

THIS WEEK

April 9, 2007
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LIFE Center breathes new strength into lives

[Full Story](#)

BALANCE AND FITNESS CLASS-
-Helen Brown pumps paper at
Sacramento State's LIFE Center

Outstanding teaching, service honored at annual event

Sacramento State has announced the 2006-07 Outstanding Teaching, Community Service and University Service Award recipients. They will be honored at a reception from 3 to 5 p.m. on Tuesday, May 1 in the University Union Ballroom III.

[Full Story](#)

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[Full Story](#)



PROFESSIONAL ACTIVITIES >>

PROFILE



Vocal presence

Alumnus Eugene Chan

Up-and-coming baritone Eugene Chan ('06, Music) is already hitting some high career notes. Among them are two national vocal awards and a performance at Carnegie Hall.

[Full Story](#)

EVENTS



Featured Event- Sun Quartet

The Department of Music will present the "President's Concert" at 8 p.m. on Friday, April 13 in the Music Recital Hall. The performance will feature the department's resident faculty string quartet, the Sun Quartet, performing Haydn's "Emperor," quartet, Op. 76, Elliot Carter's "Elegy," and the Brahms

MORE CAMPUS NEWS

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Bicycling is a great way to commute to the campus and get exercise at the same time. Sacramento State has a free bicycle parking compound at the foot of the Guy West Bridge. It is staffed by University Transportation and Parking Services student assistants from 7 a.m. to 11 p.m., Monday through Thursday and 7 a.m. to 5 p.m. on Fridays during the academic year. Additional bicycle racks are located throughout campus. Bicycle lockers are also available for rent for \$50 per semester (\$30 rental fee, \$20 refundable key deposit) through ASI Peak Adventures at 278-6321.

To make the bike commute easier, Hornet Express shuttles and Sacramento Regional Transit buses are equipped with bicycle racks. Those interested in commuting with a "bike buddy" may visit www.sacregion511.org for a bicycle buddy match list. Sacramento area bike routes, bike maps, bike safety tips, California Vehicle Code bicycle laws and other information regarding your Commute Choices to campus are available from Alfredo Orozco, Sacramento State's employee transportation coordinator, at orozcoa@csus.edu or 278-7527.

Bulletin Staff



The *Bulletin* is distributed on Mondays of the academic year. Campus news may be submitted by e-mail to bulletin@csus.edu. Deadline for all materials is 10 a.m. on the Wednesday before publication. For more information call 278-6156.

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Piano quintet in F Minor. Admission is \$8 general, \$5 for students/seniors. Tickets can be purchased at the door or in advance through the Sacramento State Ticket Office at 278-4323 or Tickets.com.

Campus Calendar of Events

ATHLETICS

More Big Sky tennis player of the week awards, this time for Stryhas and Helland

For the fifth consecutive week, both a Sacramento State men's and women's tennis player have earned Big Sky Conference Tennis Player of the Week honors. The honors went to senior Cecilia Helland on the women's side, and freshman Anton Stryhas on the men's side.

[Full Story](#)

This Week in Hornet Action

Hornet Sports Home

LIFE Center breathes new strength into lives

Helen Brown is smartly dressed in an aquamarine sweatshirt and matching hat. She stretches, flexes and moves as music fills the air. The song is Cole Porter's "You Can't Take That Away From Me" and the jazzy rendition serves as an anthem for all the participants working out in one of the senior fitness classes offered at Sacramento State's LIFE Center, a program of the College of Health and Human Services.

This is an exercise class like few others. The average age of the women in the room is 85. They are fighting age and time and staying fit by taking part in a Balance and Fitness class with LIFE Center instructor Jana Allen, who calmly helps the women work every muscle in the body.

"I have something for you," Allen says.

"English toffee?" Helen Brown asks.

"Free weights, you want two pounds or three?"

"Two."

"I'll make sure and bring my candy dish next week," Allen promises.

