

## THIS WEEK

April 27, 2009  
vol. 15, no. 30



**CULTURAL UNDERSTANDING—**  
—Emir Macari, dean of the College of Engineering and Computer Science (second from left), displays a six-volume history of Guatemala given to the University as a gift for its Library collection. The gift was presented by Mayan spiritual elder and Ambassador of Indigenous People of Guatemala, Don Alejandro Cirilo Pérez-Oxlaj (right), April 20.

### Grant helps veterans attending Sacramento State

Sacramento State is one of 20 schools in the nation selected to receive a \$100,000 American Council for Education/Wal-Mart Success for Veterans Award Grant to support veterans attending college.

[Full Story](#)

### Sac State honors distinguished alumni

Sacramento State's alumni will acknowledge the achievements of their comrades at the annual Distinguished Service Awards reception and dinner, 6 p.m., Thursday, April 30, at the Alumni Center.

[Full Story](#)

### Sacramento State hosts rowing championship May 2-3

Sacramento State Women's Rowing will host the Western Intercollegiate Rowing Association Championships 8 a.m., Saturday, May 2 and Sunday, May 3, at Lake Natoma.

[Full Story](#)

### Fit HELP keeps the student body going strong

Students come to college to improve their mind, but in the process they sometimes neglect the whole body.

[Full Story](#)

### Engineering students float ideas at regional conference

The idea of concrete floating on water might seem absurd, but Sacramento State students met the challenge at the annual regional Mid-Pacific Regional Conference sponsored by the American Society of Civil Engineers (ASCE).

[Full Story](#)

## MORE CAMPUS NEWS



### CAMPUS NEWSLETTERS >>

New Feature

### PROFILE



### Alumni Profile: Charles Bell ('71, '73)

Rosa Parks, author Alex Haley, Muhammad Ali, Jane Fonda, Coretta Scott King, Bishop Desmond Tutu, Presidents Ford, Carter and Reagan, and the Queen of England. That list of who's who in history include just a few of the people Charles Bell ('71, Police Science, '73 Criminal Justice) provided security for as the Sergeant-at-Arms for the California legislature from 1974-96.

[Full Story](#)

### EVENTS



### World Music Series continues

Sacramento State's World Music Series continues with South Indian classical music by saxophonist Prasant Radhakrishnan at 8 p.m., Saturday, May 9, in Capistrano Hall's Music Recital Hall.

Radhakrishnan is identified with both the South Indian Carnatic and

[Peace conference features former Nigerian vice president](#)

[Sacramento State hosts green sustainability conference](#)

[Sac State fraternity goes bald for childhood cancer research](#)

[STEM lecture examines how numbers add value to culture](#)

[Faculty Senate](#)

[Professional Activities](#)

[Monday Briefing](#)



**Vanpooling**

Vanpooling is a great alternative commute mode. If you are interested in commuting to campus via a vanpool, please call Maryam Amiri at Enterprise Rideshare, (916) 480-4961. Additionally, information about CNG vans is available by calling the Department of General Services at (916) 327-1078.

For vanpool lists, please visit [www.sacramento-tma.org](http://www.sacramento-tma.org) or call (916) 441-7074. You may also contact Noel Carolipio, Employee Transportation Coordinator, at

[ncarolip@saclink.csus.edu](mailto:ncarolip@saclink.csus.edu) or extension 87527.

jazz disciplines. Tickets are \$15 general admission and \$8 for students. Tickets are available at Sacramento State's Ticket Office, (916) 278-4323 or [www.tickets.com](http://www.tickets.com).

[Campus Calendar of Events](#)

**ATHLETICS**

**Women's basketball program awarded for academic success by NCAA for second straight year**

The Sacramento State women's basketball program received an Academic Performance Program Public Recognition Award from the National Collegiate Athletic Association (NCAA), it was announced on Wednesday, April 22.

