Mark your calendars! The CSU annual Open Enrollment period takes place **September 14, 2015 through October 9, 2015.** Open Enrollment is your annual opportunity to review and update your current benefits for the upcoming year. You can enroll, change or cancel CalPERS health, dental, vision, Flexcash, Dependent Care Reimbursement (DCRA), Health Care Reimbursement (HCRA), and/or voluntary benefits plans.

Benefits do make a difference! The health and well-being of our employees are important, and we encourage you to make sure your benefits work for you. The CSU is committed to offering benefits and plan options to cover your individual and family health needs.

**The effective date for all changes made during the Open Enrollment period will be January 1, 2016.**

Please carefully review all benefits plan options and costs before making any enrollment decisions for yourself and family members. Attached for your reference is the 2016 Health Premium Rate Chart. For comprehensive up-to-date information visit the Sac State Open Enrollment web page at [http://www.csus.edu/hr/departments/benefits/open%20enrollment.html](http://www.csus.edu/hr/departments/benefits/open%20enrollment.html). Additional information can be found online at the CSYou Open Enrollment web page at [https://csyou.calstate.edu/openenrollment](https://csyou.calstate.edu/openenrollment).

The Benefits Fair will be held on September 22, 2015 from 11:00 a.m. to 1:00 p.m. in the University Ballroom III. Representatives and carriers from the CSU benefits programs will be available to answer your questions and provide information regarding their plans for 2016.

If you have any questions about your benefit options, please contact the Benefits Office at 916-278-6213.

*Managers and supervisors are asked to please distribute this information to employees in your departments who do not have access to e-mail. Please post in a conspicuous location and provide copies in your employees’ mailboxes. For questions or comments, contact the Office of Human Resources – Benefits, Del Norte Hall, Room 3004, or call 916-278-6213 or 8-6213.*