KINS 101: INTRODUCTION TO KINESIOLOGY

In Workflow

- 1. KHS Committee Chair (matt.brown@csus.edu)
- 2. KHS Chair (wrightm@csus.edu)
- 3. HHS College Committee Chair (knam@csus.edu)
- 4. HHS Dean (maguirem@csus.edu)
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- 6. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
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- 11. PeopleSoft (PeopleSoft@csus.edu)

Approval Path

- 1. Fri, 26 Apr 2019 01:57:13 GMT Rodney Imamura (rimamura): Approved for KHS Committee Chair
- 2. Fri, 26 Apr 2019 22:48:05 GMT Katherine Jamieson (katherine.jamieson): Approved for KHS Chair
- Tue, 07 May 2019 23:05:28 GMT Kisun Nam (knam): Rollback to KHS Chair for HHS College Committee Chair
- 4. Thu, 19 Sep 2019 21:09:54 GMT Michael Wright (wrightm): Approved for KHS Chair
- Fri, 27 Sep 2019 20:36:57 GMT Kisun Nam (knam): Rollback to KHS Chair for HHS College Committee Chair
- Tue, 01 Oct 2019 20:23:08 GMT Michael Wright (wrightm): Approved for KHS Chair
- Tue, 01 Oct 2019 20:53:38 GMT Kisun Nam (knam): Approved for HHS College Committee Chair
- 8. Tue, 01 Oct 2019 21:39:03 GMT Mary Maguire (maguirem): Approved for HHS Dean

New Course Proposal

Date Submitted:Sat, 02 Mar 2019 05:31:02 GMT

Viewing:KINS 101 : Introduction to Kinesiology

Last edit:Tue, 01 Oct 2019 17:56:29 GMT

Changes proposed by: Julie Kuehl-Kitchen (101050192) **Contact(s):**

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Catalog Title:

Introduction to Kinesiology

Class Schedule Title:

Introduction to Kinesiology

Academic Group: (College)

HHS - Health & Human Services

Academic Organization: (Department)

Kinesiology and Health Science

Will this course be offered through the College of Continuing Education (CCE)?

No

Catalog Year Effective:

Spring 2020 (2020/2021 Catalog)

Subject Area: (prefix) KINS - Kinesiology

Catalog Number: (course number) 101

Course ID: (For administrative use only.) TBD

Units:

2

In what term(s) will this course typically be offered? Fall, Spring

Does this course require a room for its final exam?

Yes, final exam requires a room

Does this course replace an existing experimental course? No

This course complies with the credit hour policy:

Yes

Justification for course proposal:

Currently, there are no introductory courses in the Kinesiology department, therefore no information is provided to students about the subdisciplines of the field early in their course of study. Through advising we have ascertained that this course is needed to help provide an orientation to various educational pathways, requirements, and career opportunities in the field of Kinesiology in order for our students to make an educated decision about which concentration to pursue.

Course Description: (Not to exceed 80 words and language should conform to catalog copy.)

KINS 101 is an introduction to the study of human movement, including its role in daily life and its place in higher education. Career opportunities related to sport, movement, exercise, and fitness will be examined. Students in this course will explore various educational pathways, requirements, and professional opportunities in the sub-disciplines of Kinesiology.

Are one or more field trips required with this course?

No

Fee Course?

No

Is this course designated as Service Learning?

No

Does this course require safety training?

No

Does this course require personal protective equipment (PPE)?

No

Does this course have prerequisites? No

Does this course have corequisites? No

Graded:

Letter

Approval required for enrollment? No Approval Required

Course Component(s) and Classification(s):

Lecture

Lecture Classification

CS#02 - Lecture/Discussion (K-factor=1WTU per unit)

Lecture Units

2

Is this a paired course?

No

Is this course crosslisted?

No

Can this course be repeated for credit?

No

Can the course be taken for credit more than once during the same term?

No

Description of the Expected Learning Outcomes: Describe outcomes using the following format: "Students will be able to: 1), 2), etc."

Upon successful completion of this course, students will be able to:

1. Describe the foundational disciplines of Kinesiology, current objectives, challenges, and role in society.

2. Analyze and describe the importance of physical activity in daily life.

3. Demonstrate an understanding of the field of Kinesiology both as an academic discipline and a profession.

4. Acquire and demonstrate skills in researching, evaluating, and reporting on Kinesiology-related sources of information.

5. Explain the educational pathway, requirements, and job skills necessary for personal career choice in the area of Kinesiology or related fields.

Assessment Strategies: A description of the assessment strategies (e.g., portfolios, examinations, performances, pre-and posttests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above.

Assessment Strategies:

1. Class Assignments and Participation (Option 1 = 50% of grade; Option 2 = 25%). Throughout the course of the semester, students will participate in and complete various in-class activities. Students must attend class in order to receive full credit. Make-up assignments and/or extra credit will not be offered. This strategy will be used to assess learning outcomes 1,2,3,4, & 5.

2. Chapter Questions (Option 1 = 50% of grade; Option 2 = 25%). Students are expected to complete all of the assigned chapter readings, and answer 10-20 multiple-choice questions for each chapter. Questions will be available on blackboard up until 10 minutes prior to our scheduled class time on the assigned due dates. There will be no make-up assignments for those who do not complete the questions prior to the assigned due dates. This strategy will be used to assess learning outcomes 1,2,3, & 5.

3. Final Exam (Option 2 only = 50% of grade). The final exam is optional. If students choose to take the final exam, then it will be worth 50% of their grade, and assignments and chapter questions will each be worth 25%. The final exam will be cumulative. The format for this exam will be multiple choice, short answer, and essay. This strategy will be used to assess learning outcomes 1,2,3, & 5.

Option #1: Class Assignments (50%), Chapter Questions (50%) and final Exam (0%) Option #2: Class Assignments (25%) and Chapter Questions (25%) and final Exam (50%)

For whom is this course being developed?

Majors in the Dept Minors in the Dept

Is this course required in a degree program (major, minor, graduate degree, certificate?) Yes

Has a corresponding Program Change been submitted to Workflow?

No

Identify the program(s) in which this course is required:

Programs:

BS in Kinesiology (Physical Education Teacher Education)

BS in Kinesiology (Physical Activity and Wellness)

BS in Kinesiology (Athletic Care) BS in Kinesiology (Athletic Coaching Education) BS in Kinesiology (Athletic Administration)

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

University Learning Goals

Undergraduate Learning Goals:

Competence in the disciplines

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

GE Course and GE Goal(s)

Is this a General Education (GE) course or is it being considered for GE?

No

Please attach any additional files not requested above:

KINS_101_Introduction_to_Kinesiology (2).doc

Reviewer Comments:

Kisun Nam (knam) (Tue, 07 May 2019 23:05:28 GMT): Rollback: Committee approved the form with pending changes. Please refer to the discussion during meeting. Committee members from the department will provide the detailed changes to the chair/author. Once re-submitted, the chair may approve the proposal immediately. Kisun Nam (knam) (Fri, 27 Sep 2019 20:36:57 GMT):Rollback: Rolled back per request.

Key: 13979