



May 23, 2016

News

The sights and sounds of Spring Commencement online

Spring Commencement 2016, May 20-21 at Sleep Train Arena, was an unforgettable time for the entire Sacramento State community, especially our latest graduates and their families.

Please visit our Commencement Coverage web page, www.csus.edu/excellence/video/commencement.html, to relive the University's days of pride and joy through videos, photo galleries, profiles of our outstanding students and honorary doctorate winners, and much more.

Congratulations to all 5,000 graduates on their academic and personal achievement!
Submitted by the Office of Public Affairs and Advocacy

Exercise Science will present five research studies at world conference

The Exercise Science program had five research studies accepted for presentation at the American College of Sports Medicine's 63rd annual meeting, the seventh World Congress on Exercise Is Medicine, and the World Congress on the Basic Science of Energy Balance. More than 6,000 professionals from around the world will come together June 1-4 in Boston for the world's most comprehensive sports medicine and exercise science meeting.

The research studies are:

- "Caffeine Alters Core Temperature and RPE During Thermally Exhaustive Exercise."
- "A Theoretical Analysis Examining the Construct of a Pound of Fat Equaling 3,500 Kilocalories."
- "Decreased Time to Achieve VO2MAX During Successive High Intensity Intervals."
- "Heart Rate Variability in Aerobically Trained Subjects vs. Untrained Subjects in Hypoxic and Normoxic Conditions."
- "Effects of a Single 75-Minute Yoga Session on Post Exercise Cardiovascular and Blood Metabolic Parameters."

Submitted by the Exercise Science program

Student Financial Services soon to become Bursar's Office

On Friday, July 1, the Student Financial Services Center will officially become the Bursar's Office. The term "bursar" is associated with higher education and is used on several other CSU campuses. This name change will benefit the campus community by providing a distinction between our office and the newly formed Student Service Center, which will open in the fall across the hall from our office in Lassen Hall. The functions of our office will remain the same, so you still will be able to take advantage of the following services provided to staff and faculty:

- OneCard services

- Travel checks
- Parking permits and commuter sleeves
- Petty cash reimbursements
- Financial Literacy presentations
- Payroll overpayments

Please contact us at 278-6736 or visit us in Lassen Hall 1001/1003 if you have questions.
Submitted by Student Financial Services

Brand identity workshops for summer 2016

Due to popular demand, additional workshops on the enhanced Sacramento State Identity Style Guide have been scheduled for summer. These workshops review the University's basic visual identity requirements and explore design options and resources for easily bringing the spirit of Sacramento State into materials – everything from invitations, posters, fliers, and advertisements, to web pages, video, email, and more.

You should attend this workshop if you:

- Want to know the official University names, logos, and colors, and how to use each properly.
- Create any visual materials for your unit, college, department, or program. (Students may attend, but must be accompanied by their supervisor.)
- Are a campus designer, photographer, videographer, marketer, or communicator.

Upcoming workshops:

- Tuesday, June 7 – 1:30-3 p.m.
- Wednesday, June 8 – 10:30-noon

Space is limited; please email universitymarketing@csus.edu with your name, title, email, department/college, and your requested workshop time to reserve a spot. You will receive a confirmation email with the workshop location.

Submitted by University Marketing

Latest Faculty Teaching Assignment Report is online

The Faculty Teaching Assignment Report is available on the Office of Institutional Research website. This report is based on the Academic Planning Data Base submitted to and approved by the Chancellor's Office on the Census Date of Fall 2015 and Spring 2016. The report displays detailed information regarding faculty teaching load, such as course sections, student course credits, section enrollment, student FTE, and weighted teaching units (WTU) by individual faculty member and department.

To view the report, go to www.csus.edu/oir. Click on "Data Center," then "Faculty: Special Reports." Please contact the Office of Institutional Research at 278-6566 if you have questions.

Submitted by the Office of Institutional Research

Estate Planning 101

The Office of Planned Giving hosts Estate Planning 101 seminars throughout the year for members of the Sacramento State community who are considering their estate plans. Topics covered include property and inheritance planning, wills, living trusts, charitable gift annuities, disability planning, estate taxes, and probate.

