# Program Proposal

**Form B**

<table>
<thead>
<tr>
<th>Academic Group (College): Education</th>
<th>Date of Submission to College Dean: 2/20/16</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Academic Organization (Department): Graduate and Professional Studies in Education</strong></td>
<td><strong>Requested Effective: Fall X, Spring __, 2016</strong></td>
</tr>
<tr>
<td><strong>Department Chair:</strong> Sue Heredia</td>
<td><strong>Contact if not Department Chair:</strong> Elisabeth Liles</td>
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</tbody>
</table>

**Title of the Program (Please be specific: indicate minor, undergraduate or graduate degree, etc.):** M.S. in Counseling, Marriage, Family, and Child Counseling Specialization

**Type of Program Proposal:**

- [x] Modification in Existing Program:
  - [x] Substantive Change
  - [ ] Non-Substantive Change
  - [ ] Deletion of Existing Program

- [ ] New Programs
  - [ ] Initiation (Projection) of New Program on to Master Plan
  - [ ] New Degree Programs
    - [ ] Regular Process
    - [ ] Fast Track Process
    - [ ] Pilot Process
  - [ ] New Minor, Concentration, Option, Specialization, Emphasis
  - [ ] New Certificate Program

**PLEASE NOTE:** Form B is to be used only as a Cover Form. Additional information is requested for each of the above as noted in the corresponding procedure in the Policies and Procedures for Initiation, Modification, Review and Approval of Courses and Academic Programs found at [http://www.csus.edu/umanual/acad.htm](http://www.csus.edu/umanual/acad.htm)
Briefly describe the program proposal (new or change) and provide a justification.

This form is proposing two changes for the M.S. in Counseling, Marriage, Family, and Child Counseling Specialization.

1. The M.S. in Counseling, Marriage, Family, and Child Counseling Specialization program proposes to eliminate the three pre/co-requisite courses currently required for admission (EDUC 155, EDUC 156, and EDUC 157).

   Justification: the MS in Counseling, Marriage, Family, and Child Counseling Specialization, follows a cohort structure in which students enroll in a specific sequence of courses, according to the semester in which they began their studies. As some students have completed the pre/co-requisite courses prior to admission to the program, they began “off cohort.” This creates a problem with implementing the cohort structure. Additionally, students who do not complete the pre/co-requisite courses prior to admission must complete them during their first semester in the program. Thus, their program becomes a 69 unit degree, as opposed to the intended 60 unit degree. Program faculty has reviewed the 60 unit curriculum to ensure that the material presented in the pre/co-requisite courses is infused throughout the degree. Therefore, students will still learn the material from these courses, but in a more integrated fashion. Applicants to the MS programs will continue to be evaluated on their overall experience and education in counseling and related fields.

   Child Development and the Undergraduate Branch of Education have been consulted regarding the elimination of this requirement for the M.S. Counseling programs.

2. Previously, candidates for the M.S. in Counseling, Marriage, Family, and Child Counseling Specialization had three options to fulfill their culminating experience: 1) Plan A: Completion of EDC 505/550 Master’s Thesis for Counseling, 2) Plan B: Completion of EDC 505/551 Master’s Project for Counseling, and 3) Plan C: Completion of an Oral/Written Examination and Portfolio. Students who chose Plan C were usually enrolled in an optional elective, EDC 290, to help prepare them for the written examination.

   This proposal seeks to change the culminating experience that students must complete in order to earn their degree. Instead of selecting from the above three options, all students enrolled in the degree program must enroll in EDC 290 (relisted as EDC 500, see accompanying Form A) and complete the national Counselor Preparation Comprehensive Examination (CPCE), as well as a final case study paper. EDC 290 (relisted as EDC 500) is currently offered for 1 unit, and so this change does not affect the degree unit requirement (60 units). Students who completed Plan A or Plan B earned more units than needed for the degree (62 units).

   The purpose of this change is because all students in the degree program already complete the CPCE as an exit exam, and it is practical for the degree program to use this exam as students’ culminating experience. The program is nationally-accredited through the Council for Accreditation of Counseling & Related Educational Programs (CACREP), which sponsors the use of the CPCE as an exit exam. The core standards of CACREP are equivalent to the core domains assessed on the CPCE. Therefore, the CPCE is an accurate assessment of students’ understanding and mastery in this CACREP program. Additionally, all students in this program are eligible to become Licensed Professional Clinical Counselors (LPCCs) in the State of California after earning their degree. In order to become an LPCC, individuals must successfully pass a law and ethics exam and the National Clinical Mental Health Counselor Exam (NCMHCE). By requiring all students to complete the CPCE as part of their degree program, they will be more prepared to pass future licensing exams required for their profession. Students also still prepare a final case study paper as part of the EDC 290 (relisted as EDC 500) requirement, which satisfies the second step of the Graduate Writing Assessment Requirement (GWAR). Furthermore, no students in this program have chosen Plan A or Plan B in the last three years.