The rest of the group shares the laugh, non-stop conversation and obvious fun. They are all in this together. Outside the room, the women – Brown, Marion Snuggs, June Pellinen and Margaret McCue – take slow and faltering steps. Two use walkers to move from place to place. Inside the LIFE Center they are a force; they move, bend and march to Allen's orders, all the while sharing stories about housework, shopping and family.

"I love it," June Pellinen says.

"I think it's wonderful," Margaret McCue says. "And our teacher is the best."

"The main focus of the class is to make our participants strong and flexible," Allen says. "Falls are devastating to older people. Weights and strength training help prevent falls so they can stay functionally fit and live a normal full life," she adds. Allen utilizes free weights, rubber bands, chairs and even paper plates as strengthening tools.

Sacramento State's LIFE Center classes are taught at a facility tucked away in the East Portal Park Clubhouse on Rodeo Way. The park and building are owned and operated by the City of Sacramento's Parks and Recreation Department.

Allen is a Sacramento State alumnus, with a master's degree from the department of kinesiology. She is trim and fit, her red hair pulled back from her face. She keeps a watchful eye as her class of four women works out. She is ready to step in if one of the women pushes too hard and looks like she might take a spill.

The LIFE Center's staff teaches a variety of courses targeted for those age 50 and older. The wellness courses take place in the small facility nestled under the trees. It is flanked by a children's playground and a bocce ball court. There are stretching and strengthening, balance and fitness and yoga classes, including one for participants with Parkinson's disease.

"Studies show that yoga intervention provides a real benefit for participants with Parkinson's disease," says Susan McGinty, co-director of the LIFE Center. "Four of our graduate students from the Department of Physical Therapy and faculty from Physical Therapy and the Department of Kinesiology have conducted some of the studies."

Sacramento State faculty and student involvement is important, and a key goal is to serve the community of seniors.

"We want to provide services for seniors and have a place where students and faculty can conduct

research," says McGinty. "This spring a graduate class in Recreation and Leisure Studies is developing a marketing advisory plan for us." And according to McGinty, more LIFE Center classes for the community will be added in the fall.

"I used to attend another yoga class," offers June Pellinen. "I didn't know what to expect here, and she pulls out some paper plates. I was moving the plates, waving the plates, going with the plates; I didn't know what the point was. But later I felt better. It helped."

"The blue and white paper plates, like the stretching bands and free weights, provide resistance and strength training," Allen says. "Strength and flexibility is the focus. And there is room for more in the class."

"Gentlemen are welcome," the group confirms.

The music on the CD segues into the show tune, "Summertime" and Ray Charles croons, "The living is easy."

Indeed.

For more information or a schedule of LIFE Center classes go to www.hhs.csus.edu/LifeCenter or call (916) 278-5028. For media assistance, contact the Sacramento State Public Affairs office at (916) 278-6156.

Outstanding teaching, service honored at annual event

Sacramento State has announced the 2006-07 Outstanding Teaching, Community Service and University Service Award recipients. They will be honored at a reception from 3 to 5 p.m. on Tuesday, May 1 in the University Union Ballroom III.

The Outstanding Teaching Awards program is designed to recognize excellence in teaching. This year's recipients are:

- College of Arts and Letters: Kimo Ah Yun, Communication Studies
- College of Business Administration: Chris Sablynski, Business Administration
- College of Education: Kristin Alexander, Child Development
- College of Engineering and Computer Science: John Clevenger, Computer Science
- College of Health and Human Services: Brad Stockert, Physical Therapy
- College of Natural Sciences and Mathematics: Susanne Lindgren, Biological Sciences
- College of Social Sciences and Interdisciplinary Studies: George Parrott, Psychology
- Library: Betty Ronayne

The Outstanding Community Service Awards program recognizes faculty who apply their knowledge and skills in addressing community needs that enhances the public good rather than for personal income or corporate profit. The recipients are:

- College of Arts and Letters: Shirley Moore, History
- College of Education: Theresa Roberts, Child Development
- College of Natural Sciences and Mathematics: Ruth Ballard, Biological Sciences
- College of Social Sciences and Interdisciplinary Studies: Greg Mark, Ethnic Studies

The Lifetime Achievement Award for Community Service recognizes extraordinary commitment over the long term and a legacy of significant, enduring contributions to the community at-large for a decade or more. This year's recipient is Barbara O'Connor, Communication Studies, from the College of Arts and Letters.