[More Info](#)

[This Week in Hornet Action](#)

[Hornet Sports Home](#)

**Bulletin Staff**



The *Bulletin* is distributed on Mondays of the academic year. Campus news may be submitted by e-mail to [bulletin@csus.edu](mailto:bulletin@csus.edu). Deadline for all materials is 10 a.m. on the Wednesday before publication. For more information call 278-6156.

Vice President,  
University Advancement  
Carole Hayashino

Associate Vice President,  
Public Affairs  
Gloria Moraga

Interim Director of News  
Services,  
Public Affairs  
Kim Nava

Bulletin Editor  
Mike Ward

Writer  
Craig Koscho

Student Interns  
Svetlana Tsiberman  
Christopher Neuschafer  
Sara Perez

Electronic Communications  
Mark Konrad

Photographer  
Mary Weikert

## Grant helps veterans attending Sacramento State

Sacramento State is one of 20 schools in the nation selected to receive a \$100,000 American Council for Education/Wal-Mart Success for Veterans Award Grant to support veterans attending college.

More than 250 colleges applied for the ACE/Wal-Mart grant, which is given yearly to higher education institutions that have developed significant programs to increase access to postsecondary education for veterans and their families.

The grant will be used to support Sacramento State's Troops to College program. That program, one of the largest in California, provides scholarships and support for current and former military members to ease their transition into the University.

Sacramento State formally established its Troops to College program in 2008 after a state-wide program was established by the California Legislature. The state program was not funded and individual schools developed ways to support their programs. Last year, Sacramento State, The University Foundation at Sacramento State and SAFE Credit Union began a campaign to raise \$100,000 to support the program. To date, the campaign has raised more than \$150,000 for books, fees and a summer bridge program to ease the transition from military to university life. The first scholarships are expected to be dispersed in the fall.

"I was extremely excited when I got the phone call about the award. I knew that there were a lot of applications, so I was trying not to get my hopes up too high," says Jeff Weston, Sacramento State Veterans' Affairs coordinator. "I am very attached to Sac State and its veterans, and this is a great opportunity to do even more to support them."

There are more than 600 veterans, 80 active duty members and 600 dependents attending Sacramento State through Department of Defense tuition assistance programs.

The Success for Veterans Award Grants are part of ACE's "Serving Those Who Serve" initiative. The program is designed to help schools better serve veterans on their campuses and to help veterans access and utilize their education benefits.

"The men and women who serve our country are our nation's heroes," says Margaret McKenna, president of the Wal-Mart Foundation. "Wal-Mart is proud to support programs that help our veterans get the resources they need to succeed in their education and their transition back to civilian life."

Over the past year, the Wal-Mart Foundation has awarded more than \$3.6 million in grants to organizations in support of programs that provide educational assistance to veterans.

For more information on Sacramento State's Troops to College program, visit [www.csus.edu/news/multimedia/troops.stm](http://www.csus.edu/news/multimedia/troops.stm)

To contact Sacramento State's Veterans Affairs Office, call (916) 278-7893 or visit [www.csus.edu/admr/vets](http://www.csus.edu/admr/vets). To support the Troops to College program, call Jody Policar at (916) 278-4168 or go to [webapps1.csus.edu/ua\\_development/form1.asp](http://webapps1.csus.edu/ua_development/form1.asp). For media assistance, contact Sacramento State's Public Affairs office at (916) 278-6156.

## Sac State honors distinguished alumni

Sacramento State's alumni will acknowledge the achievements of their comrades at the annual Distinguished Service Awards reception and dinner, 6 p.m., Thursday, April 30, at the Alumni Center.

This year's DSA recipients are:

**Karen Bakula** ('80 BA and '87 MA Communication Studies), founder and president of Karen Bakula & Company, the 15th largest public relations/marketing/advertising firm in the region. In 2008, she won the Sacramento Public Relations Association Lifetime Achievement Award. Bakula is a past president of the

Sacramento Advertising Club, Big Brothers/Big Sisters of Greater Sacramento Area Inc. and the Sac State Alumni Association.

