STARTING A PHYSICAL THERAPY CAREER: STEPS TO SUCCESS IN GAINING ADMISSION TO A DPT PROGRAM

Bryan Coleman Salgado, PT, DPT, MS, CWS
Chair of Admissions
department of physical therapy
Website: http://www.csus.edu/HHS/PT/index.html
PROFESSIONAL DOCTORATE IN PHYSICAL THERAPY

• Entry-level PT degree has changes as the profession has matured:
  • Bachelor’s Degree (BS) prior to 1999
  • Master’s Degree (MPT or MSPT) required 1999-2015
  • DPT required for all entry-level programs 2015 on
• During last 9 years, most programs (currently 216 in U.S.) have converted to the DPT
WHO GETS IN?
PTCAS NATIONAL DATA
2012-13 PTCAS DATA

• Ave. of 453 applicants per program
• 2013: 15,616 applicants: 46% accepted, 54% no offers
• Accepted: 62.8% female, 37.2% male
• California has highest % of applicants (11%) of any state
• Ave core prerequisite GPA:
  • All Applicants: 3.24  CSUS Applicants: 3.12
  • All Accepted: 3.50  CSUS Accepted: 3.58
• CSUS applicants: 48; accepted: 20 [13/40 came here]
2013 PTCAS DATA

CALIFORNIA MAJOR FEEDER SCHOOLS success rates:

- SF State 43%
- CSU Sacramento 42%
- Sonoma State 42%
- CSU Chico: 40%
- CSU Fresno: 37%
- CSU Northridge 37%
- CSU East Bay 33%
- San Diego State 30%
- CSU Long Beach 27%
- UC Berkeley 69%
- UCLA 62%
- Cal Poly 53%
- UC San Diego 52%
- UC Santa Barbara 50%
- UC Irvine 47%
- UC Davis 39%
PTCAS DATA

8 MOST often Identified majors of Bachelor’s Degree:

- Exercise Science
- Biology
- Kinesiology
- Health Science
- Psychology
- Pre-physical therapy
- Athletic training
- Exercise physiology
Sac State DPT Program
www.cus.edu/hhs/pt

For the Prospective DPT Student

Admission is highly selective and enrollment in the PT program is limited to 32 students each year. To be eligible for admission, students must have earned a bachelor’s degree by the start of the program.

The Physical Therapy program Admissions Committee considers the following factors in the selection process:

- **Strength of academic record.** All prerequisite coursework must be completed by the start of the program, with a "C" grade or higher. You must obtain at least a 3.00 GPA in all of the prerequisites to be eligible to apply. When submitting the PTCAS application, you must designate which course from your transcripts you will designate for each prerequisite course type/category. The Admissions Committee may reject a course that you have listed if it does not meet the qualifying criterion explained on the PTCAS application program page for CSU, Sacramento. Extra admissions points are given for recommended (but not required)
% of Admitted from CSUS

- M8: 53%
- M9: 44%
- M10: 52%
- M11: 38%
- D01: 28%
- D02: 41%

Linear (% CSUS)
Admissions Ranking Criteria

• Strength of Academic Record
• GRE Analytic Score
• Professional References
• Background Characteristics
• Strength of Interview
Selection Procedures

• All application materials are reviewed by the Admissions Committee to assess for meeting minimum requirements and to rank applicants for interviews. Points are assigned for the prerequisite coursework GPA, recommendation forms from two (2) licensed U.S. or Canadian physical therapists and one (1) college level professor, the GRE writing (analytic) score and additional background criteria. The 60-80 highest ranked applicants will be invited for a panel interview. The top thirty-two (32) applicants, along with alternates will be notified of their status within two weeks of the final interviews.
## 2014 CSUS DPT Admissions Rubric

<table>
<thead>
<tr>
<th>Factor</th>
<th>Weight</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prereg. GPA</td>
<td>45%</td>
<td>Leads to interviews of up to the top 65-80 candidates</td>
</tr>
<tr>
<td>Minimum: 3.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Letters of Rec</td>
<td>18%</td>
<td></td>
</tr>
<tr>
<td>Background Characteristics</td>
<td>12%</td>
<td></td>
</tr>
<tr>
<td>GRE Analytic (writing) score</td>
<td>10%</td>
<td>Minimum: 3.5</td>
</tr>
<tr>
<td>Panel Interviews</td>
<td>15%</td>
<td></td>
</tr>
<tr>
<td>-----------------</td>
<td>----------</td>
<td>---------</td>
</tr>
<tr>
<td># Admitted</td>
<td>33</td>
<td>34</td>
</tr>
<tr>
<td>From Calif.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ave Age (yrs)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ave Prerequisite GPA (range)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% from CSUS (#)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ave. yrs. Since Bachelors (range)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Applying to CSUS 2014 DPT program

- **3 APPLICATIONS REQUIRED**
  - Office of Grad Studies, opened Oct 1 ([www.csumentor.edu](http://www.csumentor.edu))
  - PT Departmental Supplemental Application, avail this month

- Completion of Bachelor’s degree
- Completion of 9 of the 11 prerequisite courses
- Minimum GPA of 3.00 in the PREREQUISITE courses
- 3 letters of recommendation (2 PT, 1 Academician)
- 100 hours PT exposure in 2 settings under licensed PT
- Minimum GRE Analytic Score of 3.5
1. Human Anatomy w/ Lab [4]  
   Level: General or College or higher

2. Human Physiology w/ Lab [4]  
   Level: General or College or higher

   or 1./2. Human Anatomy & Physiology w/ labs [8]

3. Psychology [3]  
   Level: Introductory or higher

4. Additional Psychology [3]  
   Level: General or College or higher

5. Statistics [3]  
   Level: Introductory or higher

6&7. Chemistry I & II with Lab [10]  
   Level: General or College or higher

8&9. Physics I & II with Lab [8]  
   Level: General or College or higher

10. Kinesiology *(preferably with Lab)* [3]  
    Level: Upper Division (4-yr. College)

11. Exercise Physiology [3]  
    *(preferably with Lab)*  
    Level: Upper Division (4-yr. college)
Professional References Rate:
Excellent, Good, Average, Below Ave, Poor, N/O

- Commitment to Learning
- Interpersonal skills
- Communication skills
- Effective use of time
- Use of constructive feedback
- Ethical and professional behavior
- Responsibility
- Critical thinking
- Stress management
- Problem solving
- Leadership
PT EXPOSURE HOURS

• 100 hours minimum TOTAL;
• Two settings required: one in inpatient, one in outpatient
  • INPATIENT acute
  • INPATIENT Rehab/subacute care
  • INPATIENT ECF/SNF
• OUTPATIENT clinic
• OUTPATIENT school/pre-school
• OUTPATIENT wellness/prevention/fitness
• OUTPATIENT industrial/occupational health
• MUST be minimum 25 hrs. in either inpatient or outpatient
Physical Therapy Program

* Fully accredited since 1997 by the Commission on Accreditation in Physical Therapy Education (CAPTE)
PT Program Faculty (Full time)

* Edward Barakatt, PT, PhD
* Lois Boulgarides, PT, DPT
* Bryan Coleman Salgado, PT, DPT, CWS
* Rafael Escamilla, PT, PhD
* Creed Larrucea, PT, DPT, ECS
* Clare Lewis, PT, PsyD, MPH
* Katrin Mattern-Baxter, PT, DPT
* D. Michael McKeough, PT, EdD
* Brad Stockert, PT, PhD
PT Facilities at CSUS

* Folsom Hall – interior construction completed 2013
* Shared lecture halls with Nursing program.
* Biomechanics Research Lab, PT research lab, Neuromuscular lab/classroom, Procedures lab/classroom, Orthopedics lab/classroom.
* Cadaver lab on campus
DPT Curriculum

