

SYLLABUS
Psychology 130: Personality Theories, Section 2
California State University, Sacramento
Department of Psychology
Spring 2013

Instructor: Rebecca Cameron, Ph.D. **Office Hours:** Tues. 8:30-10 AM
Office: Amador 353C Wed. 10:30 AM-12:00 PM
Email: Cameron@csus.edu Also by appointment
Phone: 916-278-6892

Please note, we will have access to a SacCT class account for this course. Emails pertaining to the class or requesting appointments should be directed to my SacCT email address (rather than the email address listed above) in order to facilitate my ability to track and respond to these communications.

Course meeting time: **M/W 1:30-2:45 PM**
Course location: **Amador 153**

Teaching Assistant: Rebecca Goodchild (b_goodchild@hotmail.com)
T.A. Office Hours (to be held in AMD 307): Thurs. 12:00-1:00 PM and by appointment.

Description of the course: Psychology 130 will provide an overview of many of the major classic and contemporary approaches to personality theory, their limitations, and their applications. Theories will be considered with respect to content, conceptual image of the individual, and current status.

Prerequisites: Students must have successfully completed Psychology 2 (OR Psychology 1 or 5).

Required course text:

Cervone, D., & Pervin, L. A. (2013). *Personality: Theory and Research* (12th ed.). Hoboken, NJ: Wiley.

- The publisher has an e-version of the textbook if you prefer, available at: <http://www.wiley.com/WileyCDA/WileyTitle/productCd-EHEP002469.html>
- If I receive an extra copy of the textbook, I will place it on reserve at the library so that you may access it to study while you are on campus. It will be limited to on-campus, 2-hour checkout, and the librarians will notify me if a student does not respect this timeframe.
- The publisher provides a student companion website with practice quizzes: <http://bcs.wiley.com/he-bcs/Books?action=index&itemId=1118360052&bcsId=7900>
- At times, short readings may be distributed in class or via SacCT. These will be considered required reading for the exams unless specifically designated as optional.
- It is **highly recommended** that you read the assigned material **before** attending lectures on a particular topic. This will enable you to learn the material more efficiently.

Classmate's name, number, and email to contact for missed notes/study groups/etc.

Need for Accommodation: If you have a documented disability and verification from the office of Services to Students with Disabilities, and wish to discuss academic accommodations, please contact the instructor as soon as possible.

Classroom environment: Pagers and cell phones can be highly disruptive to the classroom. Please switch these devices to silent mode or off. Frequent interruptions of this kind will be addressed by the instructor. Computers are acceptable for note-taking, but not for web-surfing or other uses during class time. Distracting behavior related to computer use may result in the instructor forbidding all electronics, including computers used for note-taking during class.

Academic honesty: You are expected to be honest in your academic work. You must not plagiarize, cheat, or collude in connection with exams or assignments and must acknowledge fully all sources and all assistance received in work submitted to a faculty member for evaluation. Please refer to university policy for additional information:
<http://www.csus.edu/umannual/AcademicHonestyPolicyandProcedures.htm> . Information on how to avoid plagiarizing is available at <http://library.csus.edu/content2.asp?pageID=353> . In order to encourage academic honesty in this course, the instructor will implement certain strategies and policies surrounding examinations. Students who are honest should not be disturbed by these precautions and should know that every effort is being made to create an environment in which there exists fair and just evaluation.

COURSE REQUIREMENTS:

Attendance and promptness: You are expected to be present and on time for all class meetings. The required course readings will provide information on a range of topics, whereas the lectures and class discussions will focus on selected topics in more depth. It is your responsibility to obtain information about any announcements, class notes, and handouts from other **classmates** in the event of an absence. Many students find that regular attendance at class enables them to learn assigned material more easily and therefore enhances their performance on exams and written assignments.

