Introducing the Sacramento Region and Sacramento State

The Capital Region: Metropolitan, Cosmopolitan, Diverse
Sacramento is a city rich in California history, known for its fertile agricultural region and relaxed, friendly atmosphere. Its mild climate, rivers, lakes and nearby recreation areas make it popular among outdoor enthusiasts. Residents also enjoy all the benefits of an urban California lifestyle—art galleries, museums, theaters, great restaurants and shopping—yet Sacramento is one of the most affordable big cities in California.

Sacramento is the seat of government for the most populous state in the United States. It is part of a Capital Region with 2 million people in the heart of Northern California, one of the country’s most beautiful areas. Within easy driving distance are San Francisco, the Napa and Sonoma valleys, Yosemite National Park, the historic gold country, Silicon Valley and the Tahoe region’s ski slopes.

Sacramento hosts one of the area’s largest traditional jazz and music festivals in the heart of the historic “Old Town” district. The city’s popular attractions include the State Capitol, the State Railroad Museum, the California Museum, and the Crocker Art Gallery. The area is also home to a professional basketball team, the NBA’s Sacramento Kings, as well as minor league baseball’s Sacramento River Cats.

California State University, Sacramento
Sacramento State is the sixth-largest university in the 23-campus CSU system, enrolling a multicultural student body of 29,000. California is proud to be home of the world’s ninth-largest economy, and our students enjoy extensive research and internship opportunities. Quality teaching is a top priority here, and our classes are small and personalized. More than 80% of recent graduates say their professors were enthusiastic and seemed to genuinely enjoy teaching.

Preparing students for a professional career is a vital part of the education we offer. Thousands of students from all academic disciplines earn academic credit while working in internship positions, many of which are paid.

Today, our 300-acre (121-hectare) campus is sheltered by more than 3,000 trees and dotted with flower gardens. We have about 3 million square feet of building space (nearly 280,000 square meters). Miles of bicycle trails stretch along the nearby river parkway, linking the University and student housing with recreational areas such as Folsom Lake and Old Town Sacramento.

Safety
Safety is an important issue for every member of the Sacramento State international student community. The campus is nestled between family neighborhoods and the American River Parkway recreational area. On campus, safety is our highest priority. We have our own police department with dedicated officers. Many of our international students reside in close proximity to the campus and have found travel to the campus to be convenient as well as safe.

Climate
Sacramento’s climate can be described as “Mediterranean” with sunny, dry summers, little to moderate humidity, and an abundance of sunshine. Cool, rainy days are common in December, January, and February.
Choosing the right university is important. You will want to select an institution that fits your academic, professional, and personal goals. Sacramento State—through its outstanding faculty, wide range of academic programs and disciplines, and supportive campus community—allows you to accomplish your unique goals. Here are some reasons why Sacramento State is the right University for you:

Engaged Expert Faculty
Faculty members are internationally known researchers and scholars. More than 80 percent of our full-time faculty members hold a Ph.D. This means that you will learn from professors who are prominent in their fields—people who are creating new knowledge in engineering, science, business, arts, education, health care, technology, social science, humanities, and liberal arts.

Teaching: A Faculty Priority
Although our professors are noted researchers, scholars, authors and sought-after consultants to business and government, their principal mission is to teach. More than 80 percent of recent graduates say their professors were enthusiastic and genuinely enjoyed teaching. Most classes are taught by professors, not teaching assistants or graduate students, so you will be learning from experts in their fields. The average faculty to student ratio is 1 to 24. More than 70 percent of classes have fewer than 30 students.

Personal Attention and Academic Advising
During your academic career, you will work with a faculty advisor who will help you select courses to meet your individual academic and career goals. In addition, staff from other University offices will assist you throughout your studies, including the Academic Advising Center’s First Year Experience program, the Office of Global Education, the Peer Academic Resource Center, the Career Center and many others. As a campus community we are here to provide the support you will need to comfortably adjust and be a successful, productive student!

