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The Bulletin is distributed on Mondays of the academic year. Campus news may be submitted by e-mail to bulletin@csus.edu. Deadline for all materials is 10 a.m. on the Wednesday before publication. For more information call (916) 278-6156.

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ATHLETICS

Softball selected to finish second in the Pacific Coast Softball Conference

For the fourth-consecutive season, the Sacramento State softball team was selected to finish at least second in the Pacific Coast Softball Conference (PCSC) standings, it was announced in a preseason poll of the league coaches today.

Full Story

Hornet Sports

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Programs aim to keeping campus community fit

It’s the end of January. Time to reevaluate those New Year’s resolutions. If plans to eat less and exercise more are not going so well, there are a number of Sacramento State programs that can help faculty and staff regain their focus.

**Noontime Wellness Program.** Human Resources offers multiple free fitness classes, designed to fit into a lunch hour, taking place from 12:05 to 12:50 p.m. Activities begin Jan. 30 and continue to May 12, except during spring break. Options include aerobic conditioning, aqua aerobics, tai chi, and yoga for the working adult. The track and the pool are also available for open running and swimming. And two gyms are available for pick-up basketball. A Weight Watchers at Work Program is also offered for a fee.

Register at: www.csus.edu/fas/traindev/register.html and with the instructor on the first day. For more information visit www.csus.edu/fas/traindev/noonwellness.html or e-mail Kim Harrington at harringtonkc@csus.edu.

**SHAPE.** The Site for Human Applied Physiology and Exercise, or SHAPE, program in kinesiology offers personalized fitness testing and exercise prescriptions tailored to the individual needs of faculty, staff, students and community members. The program is run by kinesiology and health sciences professor Roberto Quintana and staffed by exercise science students.

After an initial screening and assessment, clients receive a consultation and an interpretation of their results, plus a follow-up session to address questions. Prices vary depending on the tests recommended for each individual, but tend to be lower than health clubs in the area. Faculty and staff receive a 30 percent discount, and students receive a 40 percent discount. All proceeds go into maintaining the lab. To sign up, contact Quintana at 278-4495 or 278-6902.

**Walkfit Sac State.** This group walking program is open to staff, faculty and students is scheduled to begin in March. The group meets Mondays at 5:15 p.m. on the quad at the Residence Halls. On Wednesdays at 5:15 p.m. they meet at the base of the stairs at the Guy West Bridge. Details: Cyndra Krogen at 278-6026 or cyndra@csus.edu.

**Sacramento State Aquatic Center.** Faculty and staff receive a discount on Aquatic Center courses in sailing, rowing and other water sports as well as rentals of kayaks, canoes, sailboats and other watercraft. Details: 278-2842.

If exercise isn’t the problem, there are also ways to maintain the “eat better” resolution while at work. Stephanie Ewing, nutritionist with Dining Services, says there are several healthier options for eating on campus and the list below is just a sampling.

**Campus choices include:**

- **Burger King:** Whopper Jr. or regular Whopper (no may, no cheese, Chicken Whopper, Fire-grilled Salads, Substituting salad for fries in a combo meal
- **DaDeli:** Turkey, Ham, or Roast Beef Sandwich on whole wheat or multigrain bread with extra veggies
- **Gordito Burrito:** Grilled chicken items, Veggie Burrito, Taco Salad (don’t eat the whole shell)
- **Java City:** Snacks like yogurt, fruit and string cheese, Veggie and Turkey Sandwiches, Wraps, Salads and Salad Bar
- **Kung Fu Fats:** Teriyaki or Thai Chicken Bowl, Broccoli Beef, Kung Pao Chicken, String Bean Chicken, Mixed Veggies
- **La Creperie:** Whole wheat crepes with either chicken or ham, veggies, no or “light sauce”
- **Mother India:** Veggie, Tofu, Chicken or Spicy Kabob Wrap, Tandoori Chicken, Rice (watch portion size), a-la-carte items such as Lentils, Garbanzos, Chicken Masala and Chicken Vindaloo
• Round Table Pizza at the Hive: Salads with dressing on the side, Turkey, Chicken or Ham Sandwich (skip the chips), Thin or Skinny Crust Pizza, with red sauce topped with artichoke hearts, mushrooms, onions, tomato, pineapple, roasted chicken or Canadian bacon, no extra cheese.
• Taco Bell: Chicken, Beef or Steak Soft or Crunchy Taco; Chicken, Beef or Steak Gordito; Chicken, Beef or Steak Fiesta Burrito
• Togo’s: Any sandwich with ham, chicken, turkey, tuna, roast beef on whole wheat bread, Half sandwich/half-salad combination, Baked chips over regular, Broth-based soups over cream-based soups

