

Example of study completed with brief survey handed out on campus – minimal risk.

### **Request for Review by the CSUS Committee for the Protection of Human Subjects**

(Submit 11 copies of this form and any attachments to the Office of Research and Sponsored Projects, Modoc Hall, Room 2007, Mail Stop 6111. Please **type** your responses or use a word processor.)

Project Title: Alcohol Consumption Among College Students

1. Who will participate in this research as subjects (e.g., how many people, from what source, using what criteria for inclusion or exclusion)? How will their participation be recruited (e.g., what inducements, if any, will be offered)?

I will randomly select 20 locations on campus at several time periods between classes. My goal is to contact approximately 5 students at each of these sites, for a total of approximately 100 participants. I will randomly ask students to participate as they pass.

2. How will informed consent be obtained from the subjects? Attach a copy of the consent form you will use. If a signed written consent will not be obtained, explain what you will do instead and why. (See Appendix B for examples of consent forms and a list of consent form requirements. Also see *Informed Consent* earlier in this manual.

The subject will be informed as they are asked to fill out the survey that it is anonymous. A written explanation of the study appears at the top of the survey. No names will appear on the survey. The respondent's completion of the survey will be considered consent to participate. (see attached survey).

3. How will the subjects' rights to privacy and safety be protected? (See *Level of Risk* earlier in this manual.)

The subjects right to privacy will be protected because no names or identification numbers will be used.

4. Summarize the study's purpose, design, and procedures. (Do not attach lengthy grant proposals, etc.)

The purpose of this study is to examine the correlations between alcohol consumption and several other variables, including family history, participation in sports, academic achievement, social activities on campus, and religion.

5. Describe the content of any tests, questionnaires, interviews, etc. in the research. Attach copies of the questions. What risk of discomfort or harm, if any, is involved in their use?

There are no tests, interviews, etc. in the study. There will be a one time, self-administered questionnaire (attached). The risk of psychological discomfort involved with the majority of the questions should be low, however to the extent that we will be asking about alcohol consumption, there is always a chance that discussing such issues may cause some level of discomfort. To the extent that these questions may bring to mind past negative experiences or cause stress due to the personal nature of drinking behavior, this particular line of questioning has some risk of causing psychological discomfort, however the probability of discomfort is quite low.

6. Describe any physical procedures in the research. What risk of discomfort or harm, if any, is involved in their use?

N/A

7. Describe any equipment or instruments and any drugs or pharmaceuticals that will be used in the research. What risk of discomfort or harm, if any, is involved in their use?

No drugs, equipment, or instruments of any kind are used in the study.

8. Taking all aspects of this research into consideration, do you consider the study to be “exempt”, “no risk”, “minimal risk”, or “at risk”? Explain why. (See *Level of Risk* earlier in this manual.)

The level of risk for this study could be best described as “minimal”. As described above (see #5) we do note a low risk of psychological discomfort with some of the questions, however the probability of harm or discomfort should be no greater than during any type of psychological examination that asks the participants to reflect on their behavior.

\_\_\_\_\_  
Signature of Researcher

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Faculty Sponsor  
(for student research)

\_\_\_\_\_  
Date