

# CSUS BULLETIN

April 2 - April 15, 2001

MAXED OUT

## Researchers Lower the Bar On High Altitude Exercise

From Mexico City to Denver's Mile High Stadium there's been lots of talk about how high elevation affects athletes. But researchers at CSUS say declines in exercise performance can hit even closer to home — as low 1,900 feet. That's 500 feet below Colfax.

Kinesiology and health science professor Daryl Parker, who conducted the study with colleague Roberto Quintana, says, "Decreases in exercise performance happen at much lower levels than had been thought. Previously, endurance experts believed there was no change in endurance until 5,000 feet or higher. The lowest altitude where we saw change was 1,900 feet."

Their discovery is a first for American researchers and confirms a recent finding by an Australian who came up with similar data, using different methodology.

It also has applications beyond the athletic arena. Parker says the decrease in blood oxygen experienced by people at high elevations is similar to what pulmonary patients and people with heart disease experience. By studying how people respond to altitude, it may be possible to better understand how disease processes work.

Besides turning conventional wisdom upside down on performance and altitude, the researchers are challenging another long-held theory — that a person's fitness level alone determines how they will perform at a high elevation.

It is widely accepted that the amount of decrease in performance depends on a person's cardiorespiratory fitness. And, though it may surprise some non-athletes, the expectation hasn't been that the fitter the person the better they'll fare. Instead, the research has demonstrated the higher the fitness level, the more capacity the person loses. But Parker and Quintana believe that another factor may be involved.

"There are two markers for endurance: VO2 max, which is the maximum amount of oxygen a person can consume in exercise, and lactate threshold, the highest steady state

intensity a person can maintain for a long time," Parker says. Generally, Parker says, the more oxygen that a person consumes — meaning a high VO2 max — the larger the decrease in their exercise capacity at altitude. But people who can maintain a high steady state intensity for a long time — those with a high lactate threshold — seem to have less decline in exercise capacity at altitude.

The finding is big, Parker says, since it overturns a previously held belief among athletes that high fitness was a liability to high altitude performance because of the resulting increases in VO2 max. "They used to say, 'Why train if I'm going to compete at altitude?'," he says. "Now

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*ELEVATED EFFORT* — Kinesiology and health science major Alex Amaro experiences high elevation exercise as professor Daryl Parker monitors his status. Equipment in the exercise physiology lab in Solano Hall can replicate conditions at 14,000 feet.

— Photo by Laurie Hall

## Students Getting Lessons in Service

Seventy percent of CSUS students say they're interested in taking courses that offer experience in the community, whether for job preparation, an opportunity to serve their community, or to practice skills from class.

That explains why there are more than 100 service-learning courses at CSUS, a number that continues to increase.

Nearly 50 professors at CSUS have integrated service-learning projects into their courses. In them, students take what they've learned in the classroom and apply it to a real-world setting.

"Time changes many things, and the best way for students to see this is by experiencing it," says Charlotte Cook, coordinator of the Office of Community Collaboration.

"Experiential education is the key," says Kathy Martinez, a professor of recreation and leisure studies. "Students are benefiting by altruism and it also allows information taught in classrooms to make more sense to them."

Martinez is very supportive of the service-learning concept. She has extended community service projects to her general education courses, although they are short programs. "As

little as one day can be a valuable and enlightening experience for students," she says.

Since 1998, the Office of Community Collaboration has worked with organizations throughout the Capital Region to build the service-learning program.

Heather Carling-Smith, a professor of physical therapy, wants her students to have exposure to patients with neurological disabilities to make more sense of what they're learning.

"They see their clients as people in real-life settings rather than as patients," says Carling-Smith. This semester, one of the organizations her students volunteer for is the Ride-to-Walk Program, which helps children

with disabilities ride horses as therapy.

Biological sciences professor Susanne Lindgren plans to give her students the opportunity to work with the service-learning program soon.

Her students will work with Public Health Services and Mercy Hospital's clinical health lab and administration to help develop screening systems for infectious diseases.

Nearly 1,000 students enrolled in a service-learning course last year, and as many as 20 courses will be added next year. Throughout the CSU system, students contribute

*Continued on page four*

## Fair Helps Students Spring into Careers

More than 130 businesses will be out in force on campus recruiting future employees at the annual Spring Career Fair, April 4 - 5.

