‘Peak’ provides ticket to the great outdoors

A gateway to the High Sierra, the rugged California coast, even the Grand Canyon sits tucked away in a little corner of the CSUS campus.

These and a host of other wilderness destinations are available through Peak Adventures, located outside the University Union’s north wing. Though the program is sponsored by the University’s Associated Students, it’s designed for non-students too, offering a wide range of low-cost and discount trips and activities, including hiking, biking, rafting, kayaking, skiing, snowshoeing, rock climbing, surfing and more.

“We are the only program in the area that covers a full spectrum of outdoor recreation,” said Mike Upchurch, Peak Adventure’s assistant director.

Because Peak Adventures is a non-profit enterprise and because the program’s staff coordinates trips sometimes a year or more in advance, costs are kept to a minimum, Upchurch said. In addition, discounts of 20 percent or more in advance, costs are available to all CSUS students. Faculty and staff receive a 10 percent discount.

The program covers a range of activities designed to appeal to anyone interested in enjoying the outdoors, from leisurely day hikes to weeklong challenges geared to the more advanced outdoor enthusiast. Most trips include transportation, guides, gear and permit fees.

New to the program this year is a women’s series, which includes six separate hiking trips, two mountain-biking trips and two rock-climbing trips. Also new this year is a five-day, advanced alpine trek in the High Sierra and two one-day caving trips.

Special outings for youth, community and business groups are also available through Peak Adventures. “We work with Boy Scouts, Girl Scouts, elementary schools, at-risk youth groups, team-building for large corporations, home-school groups, all kinds of things,” Upchurch said.

The origins of the program trace back to an informal campus co-op bike shop founded by a small group of students in 1973 and housed in a metal shed, Upchurch said. From those humble beginnings a full-service bike shop evolved, which was adopted by Associated Students in 1989 and transformed into Peak Adventures.

The program employs five full-time staffers and about 35 part-timers, Upchurch said. About 60 percent of the program’s users are CSUS students and about 40 percent are a mix of faculty, staff and the general public.

A full list of Peak Adventures’ itineraries, services and costs are available at the program’s facility in the Union or at www.Peakadventures.org.

Advance registration for all trips is required. Because most trips fill fast and space is limited, early registration is encouraged. A 50 percent deposit is required to book a reservation.

— Matt Nichols

Fall transfer deadline is April 15

Because of unprecedented demand for admission by upper division transfer students, CSUS has established April 15 as the application deadline for the fall 2003 term.

As of March 1, the University had received nearly 50 percent more applications than last year at this time. The University is committed to providing a quality education and this deadline will enable it to meet that commitment to the transfer class.

The University stopped accepting applications from lower division transfer students on Jan. 6 and first-time freshmen, second bachelor’s degree and unclassified graduate applicants on Feb. 1.

Applicants who miss these deadlines are encouraged to apply for the spring 2004 semester during the priority filing period of Aug. 1-31.

Applications for fall 2003 are still being considered for students seeking admission to master’s degree programs and teacher credential programs. These students are encouraged to apply as soon as possible because the University filing deadlines are expected to be earlier than last year.

Admission information is available at www.csumentor.edu. Additional information is available at (916) 278-7362.
Luncheon
Continued from page 1

The CSUS Bulletin welcomes submissions to the Professional Activities Section from faculty, administrators, alumni, and staff. Items are run on a space available basis. They should be no longer than 75 words and may be submitted to bulletin@csus.edu or faxed to 278-5290.

RAFAEL ESCAMILLA, physi- cal therapist, had his paper titled “Kinematic and Kinetic Comparisons between American and Korean Professional Base- ball Pitchers” published in the Sport Biomechanics journal.

