

# Community Town Hall Food Security

Hosted by Community Engagement Center at Sacramento State, August 19, 2009

## What are the needs in the community?

Food Security	<ul style="list-style-type: none"> <li>• Access to food for individuals and families</li> <li>• Access to healthy food</li> <li>• Affordability of food</li> <li>• Education on healthy lifestyles</li> <li>• Balanced diet</li> <li>• Regular access to 3 square meals</li> <li>• Making healthy choice an easy choice</li> <li>• Resources</li> <li>• Building healthy eating into routine</li> <li>• Eligibility for federal programs</li> <li>• Transportation to food centers</li> <li>• Accessibility of decent grocery stores in low income neighborhoods</li> <li>• Basic literacy in: nutrition, food budget, cooking</li> </ul>
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## Who is meeting the needs and serving as the Safety Net?

Food Security	<p>Mobile food, distribution centers - Sacramento Food Bank &amp; Family Services          Schools          Soil Born Farms          Salvation Army          Hart Senior Center          Wellspring Women’s Center          Alchemist*          Fresh Producers*          Senior Gleaners*          Food Stamp Program*          Community Gardens*          Faith Based Organizations*          Farmer Markets*          Loaves and Fishes*  <a href="http://www.targethunger.com/Community-Food-Security/index.htm">http://www.targethunger.com/Community-Food-Security/index.htm</a>          SNAP Food stamp outreach program – Senior Legal Services          Mobile Mall – Healthy Start          Education on how to shop          KSSP          Citrus/Fruit Gleaning/ Harvest</p>
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\* Sources: CSPC Community Survey and Town Hall Forums – *Community Perspectives 2009*; United Way California Capital Region Community Impact Report; Capital Region Healthy Futures Project-CSPC

## What are challenges and infrastructure barriers to meeting unmet needs?

Food Security	<ul style="list-style-type: none"> <li>• Viability for local small farmers (must compete with large agribusiness)</li> <li>• Transportation</li> <li>• Norms, habits, values</li> <li>• Food stamps not accepted at Farmer’s Markets due to need for electricity (could use satellite machines)</li> </ul>
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## How can University and Community partner to better support existing community assets and address unmet needs with a measurable impact?

Food Security	<ul style="list-style-type: none"><li>• Twin Rivers – Partnership academies – Geo Academy – community garden</li><li>• University hosted space for community garden</li><li>• Examine University food policy – have more healthy choices</li><li>• Service learning projects</li><li>• Teach good habits to youth (i.e. develop monopoly-style games to make it fun)</li><li>• Share historic perspectives through stories – real life speakers</li><li>• Volunteerism</li><li>• Have international students share stories</li><li>• Link University resources, students to partner with existing nonprofits giving services or that are in a position to.</li><li>• Have prevention conversations with community (not just during crisis)</li></ul>
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