

EDC 216: COUNSELING THEORY

In Workflow

1. GPSE Committee Chair (nevarezc@csus.edu)
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3. ED College Committee Chair (sarah.ives@csus.edu;%20dale.allender@csus.edu)
4. ED Dean (kdohara@csus.edu)
5. Academic Services (torsetj@csus.edu;%20cnewsome@skymail.csus.edu)
6. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
7. Council on the Preparation of School Personnel Chair (mae.chaplin@csus.edu)
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10. Catalog Editor (torsetj@csus.edu)
11. Registrar's Office (w lindsey@csus.edu)
12. PeopleSoft (PeopleSoft@csus.edu)

Approval Path

1. Mon, 24 Aug 2020 19:26:53 GMT
Carlos Nevarez (nevarezc): Rollback to Initiator
2. Mon, 24 Aug 2020 21:45:39 GMT
Carlos Nevarez (nevarezc): Approved for GPSE Committee Chair
3. Mon, 24 Aug 2020 21:52:53 GMT
Carlos Nevarez (nevarezc): Approved for GPSE Chair
4. Thu, 10 Sep 2020 22:02:18 GMT
Sarah Ives (sarah.ives): Approved for ED College Committee Chair
5. Tue, 15 Sep 2020 01:37:21 GMT
Karen O'Hara (kdohara): Approved for ED Dean
6. Wed, 14 Oct 2020 16:30:10 GMT
Janett Torset (torsetj): Approved for Academic Services
7. Tue, 20 Oct 2020 21:55:42 GMT
Julie Fogarty (fogarty): Rollback to Initiator
8. Thu, 22 Oct 2020 22:35:52 GMT
Carlos Nevarez (nevarezc): Approved for GPSE Committee Chair
9. Fri, 23 Oct 2020 16:00:59 GMT
Carlos Nevarez (nevarezc): Approved for GPSE Chair
10. Fri, 23 Oct 2020 19:24:56 GMT
Dale Allender (dale.allender): Approved for ED College Committee Chair
11. Fri, 23 Oct 2020 21:43:48 GMT
Karen O'Hara (kdohara): Approved for ED Dean

Date Submitted: Thu, 22 Oct 2020 04:39:41 GMT

Viewing: EDC 216 : Counseling Theory

Last edit: Thu, 22 Oct 2020 04:39:39 GMT

Changes proposed by: Bitá Rivas (223000752)

Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Bitá Rivas	b.rivas@csus.edu	9162785950

Catalog Title:

Counseling Theory

Class Schedule Title:

Counseling Theory

Academic Group: (College)

ED - Education

Academic Organization: (Department)

Graduate Professional Studies in Education

Will this course be offered through the College of Continuing Education (CCE)?

No

Catalog Year Effective:

Fall 2021 (2021/2022 Catalog)

Subject Area: (prefix)

EDC - Education - Counselor Education

Catalog Number: (course number)

216

Course ID: (For administrative use only.)

116411

Units:

3

In what term(s) will this course typically be offered?

Fall, Spring

Does this course require a room for its final exam?

Yes, final exam requires a room

Does this course replace an existing experimental course?

No

This course complies with the credit hour policy:

Yes

Justification for course proposal:

This course is being updated to add adjustment of co-requisite to unforced as student's have issues during registration. In addition, updating course outcomes.

Course Description: (Not to exceed 80 words and language should conform to catalog copy.)

Examination of ten counseling philosophies, with emphasis on knowledge and practice. Requires the refinement of one's own counseling orientation. Designed to provide students with a foundation in the basic philosophy and practice of contemporary theories of counseling/psychotherapy. The requirements support three components of multiple measures of learning and outcomes: 1) personal growth, 2) counseling skills building utilizing multiple approaches, 3) professional development.

Are one or more field trips required with this course?

No

Fee Course?

No

Is this course designated as Service Learning?

No

Does this course require safety training?

No

Does this course require personal protective equipment (PPE)?

No

Does this course have prerequisites?

No

Does this course have corequisites?

Yes

Corequisite:

EDC 280

Corequisites Enforced at Registration?

No

Graded:

Letter

Approval required for enrollment?

No Approval Required

Course Component(s) and Classification(s):

Seminar

Seminar Classification

CS#05 - Seminar (K-factor=1 WTU per unit)

Seminar Units

3

Is this a paired course?

No

Is this course crosslisted?

No

Can this course be repeated for credit?

No

Can the course be taken for credit more than once during the same term?

No

Description of the Expected Learning Outcomes: Describe outcomes using the following format: 'Students will be able to: 1), 2), etc.'

1. Students will analyze the history and philosophy of the counseling profession and its specialty areas.
2. Students will analyze evidence-based contemporary theories, models, prevention techniques, and interventions for working with clients.
3. Students will analyze skills necessary for effectively communicating with and counseling clients
4. Students will analyze the counseling processes necessary in a multicultural society to provide theoretically consistent and culturally sensitive interventions.
5. Students will analyze counselor characteristics and behaviors that influence helping processes and apply essential interviewing and counseling skills
6. Students will analyze wellness and prevention theories and models as desired counseling goals and treatment considerations
7. Students will understand and analyze systems approach to conceptualizing clients
8. Students will analyze theories, models, and strategies for understanding and practicing consultation and supervision.
9. Students will analyze treatment planning within a theoretical framework and begin to identify a guiding theoretical foundation for their work with clients.
10. Students will analyze and identify values and personal beliefs/assumptions about people and gain insight into the relationships between personal beliefs, theory, and practice in counseling
11. Students will analyze ethical and culturally relevant strategies for establishing and maintaining in-person and technology assisted relationships.
12. Students will analyze the impact of technology on the counseling process.

Attach a list of the required/recommended course readings and activities:

EDC 216 Syllabus.pdf

Assessment Strategies: A description of the assessment strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above.

- Midterm/Final (ELO 1-12)
- Theory Paper (ELO 2-6, 8-9)
- In class, readings, case studies, and activities (ELO 1-12)

Is this course required in a degree program (major, minor, graduate degree, certificate?)

Yes

Has a corresponding Program Change been submitted to Workflow?

Yes

Identify the program(s) in which this course is required:

Programs:

- MS in Counseling
- MS in Counseling (Career Counseling)
- MS in Counseling (Marriage, Couple, and Family Counseling)
- MS in Counseling (Rehabilitation Counseling)
- MS in Counseling (School Counseling with Embedded PPS Credential)

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

University Learning Goals

Graduate (Masters) Learning Goals:

- Critical thinking/analysis
- Communication
- Disciplinary knowledge
- Intercultural/Global perspectives
- Professionalism

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

Yes

For the Council for the Preparation of School Personnel (to be filled out with assistance of your department chair):

Does this course change impact your department's currently written Program Standards Document?

No

Common Standards: In what way does this course or program change impact the currently written Common Standards document? Please include any suggested language changes:

The change does not impact currently written common standards document.

Is this change in response to program or unit assessment activities?

No

Will this course introduce any new or changes to program assessments?

No

Is this a Graduate Writing Intensive (GWI) course?

No

Reviewer Comments:

Bita Rivas (b.rivas) (Sat, 22 Aug 2020 01:58:53 GMT): I should have marked yes to 'is this part of a teacher credentialing program' and no it makes no significant impact.

Carlos Nevarez (nevarezc) (Mon, 24 Aug 2020 19:26:53 GMT): Rollback: fyi

Julie Fogarty (fogarty) (Tue, 20 Oct 2020 21:55:42 GMT): Rollback: See email from 10/20/20 regarding ELOs and assessment strategies.

Key: 1264