Representatives from local county, city and state government agencies, as well as national and international businesses, will set up shop in the University Union Ballroom in hopes of hiring some of Sacramento's hottest young talent — CSUS students.

The annual Spring Career Fair is such a popular event that attendees assemble outside the ballroom well before the 10 a.m. kick-off time.

"Recruiters check in and set up by 9:45," says Carol Leigh Billing, CSUS career events specialist. "By that time,

students are already lined up to get in. By 10:15, the event is so packed it's not easy to move around the aisles of recruiters." The most exciting aspect of the career fair is watching CSUS students strategize options for their futures, according to Billing.

"You can watch the recruiters talking to students and it's just amazing to see the students making decisions and laying the groundwork for their future right there," Billing says.

For a list of the businesses that will participate in this year's event see [www.csus.edu/news](http://www.csus.edu/news).

For more information about the Spring Career Fair call 278-6872.

## Reception for Support Staff

President Gerth and the executive staff will host a reception in honor of CSUS support staff from 9 to 10:30 a.m., Friday, April 20 in the University Union Ballroom. Staff are invited to stop by, visit with colleagues and accept a small token of appreciation.

# Professional Activities

The CSUS Bulletin welcomes submissions to the Professional Activities section from faculty, administration and staff. Items are run on a space available basis. They should be no longer than 75 words and may be submitted to [bulletin@csus.edu](mailto:bulletin@csus.edu) or faxed to 278-5290.

## Recognition

**MIKE LEE**, management chair, has been named an ACE Fellow for the academic year 2001-02 by the American Council on Education. Lee is one of 33 fellows nationwide chosen for the program, which identifies and prepares promising faculty and administrators for responsible positions in college and university administration.

## In the News

**ROSEMARY PAPALEWIS**, educational administration and policy studies, had the one-day online class that she organized for her students and a group of Chinese students featured in the March 23 issue of *Political Pulse's Education Beat*.

## Scholarship

**CELESTE ROSEBERRY-McKIBBIN**, speech pathology and audiology, has published a book titled *An Advanced Review of Speech-Language Pathology: Comprehensive Preparation for Students and Practitioners*. She also had a paper titled "Assessment and Intervention for Children with Limited English Proficiency and Language Disorders" accepted for inclusion in *Second Language Learners: ASHA*

*Readings*, a publication of the American Speech Language Hearing Association.

**LARRY BOLES**, speech pathology and audiology, had his book review, "Neurogenic Communication Disorders: A Functional Approach," published in *Advances in Speech Language Pathology*. He was also appointed for a three-year term to the mentoring and leadership committee of the American Speech-Language-Hearing Association's Division of Neurophysiology and Neurogenic Communication Disorders. And he presented "Solution Focused Aphasia Therapy" as a short course for the California Speech-Language-Hearing Association.

**DAVID JELINEK**, teacher education, presented a lecture, "Teacher Education for Charter Schools," at the California Network of Charter Schools statewide meeting on March 17. The topic dealt with how an outcomes-based perspective in teacher education can help address the unique demands of charter schools.

**PATRICIA CLARK-ELLIS**, College of Health and Human Services, was the keynote speaker at Jacksonville State University's baccalaureate social work program's 20th annual Social Work Conference, March 16 in Jacksonville, Ala. She spoke on "Psychosocial, Sociocultural and Legal Implications

of Women with HIV/AIDS."

**SAL ARRIGO JR.**, recreation and leisure studies, presented "Senior Citizen Consumers – Your Long-Term Customers" as part of the 10<sup>th</sup> annual "Customer Service and Marketing" seminar at the Partners in Business conference at Utah State University March 27-28.

**LARRY CHASE**, communication studies, presented a workshop titled "A Language Arts Approach to Cultural Diversity" at the California Association for the Gifted Conference March 2-4 in Sacramento.

## New Faces



### Kall Loper

Serendipity seems to find Kall Loper. The new professor in criminal justice has a history of being in the right place at the right time.