The Outstanding University Service Awards program recognizes the importance of faculty service through leadership and involvement at the University. This year's recipients are:

- College of Arts and Letters: Richard Cionco, Music
- College of Business Administration: Craig Kelley, Business Administration
- College of Education: Karen Davis O'Hara, Child Development
- College of Engineering and Computer Science: Anne-Louise Radimsky, Computer Science
- College of Health and Human Services: Anthony Sheppard, Recreation and Leisure Studies
- College of Natural Sciences and Mathematics: Mary Ann Reihman, Biological Sciences
- College of Social Sciences and Interdisciplinary Studies: Mark Siegler, Economics

The recipients will be recognized at the May 1 event and presented with a personal plaque. They will also be acknowledged on plaques displayed in the office of the dean of each College.

Professor builds cultural bridge to Thailand

Thanks to Communication Studies Professor Thomas Knutson, Sacramento State has a connection to Thai royalty.

Through Knutson's dedicated efforts to provide a memorable work and study abroad experience, four Sacramento State students have spent the past year assisting in the English language program at Chitralada Royal Palace School in Bangkok, Thailand. And the rare experience has not gone unnoticed. Knutson recently received the 2007 Award for Outstanding Contributions to International Education from Phi Beta Delta, the honor society for international scholars.

Knutson's activities to enable the University's students to study and work abroad, as well as his research on rhetorical sensitivity and the role it plays in interpersonal communication between people from different cultures, were the key reasons he received the award.

In early 2006, Professor Knutson heard that the Royal Palace School needed English language teaching assistants. He enlisted the help and support of Professor Richard Adams of the English Department and, after a lot of paperwork and more than a few phone calls, they were able to secure four places for Sacramento State students at the royal school last May.

"Chitralada officials had high praise and not a single complaint about our students," says Knutson. "It was a real tribute to the fine caliber of Sacramento State's students."

The Thai school, situated within the grounds of the royal family's Bangkok residence, admits students from all walks of life and social levels. It has 1,700 students, ranging in age from elementary through high school.

Before the students went to Thailand, they were required to enroll in a "pre-departure program" which familiarized them with Thai cultural values and effective interpersonal communication behaviors. Knutson, who has had more than 100 articles published about interpersonal communication, had a wealth of knowledge to share with the departing students.

"I wanted to impress strongly upon them the most important Thai value, social harmony," says Knutson. "Thais live in a collective, high-context culture and have a genuine desire to relate properly to the person with whom they are communicating. Thai communicators take every measure possible not to cause discomfort or inconvenience to the people with whom they interact."

Knutson, who recently made his 34th trip to Thailand, knows what an incredible opportunity awaits the students chosen to make the trip. "Thailand is a remarkable place called the Land of Smile. Most people who have visited Thailand find that the experience changes their lives for good, forever," he says. The Sacramento State students working as English assistants at the Chitralada Royal Palace School receive a monthly stipend, accommodations, round-trip airfare, and college credits. "Most of all, they receive a life-changing experience," Knutson says.

Faculty Research - Jordan Halgas

Jordan Halgas almost let one of her most significant teaching moments slip by.

Two years ago the business law professor's students were buzzing with the news of San Francisco Mayor Gavin Newsom's decision to allow same-sex couples to legally marry. Until that time, same-sex couples could only enter into Domestic Partnerships under California law.

"We had a class discussion about it for a short time, but then I would steer the discussion back to what I'd planned for class that day," Halgas says. "Then it kept coming up. The students obviously were fired up about it and interested in it, so I decided to have a class debate about same-sex marriages."

Through the debate, the students had a substantive lesson in constitutional law. "Refusing same-sex couples the right to legally marry is a denial of Due Process and Equal Protection," Halgas says.