To maintain the health quotient, Ewing says to hold the mayonnaise and limit the cheese, sour cream, avocado, olives, oil, and bacon as well as foods that are deep-fried. And watch the amount of salad dressing used.

Ewing also offers an “Ask the Dietitian” webpage at www.foundation.csus.edu/dining/nutrition.html. Faculty, staff and students who send questions about diet and nutrition will get a confidential response from Ewing, a registered dietitian.

**Campus calendar filled with Black History Month events**

African American achievements and issues will be the focus in February during a series of events at Sacramento State coinciding with the nation’s celebration of Black History Month.

Speakers and performers visiting the University include spoken word and slam poetry master Saul Williams; producer and screenwriter Bobby Moresco, who’s responsible for *Crash*, the controversial feature film on the complexities of racial conflict in the United States; and National Book Award-winning author Jonathan Kozol.

Activities begin with an afternoon opening reception set for noon to 2 p.m., Wednesday, Feb. 1 in the University Union Forest Suite featuring talks by Sacramento State professors Forrest Davis and Paula Shelby. An evening reception continuing the opening events, “Standing on the Shoulder of Greatness,” starts at 7 p.m., Feb. 1 in the University Union Redwood Room and features Brother Kali Williams with the Malcolm X Grassroots Movement, poet Rodzilla and dancer Melinda McClain.

Poet Saul Williams presents his free performance “The Dead Emcee Scrolls” the following evening at 7:30 p.m., Feb. 2 in the University Union Ballroom. A monthlong series of free film presentations with an African American theme, “Black Film Night,” opens with a screening of documentaries on Malcolm X, the Black Panther Party and rap artist Tupac Shakur at 7 p.m., Feb. 2 in the University Union Hinde Auditorium. More than a dozen other films will be presented during the series.

Crash producer and screenwriter Bobby Moresco’s free talk, “Society Through My Lens,” at 7:30 p.m., Feb. 13 in the University Union Ballroom follows noon and 5 p.m. free screenings of the film earlier the same day in the Ballroom.

And children’s rights champion, education reformer, and National Book Award winner Jonathan Kozol will present his lecture “Shame of the Nation: The Restoration of Apartheid Schooling in America” at 8 p.m., Feb. 23 in the University Union Ballroom. Tickets are $10 general.

Many more talks, performances and presentations are set for the month. A complete schedule of events is available at www.csus.edu/events.

For more information contact event organizers: Cooper-Woodson College Enhancement Program at 278-5363; Africans for Re-education Innovation Consciousness and Achievement at blacstar4@yahoo.com;
Prof: Emotions factor into workplace satisfaction

Though employers may not want to admit it, the workplace is not an emotion-free zone.

“We like to think of the work environment as a place without emotion,” says organizational behavior and environment professor Hakan Ozcelik. “But there is a climate of emotion in each office and that has an effect on every one who works there.”

Ozcelik’s research on the concept of emotional fit at work was named best paper at the 2005 Academy of Management Conference.

He collected data from 257 employees at 11 organizations in Vancouver, British Columbia. Participants were asked questions about the emotional atmosphere in their work unit, such as how co-workers express their emotions, the work pace, the job requirements and the physical setting in their office.

Ozcelik says he found that in an intense, hyperactive workplace — a “high activation” emotional climate — people with personalities that are active and energetic tended to have a stronger commitment to their organizations. They were less concerned about expressing their true emotions to others as compared to those who were quieter.

Ozcelik says that his findings reveal a potential tension between organizations and employees. “You could suggest that organizations are more inclined to promote a higher activation of emotional climates to increase the energy level among employees and the pace of work,” he says. “Yet, some employees tend to seek lower activation emotional climates to maintain their emotional resources and focus on their work responsibilities.”

