HAMMER THROWER
Student Gets Home Field in Olympic Quest

When the 2000 U.S. Olympic Track and Field Trials come to CSUS this summer, hammer thrower Justin Carvalho won’t need directions to the throwing circle. For the last four years, the CSUS student and Ponderosa High School graduate has competed, practiced and coached on the Hornet Stadium track.

Carvalho, who set a Big Sky record for the hammer in 1997 as a member of the CSUS track team, will compete for a spot on the team that will represent the United States in the 2000 Olympics in Sydney.

In addition to training at least four hours a day for this summer’s competition, Carvalho works as a volunteer coach for the “throwers” on the Hornet track team, studies kinesiology and works 25 hours a week at a sporting goods store. Beyond his Olympic aspirations, Carvalho plans to earn a master’s degree in strength and conditioning, and pursue a coaching career, preferably at CSUS.

The volunteer coaching coach helps his training, Carvalho says, by reminding him of the basics. He also feels it benefits the student athletes to have a coach who has competed in the event. “As a kinesiology major I can break down the movements of throwing. But as a hammer thrower, I can tell them ‘When you get to this position in your motion, it will feel like this,’” he says.

And why did the former three-sport star – football, wrestling and track – turn his focus to the hammer? “I really feel that the hammer chose me,” Carvalho says.

Carvalho competed in discus and shot put in junior high and high school but didn’t even try the hammer until junior college. “When I first picked up the hammer, I hated it. It was hard,” he says. But that hard work paid off in a track scholarship to CSUS where right off the bat, he broke the school record, twice. Pretty soon he had also shattered the Big Sky record and earned All-American honors.

Carvalho also competes in Olympic-style weightlifting and will join the CSUS Weightlifting Club at the U.S. weightlifting championships in March. But his focus this spring will be on the hammer. “The hammer is on the front burner,” he says.

Carvalho missed qualifying for the 1996 Olympic Trials in the hammer by just four feet. So when he learned his hometown had landed the 2000 Trials, Carvalho knew he couldn’t pass up the opportunity for home field advantage. “I thought, ‘Now, I can put on the afterburners on my training,’” he says.

Carvalho is also looking for hometown support for his quest, seeking sponsorship money to allow him to cut back on his work hours and devote more time to his studies and training. He started his fund-raising campaign. 

Daylong Event Examines Hate Crimes

Capitol Region law enforcement and civil rights scholars from around the country will discuss hate crimes during CSUS’ daylong program, “Changing Times: Ending Hate, Opening Minds,” Thursday, Feb. 10 in the University Union Ballroom.

The events will begin at noon with a two-hour convocation – a time when instructors are urged to cancel classes, allowing the campus community to come together to listen to and exchange ideas on a specific issue.

Convocation speaker Evelyn Hu-DeHart, University of Colorado at Boulder’s ethnic studies chair, will give a talk on “Redefining America.” The multi-lingual Hu-DeHart has testified before the U.S. Civil Rights Commission and founded the Asian/Pacific American Women’s Leadership Institute.

There will be a Greater Sacramento Task Force on Hate Crimes public forum from 3 to 5 p.m. with Dorothy Enemoto, chair of the national task force on hate crimes. Sacramento County Sheriff Lou Banas, Sacramento Police Chief Arturo Venegas Jr., Sacramento County District Attorney Jan Scully, U.S. Attorney Paul Sveaas and Jim Maddox, local FBI director.

A lecture by Myrlie Evers-Williams, the widow of slain civil rights activist Medgar Evers, will conclude the program at 7:30 p.m.

Evers-Williams was the NAACP chairperson from 1995 to 1998. Tickets for Evers-Williams’ talk, the second in the University’s “Leaders and Legends” series, are $10 general and $5 for students. They are available at the Central Ticket Office, 278-4323, or at BASS ticket outlets. All other events in the program are free. 

Lectures Set for Black History Month

A series of lectures in recognition of Black History Month will be presented this month by the CSUS Cooper Woodson College Enhancement Program. Each will be in the University Union.

The lectures will address such issues as stereotypes, education and civil rights. The schedule is as follows:

• Monday, Feb. 7 “Strategies of Survival for African Americans in Local Educational Institutions.” CSUS bilingual multicultural education professor Forrest Davis, noon, University Union Foothill Suite.

• Monday, Feb. 14 “Preparing for Academic Challenges.” Cleotelia Isaac, CSUS outreach counselor, noon, University Union Orchard Suite.