The upcoming Estate Planning 101 seminar is from 11:30 a.m. to 1:30 p.m. Wednesday, June 8, at the Leslie and Anita Harper Alumni Center. Reservations are required by Tuesday, May 31. RSVP to giving@csus.edu or 278-6989.

Please visit www.csus.planningyourlegacy.org for more information on planned giving or the dates of future seminars. If you are interested in making a gift through your will or estate, or you have questions regarding Estate Planning 101, please call the Office of Planned Giving at 278-6989.

Submitted by University Advancement

Building coordinator/floor marshal training

Annual two-hour training sessions will be held from 1:30 to 3:30 p.m. Tuesday, June 28, and Tuesday, July 26, in Del Norte Hall 1004, covering the following:

- Program overview and history
- Multi-Hazard Emergency Plan/Building Emergency Action Plan
- ICS/interaction with first responders
- Pandemic/infectious disease threat
- Responsibilities of building coordinators, floor marshals, and faculty
- Evacuation procedures/rally areas and evacuation chairs
- Active shooter preparedness
- IFAN
- ENS

Attendance is mandatory for all members of the building emergency preparedness teams, building coordinators, floor marshals, and faculty who have responsibilities during a disaster or emergency. Seating is limited to the first 50. Register by emailing gnagywb@saclink.csus.edu.

Submitted by the Sacramento State Police Department

Faculty professional activities

The latest faculty professional activities are available at

www.csus.edu/news/articles/2016/4/1/Professional-activities,-April-June-2016.shtml.

Submitted by the Office of Public Affairs and Advocacy

Faculty Senate schedule

The Faculty Senate calendar is available at www.csus.edu/acse.

Submitted by the Faculty Senate

Exchange email maintenance scheduled for overnight June 3-4

Exchange email will undergo planned updates during the regular maintenance period between 8 p.m. Friday, June 3, and 4 a.m. Saturday, June 4. Faculty and staff using email during those hours may experience an outage of up to 20 minutes. Exchange email and SacSend email will be queued during the outage and will be sent when the maintenance is complete. No email will be lost.

If you have questions or concerns about the outage, please contact the Service Desk at 278-7337. If you have general comments, please contact us at ITFeedback@csus.edu.

Submitted by Information Resources and Technology

Security tip: Are all websites safe to browse?

Websites can pose significant risks of encountering spyware and malware. A new trick used by hackers is to inject malware onto your computer after you simply visit a web page. This problem is especially present on unknown websites, as there are increasing numbers of "distribution sites" – malicious websites that infect your computer when you visit them. But even legitimate websites can be hacked and infected with malware.

Submitted by the Information Security Office

Human Resources**Summer hours begin May 31**

This summer, in an effort to conserve energy, we will continue the practice of a modified work schedule with normal business hours for the campus of 7:30 a.m. to 4 p.m. with a 30-minute lunch break. These hours are effective Tuesday, May 31, and continue through Friday, Aug. 19. As always, authorized supervisors may modify individual work schedules to address special situations.

As in past summers, this schedule enables the University to realize substantial budget savings by reducing energy consumption during the late afternoon hours when energy demand is highest. We hope that this change also permits many of our employees to get the most from the longer summer days.

If you have questions or concerns that cannot be answered by your supervisor or manager, please contact Veronica Hodge, associate vice president for Human Resources.

Catastrophic leave donation

Sacramento State employees may voluntarily donate to other employees up to a maximum of 40 hours of sick or vacation leave credits in one-hour increments each fiscal year. Bargaining Units 1, 10 and 11 may donate only up to 16 hours per fiscal year. If employees are interested in donating time, a form can be obtained at www.csus.edu/hr/forms.html#disability by visiting the Human Resources Disability Leaves office in Del Norte Hall, Suite 3004, or by calling 278-3522.

The Benefits Office currently has the following employees on an approved CAT Leave:

- Martin Biskowski, Anthropology
- Kimberly Donaville-Davis, Facilities Management
- Edna Chiu, Custodial Services
- Bradley Buchanan, English