* 3 years total – 9 semesters
* 5 academic semesters, 1 summer clinical experience (12 weeks), 1 academic semesters, 2 semesters of clinical internships (12 + 12 weeks).
* Integrated clinical experiences start in second academic semester
Achieving a DPT

* Culminating Project: Comprehensive Case Analysis
* Passing all Clinical Internships
* Eligibility to apply for licensure in any state
* Take the NPTE national exam; passing leads to licensure
<table>
<thead>
<tr>
<th>University</th>
<th>Type</th>
<th>Cost ($)</th>
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<tbody>
<tr>
<td>USC</td>
<td>Private</td>
<td>132,900</td>
</tr>
<tr>
<td>University of the Pacific</td>
<td>Private</td>
<td>122,040</td>
</tr>
<tr>
<td>Western University of Health Sciences</td>
<td>Private</td>
<td>105,195</td>
</tr>
<tr>
<td>Chapman University</td>
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<td>Samuel Merritt University</td>
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<td>95,328</td>
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<tr>
<td>Mount Saint Mary’s College</td>
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<tr>
<td>Azusa Pacific University</td>
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<td>University of St. Augustine</td>
<td>Private</td>
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</tr>
<tr>
<td>Loma Linda University</td>
<td>Private</td>
<td>87,008</td>
</tr>
<tr>
<td>UCSF/SFSU DPT program</td>
<td>Public</td>
<td>80,000</td>
</tr>
<tr>
<td>CSU Fresno, CSU Long Beach, CSU Northridge, CSU San Diego, <strong>CSU Sacramento</strong></td>
<td>Public</td>
<td>77,000</td>
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</table>
CSUS DPT Tuition

* Per semester: $8,492
* Per Year: $25,500 (3 semester/year)
* Total Cost: $77,000, not including books, housing, food, medical, utilities, etc
* Non-residents of California pay additional $400/unit
* All fees subject to change upon ruling of the CSU Board of Trustees
## DPT Curriculum for Entry-level Program

### First Year

#### Fall

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>BIO 633</td>
<td>Human Gross Anatomy for Physical Therapists</td>
<td>3</td>
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<tr>
<td>PT 600</td>
<td>Pathokinesiology</td>
<td>5</td>
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<tr>
<td>PT 608</td>
<td>PT/Patient/Professional Interactions</td>
<td>2</td>
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<tr>
<td>PT 630</td>
<td>Pathophysiology</td>
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</tr>
<tr>
<td>PT 602</td>
<td>Evidence Informed Practice I</td>
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#### Fall 1

16 Units

### Spring

#### Spring 1

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>PT 604</td>
<td>Principles of Human Movement</td>
<td>2</td>
</tr>
<tr>
<td>PT 614</td>
<td>Neuroscience for PTs</td>
<td>3</td>
</tr>
<tr>
<td>PT 618</td>
<td>Foundations for Patient Management</td>
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<tr>
<td>PT 606</td>
<td>Therapeutic Measurements &amp; Techniques</td>
<td>4</td>
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<tr>
<td>PT 620</td>
<td>PT Interventions I</td>
<td>3</td>
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<tr>
<td>PT 622</td>
<td>Evidence Informed Practice II</td>
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#### Spring

16 Units

### Summer

#### Summer 1

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>PT 632</td>
<td>Pharmacology</td>
<td>2</td>
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<tr>
<td>PT 634</td>
<td>Diagnostic Imaging for PT</td>
<td>2</td>
</tr>
<tr>
<td>PT 636</td>
<td>Geriatrics/Gerontology for PT</td>
<td>2</td>
</tr>
<tr>
<td>PT 638</td>
<td>Health, Wellness, &amp; Ergonomics</td>
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</tbody>
</table>

8 Units

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Total Required Program Units: 104