• Tuesday, Feb. 15 “African Americans in Music: A Historical Account Past and Present,” Jerry Blake, CSUS student activity advisor, noon, University Union Foothill Suite.


• Thursday, Feb. 17 “Youth Peace and Cultural Experience in Ghana, West Africa, Summer 1999,” CSUS criminal justice professors Cecil Canton and Ernest Uwazie and students, noon, University Union Orchard Suite.


• Wednesday, Feb. 23 “Achievement and Resistance in Black Political Morality,” Ricky Green, CSUS ethnic studies professor, noon, University Union Foothill Suite.

• Friday, Feb. 25 “Heritage and Horizons: The African American Legacy and the Challenges of the 21st Century,” fifth annual Black History Month rally, various speakers.

Recognition

The Public Affairs Office received an award of distinction for news writing at the annual meeting of the Council for Advancement and Support of Education District VII meeting in San Francisco.

Student Spotlight

Regine Cadet and Venkata Vegesna, both graduate students in biomedical engineering, have been selected as semifinalists in the international Young Investigator Competition, which is held by the Association for the Advancement of Medical Instrumentation. The two are among just five semifinalists from the United States. Cadet is developing a sensor to measure the force exerted on crutch handles by children walking with crutches. Vegesna is developing a system to monitor the stress experienced by

Fund-Raising Beats Annual Goal

Private contributions to CSUS exceeded the goal for the 1998-99 academic year.

The CSUS system set a target of $10.4 million. Funding for each campus to raise from private sources. For CSUS, that represented a goal of $10.9 million, which was exceeded by raising $11.1 million. That is an increase in private contributions of 20 percent over the previous year. In addition, $43.6 million was raised from special revenue sources such as gifts and contracts, trusts, multi-year pledges and property transfers.

Overall, CSUS raised nearly $55 million in external support for the year. The $11.1 million from private sources represents 7.9 million from donors, foundations and corporations and 3.2 million from sponsorships and endowment income.

The increase in gifts from individuals is nearly 20 percent with nearly 4,000 citizens contributing to the University, along with 400 parents and 233 faculty and staff members. A total of 25,400 individuals contributed more than $3 million to CSUS and its auxiliaries, including Capital Public Radio. Gifts from foundations nearly tripled, with 92 foundations contributing more than $700,000. In all, more than 700 corporations made gifts totaling more than $4 million.

Over the past decade there has been tremendous growth in private fund raising by the University. Gifts from alumni and parents almost quadrupled during that period, while corporate giving has nearly doubled.

Among the campus highlights in giving during the past year were:

- Former California Governor Pete Wilson and his wife Gayle Ellund were on campus to celebrate Sacramento State University’s 200th anniversary and the CSUS Alumni Scholarship Endowment. Stan Atkinson created the fund to award scholarships to CSUS students in memory of his son, who died shortly after graduation from CSUS.
- The Steven Lee Yamasho Alumni Center, now under construction, received a $114,000 gift from the James Wilcox estate. More than $200,000 has been contributed in labor and materials from contractors and suppliers in the Sacramento region.

Black History

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student performances, poetry, entertainment, booths, vendors and displays, 10 a.m. to 2 p.m., University Union Ballroom.

- Monday, Feb. 28 - The Search for Home, Imperial Beach, “The African American Traveler,” Hortense Simmons, CSUS English professor, noon, University Union Orchard Suite.

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The CSUS Bulletin welcomes submissions to the Professional Activities section from faculty, administration and staff. Items are run on a space available basis. They should be no longer than 75 words and may be submitted to bulletin@csus.edu or faxed to 278-5290.

Scholarship

Stanleaus J. Dunson, philosophy, traveled to Asilomar in January. Timothy Jones, St. Louis and Chicago in October and Berkeley in November as national coordinator of Soul of Agriculture, an American effort toward consensus on the values and ethics of family-managed farming. He presented exhibits and conducted consensus formation workshops at several agricultural conferences.

Ron Wassen, public policy and administration, presented a paper on “Bidding for Business: The Efficacy of Local Economic Incentives in a Metropolitan Area” at the American Real Estate and Urban Economics Association meeting in Boston Jan. 8, held in conjunction with the national meeting of U.S. urban economists. In early January, Wassen’s edited book Readings in Urban Economics: Issues and Public Policy was published by Blackwell.

