# G E & Graduation Requirements Worksheet

See other side for Tentative Plan Worksheet

**Date:** ____________

**Advisor Initials:**

**Major:**

<table>
<thead>
<tr>
<th>A. BASIC SUBJECTS (9 units)</th>
<th>COURSE</th>
<th>UNITS</th>
<th>WHERE TAKEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>A1 Oral Communication (3 units)</td>
<td>&quot;C-&quot;</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A2 Written Communication (3 units)</td>
<td>&quot;C-&quot;</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A3 Critical Thinking (3 units)</td>
<td>&quot;C-&quot;</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Example:** COMS 4

<table>
<thead>
<tr>
<th>B. PHYSICAL UNIVERSE &amp; ITS LIFE FORMS (12 units)</th>
<th>Lab course met: Yes [ ]</th>
</tr>
</thead>
<tbody>
<tr>
<td>B1 Physical Science (3 units)</td>
<td></td>
</tr>
<tr>
<td>B2 Life Forms (3 units)</td>
<td></td>
</tr>
<tr>
<td>B4 Quantitative Reasoning (3 units)</td>
<td>&quot;C-&quot;</td>
</tr>
<tr>
<td>B5 Additional course to total 12 units</td>
<td>(Choose from B1-B4)</td>
</tr>
</tbody>
</table>

**C. THE ARTS AND HUMANITIES (12 units)**

| C1 World Civilizations (3 units) | |
| C2 Introduction to the Arts (3 units) | |
| C3 Intro to the Humanities (3 units) | |
| C4 Additional course to total 12 units | (Choose from C1-C3) |

**D. THE INDIVIDUAL & SOCIETY (15 units)**

| D1 Foundations in Soc Sci (6 units) | D1a. 3-6 units |
| D2 Major Social Issues (3 units) | |
| D3 American Institutions (6 units) | U.S. History |

**E. UNDERSTANDING PERSONAL DEVELOPMENT (3 units)**

(Only a single one-unit KINS activity course OR a two-unit DNCE course may be applied to this area.)

**Race and Ethnicity in American Society**

**Foreign Language Proficiency**

**Second Semester Composition**

**Writing Proficiency Exam**

**Writing Intensive**

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Nine upper division units of courses approved for GE are required. Upper division courses at Sac State are numbered 100 -199. The Writing Intensive and Race & Ethnicity in American Society requirements can overlap with GE areas. In certain majors a Writing Intensive course may overlap with the major.

For help updating this worksheet visit Academic Advising in Lassen 1012

8/06
Tentative Plan for Future Semesters

Semester: ____________  Semester: _____________
1 ____________________ 1 ____________________
2 ____________________ 2 ____________________
3 ____________________ 3 ____________________
4 ____________________ 4 ____________________
5 ____________________ 5 ____________________
6 ____________________ 6 ____________________

Semester: ____________  Semester: _____________
1 ____________________ 1 ____________________
2 ____________________ 2 ____________________
3 ____________________ 3 ____________________
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Semester: ____________  Semester: _____________
1 ____________________ 1 ____________________
2 ____________________ 2 ____________________
3 ____________________ 3 ____________________
4 ____________________ 4 ____________________
5 ____________________ 5 ____________________
6 ____________________ 6 ____________________

Notes: