Methods of Cycling a System

1. **Peeponics** - The method of using urine in the initial startup. Urea breaks down into ammonia which is used by the beneficial bacteria.

2. **Dead Fish** - Placing dead fish in a system will release ammonia through decomposition starting the nitrogen cycle.

3. **Feeder Fish** - Through natural waste and respiration, comet goldfish will naturally cycle the system until addition of other aquaponic fish.