MARIJLYN JONES, criminal justice, made a presentation on “Basket to Carry Water: A Jamai- can Case Study of U.S. Drug Policy Consequences in a Drug Transit Country” at a UC Berke- ley Center for the Study of Law and Society Feb. 10; a presenta- tion on “Paradox or Perversion? An Analysis of the Complexities of Drug Control in a Caribbean Drug Transit Nation” to the Western Society of Criminology in Vancouver on Feb. 23; a presenta- tion on “Changing of the Guards: (Un)intended Consequences of Immigration Reform?” at the Academy of Criminal Justice Sciences on March 5; and a presentation on “Between a Rock and a Hard Place: The Contradictions and Uninten- tional Consequences of U.S. Drug Policy in the Case of Jamaica and Dominica Republic” to the Premier Seminario Internacional “Deportado y Sociedad” in Santo Domingo, Dominican Republic on March 12.

SCOTT MODEL, kinesiol- ogy and health science, made a presentation on “Increasing the Quality of Life of Students with Disabilities Through Appropri- ate Transition Planning” at the Pacific Rim 2003 Conference in Honolulu in February and a presentation on “What Now? Life After School: Post-School Outcomes and Quality of Life” at the 8th International Division of Developmental Disabilities Conference in Kaauai in February.

CANDACE GOLDWATER, speech pathology and audiology, spoke at a January conference in Phoenix, Ariz. on SLP and literacy. Her revised text, Devel- opmental Reading Disabilities, is now available through the bookstore.

JENNIFER PARK, kinesiol- ogy and health science, made a presentation to the Northeast California Diabetes and Preg- nancy Program titled “Active Rest: Exercising for pregnant women confined to bed rest” in February. She also made a post-presentation in January at the 2003 California Child- hood Obesity Conference titled “Pediatric Healthy Lifestyle Program: community collabora- tion in treatment and prevention of childhood obesity.”

RICKY GUTIERREZ, criminal justice, made a presentation at the Academy of Criminal Justice Sciences in Boston March 5 on “Law Enforcement Change and Federal Subsidies: Examining the Decentralization Effort.”

JULIE KUEHL-KITCHEN, LINDY VALDEZ and JENNIFER PARK kinesiology and health science, and a representative from both Sutter Health and Sacramento County Unified School District participated in a panel on “Addressing Childhood Obesity: Finding Community Partners and Developing Community Solu- tions at AAHPERD-Combined Convention.”

FRED BALDINI, kinesiology and health science, spoke at the fall summit sponsored by CAHPERD and the State Department on “The Inclu- sion of Fitness Scores in the State API Index.” In December, Valdez made a presentation at the California Reading Asso- ciation State Conference on “Integrating Literature and Movement.” In March, Valdez was on the panel setting the passing scores for the new CSET exam, and he will serve as the national subject leader for physical education for the next three years.

MELINDA SEID, kinesiology and health science, had an article accepted by the Hawaii Public Health Association on “Globalization and Health.” In addition, two volumes of a special journal and a book will be published on the research this year.

JOANNE NEIDE and PAMEL MILCHRIST, kinesiology and health science, presented a session for the Refugees Educators’ Network Conference in Sacra- mento on March 15 on “Link- ing Children’s Play Patterns to Hmong Culture and Traditions.”

LINDY VALDEZ, kinesiology and health science, spoke at the fall summit sponsored by CAHPERD and the State Department on “The Inclu- sion of Fitness Scores in the State API Index.” In December, Valdez made a presentation at the California Reading Asso- ciation State Conference on “Integrating Literature and Movement.” In March, Valdez was on the panel setting the passing scores for the new CSET exam, and he will serve as the national subject leader for physical education for the next three years.

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MARC BOULGAREANU, kinesiology and health science, participated in a discussion group sponsored by the cyusu system on enhancing student learning outcomes.

Michael Hove and LOS BOULGAREANU, kinesiology and health science, participated in a discussion group sponsored by the cyusu system on enhancing student learning outcomes.

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What do you think?

Over the last two years, the news services staff of the CSUS public affairs office have made numerous changes to the CSUS Bulletin, the newsletter for faculty, staff, and student leaders. As part of a periodic review of our efforts, we would like to know what you think. We’ll report our findings in an issue of the Bulletin later this semester, and we’ll incorporate suggestions this fall.