<table>
<thead>
<tr>
<th>Approvals:</th>
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<tbody>
<tr>
<td><strong>Department Chairs:</strong></td>
<td><strong>Date:</strong> 3-1-16</td>
</tr>
<tr>
<td><strong>College Dean:</strong></td>
<td><strong>Date:</strong> 3-1-16</td>
</tr>
<tr>
<td><strong>University Committee:</strong></td>
<td><strong>Date:</strong></td>
</tr>
<tr>
<td><strong>Associate Vice President and Dean for Academic Affairs:</strong></td>
<td><strong>Date:</strong></td>
</tr>
<tr>
<td>New Program</td>
<td>Old Program</td>
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<tr>
<td><strong>Admission Requirements</strong></td>
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<tr>
<td>Admission as a classified graduate student in the Master of Science in Counseling program requires:</td>
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<tr>
<td>• A baccalaureate degree;</td>
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<tr>
<td>• Good academic standing at the last college attended;</td>
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<tr>
<td>• A grade point average of at least 3.0 (on a 4.0 scale) in the last 60 semester (or 90 quarter units);</td>
<td>• A grade point average of at least 2.5 (on a 4.0 scale) in the last 60 semester (or 90 quarter units);</td>
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<tr>
<td>• Completion of the University application materials;</td>
<td>• Completion of the University application materials;</td>
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<tr>
<td>• Completion and submission of all Departmental application materials which include:</td>
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<tr>
<td>Application form;</td>
<td>Application form;</td>
</tr>
<tr>
<td>Written statement(s) delineated in application;</td>
<td>Written statement(s) delineated in application;</td>
</tr>
<tr>
<td>Copies of transcripts (from all universities and colleges attended);</td>
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<tr>
<td>Professional letters of recommendation (3 total);</td>
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</tr>
<tr>
<td>Passing score on the Writing Placement for Juniors examination (WPJ) or its equivalent;</td>
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<tr>
<td>Relevant work experience.</td>
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<tr>
<td>• Participation in an In-Person Admission Evaluation, which may include (but is not limited to) interviews, experiential activities, and writing samples.</td>
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</tr>
</tbody>
</table>

Selected applicants, based on paper screening of completed applications, will be invited for an In-Person Admission Evaluation. Decisions for admission into the Master of Science in Counseling program are made based on a comprehensive assessment of all application materials and performance in the In-Person Admission Evaluation.

Admitted students will be required to take the following co-requisite courses under probationary status during their first semester in the program:

<table>
<thead>
<tr>
<th>New Program</th>
<th>Old Program</th>
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<tbody>
<tr>
<td>• EDUC 155: Introduction to Counseling;</td>
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</tr>
<tr>
<td>• EDUC 156: Power, Privilege and Self Identity in Counseling (Minimum 3.4 overall average in these two EDC courses is required);</td>
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</tr>
<tr>
<td>• EDUC 157: Child and Family Psychopathology OR PSYC 168: Abnormal Psychology (Minimum grade of C is required);</td>
<td>• EDUC 157: Child and Family Psychopathology OR PSYC 168: Abnormal Psychology (Minimum grade of C is required).</td>
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</table>
**Failure to meet the above-stated grade requirements during the probationary period is grounds for automatic dismissal.**

*Note:* The Graduate Record Examination (GRE) is not required for admission.

**Graduate Writing Assessment Requirement (GWAR):** Applicants to the Master's in Counseling program must show evidence of passing the Graduate Writing Assessment Requirement (GWAR) or its equivalent in order to be accepted into the program.

**California Basic Educational Skills Test (CBEST):** Although evidence of passing the CBEST is not required for admission into the Pupil Personnel Services Credential programs, the CBEST must be successfully passed prior to receiving the Pupil Personnel Services Credentials.

**Requirements - Master of Science Degree**

Units required for MS: 60-66
Minimum GPA: 3.0

*Academic Residence:* A minimum of 42 approved semester units in 100-, 200-, and 500-series offerings must be earned in residence at California State University, Sacramento.

*Courses in parentheses are prerequisites.*

**A. Required Courses for All Specializations (44 units)**

(3) EDC 210 Multicultural/Ethnic Counseling (EDUC 155 and EDUC 156)
(3) EDC 212 Gender Roles in Counseling (EDUC 155 and EDUC 156) *Previous Form B Submitted*
(3) EDC 214 Dynamics of Human Development
(3) EDC 216 Counseling Theory (EDUC 155 and EDUC 156; Corequisite: EDC 280)
(3) EDC 218 Assessment in Counseling (EDUC 155 and EDUC 156)
(3) EDC 219 Group Processes in Counseling (EDUC 155, EDUC 156, EDC 216, EDC 280)
(3) EDC 231 Diagnosis and Treatment Planning (EDC 216, EDC 218, EDC 280; classified student in the Counselor Education Program)
(3) EDC 233 Substance Abuse and Addiction (EDC 231)
(3) EDC 244 Trauma and Crisis Counseling *Previous Form B Submitted*
(3) EDC 250 Education Research
(3) EDC 252 Legal and Ethical Issues in Professional Counseling
(3) EDC 260 Career Development (EDUC 155 and EDUC 156; classified student in the Counselor Education Program)
(2) EDC 280 Practicum in Communication (EDUC 155 and EDUC 156; Corequisite: EDC 216)
(3) EDC 475 Practicum in Counseling
(6) EDC 480 Field Study in Counseling