Larry Biles, speech pathology and audiology, and Missy Lewis, social work, presented “The Speech-Language Pathologist and Couples Therapist treating an ‘ Aphasic Relationship’ ” at the annual meeting of the American Speech-Language-Hearing Association in San Francisco. Their work was recently cited in Counseling the Communicatively Disabled and Their Families: A Manual for Clinicians. (Shames, G. 2000, Needham Heights, MA: Allyn & Bacon.)

Art History

Vegezna is developing a system to monitor the stress experienced by

surgeons while they perform video-endoscopic surgery.

The Franchinotto Olympic Weightlifting Club at CSUS, made up of both students and non-students, recently had three medal winners in the 1999 American Open. Among them was history graduate student Katherine Richner-Bowling. Other students competing in the American Open included Karin Dotter, Vytas Vito, Paul Bowling and Jeremy Arsch. In addition, students Richner-Bowling, Doyle, Justin Cartaldo, Heidi Carpenter, Greg Jones and Brett Kelly all have qualified to compete at the 2000 U.S. National Championships in March. Students Travis Bartling and Zach Jacobs have qualified to compete at the 2000 Junior Nationals.

Banquet Honors Serna and Others

CSUS will grant its first Lifetime Achievement Award, posthumously, to Joe Serna Jr., the late mayor of Sacramento and a government and ethnic studies professor at CSUS for nearly three decades.

The award will be made at the annual Distinguished Service Awards Banquet on Thursday, Feb. 17 in the University Union Ballroom.


In addition, CSUS history professor Kenneth Owens will receive the Distinguished Faculty Award and former TV anchor Stan Atkinson will receive the Honorary Alumnus Award.

The banquet begins with a 6:45 p.m. reception, and the dinner and program begin at 7:30 p.m.

Serna will be honored for both his long service to the Capital Region and his commitment to students. CSUS announced earlier this fall that it has named its first endowed professorship for Serna. The lead gifts to fund the professorship have been made by California State Assembly member John A. Pérez and attorney Morton Friedman.

The Distinguished Service Awards and banquet are sponsored jointly by the University and the CSUS Alumni Association to recognize outstanding alumni and community members for their achievements and service.

The keynote speaker this year will be Sandra Smokey, former secretary of the state Health and Welfare Agency and former Sacramento County supervisor. Paul and Phil from Y92.5 KGBY will emcee the event.

Tickets are $45 per person or $45 per table. Reservations may be made by calling 278-6295 by Monday, Feb. 7.
Teaching is the Craft of a Lifetime for Lustig

Teachers are craftsmen, says Jeff Lustig. He came to his conclusion while in between teaching posts, when he saw how the carpenters and house painters he was working with approached their crafts. “I came to realize that teaching is a craft also and that means mastering different skills,” says the government professor. “If you call yourself a teacher, there might be some jobs you want to do more than others, but you have to be able to do the whole thing.”

Lustig is the most recent Outstanding Teacher in the College of Social Sciences and Interdisciplinary Studies. Comparing himself with a carpenter who specializes in finish work but can also do framing and put up drywall, Lustig says one of his goals is to master different aspects of teaching as a craft.

To this end, he’s taught in various settings — small discussion groups and large lecture classes, teaching at a big cosmopolitan school like UC Berkeley and a tiny liberal arts college in rural eastern California. Lustig also learned from the teachers he had along the way. “I was the beneficiary of some excellent, wonderful profs who had different styles,” he says. “I probably had five or six great professors by the time I was in graduate school. I had to decide which parts of which ones to assimilate into my own method.”

His college days also fed his desire for healthy debate. Lustig earned his undergraduate, master’s and doctorate degrees from UC Berkeley during the university’s politically active days. Instead of considering them distractions, he saw campus demonstrations as a completion of his education. “In some sense what went on was an extension of what went on in the best classrooms – discussion of values and ideas, matching of wits, testing of logic where things matter, he says.

Lustig says a good class features students having informed arguments with him and with each other. “What I say is open to challenge,” he adds. “I try to draw out the students’ differences so it doesn’t wind up a foggy ‘different strokes for different folks’ situation. I try to reaffirm that there are large things at stake in our arguments.”

But he also stresses that there is important material to be conveyed and he wants students to learn. “I’m not entirely a ‘hang-loose’ professor. I’m known as a hard professor,” he says.

Lustig says some people see life as a “zero-sum” game – if one person wins the other loses. “I think there is a fundamental error in that,” he says. “A good class is the best proof. When the students are chewing on a difficult point and one student stumbles on a new way of seeing things, everyone wins.”