Accreditation and Professional Recognition
Sacramento State is fully accredited at the undergraduate and graduate levels by the Western Association of Schools and Colleges (WASC) and for teacher education by the California Commission on Teacher Credentialing. In addition, individual academic programs receive discipline-specific accreditations. For example, the MBA program is accredited by AACSB, and the Computer Science and Engineering programs are accredited by ABET.

Cutting-Edge Connections
Sacramento State has some of the most sophisticated smart-classroom facilities and computer labs in the U.S. Students can access the latest computers, software, interactive media, and global video conferencing facilities. This technology is integrated throughout the curriculum—all students, regardless of major, are on the cutting edge of advanced technology. All students have access to a personalized e-mail account and the internet campus-wide via the university’s secure high-speed Wi-Fi network.

Degree Choices
Sacramento State offers a wide variety of outstanding degree programs. There are 58 undergraduate and 41 graduate degree programs to choose from. In addition, a “special major” option allows you to design your own academic program according to your individual goals.

The College of Arts & Letters (www.al.csus.edu) programs include:
- Art
- Communication Studies
- English
- Film Studies
- Foreign Languages
- History
- Humanities and Religious Studies
- Liberal Arts
- Music
- Philosophy
- Theatre and Dance

The College of Business Administration (www.cba.csus.edu) offers students a choice of concentration in one or more of the following areas of study:
- Accountancy
- Entrepreneurship
- Finance
- General Management
- Management of Human Resources/ Organizational Behavior
- International Business
- Management Information Systems
- Marketing
- Operations Management
- MBA

The College of Education (www.ed.csus.edu) offers programs in:
- American Sign Language/Deaf Studies
- Child Development
- Vocational Education
- Counselor Education
- Teacher Education
- Educational Leadership and Policy Studies

The College of Engineering and Computer Science (www.eecs.csus.edu) offers programs in:
- Civil Engineering
- Computer Engineering
- Computer Science
- Construction Management
- Electrical and Electronic Engineering
- Mechanical Engineering
- Software Engineering

The College of Health and Human Services (www.hhs.csus.edu) offers programs in:
- Criminal Justice
- Kinesiology
- Physical Therapy
- Recreation, Parks and Tourism Administration
- Social Work
- Speech Pathology and Audiology

The College of Natural Sciences and Mathematics (www.csus.edu/nsm) offers programs in:
- Biological Sciences
- Chemistry
- Geography
- Geology
- Mathematics and Statistics
- Physics and Astronomy
- Stem Cell Research

The College of Social Sciences and Interdisciplinary Studies (www.csus.edu/ssis) offers programs in:
- Anthropology
- Asian Studies
- Economics
- Environmental Studies
- Ethnic Studies
- Family and Consumer Sciences
- Gerontology
- Government
- Liberal Studies
- Psychology
- Public Policy and Administration
- Social Science
- Sociology
- Women’s Studies

For a current list of majors and graduate programs visit: www.csus.edu/oge

Graduate Studies
Sacramento State offers Master of Arts and Master of Science degrees in many academic fields, including Engineering, Business Administration, Computer Science, as well as Arts and Sciences. The M.A., M.S., and Ph.D. degrees offer you a sophisticated detailed review of the disciplines, while allowing for specialized study through focused coursework and a thesis or project.

Graduate international students are a vital part of our university community and are valued for their contribution to the campus intellectual life.

Please note that some degree programs restrict enrollment to California Residents only.
STUDENT Life

Sacramento State students lead active lives outside the classroom.

There are numerous activities centered on campus and many cultural and entertainment opportunities in the greater Sacramento community.

Student Organizations: More than 8,000 students join one of the 300 student clubs and organizations, which include a significant number of cultural and professional clubs.

Sporting Activities for ALL: Sacramento, the city of trees and rivers, is the perfect place for various forms of outdoor recreation. Thousands participate in our extensive intramural sports program. Boating and other water sports are offered at the Aquatic Center located near the campus at Lake Natoma. In addition, Peak Adventures and the outdoor recreation program organize trips to various areas in Northern California and the Western region of the U.S. These include mountain and road bicycling, mountain climbing, skiing, rafting, hiking and many other activities for both beginning and advanced levels.