"The value in the lesson was that the students had to argue their position without their emotions getting in the way. They could debate it only from a purely legal point of view."

The class discussion led Halgas to further research the issue and look at the implications same-sex marriage would have on businesses. She found that same-sex marriage would not impose a negative impact on businesses—in fact, she discovered just the opposite.

"The vast majority of small businesses would not experience any increase in their health care costs if same-sex marriages were legalized," Halgas says. "In addition, if same-sex marriage was lawful, such marriages would result in gains to California's state budget of \$22.5 to \$25.2 million a year, as well as an increase in tourism dollars—a possible increase of \$100 million per year—and \$10 million per year in sales taxes. There would also be a tremendous boom in the wedding industry."

In the end, Halgas was pleased that she and her students had the experience they did. "I'm glad I didn't put the subject to rest," she says. "Not only did the students and I enjoy the debate and research, but we all learned so much from it. As a professor, what more can you ask for?"

Event celebrates food and wine by alumni

Sacramento State's numerous ties to the region's food and wine providers will be showcased at the inaugural Stinger Wine & Food Classic from 6 to 9 p.m., Friday, April 20 at the Alumni Center. Guests will enjoy an evening tasting wines, coffees and gourmet goodies provided by wineries and food purveyors owned and operated by alumni of Sacramento State. There will also be opportunities to bid on silent auction and raffle items.

Wineries featured include Paradise Ridge, ZD, Lava Cap, Ravenswood, Cosentino, Arrowood, Crystal Basin and Jewel. Restaurants providing food tastings include Dragonfly, Bella Bru, El Patron, Mulvaney's Bank & Loan, Spataro, St. George Hotel, Tarts & Truffles, and Zigato's, among others. Entertainment will be by alumnus Aaron Garner performing at the grand piano.

Proceeds benefit scholarship programs for men's and women's athletics at Sacramento State. Tickets are \$40 per person and are available by contacting Toni Brown at 278-4263.

Take in Sacramento State Night with the River Cats

Hornet fans will also be 'Cat fans as Sacramento State alumni, students, faculty and staff gather for Sacramento State Night with the River Cats at 7:05 p.m., Tuesday, April 10 at Raley Field.

The game between the River Cats and the Portland Beavers will feature appearances by members of the Sacramento State community. The first 500 fans at the stadium wearing Sac State gear will receive a prize.

Reduced-price tickets ranging from \$6 to \$15 are available to Sacramento State students, faculty and staff with a "csus.edu" e-mail address by visiting www.csus.edu/rivercats. Alumni can visit the Alumni Month section of the Alumni Association website at sacstatealumni.com. A limited number of lawn seats are also available at the ASI ticket window in the University Union.

Faculty Senate

Tuesday, April 10

1:30 p.m., Curriculum Subcommittee

3 p.m., Executive Committee

Wednesday, April 11

9 a.m., Writing and Reading Subcommittee, Camellia Room, University Union

3 p.m., General Education Course Review Subcommittee

Thursday, April 12

3 p.m., Faculty Senate, Foothill Suite, University Union -- Tentative

All meetings are in Sacramento Hall 275 unless otherwise noted.

Professional Activities

Scholarship

Porfirio M. Loeza, Teacher Education, was recently awarded a joint Fulbright Fellowship to the University of El Salvador and Don Bosco University in San Salvador, El Salvador. He will be consulting in 2008 at the University of El Salvador as a language education specialist and developing a master's degree program in applied linguistics for the school of languages. At Don Bosco University, he will be cooperating with the Institute for Research and Education on a study of the standardized testing system that is currently in use in El Salvador's public schools.

Ricky Gutierrez, Criminal Justice, has recently co-authored an article published in *Police Quarterly*, titled "Federal subsidies and evidence of progressive change: A quantitative assessment of the effects of targeted grants on manpower and innovation in large U.S. police agencies;" written a book review published in *The Journal of Critical Criminology*, titled "Criminal justice: Retribution vs. restoration," edited by Eleanor Hannon Judah and Rev. Michael Bryant Binghamton, NY: The Haworth Social Work Press, 2004; and delivered a paper titled "Experiential learning and pedagogy: The Sac-Mentoring experience" at the annual meeting of the Academy of Criminal Justice Sciences.