A graduate school job as a computer system administrator inspired his dissertation topic of computer crime. A chance meeting with former department chair Susan Meier triggered a CSUS job interview. And even though he's a brand-new faculty member, his expertise in cyber crime let him leap right into a new branch of the criminal justice curriculum.

"I get to teach what I'm interested in," Loper says. "These things don't happen to a junior professor."

He's also enjoying developing much of the course content from scratch. "I like that I learn as much putting a class together as doing research," he says.

Though he spends a lot of his time these days analyzing "hacker" behavior, Loper's background is actually in corrections and his original post-graduate plans included working in corrections in a state capital. Five years ago he started watching for openings in Sacramento. Though he's not working in corrections he says he's available to "pinch-hit" on the topic whenever the department needs him.

After earning his undergraduate degree in sociology and criminology at Texas Christian University, Loper went to Michigan State University for a combined master's and doctorate program. While in Michigan, luck struck again when he went to work for a corrections

facility where he learned many facets of the operation. "It was an unusual opportunity. I got to work in a lot of areas," he says.

The experience taught him a valuable lesson that he puts to use in his dealings with hackers. He doesn't hide who he is and what he's doing, going so far as to hand out his business card.

"In my prison work, I learned that as soon as a person could figure me out, when they knew where I stood, they had no problem with me," he says.

That credibility has been essential in Loper's ability to gain access to the hacker world. Having a technical background helps, too, he says. The criminal justice program has reaped the benefits of that expertise as well. Loper recently completed a redesign of the division's website.



Who better to transform trash into treasure than the university's new recycling coordinator – Roger Guzowski?

After a couple years of experience as a student custodian at university residence halls in Massachusetts, Guzowski discovered that he enjoyed the relationship between custodial services and recycling. While a student at UMASS, Guzowski took a resource studies class for which the "lab" was picking up recyclable newspapers, and discovered a goldmine of recycling possibilities.

Guzowski advanced quickly in the world of recycling and now works less with pizza boxes and soda cans, and more with long-term waste management on campus and with nationwide recycling issues. He recently returned from the Environmental Protection Agency Satellite Forum, where he was one of four recycling coordinators in the nation selected as a guest speaker to talk about campus recycling issues.

His passion for environmental and recycling issues began early in life. Guzowski jokes about trips with his dad to the dump and coming home with more than they left with.

Before joining CSUS, Guzowski spent seven years as the recycling coordinator for Five Colleges, Inc., a



### Roger Guzowski

consortium of schools that included Amherst College, Hampshire College, Mount Holyoke College, Smith College and the University of Massachusetts at Amherst. Under Guzowski's direction, Five Colleges won the 1999 National Recycling Coalition Outstanding School Award.

Eager to escape New England winters, Guzowski decided to relocate to the West.

"My job requires a little bit of everything, from picking up cardboard to raising money for long-term plans," he says. "I try to teach people to look at recycling as a part of their everyday life, not as a separate subject, or chore."

"In the past year, we set up a cardboard and scrap metal recycling program within facilities management. Next year we'll be expanding the cardboard recycling program across campus and placing desk-side recycling storage bins in each faculty and staff office and each student room in the residence halls."

Practicing what he preaches, Guzowski bikes or takes the Hornet Shuttle to work every day.

"I want people to realize that as cities grow and develop, our land is disappearing. If we continue to generate so much trash, we will run out of room to store it. The energy crisis is bad enough, California doesn't need another kind of wake-up call," Guzowski says.

Additional information about the University's recycling programs can be found at [www.csus.edu/fmgt/recycling](http://www.csus.edu/fmgt/recycling).

## CSUS BULLETIN

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The Office of University Affairs  
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### TO SUBMIT MATERIAL FOR PUBLICATION:

The CSUS Bulletin is published on Mondays of the academic year. Campus news may be submitted by e-mail to [bulletin@csus.edu](mailto:bulletin@csus.edu), may be faxed to 278-5290 or may be delivered on disk or paper to Public Affairs, Sacramento Hall Room 215, campus mail code 6026. Deadline for all materials is 10 a.m. on the Wednesday before publication. Items will be published on a space available basis and are subject to editing. Writing should be in news style, short and direct. For inquiries call 278-6156.