Survey responses are due by Friday, April 25. You can fill out this printed survey or fill it out online at www.csus.edu/pa. We are also conducting a general survey about public affairs online at that site. Please send printed survey responses to: Public Affairs, CSUS, Sacramento, CA 95819-6026 or by campus mail to zip 6026. Do not include your name.

I am:
Faculty _______ Staff _______ Administrator _______
Retired employee _______ Student _______
Other _______

I have been affiliated with CSUS for:
1-5 years _______ 6-10 years _______ 11+ years _______

How often do you read the Bulletin?
Wouldn’t miss it _______
Occasionally _______
Rarely _______
Never _______

The Bulletin is:
Very informative _______
Somewhat informative _______
Essentially useless _______

The Bulletin should:
Come out weekly _______
Come out every other week _______
Come out monthly _______
Be eliminated _______

Mark your favorite three topics in the Bulletin (1-3, with 1 being most favorite)
- Campus and work policies
- Notices and announcements
- New and existing campus programs
- Faculty-related stories and profiles
- Staff-related stories and profiles
- Stories about student projects/accomplishments
- Honors and academic achievements
- Research and special projects
- CSUS community involvement
- Upcoming campus events
- Upcoming lectures, workshops, etc.
- Calendar of events

Mark your least favorite topic in the Bulletin
- Campus and work policies
- Notices and announcements
- New and existing campus programs
- Faculty-related stories and profiles
- Staff-related stories and profiles
- Stories about student projects/accomplishments
- Honors and academic achievements
- Research and special projects
- CSUS community involvement
- Upcoming campus lectures, workshops, etc.
- Calendar of events

Mark your top three sources of campus news (with 1 being most important)
- CSUS Bulletin _______
- CSUS website (www.csus.edu) _______
- CSUS news website (www.csus.edu/news) _______
- State Hornet _______
- Off-campus newspapers, television news and radio news _______
- Campus memos _______
- Campus signs and billers _______
- Roadway electronic red signs _______
- Supervisors _______
- Peers _______
- Representative groups (Faculty Senate, unions, etc.) _______

Other comments? (attach on separate paper if necessary)

Education supporters honored at event

The CSUS College of Education will honor a number of local educators, community members, business leaders, organizations and alumni at its annual awards banquet set for 6:30 p.m., Friday, April 25 at the Yamshon Alumni Center. Receiving a special tribute will be CSUS President Donald R. Gerth, who will be honored for his more than 40 years of commitment to education in California.

Educator of the Year awards will be presented to: Bruce Armes, San Juan Unified School District Alliance for Excellence; Juanita Sendez-Lopez, Elk Grove Unified School District; Catherine Goins and Sharon Neese, SETA/Head Start; and Francie Tidley, Sacramento County Office of Education.

Community Partner of the Year awards will be presented to: Borders Books, Elk Grove; EDS Corporation; Maloof Sports and Entertainment; Mervyn’s, Rancho Cordova; and Karen Ikenhower, Office of Statewide Planning and Development. The Alumni Partner of the Year award will be presented to Dennis Tillett, superintendent, North Sacramento School District. Tickets to the event are $30 each or $50 for a table of eight. Sponsorships are available. Proceeds help support the CSUS College of Education scholarship program. For more information about the event, call 278-3618.

In memoriam

Harold Wolf, a coach and professor at CSUS from 1952 to 1985 who was selected for the University’s Sports Hall of Fame, died on March 9. A celebration of his life was held March 22 at his Carmichael residence. In lieu of flowers, contributions may be made to Sutter Hospice.

 csus bulletin | March 31, 2003
POETIC PICTURE

Director/producer Chris Simon brings her latest film, about the life of poet Wilma Elizabeth McDaniel, to the screen during the 2011 annual Festival of the Arts, April 3-12.

Down an Old Road: The Poetic Life of Wilma Elizabeth McDaniel, will be shown at 3 p.m. on April 10 in the University Union Hinde Auditorium. The event is free and includes a reception with Simon 4:30 to 6 p.m. in the University Union Lobby Suite.