Ted Lascher and **Rob Wassmer**, Public Policy and Administration, and **Stephan Kroll**, Economics, co-authored an article titled "Taxes, Expenditures, Ideology, and Happiness," published in *State Tax Notes*, March 19. **Rob Wassmer** delivered a lecture titled "Causes of Urban Sprawl (Decentralization) in the United States" to the Department of Economics at the University of Nevada, Reno, March 30.

Nancy Fox, Transportation and Parking, was elected president of the Sacramento Transportation Management Association at a recent Board of Director's meeting. She recently served as treasurer of the association.

Bill Owen, Communication Studies, has written a book entitled, *small events: haibun*, by w. f. owen, published by Red Moon Press.

Ali Porbaha, Civil Engineering, has been selected as the 2006-07 recipient of the President's Award for Research and Creative Activity. He will deliver a lecture on "Innovative Technologies to Accelerate Geoconstruction" at the award ceremony, 4 p.m., April 23 in the Alumni Center. Porbaha has also been

awarded a National Science Foundation grant to develop a facility for a Seismic Simulation Laboratory to simulate earthquake engineering research.

Sheila Macias and **Brendan McVeigh**, Office of Community Collaboration, were acknowledged in the book *Whispers of the Past* by Flo Oy Wong.

Otis L. Scott, Dean of the College of Social Sciences and Interdisciplinary Studies, will be the keynote speaker at the Initiation Banquet of the Phi Kappa Phi society, which will be held at the University Union Ballroom at 7 p.m., April 18. His speech is titled "Implications and Prescriptions for a Post Brown vs. Board of Education Society."

In the News

Tony Platt, Social Work, authored a commentary titled "Life after Death," which aired on KHSU March 11.

Barbara O'Connor, Communication Studies, was quoted: in the Feb. 24 *Woodland Hills Daily News*, *Whittier Daily News* and *San Gabriel Valley Daily Tribune* about California legislators proposing laws just before the deadline; in the Jan. 28 *Woodland Hills Daily News* and *Long Beach Press Telegram* about the governor's potential political fight to provide health care to all Californians; in the Jan. 20 *San Jose Mercury-News* and *Pasadena Star News* about the proposed anti-spanking legislation; in the Feb. 24 *Contra Costa Times*, *West County Times* and *San Jose Mercury-News* about the wide array of bills introduced by state lawmakers before the deadline; in the Feb. 2 *Santa Rosa Press Democrat* and *San Jose Mercury-News* about the political implications of San Francisco mayor Gavin Newsom's affair; in the Feb. 7 *Visalia Times Delta* about Gov. Schwarzenegger's diverse team of staffers; in the Jan. 11 *Sacramento News and Review* about Gov. Schwarzenegger's environmental efforts and in the Jan. 21 *Hayward Sunday Review* and *Stockton Record* about Gov. Schwarzenegger's toned-down rhetoric after his injury.

Tim Hodson, Center for California Studies, was quoted: in the Jan. 9 *Alameda Times Star* about Wilma Chan's appointment to the California Medical Assistance Commission; in the March 4 *Contra Costa Times*, *Pinole Sunday Times* and *Pleasanton Sunday Valley Times* about reasons why California GOP candidates would want a closed primary election; and was appointed to the Fair Political Practices Commission, as reported in the Feb. 15 *Visalia Times Delta*, *Lodi News-Sentinel*, *West County Times* and *Los Angeles Daily Journal*.

Nancy Shulock, Institute for Higher Education and Leadership Policy, was quoted in the March 7 *Contra Costa Times* about improving transfer rates and services for community college students rather than focusing on low fees.

Robert Mogull, Business Emeritus, was quoted in the Jan. 17 *Los Angeles Metropolitan News Enterprise* about California's rising incidence of poverty.