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## Stars Take the Stage at Observatory Events

Amateur stargazers and dedicated space aficionados of all ages can join CSUS professors for an informative look at the night sky this spring.

Three of the popular "Public Nights" events are scheduled in the coming months. The events all begin with a lively 45-minute lecture and end with a session at the CSUS Observatory atop Amador Hall.

Each lecture begins at 8 p.m. in Mendocino Hall 1015. Viewing at the Observatory is from 9 to 10:30 p.m., weather permitting.

Dates are:

- Friday, April 6: "A New Window on the Universe: An Overview of Gamma-ray Astronomy," with Clay Bratton.

- Friday, April 27: "From Pickering's Harem to Heidi Hammel: The Role of Women in Astronomy," with Donald Hall

- Friday, May 11: "The Birth, Life and Death of Stars," with Randy Phelps

Parking is free from one hour prior to and one hour after the event in the student section of the parking structure. After 5 p.m. on the night of the event, information on the likelihood that weather will allow viewing will be on a recording at 278-6268.

Lectures will be given regardless of weather.

More information is available by contacting the CSUS physics and astronomy department at 278-6518.



*IN DEMAND* – Cici Mattiuzi from the College of Engineering and Computer Science presents a workshop on salary negotiations. For all the talk about a slowing economy, students in the College remain in high demand. In fact, CSUS is now the top college source for new employees at technology giant Hewlett-Packard.

— Photo by Frank Whitlatch

## News Digest

### River City Days Open House

The River City Days planning committee is seeking campus departments and groups to participate in the annual River City Days Open House.

This year, the event will be on Friday, April 27. It will last from approximately 10 a.m. to 2 p.m.

Academic departments have traditionally partnered with related student organizations to put on events related to their area. There are also advising tables, booths by student groups and sessions focused on providing information about department programs and careers.

Signups and additional information are available by contacting the student activities office at 278-6595 or by visiting [www.csus.edu/rivercitydays](http://www.csus.edu/rivercitydays).

### Weightlifting Legend to Visit

Tommy Kono, considered one of the best Olympic weightlifters in U.S. history, will give a free seminar from 6 to 8 p.m., Thursday, April 12 in Solano 1020.

Kono, a Sacramento native who now lives in Hawaii, is a three-time Olympian.

pic medallist. He won a gold in 1952 in Helsinki, a gold in 1956 in Melbourne and a silver in 1960 in Rome. His first gold came not long after he had been held at the Tule Lake internment camp during World War II.

More information is available by contacting Bill Kutzer at 278-6298.

### Awards Recognize Service

Nomination forms are now being accepted for the Administration and Business Affairs Recognition and Awards Program, which recognizes administration and business affairs employees for customer service, team work and other exemplary efforts.

Nomination forms are available from Sarah Whyte, 278-7450 or [whites@csus.edu](mailto:whites@csus.edu). The deadline for submitting nominations is Friday, April 6.

### Diversity Through Art

At noon, Tuesday, April 3, saxophonist Fred Ho and performance poet Kalamu ya Salaam will perform a concert in the University Union Redwood Room titled "Afro-Asian Arts Dialogue: Building Alliances in

an Age of Divide and Conquer."

Through performance, the duo hopes to engage the audience in a discussion about political, cultural and historical commonalities between Asian Americans and African Americans.

Details: 278-6101.

### Molly Brown Myth Dispelled

CSU San Jose professor and author Kristen Iversen will read excerpts from her latest novel, *Molly Brown: Unraveling the Myth*, from 3:30 - 4:30 p.m., Wednesday, April 4, Mendocino 1003.

Iversen is a recent winner of the Colorado Book Award for Biography, the Biennial Barbara Sudler Award for best book written on a Western American subject and a finalist for the WILLA Award for Nonfiction.

Details: 278-6925.

### Student Research Conference

CSUS will host the 25th annual Student Research Conference, sponsored by the CSU system's Social Science Research and Instructional Council, on Friday, May 4. Papers from all social science disciplines are welcome. Both undergraduate and graduate students may participate and prizes will be awarded for the best papers.

Additional details are available at <http://gilbert.calstatela.edu/stdconf00/>, or by contacting Ted Lascher at 278-4864 or [tedl@csus.edu](mailto:tedl@csus.edu).

