Know the following terms and concepts:
Mood Stabilizer
Bipolar Disorder (Manic Depression) – characteristics and symptoms.
3 Diagnostic categories of bipolar disorder.
Rapid Cycling
Mixed Mania
Characteristics of the “ideal” mood stabilizer.
Lithium Salts – characteristics and mechanism of action.
Side-effects of lithium.
Elimination of lithium
Alternatives to lithium: Anticonvulsants, antidepressants, antipsychotics.
Know the characteristics of the following medications for treating bipolar disorder.
  Lithium
  Divalproex (Depakote)
  Olanzapine (Zyprexa)
  Olanzapine + Fluoxetine (Symbyax)
  Diazepam (Valium)
  Omega 3 fatty acids.
Role of psychotherapy in treatment of bipolar disorder.