## Hornet Learning Online 101

Help your students be successful in your online or technology enabled course. Invite your students to selfenroll in this course at:

## https://csus.instructure.co m/enroll/8RKNFX

Website: ctl.csus.edu Contact: ctl@csus.edu

## LEARNING ONLINE 107 CENTER FOR TEACHING & LEARNING

SACRAMENTO STATE





GROWTH MINDSET Is Freedom uired to build new sk

FIXED MINDSET Is Limiting



How to Learn Using Technology

Whether your course is fully online or you use technology to support your in-person classes, Hornet 101 helps students learn to use technology efficiently to support their success.

Over 6,400 students enrolled

**Topics include:** 

- Canvas, Zoom, and online study tips ٠
- Growth mindset strategies ٠
- Time management tips
- How to study effectively & campus resources ٠ (PARC & PAL)
- Integrated online learning readiness survey ٠
- Links to over 40 student services ٠
- NEW: AI and Education \*