Ozcelik says that emotional misfit can make employees emotionally exhausted. “They come home and wonder why they are tired. I think is has to do with the emotional climate using up all their emotional reserves at work and not having enough time to replenish those reserves,” he says.

In addition, Ozcelik says, some employees might seriously deplete themselves without even noticing it.

Ozcelik says that emotional exhaustion can lead to decreased engagement at work. And companies can face higher employee turnover as a result.

—Ted DeAdwyler

Deputy French Consul to speak

Pierre Mattot, press and communication officer for the French Consulate in San Francisco, will speak at Sacramento State about relations between France and the United States and the challenges the two countries face in a changing world. The event will start at 9 a.m., Tuesday, Feb. 7, in the Music Recital Hall in Capistrano Hall.

In his lecture, “France and the United States, Challenges and Opportunities,” Mattot will discuss the need for the two nations to come together to tackle the crisis in the Middle East, nuclear expansion in Iran and poverty in the world.

Mattot has an extensive background in foreign affairs and has been stationed in more than nine countries, including Iran and Iraq during the Iran-Iraq conflict in the 1980s. While in Iraq, Mattot worked
with the Iraqi Minister of Education as Attache for Cooperation and Education. He said one of his
greatest accomplishments was reopening the French Embassy’s cultural department in Iran, two years
after it was closed in 1986 due to tensions between Iran and France. He has also held positions in
Malaysia, Turkey, Pakistan and Indonesia and has been the deputy consul in San Francisco since August
2004.

As press and communication officer, Mattot works closely with the media and general public answering
questions about French news and local issues such as the recent riots in France, France’s stance on the
war in Iraq and the country’s contribution to the Hurricane Katrina relief effort. He said that while France
and the United States have had disagreements in the past, the two nations now have a fruitful
relationship, enabling them to pursue new opportunities in the future.

For more information call the Sociology Department at 278-6522.

**Parking situation remains tight**

Parking will continue to be a challenge during the spring 2006 semester and could get worse in March
when construction is expected to begin for the new Hornet Bookstore.

The construction, along the continuation of construction on Parking Structure III, will result in a loss of
about 1,100 spaces.

To mediate the situation, University Transportation and Parking Services has arranged for off-campus
parking, similar to what was in place in the fall semester. Parking is available at the Ramona Avenue lot,
one mile from the campus, with shuttle service between the lot and the Public Safety Building on
campus. For more information and a map to the Ramona lot, visit [www.csus.edu/utaps](http://www.csus.edu/utaps) and click on
"Update on Parking Condition." The Ramona lot will be open from 8:30 a.m. to 7 p.m., Monday through
Thursday, with no entry after 2 p.m.

Off-campus parking is also available within a short walking distance of the north end of the campus at
the Knights of Columbus building on Newman Court and at the south end of the campus at the McAuliffe
Baseball Field off State University Drive East. Parking will also be provided in the Hornet Stadium area
as the weather permits.

Alternate commute choices are also available including Sacramento Regional Transit buses and light rail,
the Sacramento State Hornet Express shuttle, carpooling, vanpooling and bicycling. For more
information on commute choices, transit routes and schedules, and links to other agencies, visit
[www.csus.edu/utaps](http://www.csus.edu/utaps) or contact Alfredo Orozco at 278-7527.

For more information on parking conditions, contact Nancy Fox, Director, Transportation and Parking at
278-5241 or Ronald Grant, Associate Vice President, Business Operations at 278-6014.

**Sabbatical leaves for 2006-07 Academic Year**

The following sabbatical leaves for the 2006-2007 academic year have been approved, after review by
the Professional Leave Committee, department chairs, college deans, and Provost and Vice President for
Academic Affairs Ric Brown.

