

# Major Developmental Milestones<sup>1</sup>

Gross Motor	Mean age	Normal Range
In prone head up only	1 month	0 to 3 months
Head steady at shoulder	2 months	1 to 4 months
In prone head up to chest	2 months	1 to 4 months
In prone head up to forearms	3 months	2 to 5 months
In prone head up with extended arms	4 months	3 to 6 months
Rolling front to back	4 months	3 to 6 months
Rolling back to front	5 months	4 to 7 months
Sitting with support	5 months	4 to 7 months
Sitting independently	6 months	5 to 9 months
Creeping on tummy	7 months	5 to 10 months
Crawling hands and knees	8 months	6 to 11 months
Pulls to a stand	9 months	6 to 12 months
Cruises	11 months	9 to 14 months
Walking	12 months	9 to 17 months
Running	15 months	13 to 20 months
Jump on two feet	24 months	17 to 34 months
Kicks Ball	24 months	18 to 30 months
Climbs stairs with alternating feet	30 months	28 to 36 months
Peddles tricycle	36 months	30 to 48 months

Fine Motor/Adaptive	Mean	Normal Range
Unfisted	3 months	0 to 4 months
Bats at objects	3 months	2 to 5 months
Objects to midline	4 months	3 to 6 months
Transfers objects	5 months	4 to 7 months
Raking grasp	7 months	5 to 10 months
Finger feeds	7 months	5 to 10 months
Primitive pincer	8 months	6 to 10 months
Neat pincer	9 months	7 to 10 months
Voluntary release	12 months	10 to 15 months
Helps with dressing	12 months	10 to 16 months
Spoon feeds	15 months	12 to 18 months
Uses cup open/sippy	15 months	10 to 18 months
Imitates housework	18 months	14 to 24 months
Handedness	24 months	18 to 30 months
Helps with undressing	24 months	22 to 30 months
Undresses self	36 months	30 to 40 months
Toilet training		24 to 36 months

Social/Emotional	Mean	Normal Range
Social smile	5-6 weeks	1 to 3 months
Object permanence	9 months	6 to 12 months
Stranger anxiety	9 months	6 to 12 months
Affective sharing	10 months	9 to 18 months
Uses mother as secure base	12 months	9 to 18 months
Separation distress	12 months	9 to 24 months
Independence	18 months	12 to 36 months
Parallel play	24 months	12 to 30 months
Associative play	30 months	24 to 48 months
Cooperative play	36 months	24 to 48 months

Language	Mean	Normal Range
Cooing	3 months	1 to 4 months
Laugh	4 months	3 to 6 months
Turns to voice	4 months	3 to 6 months
Razzing	5 months	4 to 8 months
Babbling	6 months	5 to 9 months
Dada/mama non-specifically	8 months	6 to 10 months
Gesture games	9 months	7 to 12 months
Understands no,	10 months	9 to 18 months
Mama/dada specifically	10 months	9 to 14 month
One step command with a gesture	12 months	10 to 16 months
Immature jargoning	13 months	10 to 18 months
One step command w/out a gesture	15 months	12 to 20 months
Points to body parts	18 months	12 to 24 months
Mature jargoning	18 months	16 to 24 months
Puts two words together	24 months	20 to 30 months
Pronouns inappropriately	24 months	22 to 30 months
Two step command	24 months	22 to 30 months
States first name	34 months	30 to 40 months
Pronouns appropriately	36 months	30 to 42 months

<sup>1</sup> Source: Dedrick, C. (2000, November 5). Developmental milestones. Retrieved December 14, 2001, from the World Wide Web: <http://www.dbpeds.org/milestones.html>