Frequently Asked Questions

WHAT ARE SPORT CLUBS?
A sport club at Sacramento State is a recognized student-run organization, formed and led by individuals with a common interest in a sport activity. Sport clubs compete in collegiate conferences against other universities throughout the region and nation. Sacramento State students have the opportunity to enhance their college experience by participating in any of the 18 sport clubs.

HOW DO I JOIN A SPORT CLUB?
Interested students should contact individual team representatives for specific information on each club. Club contact information is located on individual club websites, which can be found on the Sport Club home page.

WHAT IS THE DIFFERENCE BETWEEN SPORT CLUBS AND THE NCAA SPORT TEAMS?
Sport clubs are student-run organizations. The students pay most of their fees and travel expenses. They hire their own coaches and fundraise to support their team. Sport clubs compete at the collegiate level against club teams at other universities, community club teams, and occasionally NCAA varsity teams. NCAA varsity teams are housed in the Athletics Department at Sac State.

WHAT IS THE DIFFERENCE BETWEEN SPORT CLUBS AND INTRAMURAL?
Sport clubs are student-run organizations. Club officers and club members manage team practices, meetings, and competitions. Sport clubs practice multiple times per week and travel to compete against other universities. Intramurals are run by The Well at Sacramento State and consist of Sacramento State students who compete against each other in organized leagues and tournaments on more of a recreational level.

DO SPORT CLUBS HOLD TRYOUTS?
Many of the sport clubs have tryouts before setting their competitive roster for the season. Tryouts are open to any Sacramento State student, regardless of their experience. To find out which clubs have tryouts, please contact the Sport Club Office.

DOES SPORT CLUBS CHARGE MEMBERSHIP DUES?
All of the sport clubs charge membership dues for all participants. Amounts vary from team to team and each team can have varying membership costs each year. For specific membership dues for individual teams, contact the team you are interested in joining.

WHERE IS THE SPORT CLUB OFFICE LOCATED?
The Sport Club Office is located on the third floor of The University Union in the Student Organizations & Leadership Office.