The film documents the experiences McDaniel faced as a young woman during the Dust Bowl Migration of the early 1930s. Although the Dust Bowl included migrants from Oklahoma, Texas, Arkansas, Missouri and other Great Plains states, the migrants were generally known as “Okies,” referring to the approximate 20 percent who were from Oklahoma. The term became a fighting word, with signs saying “No Okies” posted in movie theaters and stores.

Today, visitors to the Central Valley may be surprised to hear people born and raised in California speaking with Oklahoma twangs. The word “Okie” still has a negative connotation, yet many, including McDaniel and singer Merle Haggard, have embraced it. They call themselves Okies to honor the trials they or their parents went through and to honor the heritage that has made an indelible contribution to California’s complex society.

In Down an Old Road, filmmaker Simon interweaves history and poetry to explore McDaniel’s life and vision. Her poems, the core of the film, are illuminated with images from the Dust Bowl and life in rural California today. Now in her 80s, McDaniel still writes a poem a day on precious scraps of paper. However, she no longer keeps them in a shoebox under her bed — her poems now appear in publications all over the world.

Exhibition, watercolors by Yan Nascimbene, 11th Annual Festival of the Arts, Department of Design Gallery, Mariposa Hall 4000. Call (916) 278-3962 for hours. Reception and gallery talk for 3:30 p.m., April 9. Exhibit runs through April 16.

Alma de Cuba, bilingual play by Teatro Milagro, noon, University Union Redwood Room. (916) 278-6997.

Professional Insights speaker, Kate Renwick-Espinosa, vice president of marketing for Vision Service Plan, CSUS Alumni Association MBA women’s chapter, 6-30 p.m., Yamshon Alumni Center. Reservations: (916) 278-6295 or mhabowen@hotmail.com.

Caffèinated Collective, 7 p.m., Library Gallery. (916) 278-5989.

thursday, april 3 11th Annual Festival of the Arts, various locations, for complete schedule, call (916) 278-ARTS. Continues to April 12.

Cabaret, 8 p.m., 2 p.m. on Sundays, University Theatre. $16 general/$11 students and seniors. Tickets at CSUS Ticket Office at (916) 278-4323 or at Tickets.com at (916) 766-2277. Performances March 20-22, 27-29, April 3-6.

“Classical Meets Jazz,” Dale Scholl Dance/Art, 8 p.m., Dancespace in Solano Hall 1010. $16 general/$13 students/$8 child. Tickets at CSUS Ticket Office at (916) 278-4323 or at Tickets.com at (916) 766-2277. Performances March 20-22, 27-29, April 3-5.

CSUS Jazz Ensemble with guest Ingrid Jensen, trumpet, 11th Annual Festival of the Arts, 8 p.m., Music Recital Hall in Capistrano Hall, $10 general/$8 students and seniors. Tickets at CSUS Ticket Office at (916) 278-4323 or at Tickets.com at (916) 766-2277.

Brassfest, clinics, workshops, exhibits and performances, 11th Annual Festival of the Arts, all day, Capistrano Hall. (916) 278-7993. Continues April 6.

sunday, april 6 Baseball vs. Cal State Hayward, 1 p.m., Hornet Field. $5 adult/$4 seniors and non-CSUS students/$2 children ages 6-12/CSUS students with ID and children under 5 free. Tickets at the event.

Cabaret, 8 p.m., 2 p.m. on Sundays, University Theatre. $16 general/$11 students and seniors. Tickets at CSUS Ticket Office at (916) 278-4323 or at Tickets.com at (916) 766-2277. Performances March 20-22, 27-29, April 3-6.

Brassfest, clinics, workshops, exhibits and performances, 11th Annual Festival of the Arts, all day, Capistrano Hall. (916) 278-7993.

monday, april 7 CSUS Vocal Jazz II and III, 11th Annual Festival of the Arts, 8 p.m., Music Recital Hall in Capistrano Hall, $8 general/$5 students and seniors. Tickets at CSUS Ticket Office at (916) 278-4323 or at Tickets.com at (916) 766-2277.