**Charles Bell** ('71 BA Police Science, '73 MA Criminal Justice), became the first African-American in the nation to be appointed as a chief sergeant-at-arms for a legislative body when named to the post at the California Assembly in 1983. He is active in the St. Paul Missionary Baptist Church, where he is president of the Usher Board and works with the church's Manhood Development Ministry. He is a lifetime member of the NAACP and the National Association for Blacks in Criminal Justice.

**Alejandro Garcia** ('69 MSW), is a professor in the School of Social Work at Syracuse University in New York. He is an elected member of the National Academy of Social Insurance, a Fellow of the Gerontological Society of America and has been named a Social Work Pioneer by the National Association of Social Workers. The Alejandro Garcia Excellence in Social Work Scholarship was established in Sacramento State's Division of Social Work.

**Jan Nolta** ('84 BS Science), is one of the nation's leading stem cell researchers. She is the director of the U.C. Davis Stem Cell Program and scientific director of the Good Manufacturing Practices Facility at the U.C. Davis School of Medicine. Nolta's current research is focused on developing new and better stem cell therapies for treating conditions such as liver disease, cardiac infarction and peripheral vascular disease.

The Alumni Association's Lifetime Achievement Award will be presented to **Larry Cook** ('65 BA Business), vice president of Airco Mechanical Inc. He belongs to the Sacramento Builders Exchange and the Mechanical Contractors Association, among others. Cook was instrumental in the effort to raise private support for the Broad Fieldhouse. He was president of the Alumni Association Board in 2004-05, and has been a tireless advocate for the campus in the business community.

The Association's Honorary Alumnus is **George Crandell**, a founding member and current board chair of The University Foundation at Sacramento State. During Crandell's tenure, the Foundation has developed into a major philanthropic organization. Crandell came to Sacramento from Southern California in 1986 as the region's first venture capitalist. He and his wife Linda are major donors to Troops to College, give generously to the campus and are founding members of the President's Circle.

A limited number of tickets are still available for the event. Call Alumni Relations at 278-6295 for ticket information.

## **Sacramento State hosts rowing championship May 2-3**

Sacramento State Women's Rowing will host the Western Intercollegiate Rowing Association Championships 8 a.m., Saturday, May 2 and Sunday, May 3, at Lake Natoma.

The event will include more than 30 other schools in the region that are not part of the Pacific 10 Conference and will feature events for men's and women's teams such as the varsity eight, second varsity eight, varsity four and novice eight.

Sacramento State's team has had success this season. Earlier this month, at the Lake Natoma Invitational, the varsity eight came back with a victory over Texas and Central Florida with a first place time of 6:41.80. The team placed first in Group 3 of the competition and was victorious despite a lineup change due to illness.

"We're doing fairly well; our varsity had some good wins, and we were second at San Diego," head coach Mike Connors says. "In our second boat, we've had a lot of people sick and injured the past few weeks. We're trying to get healthy for this weekend and are working on our speed."

In addition to the WIRA Championships, the team will participate in the Pacific Coast Rowing Championships Saturday, May 16, and the Pacific-10 Championships Sunday, May 17. The Pacific-10 Championships allow schools that aren't part of the Pac-10, as well as the championships schools, to compete for the opportunity to participate in the NCAA National Championships.

For more information on the team and its schedule visit [www.hornetsports.com/sports/wcrew](http://www.hornetsports.com/sports/wcrew).

## **Fit HELP keeps the student body going strong**

Students come to college to improve their mind, but in the process they sometimes neglect the whole body.

To help students cope with the stresses of college, Sacramento State has Fit HELP (Healthy Eating and Lifestyle Program) that provides free medically-supervised student services from a staff that includes a psychologist, an exercise psychologist, a health educator and a clinical nutritionist.

"Students often have to balance school, study and work with exercise and eating well," says Fit HELP health educator Kalyn Coppedge. "Something has to eventually give, and usually it's the student's health."