“Lifetime Wellness through Collaboration, Education and Innovation”: Conveniently located under one roof on the Sacramento State campus is the Health and Recreation Wellness Center (The WELL). The WELL is committed to offering you services like dietary analysis, healthy cooking classes, personal training, indoor rock climbing and bouldering, 13,860 ft2 (1,287 m2) of cardio and weight space, a three-lane indoor track, a four-court basketball complex, a multi-purpose activity court, racquetball and squash courts, and three fitness studios for aerobic and dance classes. Additionally, The WELL is home to the Student Health Center where you will have access to our very own Urgent Care Center, personal counseling services, a full service Optometry office, and a pharmacy. Membership is automatically included as a part of your tuition and fees.

Intercollegiate Athletics: A variety of intercollegiate sports are available for both men and women. Sacramento State competes in the National Collegiate Athletic Association (NCAA) Division I. As a student you may attend all Division I home athletic events for free.

Arts and Culture: If you are interested in the arts, there are numerous theater and music presentations on campus. Our four art galleries host shows by students, faculty, and visiting artists. Students can generally attend these events for free or at a discount. The annual arts programs include the nationally acclaimed Festival of New American Music in the fall and the Festival of the Arts in the spring. UNIQUE is a student organization that presents speeches, debates, comedy shows and concerts. The Multi-Cultural Center also offers special presentations and discussions.

On-Campus Housing and Residential Life

The Residence Halls at Sacramento State are your home away from home. Students of diverse interests and backgrounds enjoy a real sense of community and camaraderie when they live and learn on campus. Live-in professionals and trained resident advisors staff the Residence Halls to ensure you have an environment to grow, be successful, and have an enjoyable university experience. Living on-campus is a great way to make friends and meet a variety of new people.

Key Features of the Residence Halls include:
• Fully furnished, air-conditioned rooms
• Telephone and high-speed internet service available in each room
• Single- and double-occupancy rooms
• Swimming pool, tennis and basketball courts
• Lounges, kitchenettes, laundry rooms, study rooms
• Accessibility for students with disabilities
• Easy access to Dining Commons
• On-site staff and advisors

The American River Courtyard is the newest on-campus residence facility that many international students call home. The apartment-style setting has a capacity for over 600 student residents, and the suites are completely furnished with individual rooms, a shared common living area, two full bathrooms, and a kitchenette.

Key features of the American River Courtyard include:
• Fully furnished, air-conditioned rooms
• One, two, four, or five student suite occupancy options
• Living and dining room areas
• Accessibility for students with disabilities
• Kitchenette with full size refrigerator and microwave
• Smoke-free environment
• Beautiful interior courtyard
• Satellite TV service
• Environmentally sensitive construction standards
• Social and educational programs
• The Courtyard Market serves snacks and specialty items
• Lounges, kitchenettes, laundry rooms, study rooms
• On-site staff and advisors

For additional information, please access the University Housing web page at: www.csus.edu/housing.

Off-Campus Housing Options

If you wish to live off-campus, there are a number of modern, safe apartment complexes conveniently located near the campus. You have the option to live off-campus and many take advantage of this opportunity. Our married students in particular are pleased with the selection of suitable housing choices.

One of these off-campus options is the Upper Eastside Lofts (UEL) where international students live within walking distance of the University in a private townhome loft environment. For more information about UEL please visit their website: www.uelsacramento.com.

Transportation

We make transportation from the campus to other locations in the greater Sacramento area easy and free for you. University shuttle service to nearby residential areas and the Sacramento Regional Transit bus and light rail service provide reliable transportation. A major transfer bus stop is conveniently located on the Sacramento State campus. Bicycling is another popular and convenient mode of transportation option available to you.

Banking and Shopping

The campus is located near several major banks that cater to a majority of our international students. Opening a personal checking account is fast and easy. Transferring funds from overseas, currency conversions, leasing safety deposit boxes, and opening a savings account are simple tasks for these full services banks.

