

COMMUNITY SERVICE EVENTS (MINIMUM OF 5 (FIVE) HOURS REQUIRED)

Community service is a great opportunity to give back to your local area. The Beta Phi Chapter requires each member and candidate to donate at least 5 hours of community service. **Only** events sponsored by Beta Alpha Psi, which are listed below or on SacCT, will count towards your 5 required hours. However you are encouraged to give additional hours to any (BAP or non-BAP) community service event. An award for the candidate who gives the most hours is presented at the Awards Banquet. Additional hours may be performed at any venue.

Important: The deadline to sign up for a community service activity is **7 days** prior to the event. The deadline to complete community service requirements and to submit your community service form to Meaghann McGovern, Community Service Director, is Saturday, April 18th (**no exceptions**). Please make sure that the event coordinator signs your community service form for verification (*forms may be found on the BAP website under the Community Service webpage*). If you have any questions or concerns, please contact Meaghann McGovern: community.service@bapsacramento.org

1. California State Military Museum – Learn about our California military history while helping keep history alive! The museum needs volunteers to help in the library. Activities include library book processing, cataloging input, and perhaps oral history transcription. This event does not require you to sign up with SacCT; simply contact the museum.

Date & Time: Every Tuesday, Thursday, and Sunday, from 10 am – 4 pm

Location: 1119 2nd Street, Sacramento, CA 95814

Number of People: Maximum of 5 people per day

Dress: Casual

Contact: Bill Davies

Work Phone: 916-442-2883 (Tuesdays, Thursdays, Sundays)

Home Phone: 916-392-4013 (Mondays, Wednesdays, Fridays, and Saturdays)

2. American Cancer Society - Daffodils are the first flowers of spring. This beautiful yellow bloom has come to symbolize hope, renewed life and a cancer-free world for cancer patients and their loved ones for. Daffodil Days is an opportunity to support finding a cure for cancer and save lives.

Date & Time:

Admin Support: 2/12-3/20, Monday through Friday, 9 am-5 pm

Prepare Mailings and Patient Packets: Week of 2/2, 9 am-5 pm

Bank Night: 2/26, 4-8 pm

Data Entry: 2/27 and 3/2, 10 am-4 pm

Assemble Daffodil Orders: 3/13 and 14, 8:30 am-2 pm

Contact: Deryl Wallace

Telephone: (916) 446-7933

Email: deryl.wallace@cancer.org

3. CSUS Proctor – Community Service hours are given for proctoring exams for professors throughout the semester. The number of hours received vary, but usually are 2 to 3 hours. Proctors verify the identity of students taking the exam, read or post the exam instructions, distribute and collect scantron forms, monitor students as they take the exam, and occasionally run the scantrons for grading.

Date & Time: Please see SacCT for details on signing up and available times

Contact: Meaghann McGovern, Community Service Director

Email: community.service@bapsacramento.org

4. Community College Outreach – Give a presentation to a classroom of students about transferring to CSUS and joining Beta Alpha Psi. Two hours of credit is given for each presentation, which may be approximately 15 minutes. This is a great opportunity to do a few brief classroom presentations and get your five-hour community service requirement completed. The classroom presentations are available during the day or in the evening for flexible scheduling. Different classroom locations are available to accommodate people from outer areas. Enjoy a fun and exciting way to give back to the community.

Date & Time: Please see SacCT for details on signing up and available class times

Contact: Juan Garcia, Community College Outreach Director

Telephone: (510) 206-8301

Email: cc.outreach@bapsacramento.org

5. Big Brothers, Big Sisters - Help children reach their potential through professionally supported one-to-one relationships with proven results. You will be given the chance to do any number of personal and rewarding tasks with your little brother or sister. Teach them to play catch, take them shopping or to a movie, the opportunities are endless. This event does not require you to sign up on SacCT; simply contact Nikki at the number below.

Person-by-Person Basis – Requires four references, person-to-person interview, background check, driver’s license, up-to-date insurance.

Date & Time: Any day(s) March 1 – April 18, variable time

Location: 1540 River Park Drive, Suite 214, Sacramento, CA 95815

Number of People: Unlimited

Contact: Nikki

Work Phone: (916) 646-9300

6. Sacramento Historic City Cemetery and Museum – Do you enjoy gardening? Tasks include weeding, pruning, and general clean-up.

Date & Time: Before April 18, 7 am – 4:30 pm

Location: On Broadway at 10th Street, between Muir Way & Riverside Boulevard in Sacramento. Park across the street and enter at the main gate on 10th Street and Broadway.