The Fit HELP is not a gym, but is part of the Student Health Center. Medical professionals and student interns provide a variety of health-related services including nutrition counseling, body composition analysis, fitness assessments, health education and assessments for eating disorders.

Fit HELP's staff can help students achieve specific goals such as weight management, stress reduction and increased sports performance. They also work with students to help them manage pre-existing conditions such as high blood pressure, weight gain, eating disorders, diabetes and recurring injuries.

Students coming to the Fit HELP Center receive an initial interview and a basic physical evaluation test. "Usually students are shocked at how poorly they do or how tired they are at test's end," Coppedge says. "Some can't finish."

The staff then develops a personal diet and exercise plan specific to each student. "We're here to help keep our students fit and to achieve their health goals. We help them find new energy levels, stay well, prevent disease and be confident, and that helps them through school."

The Fit HELP Center is located in the University Union next to Round Table Pizza. Hours are 8 a.m.-5 p.m., Mondays through Thursdays and 9 a.m.-5 p.m., Fridays. Students can make an appointment or drop in. For more information, visit [www.csus.edu/hlth](http://www.csus.edu/hlth) or call 278-9355. Contact Coppedge at 278-2749 or e-mail [coppedge@csus.edu](mailto:coppedge@csus.edu).

## **Engineering students float ideas at regional conference**

The idea of concrete floating on water might seem absurd, but Sacramento State students met the challenge at the annual regional Mid-Pacific Regional Conference sponsored by the American Society of Civil Engineers (ASCE).

Their vessel, constructed of a concrete mix that is lighter than water, but strong enough to withstand the weight of students, floated, but didn't take the prize at the annual student competition hosted this year by the University of Nevada, Reno, April 16-18. The team finished fifth.

The event also featured separate Steel Bridge and Water Treatment competitions. Sacramento State placed fourth in both competitions.

While winning was the goal of all the teams, there were other reasons to compete said Joshua Wagner, president of Sacramento State's ASCE chapter.

"The competition allowed students to apply the knowledge and skills they are learning in a classroom to design and build a real structure," he says. "Putting that experience on a resume gives them a step up on the competition when they look for jobs in the future. Employers look for graduates who have building and design experience and can work in a team environment."

To learn more about the Sacramento State ASCE chapter, visit their website at [www.SacStateASCE.org](http://www.SacStateASCE.org).

## **Peace conference features former Nigerian vice president**

Atiku Abubakar, immediate past vice-president of Nigeria, will be the guest of honor and speaker at Sacramento State's Africa Peace Awards dinner and dance, 7 p.m., Saturday, May 2, in the University Union Ballroom.

Tickets are \$50 for a VIP reception, dinner and dance; and \$35 for the dinner and dance. The cost for students is \$25. The event is open to the public. Tickets are available at the Sacramento State Ticket Box Office, 278-4323 or online at [www.tickets.com](http://www.tickets.com).

The event will include African cuisine, African cultural performances and an African fashion show.

The conference is part of the University's 18th annual Africa/Diaspora Conference, April 30 - May 2. There will be a special luncheon presentation on Fighting Piracy in Somalia noon-2 p.m., Friday, May 1, in the University Union Redwood Room, by Nii Akuetteh; an African policy analyst with Washington, D.C.- based Trans Africa.

Conference events are sponsored by University's Center for African Peace and Conflict Resolution and the Pan African Studies Program. The conference is open to the public and is free for Sacramento State students, faculty and staff. The cost for non-campus attendees is \$50.

To register for the conference, visit [www.csus.edu/org/capcr/events/newevents/Africa18-2009.htm](http://www.csus.edu/org/capcr/events/newevents/Africa18-2009.htm)

For more information, call Ernest E. Uwazie, CAPCR director, at 278-6282.

## **Sacramento State hosts green sustainability conference**

Sacramento State's College of Continuing Education will host the California Sustainability Mayday, 8 a.m.- 5 p.m., Wednesday, May 13, in the Sacramento State Alumni Center.