Exams (100 points each, best 3 of 4 counted, for 300 total available points):

- **Number:** Four non-cumulative exams will be offered. The top three grades will be used to calculate your final grade; therefore you are free to miss any **one** of the exams, although it is recommended that you take all four exams to facilitate both your learning and your ability to earn the highest grade you can. **Do not** schedule travel plans or commit to other obligations that may conflict with the exam schedule. **Please do not request exceptions.**
- **Makeup policy:** Makeup exams will NOT be offered. If you miss an exam FOR ANY REASON, you will receive a score of zero.
- **Format:** The exams will consist of approximately 50 objective (multiple choice, true/false, matching) questions.
- **Policy on lowest exam grade:** Your lowest exam score will be dropped. Thus, if you have missed an exam for any reason, you will need to drop that exam grade.
- **Coverage:** The four non-cumulative exams may integrate concepts from prior exams, but will not comprehensively test previous topics. Each exam will cover material from the assigned readings as well as additional material presented in course lectures (including videotapes) and class discussions.
- **Lateness policy:** Students who are more than 20 minutes late to exams will not be admitted.

- **Materials needed for exams:** You will need to bring a bubble sheet (#4521) and an adequate supply of sharpened #2 pencils with you to each exam.

Evaluation:

Exam #1 (Chapters 1-3)	100
Exam #2 (Chapters 4-6)	100
Exam #3 (Chapters 7-9)	100
Exam #4 (Chapters 10, 12-15)	100
(Delete lowest exam score/missed exam)	-100
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Total points	300

The grading scale is as follows, with required percentages based on the 360 available points:

		<u>Letter grade</u>	<u>Minimum Percentage</u>		
		A	93%	A-	90%
B+	87%	B	83%	B-	80%
C+	77%	C	73%	C-	70%
D+	67%	D	63%	D-	60%
F	<60%				

Please note, the number of points you earn for the course will not be rounded (up or down), and you must earn at least the minimum required points for each grade above in order to earn it. That means you may want to “round up” the required points when considering what is required for each grade.

Letter grades are assigned for the final course grade only and are based on the total accumulated points. You can calculate an estimate of your grade by dividing points earned by points available to date at any time during the semester.

Schedule: The following is a **tentative** schedule; changes can be made at the instructor’s discretion.

MW 01/28-30	Introduction to course Chapter 1: Personality Theory: From Everyday Observations to Systematic Theories
MW 02/04-06	Chapter 2: The Scientific Study of People
MW 02/11-13	Chapter 3: A Psychodynamic Theory: Freud’s Psychoanalytic Theory of Personality
MW 02/18-20	M 02/18 EXAM 1 (Chapters 1, 2, 3) W 02/20 Chapter 4: Freud’s Psychoanalytic Theory: Applications, Related Theoretical Conceptions, and Contemporary Research
MW 02/25-27	Chapter 4 (continued) Chapter 5: A Phenomenological Theory: Carl Rogers’s Person-Centered Theory of Personality
MW 03/04-06	Chapter 6: Rogers’s Phenomenological Theory: Applications, Related Theoretical Conceptions, and Contemporary Research

MW 03/11-13	M 03/11 EXAM 2 (Chapters 4, 5, 6) W 03/13 Chapter 7: Trait Theories of Personality: Allport, Eysenck, and Cattell
MW 03/18-20	Chapter 7 (continued) Chapter 8: Trait Theory: The Five-Factor Model; Applications and Evaluation of Trait Approaches to Personality
MW 03/25-27	SPRING BREAK
MW 04/01-03	M 04/01 Cesar Chavez Holiday, campus closed W 04/03 Chapter 8 (continued)
MW 04/08-10	Chapter 9: Biological Foundations of Personality
MW 04/15-17	M 04/15 EXAM 3 (Chapters 7, 8, 9) W 04/17 Chapter 10: Behaviorism and the Learning Approaches to Personality
MW 04/22-24	Chapter 10 (continued)
MW 04/29-05/01	Chapter 12: Social-Cognitive Theory: Bandura and Mischel
MW 05/06-08	Chapter 13: Social-Cognitive Theory: Applications, Related Theoretical Conceptions, and Contemporary Research
MW 05/13-15	Chapter 14: Personality in Context: Interpersonal Relations, Culture, and Development Across The Course of Life Chapter 15: Assessing Personality Theory and Research
M 05/20 12:45-2:45 PM	EXAM 4 (CH. 10, 12, 13, 14, 15)

HAVE A GREAT SUMMER!