Mark Siegler, Economics, was appointed to the City of Davis' 2013 General Plan Housing Element Update Steering Committee, as reported in the Jan. 18 *Davis Enterprise*.

Robert Waste, Public Policy, was quoted in the Jan. 18 *Sacramento News and Review* about the city's power shift away from the city manager and leaning toward an executive-mayor system.

Tim Fong, Ethnic Studies, was quoted in the Feb. 23 *San Francisco Asian Week* about the increase in Asian Americans serving in political office.

Michael Wright, Kinesiology and Health Science, was quoted in the Feb. 26 *Stockton Record* about the new trend in physical education moving away from competitive sports.

Bruce Bikle, Criminal Justice, was quoted in the Feb. 21 *Pleasanton Valley Times*, *Contra Costa Times*, *West County Times*, *San Jose Mercury-News*, *Oakland Tribune*, *San Mateo County Times* and *Whittier*

Daily News about the ruling denying Gov. Schwarzenegger the authority to send prisoners to other states to relieve overcrowding.

Todd Migliaccio, Sociology, was quoted in the March 15 *Sacramento Bee* about the dramatic increase in urban growth in the Sacramento area.

Dennis Tootelian, Business Administration, was interviewed on March 12 by KCRA Channel 3 about office pools and the camaraderie they create.

Campus Announcements

Lecture focuses on salsa, cosmopolitanism

Professor Jonathan Skinner of Queen's University-Belfast, Northern Ireland, a visiting international scholar in the Department of Anthropology, will present "Salsa in the City," at 6:30 p.m., Tuesday, April 17, in Douglass Hall. Skinner's lecture will include information on his ongoing ethnographic fieldwork on salsa and cosmopolitanism in three urban centers: Hamburg, Germany; Sacramento, California; and Belfast, Northern Ireland.

Submitted by Anthropology

Webcasts offered to faculty, graduate students

The Office of Research Administration and the Office of Graduate Studies, in conjunction with The Center for the Advancement of Research Methods and Analysis, are pleased to present the CARMA Consortium Webcast Program. This series has been established to provide University faculty and graduate students with advanced training in research methods and data analysis.

The following webcasts will be offered on Friday, April 20, in Library 11:

8:45 a.m.-10:30 a.m.

Longitudinal Data Analysis

Professor Robert Ployhart, University of South Carolina

10:30 a.m.-noon

Latent Growth Models for Longitudinal Data

Professor Robert Vandenberg, University of Georgia

Noon-1:30 p.m.

Repeated Measures for ANOVA and MANOVA

Professor Jorge Mendoza, University of Oklahoma

Submitted by Research Administration

University's finest to compete at Dominguez Hills

Eight Sacramento State students will be competing in the Statewide Student Research Competition May 4-5 at California State University, Dominguez Hills. They are: Meenal Abhyankar, graduate student, Chemistry; Catalina Alvarez, Social Work; Ryan Bibler, History; Elizabeth Glidewell, Biology; Erika Holland, graduate student, Biology; Lusi Martin, Food and Nutrition; Pang Moua, Biology; and Kim Nelson, Biology.

Each year The California State University sponsors a system-wide CSU Student Research Competition. The purpose of this competition is to promote excellence in undergraduate and graduate research and creative activity by recognizing outstanding student accomplishments throughout the 23 campuses of the California State University.

For more information about Sacramento State's local competition, please visit

www.csus.edu/research/student/researchcomp2006.htm#_2006.

Submitted by Research Administration

Broken pipes in Library

The heating and cooling system pipes broke in the University North Library Saturday morning, March 31,

leading to water intrusion affecting the lower level and the third and fourth floors of the facility. The failures were independent of one another – one was due to aging and the other the result of a controls failure leading to system over-pressurization. The water intrusion was discovered early Saturday morning. Staff from facilities services have been working since then to repair the damages and dry the areas using dehumidifiers and fans, while a restoration company has been working to save print materials. Damages are expected to total less than \$100,000 for each failure.