The Mayday event is designed to provide professionals involved in facilities and operations activities, such as facilities management, supply chain management and green business operations, with tools and strategies for assessing and implementing sustainable business operations within their organizations.

The event will include workshops and discussions on a variety of sustainability topics including green cleaning, landscaping and irrigation, carbon cap and trade, California-specific energy rebates and understanding energy star scores.

"This is a natural fit for the college because our programs help educate and serve the Sacramento Region," says Tonii Ramirez, senior program coordinator with CCE. "Many local businesses are becoming more conscious of their carbon footprint and this was a perfect opportunity to collaborate with the other co-sponsors and promote our green business operations expertise"

The event is sponsored by the College of Continuing Education, the International Facility Management Association, Corporate Care and RetroCom Energy Strategies.

More than 40 industry professionals will participate in the event, and about 100 people are expected to attend.

"This seminar is a rare opportunity for people in the industry to learn from facilities professionals who have proven that sustainable business operation is the most effective business operation," says Ramirez.

The cost is \$25 for Sacramento State students and \$75 for non students. To register, visit [www.californiamayday.com/](http://www.californiamayday.com/).

For more information, contact the College of Continuing Education at 278-4433.

## Sac State fraternity goes bald for childhood cancer research

More than 40 men from Sacramento State's Pi Kappa Alpha Fraternity (the Pikes) had their heads shaved to show solidarity for children with cancer and to raise money for childhood cancer research. The shaving occurred on Wednesday, April 22, in the Mellow Me Out Salon in the University Union.

The Pikes have raised more than \$5,000 in donations for the St. Baldrick's Foundation, a global non-profit organization dedicated to making grants to research institutions to find new cures for childhood cancer and to find treatments to ensure a better quality of life for patients and survivors.

"In past years, my fraternity brothers and I have participated in St. Baldrick's head-shaving events, but this year we decided that we wanted to host a memorable event of our own at Sac State," says Robert Palu, Pike chapter president.

Palu says the Pikes "want this event to increase awareness to the fact that pediatric cancer is a top killer of children and is terribly under-funded, and with the help of Sac State's fraternities and sororities as well as the rest of the campus community, the funding will improve."

## STEM lecture examines how numbers add value to culture

Daniel Orey, Sacramento State professor of multicultural and mathematics education, will explain how mathematics is fun and entertaining at the next Science, Technology, Engineering and Mathematics (STEM) lecture 7 p.m., Tuesday, April 28, in the University Union's Redwood Room.

Orey is an expert on ethnomathematics, an area of mathematics that uses aspects of mathematical modeling to study the relationship between mathematics and culture.

During the lecture, Orey will share examples of cultural and mathematical practices he has come across in his travels around the world.

## Faculty Senate

### Tuesday, April 28

3-5 p.m. - Outstanding Faculty Awards Reception – Ballroom I, University Union

### Thursday, April 30

3-5 p.m. – Faculty Senate – Foothill Suite, University Union

## Professional Activities

### Scholarship

**Ron Coleman**, Biological Sciences, participated in two "Dinner with a Scientist" events this spring. The program brings fifth- through 10th-graders together with scientists to interest young people in careers in science. The first event was March 10 at the University of the Pacific and the second was March 26 at UC Merced.

**Phil Hitchcock**, director of the University Library Gallery and **Michael Shores**, a Sacramento State art student, served as curators for an art contest sponsored by Breathe California of Sacramento–Emigrant Trails, on April 6. More than 150 entries were submitted by students at six regional high schools. Results of the judging will be announced at the 33rd annual Clean Air Awards luncheon 11:30 a.m., Thursday, May 7, at the Sheraton Grand Hotel. Sacramento State's University Transportation and Parking Services is a sponsor of the luncheon.

Breathe California of Sacramento–Emigrant Trails is an organization established to promote healthier air and help prevent lung and other air pollution-related diseases by partnering with youth, advocating public policy, supporting air pollution research and educating the public.