### Research Scholars Reception

Phi Beta Delta will host a reception for visiting international research scholars from 3 - 5 p.m., Friday, April 6. The event will be held in the University Union Forest Suite.

Details: 278-6686.

### Advisory Board Members Sought

The Center for African Peace and Conflict Resolution is accepting applications for its advisory board. The board provides input and support for the center's programs and projects, pursues

funding sources, identifies partnerships and grant opportunities and recommends rules and policies.

The deadline for applying is Thursday, April 12.

Details: 278-6282 or [uwaziee@csus.edu](mailto:uwaziee@csus.edu).

### Deadline Approaches for Fee Waivers, Reductions

Fee waiver and reduction applications are now available for summer and fall 2001. They are available in training and development in Sacramento 173 or faculty affairs in Sacramento 265. A separate form is needed for each semester.

New participants must complete an application for admission, a career development plan and the fee waiver form by Monday, April 16. The deadline for other fee waiver and reduction applications is Monday, April 30.

For eligibility requirements and application information e-mail Kim Harrington at [harringtonkc@csus.edu](mailto:harringtonkc@csus.edu).

## Bulletin Board

Faculty Merit Increase postings are now available on the Internet at [www.csus.edu/fas/fmiawards.htm](http://www.csus.edu/fas/fmiawards.htm).

A Sabbatical/Difference-in-Pay information session for full-time faculty interested in a 2002-03 Sabbatical/Difference-in-Pay Leave will be held from 9 to 11 a.m., Friday, May 4, in the University Union California Suite.

To register, call faculty and staff affairs at 278-6169.

Faculty Senate Vice Chair Ted Lascher reports the results of the election concluded on Friday, March 23 were:

#### Judicial Review Board (2001 through 2004)

Cecil Canton, criminal justice

Edith LeFebvre, communication studies

Peter Nwosu, communication studies

#### Statewide Academic Senator (2001 through 2004)

Cristy Jensen, public policy and administration

#### Senators representing temporary faculty (2001 through 2003)

Helen Roland, environmental studies

Magaly Lagunas-Carvacho, foreign languages

### Catastrophic Leave

Catastrophic Leave has been approved for Susan Kirk, social work, and Ronald Morrison, facilities management.

CSUS employees can donate up to a maximum of 16 hours of vacation or sick leave per fiscal year to employees who have been approved for the Catastrophic Leave Donation Program. CSEA members may donate up to a maximum of 32 hours of sick or vacation leave credits per fiscal year. If employees are interested in donating time, donation forms are available in the benefits office in Sacramento Hall 253 or by calling 278-6213.



**MEXICAN DANCE**  
– Raices de Mi Tierra Grupo Folkloric presents “El Espiritu de Mexico” April 6 - 8 in the Dancespace in Solano Hall 1010.

The show celebrates Mexican culture through a colorful repertoire of traditional and contemporary Mexican folk dance, live music and song. It will feature the Mexican dance styles of Sinaloa Costa and

Chihuahua as well as guest musical performances by Conjunto Casacada de Flores and Floreador Felix Alberto Lopez.

“El Espiritu De Mexico” is at 8 p.m., April 6 - 7 and 4 p.m., April 8. Tickets are \$18 for general admission and \$12 for students. Tickets are available at the CSUS Ticket Office at 278-4323.

## Lessons in Service

Continued from page one

about 33.6 million hours of community service a year.

Faculty can participate by attending service-learning training offered twice yearly. They will also receive a stipend to help fund their first semester of service-learning projects.

With support from Gov. Gray Davis, CSUS has \$100,000 for each of the next three years to promote community service through the service-learning program. The campus plans to expand the program by at least 10 courses each year.

– Diane Nguyen

## Exercise

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they may want to look at ways to train to increase lactate threshold in order to protect the amount of capacity they’ll lose.”

The types of training that increase lactate vary by fitness and activity type, Parker says, but could include intense intervals of hard exercise, long periods of easy exercise or both.

As for altitude training, “For the most part, it doesn’t work,” Parker says. “Don’t train at altitude if you want to do well at sea level.”