Submitted by Facilities Services

Deadlines

Serna Center offers scholarships

The Serna Center is now accepting applications for two scholarship programs:

The Bustos-Lopez Family Leadership through Service Scholarship

Funded by a donation from Amador and Rosalie Bustos, the Leadership through Service Scholarship gives \$1,000 to three students who have internships at agencies with a focus on service to the Latino community.

Crowley Children's Fund Scholarship

Sponsored by the Crowley Children's Fund, the Crowley Children's Fund Scholarship gives \$1,000 to students who have internships at agencies that work with at-risk youth.

Applications are available at www.csus.edu/sernacenter/scholarships/index.htm. The deadline for applications is 3:30 p.m., Friday, May 4.

Submitted by the Serna Center

Scholarships available to students taking Hellenic Studies courses

The Sacramento State Hellenic Studies Program invites applications for the Senator Nicholas C. Petris Scholarships. In honor of Senator Petris, the Sacramento State Hellenic Studies Program will be granting several scholarships to outstanding undergraduates who have completed at least one course that is part of the Hellenic Studies minor and are currently enrolled full-time on campus.

Criteria:

- Open to any undergraduate major
- Minimum overall GPA: 2.75
- Currently enrolled full-time on campus
- At least one course taken from Hellenic Studies minor (need not be declared minor to apply; for list of courses see URL below)

All applicants are required to submit the following:

- Transcript of grades at Sacramento State (unofficial copy acceptable).
- List of courses taken which are part of the Hellenic Studies minor.
- A 1 - 2 page statement of purpose.
- One letter of recommendation.

The minimum scholarship amount to be awarded is \$1,000. All applications must be turned in by Friday, April 20. Applications should be sent to Professor Katerina Lagos, Director; Hellenic Studies Program; History Department; Tahoe Hall 3089; 6000 J Street; Sacramento, CA 95819-6059.

For further information concerning the Petris Scholarships and/or the Hellenic Studies Minor, please go to: www.csus.edu/hist/centers/hellenic_minor.html or contact Lagos at klagos@csus.edu or 278-7103.

Submitted by History

Events

Summer Culinary Academy for Youngsters

University Enterprises at Sacramento State will offer a summer culinary academy for children ages 8-13. There are two eight-day sessions of hands-on learning opportunities available: June 18-28 and July 9-19. Classes are held Monday-Thursday from 8:15 a.m.-3 p.m. Presented on the Sacramento State campus under the direction of the campus Executive Chef Ruedi Egger, who created the program, the cooking school is an ideal and fun opportunity to educate and inspire even the most unlikely junior master-chefs. Each session is limited to 24 participants, so early registration is encouraged. For more information contact Dining Services at 278-6376.

Submitted by University Enterprises, Inc.

Merchandise/Food

Thesis/project binding available

Due to many requests for a convenient way to purchase hard bound extra copies of theses, the Copy Graphics Center is now offering hardback binding services. The service, which does not replace original thesis materials submitted through the Office of Graduate Studies, offers students a way to get extra copies of their thesis for their personal use. The Copy Graphics Center is located near the Patio Café between the Bookstore and River Front Center. Hours are 7:45 a.m.-7 p.m. Monday through Thursday and 7:45 a.m.-4 p.m. on Fridays. For more information call 278-6960.

Submitted by University Enterprises, Inc.

Breakfast at the University Center Restaurant

The best kept secret on campus is the wonderful breakfasts served daily at the University Center Restaurant. Hearty omelets are part of the traditional breakfast fare served piping hot by friendly servers. The restaurant is located at the east entrance of the University Union and all students, faculty, staff, and visitors are welcome. Hours for breakfast are 7:30-10:30 a.m., lunch 11 a.m.-2 p.m., Monday through Friday. For more information, visit www.dining.csus.edu/area/ucr.html.

Submitted by University Enterprises, Inc.