- **Mary Brentwood**, Environmental Studies, Spring 2007
- **Roberta Ching**, Learning Skills Center, Fall 2006
- **Guy Deaneer**, Special Education, Fall 2006
- **Bradley Dowden**, Philosophy, Fall 2006
- **Jeffrey Dym**, History, Spring 2007
- **Scott Farrand**, Mathematics and Statistics, Spring 2007
Dana Ferris, English, Spring 2007  
Craig Gallet, Economics, Fall 2006  
Marjorie Gelus, Foreign Languages, Fall 2006  
Susan Gomez, Child Development, Fall 2006  
Sheri Hembree, Child Development, Fall 2006  
James Kenney, Design, Spring 2007  
Kwai-Ting Lan, Computer Science, Fall 2006  
Serge Lee, Social Work, Spring 2007  
Gregory Mayes, Philosophy, Spring 2007  
Joshua McKinney, English, Spring 2007  
Kathy Moore, Foreign Languages, Spring 2007  
Jana Noel, Teacher Education, Fall 2006  
Rosemary Papa, Educational Leadership, Fall 2006  
Daryl Parker, Kinesiology, Spring 2007  
Lorna Peters, Music, Fall 2006/Spring 2007  
Manuel Pickett, Theatre and Dance, Fall 2006  
Roberto Pomo, Theatre and Dance, Fall 2006  
Roberto Quintana, Kinesiology, Fall 2006  
Annette Reed, Ethnic Studies, Spring 2007  
Celeste Roseberry-McKibbin, Speech Pathology and Audiology, Fall 2006  
Terri Sexton, Economics, Fall 2006  
Gary Shoemaker, Physics and Astronomy, Fall 2006  
Mark Siegler, Economics, Spring 2007  
Lynda Stone, Child Development, Spring 2007  
Lindy Valdez, Kinesiology, Spring 2007  
Rose Leigh Vines, Biological Sciences, Fall 2006  
Ruth Wang, College of Business Administration, Fall 2006  
Susan Wanlass, English, Fall 2006  
Susan Wycoff, Counselor Education, Spring 2007

Professional Activities

Student Spotlight

The Model UN delegation won its third straight "Overall Best Delegation" award for its representation of Cuba at the 2005 American Model UNConference, held Nov. 19-22 in Chicago, the first time the same university has won three in a row. Faculty adviser Ron Fox says the team's victory is notable because Cuba did not have natural caucusing allies so the team had to work harder to forge alliances.

Scholarship


Rachel Clarke, Art, has an exhibition "A World Away," on view in the Biggin Gallery at Auburn University in Auburn, Ala. through Feb. 3. The exhibition features recent work of Clarke that includes collaborations with Sam Parsons, Academic Technology and Creative Services, and Stephen Blumberg, Music. Clarke spoke about her work on Jan. 10 and also gave the opening lecture on "Internet Art and Censorship" for a series titled "The Nuisance of Art: A Series on Censorship" on Jan. 12.

Doug Rice, English, has published a new short story "Alice Doesn't Live (T)here Anymore" in the
anthology *Alice Redux*, and has published an essay on Kathy Acker in *The Encyclopedia of Erotic Literature*, published by Routledge Press.

**In the News**

**Rachel Clarke**, Art, was interviewed about her exhibition "A World Away," for an article that appeared in the Auburn University newspaper *The Plainsman* on Jan. 22.

**Ted Lascher**, Public Policy and Administration, was quoted in the Oct. 26 *San Pablo Advocate* on the tendencies of undecided voters.

**Ric Brown**, Provost and Vice President for Academic Affairs, was quoted in the Sept. 24 *Sacramento Bee* on the university's decision to offer doctoral degrees in education.

**David Wagner**, Vice President for Human Resources, was quoted in the Aug. 27 *Woodland Daily Democrat* on the future faculty and staff University Village to be built near campus.

**Robert Waste**, Public Policy and Administration, was quoted in the Sept. 20 *Sacramento Bee* on the implementation of an ethics committee for Sacramento's campaign laws.

**Debbie Colberg**, Head Volleyball Coach, was featured in a Sept. 21 *Sacramento Bee* article on the national championship teams she coached at Sacramento State in 1980 and 1981.

**Jim Chopyak**, Music, was featured in the Sept. 8 *Sacramento News and Review* for his involvement with producing and developing a music series at Sacramento State.

**Wayne Maeda**, Ethnic Studies, was quoted in the Aug. 31 San Francisco *Nichi Bei Times* on the possible ramifications of changing the name of a Yolo County Elementary School to honor late civil rights icon Fred Korematsu.

**News Digest**

**Help sought in burglary investigation**
University Police are investigating a series of auto break-ins in January and are asking for assistance from the campus community.