**Warren Drew Smith**, Electrical and Electronic Engineering, is this year's recipient of the Outstanding Scholarly Achievement Award. The presentation is 4 p.m.-6p.m., Tuesday, May 5, in Hinde Auditorium. The award is given each year to a Sacramento State faculty member who has, over many years, made significant contributions to a discipline through scholarly activity, creative/artistic endeavors, research and publication. Each year the Research and Creative Activity Subcommittee of the Faculty Senate solicits nominations and selects a faculty member to receive this award. Smith is the 47th recipient of the award.

## Campus Announcements

### Campus hosts reception for retiring members

University President Alexander Gonzalez and senior administrative staff will host a reception honoring retiring University employees 3-4:30 p.m., Monday, May 4, in the University Center Restaurant. The campus community is invited to attend the event. Those interested in attending should call the RSVP line at 278-4040.

*Submitted by Human Resources*

### Leadership scholarship

The Serna Center is accepting applications for the Bustos Family Leadership through Service Scholarship. Students can receive \$1,000 for the fall semester. Scholarship qualifications and applications can be viewed at the Center's website, [www.csus.edu/sernacenter/scholarships/index.htm](http://www.csus.edu/sernacenter/scholarships/index.htm). For more information, call 278-4512.

*Submitted by the Serna Center*

### Lecture on Sacramento politics

Sacramento Bee columnist Marcos Breton is the Serna Center's Seminar Series speaker, 12:30-2 p.m., Thursday, April 30, in the University Union Summit Room.

Breton's lecture is titled "Sacramento Politics: There Will Be Blood," and is a discussion of the past and future of Sacramento politics. The event is free and open to the public.

For more information, visit the Center's website at [www.csus.edu/sernacenter/calendar/index.htm](http://www.csus.edu/sernacenter/calendar/index.htm)

*Submitted by the Serna Center*

### WAC retreat

Writing Across the Curriculum invites full and part-time instructors to attend a free one-day retreat focused on teaching reading and writing skills 9 a.m.-4 p.m., Monday, Aug. 24, in the Alumni Center. Topics include designing reading and writing assignments, sequencing assignments, teaching reading and writing as a process and peer response. Breakfast and lunch will be served. RSVP to Dan Melzer at [melzer@csus.edu](mailto:melzer@csus.edu) or call 278-6925.

*Submitted by the English Department*

### Multicultural event

Epsilon Sigma Rho Fraternity Inc., UNIQUE Programs and Associated Students, Inc., will sponsor the sixth annual Multicultural Night 7-9 p.m., Thursday, April 30, in the University Union Ballroom.

There will be entertainment, performances and activities. It is free and open to the campus community.

*Submitted by Epsilon Sigma Rho Fraternity Inc.*

### New hours

Beginning Monday, April 27, the offices of Staff Employment, Classification and Compensation and Training and Development will be open to the public 8 a.m.-3 p.m., Mondays through Fridays. The offices are located in Sacramento Hall, room 173. The lobby office in room 173 will remain open for mail drop off and pick up 3-5 p.m.

Employees who need to conduct business with those offices between 3 and 5 p.m., can contact staff members by telephone, e-mail or by appointment. Questions regarding this schedule should be directed to Elizabeth Redmond, interim associate vice president for Human Resources, at 278-4488.

*Submitted by Human Resources*

## **PHOTO-GENESIS**

An exhibition of pinhole photography, runs April 27 through May 1 in Kadema Hall's Witt Gallery. There is a closing reception from 5 to 8 p.m., Friday, May 1 in the gallery. The photographs are organized by students of Art 163 Pinhole Photography.

*Submitted by the Art Department*

## **Sac State Night at the River Cats**

Tickets are available for the third annual Sac State Night at the River Cats Thursday, May 7 at 7:05 p.m., when the Pacific Coast League Champion River Cats take on the Reno Aces.

