Sacramento State peer health educator Selenne Alatorre is one of two students to win a CSU-wide Student Leadership Award at the Alcohol, Tobacco and Other Drug Educational Conference held in April at CSU Channel Islands.

The junior began her involvement with student and community wellness enhancement as a freshman in 2011 by volunteering to be a member of the University’s Student Health Advisory Council. The next year, she enrolled as a peer health educator in the University’s Alcohol and Violence (AOV) program and later was hired as a student manager for Health and Wellness Promotion Services.

“A shining example of Selenne’s leadership skills is our ability to trust her with the most important aspects of our AOV program,” says Sac State Health Educator Amelia Lawless. “Due to her exemplary maturity and leadership skills, we hired her to teach the Substance Seminar classes on campus, which teach students who have alcohol or drug infractions how to make better choices.”

In addition to her campus work, Alatorre has volunteered in the community. She tutors at Bannon Creek Elementary School, and she previously worked two hours a week at a local soup kitchen and tutored at Will C. Wood Middle School.

She plans to graduate in fall 2015, pursue a master’s degree and eventually work as a children’s speech therapist in a school setting.

Alatorre is honored to be recognized with the peer health educator award, and credits the tremendous support she receives from the Health and Wellness Promotion program and all the others dedicated to student wellness. “Having such a committed group of health educators supporting me along the way makes my job so much more rewarding,” she says. “I’m lucky to work with such a supportive group.”

The other winner was Nicholas Bell, a senior at San Jose State.

For more information on Sacramento State’s Health and Wellness Promotion program, visit https://shcssacstate.org/. For media assistance, call Sacramento State’s Public Affairs office at (916) 278-6156.