**Requirements - Master of Science Degree**

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(3) EDC 252 Legal and Ethical Issues in Professional Counseling
(3) EDC 260 Career Development (EDUC 155 and EDUC 156; classified student in the Counselor Education Program)
(2) EDC 280 Practicum in Communication (EDUC 155 and EDUC 156; Corequisite: EDC 216)
(3) EDC 475 Practicum in Counseling
(6) EDC 480 Field Study in Counseling
B. Specialization Requirements Marriage, Family, and Child Counseling (15 units Previous Form B Submitted)

(3) EDC 212 Gender Roles in Counseling Previous Form B Submitted
(3) EDC 234 Seminar: Marriage and Family Counseling
(3) EDC 254 Counseling and Psychotropic Medicine
(3) EDC 296L Trauma and Crisis Counseling Previous Form B Submitted
(3) EDC 272 Counseling Children and Youth
(1) EDC 476 Practicum in Marriage, Family, and Child Counseling
(2) Electives

C. Culminating Requirement (1-3 units)
Students must choose one of the following two options for their culminating requirement during their last semester in the program:

EDC 550® Master’s Thesis - Counseling - Plan A
(Advanced to candidacy; All course requirements in Counselor Education and EDC 505) OR

EDC 551® Master’s Project - Counseling - Plan B
(Advanced to candidacy; All course requirements in Counselor Education and EDC 505)

Thesis or Project. Students who select thesis or project must file a petition in the Department office one semester in advance. First semester enrollees are to register for EDC 505. Students who do not complete the thesis/project in one semester are to petition for and enroll in either EDC 550 or EDC 551.

Oral/Written Examination & Portfolio. Students usually enroll in an optional elective, EDC 290, preparation course. The examination occurs each semester. Students are expected to develop and present a personal theory paper. Students respond to questions from a case study presentation and counseling vignette: Counselor Preparation Comprehensive Examination.

In order to pass this multiple choice examination, a student must meet the minimum criterion score set by the Department of Counselor Education. Categories covered include:

- Human Growth and Development
- Social and Cultural Foundations
- Helping Relationships
- Group Work
- Career and Lifestyle Development
- Appraisal
- Research and Program Evaluation
- Professional Orientation and Ethics

**If the Comprehensive Exam (0 units) is selected as the Culminating Requirement (see Section C), EDC 290 is recommended as an elective.

°Department petition required the semester prior to enrollment.

C. Culminating Requirement (1 unit)

B. Specialization Requirements Marriage, Family, and Child Counseling (18 units)

(3) EDC 234 Seminar: Marriage and Family Counseling
(3) EDC 254 Counseling and Psychotropic Medicine
(3) EDC 272 Counseling Children and Youth
(3) EDC 296L Trauma and Crisis Counseling
(1) EDC 476 Practicum in Marriage, Family, and Child Counseling
(5) Electives

C. Culminating Requirement (1-3 units)
Students must choose one of the following two options for their culminating requirement during their last semester in the program:

EDC 550® Master’s Thesis - Counseling - Plan A
(Advanced to candidacy; All course requirements in Counselor Education and EDC 505) OR

EDC 551® Master’s Project - Counseling - Plan B
(Advanced to candidacy; All course requirements in Counselor Education and EDC 505)

Thesis or Project. Students who select thesis or project must file a petition in the Department office one semester in advance. First semester enrollees are to register for EDC 505. Students who do not complete the thesis/project in one semester are to petition for and enroll in either EDC 550 or EDC 551.

Oral/Written Examination & Portfolio. Students usually enroll in an optional elective, EDC 290, preparation course. The examination occurs each semester. Students are expected to develop and present a personal theory paper. Students respond to questions from a case study presentation and counseling vignette: Counselor Preparation Comprehensive Examination.

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- Group Work
- Career and Lifestyle Development
- Appraisal
- Research and Program Evaluation
- Professional Orientation and Ethics

**If the Comprehensive Exam (0 units) is selected as the Culminating Requirement (see Section C), EDC 290 is recommended as an elective.

°Department petition required the semester prior to enrollment.
EDC 500\(^0\) Master’s Culminating Experience
(Advanced to candidacy for the master’s degree and enrollment in the last semester of coursework)

**Written Examination.** All students in the M.S. in Counseling program must enroll in EDC 500 during their last semester in the program and complete the Counselor Preparation Comprehensive Examination (CPCE). In addition, all students must prepare a final case study paper on a selected client from their current fieldwork experience.

In order to pass the multiple choice examination, a student must meet the minimum criterion score set by the Counselor Education Program. Categories covered include:
- Human Growth and Development
- Social and Cultural Foundations
- Helping Relationships
- Group Work
- Career and Lifestyle Development
- Appraisal
- Research and Program Evaluation
- Professional Orientation and Ethics

In order to pass the final case study paper, a student must obtain a score of “Meet Standard” on all elements of the case study rubric for the student’s specialization.

\(^0\) Department petition required the semester prior to enrollment.