entertain you throughout the year.

Read more about Student Life here: www.csus.edu/about/student_life/

Community Engagement Center
Our students, through Service Learning, Sac State Volunteers and Alternative Break, are making a difference and impacting the Sacramento Region. Whether it’s:
- Harvesting fruit to donate to local food banks;
- Painting houses in underserved communities;
- Staffing a Quad Rugby tournament;
- Planting a garden in a neighborhood that lacks access to fresh food; or
- Assessing the role of parental involvement in a Title I School

Our students are connected, engaged, committed!
First Physical Therapy Doctorate grads honored

The first graduating class of Sacramento State’s Doctor of Physical Therapy (DPT) program was honored Saturday, July 11, at a formal hooding ceremony in Capistrano Hall.

The event was a milestone both for the University and the 30 degree candidates, who were celebrating the completion of their coursework, their doctoral projects, and 36 weeks of full-time internships at California hospitals and clinics.

Sac State’s three-year DPT program is dedicated to graduating professional, evidence-informed physical therapists who have the knowledge and skills to provide patient care in any practicing environment. The program is one of the few in the country that utilize a state-of-the-art simulation lab to educate students in caring for and responding to emergencies with patients in an acute-care environment.

“I challenge you today,” keynote speaker and retired PT department chair Sue McGinty told the degree candidates. “Not everything is impossible. Seek solutions. Your professional journeys are just beginning. Be that force for positive change locally, nationally, or globally.

Read more about the first graduating class of Sacramento State’s Doctor of Physical Therapy program here: www.csus.edu/news/articles/2015/7/20/first-physical-therapy-doctorate-grads-honored.shtml
After being admitted to the university students automatically begin taking college-level courses, right? Not necessarily. Freshmen must demonstrate that they are ready to take college-level English and Math courses. Graduating from high school doesn't always mean students are “College Ready”.

As a High School Counselor you should know that there are several ways students can demonstrate to Sacramento State that they are “College Ready”. Qualifying SAT, ACT, AP, IB, or EPT and ELM test scores may demonstrate readiness. It's not too late to help your Juniors and Seniors plan ahead…

The CA Department of Education has weighed in…Also, here are some FAQs:

**What can you do if a student asks you if he/she is “College Ready” in English and Math?**

Students can create a free personalized road map to “College Readiness” online

**Did you know?**
Meeting minimum admission requirements versus being “College Ready” could be the difference between saving or spending up to $25,000 or more.

**Why so much?**
Students who are not “College Ready” may need to take extra English and Math courses at Sac State. Extra classes = more money and added time to their Bachelors degree. Remember, time is money!

**Which extra English and Math courses would students need to take?**
Early Start courses for students who are not “College Ready” begin in the summer before the start of the Fall semester. Students must take and pass these remedial courses before taking college-level courses. In our experience students prefer to enjoy summer break instead of taking extra English and Math courses.

**So your student wants to avoid Early Start summer courses and save money…what to do?**
Students need to get serious now! Seniors must study and take the SAT or ACT test no later than the December 2015 test date and get a score of:

- 500 on the Critical Reading and 550 on the Math section of the SAT, or
- 22 on the English and 23 on the Math section of the ACT

These are the most common ways a student can demonstrate that he/she is “College Ready”, but that’s not all…Click here for more options!

**If your students don’t have the scores above or are otherwise not “College Ready”:**
- Seniors can check their Early Assessment Program (EAP) results online
  
  Remind Seniors that they took this test as Juniors…Remember the CAASPP Smarter Balanced Assessment?

  - Take the first available English Placement Test (EPT) and Entry Level Math (ELM) tests. Juniors and Seniors can take these tests at Sacramento State or at a local CSU campus. Click the hyperlink above to find a date at the CSU campus nearest you, and encourage students to register for the appropriate test(s)

  - Students should prepare for the EPT and ELM tests by taking practice exams. These links have practice questions and tips on how to prepare

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