Human Resources

Catastrophic Leave Donation Program

Sacramento State employees may voluntarily donate to other employees up to a maximum of 16 hours of sick or vacation leave credits each fiscal year in one-hour increments. CSUEU, MPP, Unit 4, Unit 6 and Confidential employees may donate up to a maximum of 40 hours per fiscal year.

If employees are interested in donating time, a donation form can be obtained by going to www.csus.edu/hr/forms.stm#Disability, or by visiting the Human Resources, Disability Leaves Office in Sacramento Hall 162, or by calling extension 278-3522.

The following employees have been approved for the Catastrophic Leave Donation Program:

Gary Davis, Facilities Services
Rose Marie Fisher, Graduate Studies
Charlotte Xanders, Library
*Mical Shilts, Family & Consumer Sciences
*Pamela Sanger, Communication Studies

*only vacation credits may be donated to this employee

Submitted by Human Resources

Vocal presence Alumnus Eugene Chan

Up-and-coming baritone Eugene Chan ('06, Music) is already hitting some high career notes. Among them are two national vocal awards and a performance at Carnegie Hall.

"This is a very difficult career to be successful in and to make ends meet," says Chan. "I am blessed with the opportunity to have been doing the one thing that I love the most—perform."

In January, Chan, 23, sang at the request of Grammy Award-winning mezzo-soprano and Kennedy Center Honoree Marilyn Horne during her annual Carnegie master class. Chan has studied with the international opera star for six months. "Eugene Chan is a fine young baritone with all the prerequisites for a wonderful career," says Horne. "He has a beautiful and expressive baritone voice. I expect really good things from him."

Chan's two recent awards are from some of the most competitive vocal competitions in the country. He received second place honors in the Metropolitan Opera's Western Regional Finals for young artists, and a special judge's award from the William Matheus Sullivan Music Foundation's annual singing competition.

At 21, Chan began singing professionally by soloing in Sacramento Opera's production of Madame Butterfly. Since then he has been a soloist for the San Francisco Opera as well as for the Camellia Symphony and the Sacramento Choral Society and Orchestra.

Though a longtime vocalist, it wasn't until attending Sac State that Chan explored opera. Before, he sang vocal jazz and in choral programs. "Voice professor Robin Fisher took me under her wing at a crucial time in my life and gave me the technical tools I needed," he says.

Chan credits his early success to his ability to be lyrical and subtle, but at the same time able to reach the most difficult notes in a baritone's upper range.

The recent graduate was a soloist for the West Coast Premiere of Rene Clausen's tribute to Sept. 11 victims, "Memorial," performed at the Mondavi Center for the Performing Arts. Earlier this year, Chan performed with the San Francisco Boys Chorus and at the 2006 Green and Gold Gala on campus. He is a past recipient of the Marilyn Horne Foundation's Encouragement Award.

This Week in Hornet Action

Baseball

Tuesday, April 10

Sacramento State at San Francisco, 2 p.m.

Friday, April 13

Sacramento State vs. Louisiana Tech, 2 p.m.

Saturday, April 14

Sacramento State vs. Louisiana Tech, 1 p.m.

Sunday, April 15

Sacramento State vs. Louisiana Tech 1 p.m.

Softball

Tuesday, April 10

Sacramento State vs. UC Davis (Doubleheader), 1 p.m.

Saturday, April 14

Sacramento State vs. Loyola Marymount (Doubleheader), Noon

Saturday, April 15
Sacramento State vs. Loyola Marymount (Doubleheader), Noon

Women's Tennis

Saturday, April 14
Sacramento State at Idaho State, 3 p.m.

Men's Tennis

Monday, April 9
Sacramento State vs. Pacific, 1 p.m.

Friday, April 13
Sacramento State at UC Davis, 1 p.m.

Sunday, April 15
Sacramento State at Santa Clara, 3 p.m.

Track and Field (Outdoor)

Thursday - Friday, April 12 – 13
Sacramento State at Cal Multi, Berkeley

Friday – Saturday, April 13 – 14
Sacramento State at Brutus Hamilton Invitational, Berkeley