Lustig says he keeps fresh by tuning into new aspects of his interests. For a few years he was director of the Center for California Studies. Now he’s president of the faculty union and secretary of the union statewide. He says his union activities bring him back to his long-term political interests. “It’s a politically applied extension of what I was doing on Sproul Plaza as a student,” he notes.

But it always comes back to teaching. — Laurie Hall
Monday, Jan. 31
Spring semester classes begin.

Tuesday, Feb. 1
Center for California Studies Leg/School Town Hall Meeting on Hate Crimes, 10 a.m. - noon, State Capitol, Room 4202. State legislators and high school students will discuss hate crimes. The public is invited. For more information call Kathy Ostdagard 278-4096.

Wednesday, Feb. 2
Women's basketball vs. Montana State, 7 p.m., Hornet Gym. 16/64 other students and seniors/CSUS students free with I.D. Tickets at Central Ticket Office, 278-4323, or at BASS.

Thursday, Feb. 3

Friday, Feb. 4
Women's volleyball vs. Montana State, 7 p.m., Hornet Gym.

Saturday, Feb. 5
Sacramento County Office of Education Academic Decathlon, 6 a.m. - 7 p.m., Alpine Hall and Brighton Hall.

Monday, Feb. 7
The Sun Quartet, faculty recital, 8 p.m., Capistrano Hall 151. 56/54 students and seniors. Tickets at Central Ticket Office, 278-4323, or at BASS.

"Strategies of Survival for African Americans in Local Educational Institutions," Black History Month, bilingual/minicultural education professor Forrest Davis, noon, University Union Foothill Suite.

Wednesday, Feb. 9
"Sex, Lies and Stereotypes: Media Images of Blacks," Black History Month, noon, Elena Fasheron, writer, filmmaker and cultural critic, University Union Foothill Suite.

Thursday, Feb. 10
"Changing Times: Ending Hate, Opening Minds," afternoon program, University Union Ballroom, noon - 2 p.m., conversation. "Redefining America," Evelyn Hatcher, University of Colorado at Boulder’s ethnic studies chair; 3 - 5 p.m. Greater Sacramento Task Force on Hate Crime public forum.

Myrle Evans-Williams, Black History Month/Leaders and Legends lecture series, widow of slain civil rights activist Modge Evans and chair emeritus of the NAACP board of directors, 7:30 p.m., University Union Ballroom. $10/85 students. Tickets at Central Ticket Office, 278-4323, or at BASS.

Friday, Feb. 11

Tuesday, February 15
"African-American Music, A Historical Account Past and Present," Black History Month, Jerry Blake, student activities advisor, noon, University Union Foothill Suite.

Wednesday, Feb. 16
Dallas Black Dance Theatre, Black History Month, 7:30 - 9:30 p.m., University Union Ballroom. Advance price: $25/65. 50 CSUS students with I.D. Door price: $50/87.50 CSUS students with I.D. Tickets at Central Ticket Office, 278-4323, or at BASS.

"The Genealogy of African Americans," Black History Month, criminal justice professors Cecil Canton and Ernest Uwazie and students, noon, University Union Orchard Suite.

Women's basketball vs. Portland State, 7 p.m., Hornet Gym. 16/64 other students and seniors/CSUS students free with I.D. Tickets at Central Ticket Office, 278-4323, or at BASS.

Friday, Feb. 18
Women's basketball vs. Northern Illinois, 7 p.m., Hornet Gym.


CSUS Events

CONTemporary DANCE. - The modern moves of the Dallas Black Dance Theatre will be featured in the University Union Ballroom at 7:30 p.m., Wednesday, Feb. 16. Tickets are $8 general and $5.50 for CSUS students with I.D., and are available at the Central Ticket Office, 278-4323, or at BASS.

The company of 13 professional dancers performs a mixed repertory of modern, jazz, ethnic and spiritual dances by nationally and internationally noted choreographers. Dallas Black Dance Theatre, founded in 1976, strives to provide dance opportunities for minorities. Through their work and educational programs, the company works to provide a bridge for different cultures to come together.

The company has performed extensively throughout the country including appearances at Kennedy Center in Washington and Lincoln Center in New York. They continue to reach audiences worldwide, performing in Europe, South America, Mexico, the Caribbean and South Africa.

The performance is presented by UNIQUE Programs, in part to celebrate Black History Month. More information about the Dallas Black Dance Theatre is available at www.dbdt.com.