Total Units with all Electives: 112
### Second Year

#### Fall

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>PT 625</td>
<td>Musculoskeletal Pt Management I</td>
<td>4</td>
</tr>
<tr>
<td>PT 640</td>
<td>PT Interventions II</td>
<td>3</td>
</tr>
<tr>
<td>PT 626</td>
<td>Clinical Agents</td>
<td>3</td>
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<tr>
<td>PT 624</td>
<td>Adult Neuromuscular Pt Management I</td>
<td>4</td>
</tr>
<tr>
<td>PT 646</td>
<td>Acute Care and Cardiopulmonary PT</td>
<td>2</td>
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<tr>
<td>PT 660A</td>
<td>Research Elective</td>
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<td></td>
<td><strong>Total</strong></td>
<td><strong>17</strong></td>
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#### Spring

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<th>Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>PT 644</td>
<td>Adult Neuromuscular Pt Management II</td>
<td>4</td>
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<tr>
<td>PT 645</td>
<td>Musculoskeletal Pt Management II</td>
<td>4</td>
</tr>
<tr>
<td>PT 662</td>
<td>Differential Diagnosis in PT</td>
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<tr>
<td>PT 648</td>
<td>Health Care Delivery in PT I</td>
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<tr>
<td>PT 627</td>
<td>Physical Therapy Educator</td>
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<tr>
<td>PT 669</td>
<td>Psychosocial Issues in PT</td>
<td>1</td>
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<tr>
<td>PT 660B</td>
<td>Graduate Seminar I Research</td>
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</tr>
<tr>
<td>PT 660D</td>
<td>Graduate Seminar I Electrotherapeutics</td>
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<tr>
<td>PT 660G</td>
<td>Graduate Seminar I CSCS</td>
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<td></td>
<td><strong>Total</strong></td>
<td><strong>19</strong></td>
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#### Summer

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>PT 695A</td>
<td>Clinical Practicum/Internship I (12 wks)</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td><strong>Total</strong></td>
<td><strong>6</strong></td>
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### Third Year

#### Fall

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<tr>
<th>Course #</th>
<th>Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>PT 664</td>
<td>NeuroPediatric Pt Management</td>
<td>2</td>
</tr>
<tr>
<td>PT 668</td>
<td>Health Care Delivery in PT II</td>
<td>2</td>
</tr>
<tr>
<td>PT 663</td>
<td>Integumentary Patient Management</td>
<td>2</td>
</tr>
<tr>
<td>PT 665</td>
<td>Musculoskeletal Pt Management III</td>
<td>3</td>
</tr>
<tr>
<td>PT 660F</td>
<td>Mock Clinic Elective/Neuro</td>
<td>2</td>
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<tr>
<td>PT 660C</td>
<td>Research Elective</td>
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<tr>
<td>PT 660E</td>
<td>Elective Lab NeuroPediatric Pt Mgmt</td>
<td>2</td>
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<tr>
<td>PT 680</td>
<td>Graduate PT Seminar II</td>
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<tr>
<td>PT 690</td>
<td>Doctoral Project/culminating experience</td>
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#### Fall 3

<table>
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<th>Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>PT 664</td>
<td>NeuroPediatric Pt Management</td>
<td>2</td>
</tr>
<tr>
<td>PT 668</td>
<td>Health Care Delivery in PT II</td>
<td>2</td>
</tr>
<tr>
<td>PT 663</td>
<td>Integumentary Patient Management</td>
<td>2</td>
</tr>
<tr>
<td>PT 665</td>
<td>Musculoskeletal Pt Management III</td>
<td>3</td>
</tr>
<tr>
<td>PT 660F</td>
<td>Mock Clinic Elective/Neuro</td>
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<tr>
<td>PT 660C</td>
<td>Research Elective</td>
<td>1</td>
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<tr>
<td>PT 660E</td>
<td>Elective Lab NeuroPediatric Pt Mgmt</td>
<td>2</td>
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<tr>
<td>PT 680</td>
<td>Graduate PT Seminar II</td>
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<tr>
<td>PT 690</td>
<td>Doctoral Project/culminating experience</td>
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#### Summer