And unfortunately for new mountain dwellers, Parker says that even as they get more adjusted to the elevation, they will not be able to match what they were able to do at sea level. Their performance may get better, but their maximal exercise capacity won’t increase.

– Laurie Hall

## Faculty Senate

### Tuesday, April 3

1:30 p.m., Curriculum Policies Committee  
3 p.m., University ARTP Committee, University Union Capital Room  
3 p.m., Executive Committee

### Wednesday, April 4

1 p.m., Faculty Policies Committee

### Thursday, April 5

3 p.m., Faculty Senate, University Union Foothill Suite

### Friday, April 6

2 p.m., Academic Policies Committee

### Monday, April 16

2 p.m., Committee on Diversity and Equity (CODE)  
3 p.m., General Education Policies/Graduation Requirements Committee

All meetings are in Sacramento Hall 275 unless otherwise noted.

## CSUS Ticket Office

CALIFORNIA STATE UNIVERSITY, SACRAMENTO

Call 278-4323 or visit [www.csus.edu/events](http://www.csus.edu/events)

**ALL EVENTS ARE FREE UNLESS OTHERWISE NOTED.**

### Ongoing

“Words and Image: Students Discover the Poetry in Painting,” paintings and poetry exhibit, 10 a.m. - 7 p.m., Monday - Thursday; 10 a.m. - 1 p.m., Fridays, Calaveras Hall 138. (916) 278-6356. Continues to May 18.

“Time of Remembrance: The Japanese American Experience in California History,” CSUS exhibit at Golden State Museum, 10 a.m. - 5 p.m., Tuesday - Saturday; noon - 5 p.m., Sundays, 1020 Q St. (916) 653-5864. Continues to June 10.

“A Revoltoso Art Exhibit,” featuring Royal Chicano Air Force artists, various times, library. (916) 278-6926. Continues to May 18.

### Monday, April 2

“Moving Pictures,” CSUS library film series celebrating diversity, 11:30 a.m., library conference room. (916) 278-5154.

“Hmong Community: Orphans of History,” lecture, Steve Magagnini, noon, University Union Ballroom. (916) 278-6101.

“Sport and Diversity in America,” workshops and lectures, Year of Unity, 1 - 5 p.m., University Union Ballroom. (916) 278-6912.

### Tuesday, April 3

Poetry Reading, CSUS professors Joshua McKinney and Mary Mackey, National Poetry Month, 2 p.m., library first floor. (916) 278-5657.

“Afro-Asian Arts Dialogue: Building Alliances in an Age of Divide and Conquer,” seminar and workshop, Fred Ho, Kalamu Ya Salaam, noon, University Union Hinde Auditorium. (916) 278-6101.

“Thinking Spatially and Still Making it Home for Dinner,” lecture, Sarah Andrews, 4 p.m., University Union Hinde Auditorium. (916) 278-6337.

Baseball vs. UC Davis, 6:30 p.m., Raley Field. Tickets \$8 general/\$4 students. Tickets at CSUS Ticket Office (916) 278-4323 or Tickets.com (916) 766-2277.

### Wednesday, April 4

Spring Career Fair 2001, 10 a.m. - 2 p.m., University Union Ballroom. (916) 278-7831. Continues to April 5.

“Sinclair,” acoustic music, noon, Joe Serna, Jr. Plaza. (916) 278-6997.

American Society for Microbiology regional meeting, “Fungi in the

Clinical Laboratory: The Tip of the Iceberg” lecture, Nancy McClenny, medical technician at Stanford Hospital, and “Bio-terrorism: Threat or Hype,” lecture, Mark Wheelis, UC Davis professor, 6:30 p.m. - 9 p.m., Riverside Hall 1015. (916) 278-6152.

“Molly Brown: Unraveling the Myth,” visiting scholar lecture and discussion, Kristen Iversen, 3:30 - 4:30 p.m., Mendocino 1003. (916) 278-6925.

Reaching Teachers Lecture Series, Dana Ferris, 7 p.m., University Union Delta Suite. (916) 278-5745.

Winter Drumline Invitational Concert, 7 p.m., Music Recital Hall in Capistrano Hall. (916) 278-5155.

