Public Speaking: Scary Stuff!
A Young Leaders Special Event

Featuring West Sacramento Mayor Christopher Cabaldon with John Lambeth from Downtown Resources

Thursday, February 16, 2006
5:30 pm – 7:30 pm

Program Description

Does the thought of speaking in public make you nervous? Do you find yourself with butterflies in your stomach at the thought of presenting before a public body? Do you ever wonder about the most effective way to organize your presentation? As members of the real estate and planning profession, speaking before audiences of all sizes is critical to effective implementation of projects and programs. While they may not be able to solve all of your public speaking woes, ULI Young Leaders will have the opportunity to learn from two prominent public speakers on the do’s and don’ts of speaking in public.

An experienced public speaker and member of the West Sacramento City Council for over 9 years, Mayor Christopher Cabaldon, of West Sacramento, will provide his tips on making effective presentations before public bodies. On the private side, California land use and real estate consultant John Lambeth, President of Downtown Resources, will share his experience presenting to public bodies and other audiences.

Program Location
Galleria (1st Floor)
West Sacramento Civic Center
1110 West Capitol Avenue
West Sacramento, California

Program Schedule
5:30 pm - 6:00 pm: Registration
6:00 pm - 7:30 pm: Presentation, Questions & Answers and Discussion

Check out our website, [www.sacramento.uli.org](http://www.sacramento.uli.org) for more information, and speaker biographies.

Registration
Program: $10 for ULI Members
$20 for non-members

As this is a special ULI Young Leaders Event, this event is open to those aged under 35.

Thank You To Our Program Sponsors
ULI YLG Sacramento
Program
Thursday, February 16
5:30-7:30 pm
8130-0614

Registration Type and Fees:

☐ ULI “YLG” Member
   $10.00

☐ ULI “YLG” Non-member
   $20.00

Registration Limited to 40

Registration Deadline:

Monday, February 13, 2005

After February 13 call (916) 853-7401. Email confirmations will be sent. Sorry, fax, checks and P.O.’s received after the registration deadline will not be included in meeting registry or guaranteed a prepared name badge.

Refund must be submitted in writing no later than the above registration deadline; refund requests will not be accepted after this date. Fax request to 202-624-7147

If payment has not been received prior to the registration deadline date, a credit card guarantee will be required on-site. No credit card charges will be processed if payment is received within 1 week of the meeting date.

IMPORTANT: The following information must be completed for each participant:

ULI Member ID# ____________________________

Name:________________________________________________ Informal Name for Badge: __________________________

Title:________________________________________________

Company:__________________________________________

Address:__________________________________________

City/State/Zip:____________________________________

Telephone:_________________________ Fax:_________________________

Email*:__________________________________________

(8130-0614)
Email is required in order to receive a confirmation
For multiple registration, please duplicate this form.