Sacramento State is located near several major shopping centers and malls (all of which are easily accessible by bus service). You will find it simple to purchase all that you need for daily living.
Office of Global Education
The Office of Global Education will be your first point of contact at California State University, Sacramento. Our expert staff assists and provides many services to international students and scholars. These services include admission and foreign document evaluation, orientation and adjustment to campus and community, immigration advising and support, and personal counseling among others.

International Student Admissions
Our professional international admissions staff will assist you in all aspects of applying for admission to the Sacramento State degree program of your choice. We are looking forward to working with you to make certain that your application is complete and submitted in a timely fashion.

International Student Advising and Support
The experienced international advising staff will assist you during your transition to American higher education and life in Sacramento. Upon your admission to the University, our international student advising staff will send pre-arrival materials in order to familiarize you with the campus. Each semester, our orientation program is designed to welcome you to the University and the Sacramento community. During orientation, students receive important information concerning registration, academic planning, immigration issues, housing, health insurance, banking, and many other topics. This is also a great time for you to meet other international students, University faculty and staff. Throughout your studies at Sacramento State, the Office of Global Education’s international student advising staff will continue to support you in many ways to ensure that you have a successful experience.

Non-Degree Option
If you are enrolled at a university outside the United States and you wish to attend Sacramento State for one or two semesters as a non-degree candidate, please contact the Office of Global Education directly for details.

Office of Global Education Contact Information
Staff can be reached by mail, e-mail, telephone, fax, or in person here:
California State University, Sacramento
Office of Global Education
Lassen Hall, Room 2304
6000 J Street
Sacramento, CA 95819-6012
www.csus.edu/oge

For Admissions Questions:
Tel: (916) 278-6686
Fax: (916) 278-7471
Email: intlinfo@csus.edu

For Advising Questions:
Tel: (916) 278-6686
Fax: (916) 278-7471
Email: intlprg@csus.edu

How to Apply
For information about application deadlines and the online international student application for fall and spring semesters, we invite you to visit our International Admissions web page (www.csus.edu/oge) or contact the International Admissions office.

International Students at Sacramento State
Whether you are just beginning your college studies, transferring from another college or university, or seeking an excellent graduate program, you will meet people just like yourself from many cultures and backgrounds studying at Sacramento State. Our student population is very diverse and comes from more than 120 countries around the globe. This diversity creates a stimulating environment for living and learning.
Preparation for a professional career is a priority at Sacramento State. Sacramento’s location in California, the ninth-largest economy in the world, and its important role as the state’s capital provide a wealth of opportunities when you begin your search for practical work experiences.

Many Sacramento State students have one or more practical experiences to include on their resumes by the time they graduate with their degree. Availability of academic internships allows you to seek a broad range of real-world work experiences with large international corporations, private companies, and California government agencies.

Preparing you for a professional career is a priority at Sacramento State. Sacramento’s location in California, the ninth-largest economy in the world, and its important role as the state’s capital provide a wealth of opportunities when you begin your search for practical work experiences.

Our University Career Center offers you access to job databases, assists students in preparing for successful employment searches, and sponsors on-campus recruiting programs used by hundreds of employers.

English Language Institute
Sacramento State offers you an intensive English language curriculum through the English Language Institute (ELI). ELI employs qualified and caring teaching professionals who train students in all areas of listening, speaking, reading, writing, grammar, vocabulary, and pronunciation. Classes range from very basic to advanced levels of English. All are designed to prepare you to enter U.S. colleges and universities.

For additional information, please access the ELI web page at: www.cce.csus.edu/eli

Contact Information:
Telephone: (916) 278-4433, ext. 2
E-mail: eli@csus.edu

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Thank you for taking the time to review this brochure describing a few of California State University, Sacramento’s many attributes. We look forward to hearing from you and working with you. Please feel free to contact us.

IMPORTANT SACRAMENTO STATE WEB PAGES
Sacramento State: www.csus.edu
Office of Global Education: www.csus.edu/oge
English Language Institute: www.cce.csus.edu/eli
Sacramento State Housing Office: www.csus.edu/housing
University Catalog: www.csus.edu/catalog