Number of People: Maximum of 10 per day.

Dress: Please wear a long sleeve shirt, pants, closed-toe shoes and bring work gloves if you have them.

Contact: Sharon

Phone: (916) 455-8166

7. Data Entry/Office Work with Sacramento Volunteer Organizations – Even not-for-profits have red tape. Help keep the ball rolling during the week by giving your time and energy to those who can always use the extra help.

Date & Time: Before April 18, weekdays during regular business hours

Number of People: Maximum of 2 per day

Dress: Casual

Contact: Randi Kay

Phone: (916) 808-7001

8. Dr. Seuss's Birthday Celebration – It's Dr. Seuss's Birthday! A literacy event at Fairytale Town with activities including reading to children. Also, some clean-up and child supervision work will be available. Make sure you fill out the Volunteer Application form, available on SacCT.

Date & Time: Monday, March 2, at 10:30 am – 2:30 pm

Location: Fairytale Town, Sacramento. 3901 Land Park Drive, Sacramento, CA 95822

Number of People: Minimum of 10, Maximum of 15

Dress: Casual

Email: volunteers@fairytaletown.org

9. Washington Neighborhood Center – Come join us in a giant group paint project! Also, light yard work and litter pick-up is available. And for those who don't like yard work, organization of the art supplies and furniture!

Additionally, you may come any time throughout the semester in the early evenings to paint pictures with the kids.

Date & Time: March 7- group paint project; any time you choose- painting with kids

Number of People: Minimum of 10 people for the group paint project

Location: 400 16th Street (16th and D St.) in Downtown Sacramento (Corner Building)

Contact: Meaghann McGovern, Community Service Director

Email: community.service@bapsacramento.org

10. Habitat for Humanity - Their mission is to build homes for low income families. At any given time, a house is in a stage of construction. You will be given some type of construction assignment. Come ready to help with the tasks needed to help a low income family have a home! You will be given a lunch break to get something or eat what you've

brought. Take a look at their website at www.habitat.org for more information on their mission.

Date & Time: Wednesday, March 25 and Friday, March 27, 7:30 am – 3:30 pm

Location: TBA

Number of People: As many as possible

Dress: Please wear socks, closed-toe shoes, appropriate clothing, & gloves if you have them.

Contact: Jeannie Barry-Sanders

Email: jbsanders@shfh.org

Phone: (916) 440-1215, Ext.1102

12. Carnival at the Ronald Mc Donald House – The Sacramento Ronald McDonald House offers family members of seriously ill and injured children a refuge from the hospital room. This is a Second Saturday clean-up event, so come prepared to clean and help supervise kids.

Date & Time: Saturday, March 14, 5 pm – 8:30 pm

Location: 2555 49th Street, Sacramento, CA 95817

Number of People: 8-10

Dress: Casual

Contact: Lois Polaschek

Email: polaschek@hotmail.com

Phone: (916) 734-4230

13. The Treehouse Learning Center – Come join the fun at this annual children's golf tournament and help the next Tiger Woods! Volunteers will supervise kids, and help with some organization of the event.

Date & Time: Friday, April 17, starts at 7:30 am, but be prepared to stay at least 5 hours

Location: TBA

Dress: Golf Attire - Khakis (Shorts or Pants), Polo Shirt

Contact: Renee Lewkowitz

Email: the_treehouse_kids@yahoo.com

14. 14 Mile Clean-Up – Help preserve and beautify all 14 miles of Sacramento Northern Bike Trail in one morning. Volunteers will help remove litter and invasive plants, prune shrubs, and weed or mulch garden beds. Volunteers need their own transportation between the park and assigned section of bike trail, and volunteers under age 18 must bring along the Short-Term Volunteer Information and Agreement signed by a parent/guardian. Volunteers under age 14 must be accompanied by a parent/guardian or other adult supervisor.

This is the last Community Service opportunity for the semester! Everyone is invited to this event! Don't forget to bring your community service form; please submit it to Meaghann McGovern, Community Service Director, at the event!

Date & Time: Saturday, April 18, 7 am to Noon

Location: Begins at Robla Park, 625 Bell Avenue (Bell Avenue and Taylor Street), Sacramento, CA 95838

Number of People: Unlimited!

Dress: Casual, for labor

Contact: Julie Mier

Email: jmier@cityofsacramento.org

Phone: (916) 808-2285

Additional events may be added to this list. Please check SacCT for current information and sign-up instructions.

If you have any questions regarding any Community Service Events please contact:

Meaghann McGovern, Director of Community Service

(661) 860-4848

community.service@bapsacramento.org