On Wednesday, Jan. 25 Jack Brown and Acelia Soto were arrested for breaking into cars on campus and stealing stereos, speakers, amplifiers, and other items. They were found driving a blue 1996 Oldsmobile four door with California license plate # 5JJA963. The auto burglaries are believed to have occurred between 9:30 a.m. and 2:56 p.m. The subjects are also suspected of breaking into cars on campus on Jan. 19.

The Police Department has recovered property that still has not been accounted for. Anyone who may have been a victim of an auto burglary or other campus crime, or who may have any information regarding the subjects or vehicle mentioned above, is asked to contact University Police as soon as possible by calling the 24-hour number at 278-6851, by e-mailing police@csus.edu, or in person at the Public Safety Building Police Public Counter which is open 24 hours a day, seven days a week. Information can be given anonymously.

**Be a Friend**
The Friends of the Library invites the campus community, especially those who use the Library, to join Friends of the Library for the 2006 year. To join send cash or a check made out to "Friends of the

**Recognition program deadline**
The deadline to submit a nomination for the Staff Employee Recognition Award is Friday, February 10.

Details regarding the Staff Employee Recognition Program can be found at [www.csus.edu/president/staffrec](http://www.csus.edu/president/staffrec).

**Writing Conference**
Writing Across the Curriculum invites instructors and administrators at Sacramento State and in the Sacramento region to attend the 2nd Annual Reading and Writing Across the Curriculum Conference at Sacramento State. It will take place from 10 a.m. to 2 p.m., Friday, Feb. 17 in the University Union Orchard and Forest Suites.

The free half-day conference will feature a variety of panel presentations on successful approaches to reading and writing across disciplines. A conference program is available at [www.csus.edu/wac/conference](http://www.csus.edu/wac/conference).

Details: 278-6925

**Destination 2010 profile: Bayarmaa Batbataar**

**Hometown:** Ulan Bator, Mongolia

**Major:** Geography. Plans to graduate in spring 2006.

**Background:** Born into a nomadic family in the Mongolian countryside and raised in Mongolia’s capital city. Came to Sacramento to learn English after studying computer science for a year at a Mongolian university. Active in Sacramento’s small Mongolian immigrant community.

**Highlight:** “The best part of being here is what I’m learning in my major—it’s priceless!”

**Changes:** “Personally and educationally I’ve improved a lot since coming to Sac State. I’ve discovered myself—who I am, what I like. I also see the value of my family. Distance affects the connection we share and makes me realize how important they are.”

**Destination:** “After earning my bachelor’s degree, I want to go for a master’s in international affairs. I’d like to work for the United Nations in the area of development.”

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**Flops! A musical "Re-view"**

Have you ever loved a song but hated the musical? Sacramento State’s Alumni Theatre Project will perform these diamonds in the rough in *Flops! Wonderful Songs from Not So Wonderful Shows*, a production that will bring back the best songs from the worst stinkers in Broadway history. The musical opens at 8 p.m., Feb. 10 at the University Theatre in Shasta Hall. Performances will continue at 8 p.m. on Feb. 11, 17 and 18 and at 2 p.m. on Feb. 12 and 19.

The show includes songs like “I’ll Be Seeing You” by Irving Kahal and Sammy Fain from the musical *Right this Way* and “Night and Day” by Cole Porter from *Gay Divorcee*. Other artists include Irving Berlin, Rodgers and Hammerstein, Learner and Loewe, Jerry Herman, Stephen Sondheim and many others. More than the songs however, the audience will also be enlightened by the backstage stories
that sped the demise of these washout productions despite the involvement of some of Broadway’s greatest stars.

*Flops!* was conceived and is directed by Ed Trafton, written by Georgia Larson and the music was directed by Dan Pool.

The musical is a fundraiser for the Robert Smart Memorial Lenaea Scholarship. Bob Smart was a beloved and influential theater professor during his 35 years of teaching at Sacramento State. Smart directed more than 40 productions during his tenure and spent a decade directing Sacramento State’s Lenaea Festival, one of the largest high school festivals in the nation. All proceeds go towards an annual $1,000 scholarship awarded to applicants who are incoming freshmen theater majors.

Tickets are $20 general, $18 for Alumni Association members, and $10 for students. Tickets are available at the Sacramento State Ticket Office at (916) 278-4323 and at Tickets.com.