PREPARATION FOR PODIATRIC MEDICINE (Tentative time-line)

- Choose a major you enjoy
- Visit the CSUS pre-health Home Page: www.csus.edu/prehealth/index.html
- Visit the Career Center, Lasse Hall 1013, during drop-in hours, M-F, 10 am – 4 pm, for information on identifying career options, writing resumes and cover letters; locating part-time, full-time, internships, and volunteer positions; writing personal statements for graduate and professional schools; and practicing your interviewing techniques.
- Complete the pre-requisite courses for Podiatric Medicine
  o it is important to check with each school – the suggested required courses on the following page is what MOST podiatric schools require. Some schools may have additional requirements.
    ▪ Detailed information about specific podiatric schools and their prerequisites can be found at the web site of the American Association of Colleges of Podiatric Medicine (AACPOM): www.aacpm.org
- Sign up for extracurricular activities such as internships, volunteer work and research opportunities; clinical experience/shadowing with a podiatric physician is required by most schools.
- Join campus clubs and organizations such as AMSA ARC Pre-Medical Student Chapter (http://sacstate.orgsync.com/org/csusamsa), and get involved in the community:
- Begin working on your personal statement (essay) – Visit www.csus.edu/prehealth/personalstatement.html and the Career Center to get started.
- Study for and take the Medical College Admission Test (MCAT) during the spring of the year you plan to apply (summer at the latest)
  o Some schools may consider the US DAT or GRE instead of the MCAT
  o MCAT information site: www.aamc.org/students/applying/mcat
    ▪ The 2015 MCAT will require students to have taken courses in Biochemistry, Psychology, Sociology and Stats, in addition to general biology, chemistry, organic chemistry and physics.
  o Practice MCAT exams are available through the Association of American Medical Colleges at: www.aamc.org
- Select schools
- Select faculty members that will write your letters of recommendation
  o One letter must be from a practicing doctor of podiatric medicine
  o Letters should be sent directly to the individual colleges.
    ▪ Check to see which schools accept letters via InterFolio (www.interfolio.com/) , VirtualEvals (www.virtualevals.org/receivers/), or both
- The American Association of Colleges of Podiatric Medicine Application Service (AACPMA): www.aacpmas.org, is a centralized application processing service. The applications will be processed starting the first Wednesday in August, with deadlines ranging from April 1 (priority consideration) to June 30. Students are encouraged to apply early.
  o A list of schools participating in this application service can be found at: www.aacpmas.org
  o Have a copy of your unofficial transcripts when completing the application
- No supplemental application forms or fees are required.
- Arrange to have official transcripts sent to AACPMA.
- Interviews

GPA Profile of Admitted Students; 2014 Entering Class:

<table>
<thead>
<tr>
<th>GPA</th>
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<tbody>
<tr>
<td>Mean Undergraduate</td>
<td>3.3</td>
</tr>
<tr>
<td>Mean Science</td>
<td>3.2</td>
</tr>
<tr>
<td>Mean Non-Science</td>
<td>3.5</td>
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</tbody>
</table>
Required Courses for MOST Podiatric Medical Schools

BIO 1: Biodiversity, Evolution & Ecology
BIO 2: Cells, Molecules & Genes
CHEM 1A: General Chemistry
CHEM 1B: General Chemistry
CHEM 24: Organic chemistry I
CHEM 124: Organic Chemistry II
CHEM 25: Organic Chemistry Lab
PHYS 5A: General Physics I
PHYS 5B: General Physics II
ENG 5: College composition
ENG 20: College Composition

Highly Recommended Upper Division Electives:

BIO 131: Systemic Physiology
Bio 139: General Microbiology
Bio 22: Human Anatomy
Bio 130: Histology
BIO 195: Internships

Recommended General Education Courses (courses in bold are REQUIRED by most schools):

AREA A
A1: COMS 4 or COMS 5: Introduction to public speaking
A2: ENG 5: College Composition
A3: PHIL 4: Critical Thinking

AREA B  Met by science prerequisites

AREA C
C1: ANY
C2: PHIL 2: Ethics

AREA D
PSYCH 2: Introduction to Psychology
SOC 1: Introduction to Sociology
ANTH 101: Cultural Diversity
ETHN 100: Ethnic America (writing intensive course)
PHIL 101: Ethics & Social Issues (writing intensive course)
PHIL 104: Bioethics
SOC 120: Ethnic and Race Relations
SWRK 151: Health Services and Systems
GOV 1 or GOV 150 &
HIST 17A or 17 B

AREA E
HLSC 124: Consumer Health Education
HLSC 134: Understanding Human Sexuality
NURS 160: Human Sexuality
PHIL 100: Ethics and Personal Values
PSYCH 151: Psychological Aspects of Death/ Dying

Natural Sciences Advising Center- Doctor of Podiatric Medicine (DPM)- Updated August 2015