Tickets are on sale at the Recreational Sports Office located on the first floor of the University Union. Tickets are \$7 each, or \$5 each in groups of 10 or more. For information, call the Recreational Sports Office at 278-4111.

*Submitted by the Recreational Sports Office*

## **Human Resources**

### **Catastrophic leave donation program**

Sacramento State employees may voluntarily donate to other employees up to a maximum of 40 hours of sick or vacation leave credits in one-hour increments each fiscal year. Bargaining Units 1, 8, 10 and 11 may only donate up to 16 hours per fiscal year. If employees are interested in donating time, a donation form can be obtained at [www.csus.edu/hr/forms.htm#Disability](http://www.csus.edu/hr/forms.htm#Disability), or by visiting the Human Resources Disability Leaves office in Sacramento Hall 162, or by calling 278-3522.

The following employees have been approved for the Catastrophic Leave Donation Program:

Janelle Robinette, Nursing

Julie Bradley, Math Department

Wandarah Anderson, Division of Social Work

Michael Wilson, Economics

Misty Sisneros, Community Engagement Center

Scott Flack, Facilities

Joseph Small, Reprographics

## **Alumni Profile: Charles Bell ('71, '73)**

Rosa Parks, author Alex Haley, Muhammad Ali, Jane Fonda, Coretta Scott King, Bishop Desmond Tutu, Presidents Ford, Carter and Reagan, and the Queen of England. That list of who's who in history includes just a few of the people Charles Bell ('71, Police Science, '73 Criminal Justice) provided security for as the Sergeant-at-Arms for the California legislature from 1974-96.

Sworn in to his position in 1983 by then-Speaker of the House Willie Brown, Bell credits Brown and Rep. Maxine Waters as key mentors who helped him rise to his position at the Capitol. "Willie Brown was the first African-American speaker of the house, and it was an honor to have his support," Bell says.

And how exactly did the Dayton, Ohio native decide on Sacramento State as his destination? "My friend had a cousin who lived in Sacramento, and the idea of living in the 'sunshine state' had enormous appeal," Bell says. "We arrived in December of 1967, and it rained almost the entire month."

The sun did eventually shine, just as Bell did on the Sac State campus. He excelled as a student-athlete, making the Dean's List and leading the Far West football conference in kickoff returns as a running back for the Hornets.

"I came to the campus before football scholarships were available, so I paid for school by working security for the University's field house," he says.

And Bell can't say enough about the role athletics plays for college students. "Athletics have been an avenue for a lot of young people to improve as both citizens and individuals," he says.

Lured by the appeal of athletics, Bell dreamed of becoming a football coach some day and toyed with the idea of majoring in physical education. After some hard thinking, however, Bell decided to major in police science, which he felt had the potential for more opportunities in California's capital city.

"It was a hard decision at the time, but I'm glad I made it now, because I wouldn't have discovered or achieved my full potential," he says.

## **This Week in Hornet Action**

### **Baseball**

Monday, April 27

Sacramento State vs. Louisiana Tech, 2 p.m.

Wednesday, April 29

Sacramento State at Stanford, 5 p.m.

Friday, May 1

Sacramento State vs. San Jose State, 2 p.m.

Saturday, May 2

Sacramento State vs. San Jose State, 11 a.m.

Sunday, May 3

Sacramento State vs. San Jose State, 1 p.m.

### **Softball**

Wednesday, April 29

Sacramento State at Saint Mary's, 3:30 p.m.

Saturday, May 2

Sacramento State at Santa Clara, noon

Sunday, May 3

Sacramento State at Santa Clara, noon

### **Outdoor track**

Friday, May 1

Sacramento State hosts the Causeway Classic

### **Women's tennis**

No matches scheduled

### **Men's tennis**

No matches scheduled

### **Rowing**

Saturday, May 2-Sunday, May 3

Sacramento State hosts the Western Intercollegiate Rowing Association Championships, Lake Natoma, 8 a.m.