

How to Learn Using Technology

Hornet 101

Technology & Learning Essentials

A free, self-paced tutorial faculty can share with Sacramento State students who would benefit from extra help using learning technologies in online, hybrid, or in-person courses.

Self-enroll link

Website: ctl.csus.edu

Contact: ctl@csus.edu



Over 12k students enrolled

New: AI and Education module



CENTER FOR
TEACHING &
LEARNING
SACRAMENTO STATE

Topics include

- Canvas navigation and assignment submission
- Zoom and online participation basics
- Microsoft 365 and campus technology resources
- Growth mindset strategies
- Time management and effective study tips
- Readiness survey and links to student services
- AI and Education

How faculty can use it

Add the self-enroll link to your syllabus, Canvas homepage, welcome module, or student support resources.