



# Global Mala Yoga for Peace

September 21, 2009

from 11am to 1pm

@ Sac State Library Quad (grassy area)

Program highlights include:

- Global Mala 108 Sun Salutations with various yoga teachers from the Sacramento area
- Information on local yoga studios, clubs, and general yoga information
- Kirtan concert
- Enter to win a free yoga mat!

Proceeds benefit Yoga Health Foundation's health education programs.

## Free Event – By Donation Only

Open to everyone! Help us complete our goal of 108 sun salutations (collectively, not individually).

Sponsors:

Sac State Violence and Sexual Assault Support Services Program

Sac State Yoga and Meditation Club

For more information please call or email:

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[www.globalmala.org](http://www.globalmala.org) | [www.yogamonth.org](http://www.yogamonth.org)