### Thursday, April 5

“The Truth About Free Trade,” panel discussion, 3 - 5 p.m., Mariposa 1000. (916) 456-9435.

Spring Career Fair 2001, 10 a.m. - 2 p.m., University Union Ballroom. (916) 278-7831.

“Moving Pictures,” CSUS library film series celebrating diversity, 11:30 a.m., library conference room. (916) 278-5154.

“Satellite Monitoring of Volcanic Activity,” lecture, William Rose, 4 p.m., Mendocino 1015. (916) 278-6337.

Friends of the Library book sale, 10 a.m. - 3 p.m., Library lower level. (916) 278-5954.

*Dream of a Common Language*, drama on women and art by Heather McDonald, 8 p.m., University Theatre in Shasta Hall. Tickets \$10 general/\$7 students, alumni and seniors. Tickets at CSUS Ticket Office (916) 278-4323 or Tickets.com (916) 766-2277. Continues April 6 - 7.

### Friday, April 6

“El Espiritu de Mexico,” dance and live music, Raices de Mi Tierra folkloric dance group, 8 p.m., Solano Hall 1010. Tickets \$18 general/\$12 students. Tickets at CSUS Ticket Office (916) 278-4323 or Tickets.com (916) 766-2277. Continues April 7 - 8.

International Research Scholars Reception, 3 - 5 p.m., University Union Forest Suite. (916) 278-6686.

“Volcanic Hazards in California,” Renaissance Society forum, Stephen Harris, 3 p.m., Mendocino Hall 1005. (916) 278-7834.

*Dream of a Common Language*, drama on women and art by Heather McDonald, 8 p.m., University Theatre, Shasta Hall. Tickets \$10 general/\$7 students, alumni and

seniors. Tickets at CSUS Ticket Office (916) 278-4323 or Tickets.com (916) 766-2277. Continues April 7.

### Saturday, April 7

“El Espiritu de Mexico,” dance and live music, Raices de Mi Tierra folkloric dance group, 8 p.m., Solano Hall 1010. Tickets \$18 general/\$12 students. Tickets at CSUS Ticket Office (916) 278-4323 or Tickets.com (916) 766-2277. Continues April 8.

*Dream of a Common Language*, drama on women and art by Heather McDonald, 8 p.m., University Theatre, Shasta Hall. Tickets \$10 general/\$7 students, alumni and seniors. Tickets at Ticket Office (916) 278-4323 or Tickets.com (916) 766-2277.

Softball vs. CSU Northridge, noon, Shea Stadium. Tickets \$5 general/CSUS students free. Tickets available at event. (916) 278-6896.

### Sunday, April 8

“El Espiritu de Mexico,” dance and live music, Raices de Mi Tierra folkloric dance group, 4 p.m., Solano Hall 1010. Tickets \$18 general/\$12 students. Tickets at CSUS Ticket Office (916) 278-4323 or Tickets.com (916) 766-2277.

Softball vs. CSU Northridge, noon, Shea Stadium. Tickets \$5 general/CSUS students free. Tickets available at event. (916) 278-6896.

Chamber Music Society concert, 7:30 p.m., Music Recital Hall in Capistrano Hall. Tickets \$18 general/\$15 seniors/\$8 students. Tickets at CSUS Ticket Office (916) 278-4323 or Tickets.com (916) 766-2277.

### Thursday, April 12

Baseball vs. CSU Fullerton, 2 p.m., Hornet Field. Tickets \$5 general/CSUS students free. Tickets available at event. (916) 278-6896.

### Friday, April 13

Baseball vs. CSU Fullerton, 2 p.m., Hornet Field. Tickets \$5 general/CSUS students free. Tickets available at event. (916) 278-6896.

### Saturday, April 14

Baseball vs. CSU Fullerton, 1 p.m., Hornet Field. Tickets \$5 general/CSUS students free. Tickets available at event. (916) 278-6896.

### Wednesday, April 18

“Freestate,” alternative rock, noon, Joe Serna, Jr. Plaza. (916) 278-6997.

Artist Lecture Series, Natalie Bookchin, California Institute of the Arts professor, 5 p.m., University Union Hinde Auditorium. (916) 278-6166.