<table>
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<tr>
<th>Course #</th>
<th>Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>PT 695B</td>
<td>Clinical Practicum II/Internship (12 wks)</td>
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#### Summer 3

<table>
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<th>Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>PT 695C</td>
<td>Clinical Practicum III/Internship (12 wks)</td>
<td>6</td>
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</table>

**Total Required Program Units**: 104

**Total Units with all Electives**: 112
PT Electives at CSUS (2013-14)

* Certified Strength and Conditioning Specialist (CSCS) prep course
* Research (to join a faculty research project)
* Adult Neurologic Mock Clinic
* Neuropediatrics
* Electrotherapeutics
Jerri McAtee
Administrative Support Coordinator

* Department Office Manager
* Processing of all Admissions material
* Faculty support and travel
Karen Salatti
Administrative Support

* Front office reception
* Contact Person for admissions general questions
* Schedules individual advising appointments 916-278-6426
Ed Barakatt, PT Department Chair

* PhD - UC Davis in Epidemiology
* MA - University of Iowa in Physical Therapy
* Entry Level PT Degree from CSU Northridge
* Area of Study: Clinical Outcomes of Patients with Low Back Pain
* Teaches: Musculoskeletal evaluation and treatment and Evidence-based PT practice
* Research areas: Fall prediction, fall risk reduction for older adults, evidence-based PT in orthopedics
Bryan Coleman Salgado, PT, DPT, MS, CWS

* Co-Director of Clinical Education
* Board Certified Wound Specialist
* Researches Yoga Therapy, Stroke Rehab
* Teaches Evidence-Based PT, Foundations of Pt. Management, Wound Management
* Chair of Admissions Committee
Biomechanist
Specializes in human performance, sports medicine, therapeutic exercise, and strength & conditioning
Fellow for the American College of Sports Medicine
Certified Strength and Conditioning Specialist
Creed Larrucea, PT, DPT, ECS

- Co-Director of Clinical Education
- Board Certified in Clinical Electrophysiology
- Teaches Electromyography (EMG), Nerve Conduction Studies (NCS), Therapeutic Agents & Health Care Delivery
- Research: Electromyography (EMG) and admissions criteria
- Chair of Student Affairs
Clare Lewis, PT, PsyD, FAAOMPT, MTC

- Certified manual therapist
- Licensed clinical psychologist
- Teaches Musculoskeletal Evaluation and Treatment, Psycho-social Aspects of Disability and Physical Therapy Procedures
- Research interests: Scoliosis and the ATM2, Manual Therapy Tool
Katrin Mattern-Baxter, PT, DPT, PCS

- Assistant Professor
- Board Certified Pediatric Specialist
- Teaches neurology and pediatrics
- Research: Treadmill training in pediatrics and neurology
- Chair of Curriculum Committee
Michael McKeough, PT, EdD

* Professor of Physical Therapy
* Teaches neuroscience and adult neurological rehab
* Researches motor control and educational technology
* Member of Technology Committee of PT Now
* 30+ years as academic / clinician
Brad Stockert, PT, PhD

* Professor of Physical Therapy
* PhD: University of California, Davis
* PT degree: Stanford University
* teaching: acute care & pathology
* research: education, acute care simulations
* Committee for the Protection of Human Subjects: Vice-chair
We are in Folsom Hall
Musculoskeletal Teaching Lab
Procedures Teaching Lab
Biomechanics Lab
Neuro Teaching Lab
Research Lab
Hi-Fi Sim Lab
Come Visit Us!

Folsom Hall
7667 Folsom Blvd, Sacramento, 95826
916-278-6426
http://www.csus.edu/hhs/pt/