# Volunteer Service Description

## Position Title: Cardiac Rehabilitation

**Issue Date:** 08/19/14  
**Location:** SMH  
**Supervisor of volunteer:** Cardiac Rehab staff  
**Linda Mariano 733-8124**

<table>
<thead>
<tr>
<th>Service</th>
<th>Provide monitored exercise and education classes for patients recovering from cardiac procedures or trying to prevent a cardiac event.</th>
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<tbody>
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<td><strong>Objective:</strong></td>
<td>The main priority of the volunteer is to assist the staff with providing comfort measures to patients through the utilization of &quot;rounding&quot; with the patients and assisting staff with routine duties of the department. Provide the volunteer opportunities for learning professional and social interaction in a medical setting and to experience hands on (either directly or indirectly) educational and real-life learning experiences.</td>
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| **Hours:** | Tue, Thurs 7am-11am (4 hours maximum needed)  
Mon, Wed, Fri all day |
| **Qualifications:** | Friendly positive attitude. Works well with patients, staff and visitors.  
**Artificial nails for patient care staff are prohibited due to infection control concerns** |
| **Training:** | Hospital orientation and specific departmental orientation. |
| **Competencies:** | Confidentiality  
Phone etiquette |
| **Responsibilities:** | Round with the patients  
Assist with making educational packets for our coronary patients  
Copy materials to give to patients  
Assist staff with data entry  
Assists with making other chart packets when necessary  
Assist patient with exercise equipment  
Assist staff with taking pulses and blood pressures from the BP machine  
Assist with supervising patient safety  
Clean equipment  
Disinfect wheelchairs, and other equipment as needed per staff member  
Miscellaneous duties as assigned |