

# “Help without Hassles”

## An Overview of Services provided by the Sacramento Veterans Center



**Date: September 10**

**Time: 1-2pm**

University Union

California Suite, 3rd fl.

Workshop covering a variety of topics including issues of PTSD, Sexual Trauma, Bereavement, and a variety of other readjustment services offered by the Sacramento Veterans Center.

**For more Information contact the  
Veterans Service Center at 916-278-6733**