

# EDC 233: SUBSTANCE USE AND ADDICTION COUNSELING

---

## In Workflow

1. GPSE Committee Chair (nevarezc@csus.edu)
2. GPSE Chair (nevarezc@csus.edu)
3. ED College Committee Chair (sarah.ives@csus.edu;%20dale.allender@csus.edu)
4. ED Dean (kdohara@csus.edu)
5. Academic Services (torsetj@csus.edu;%20cnewsome@skymail.csus.edu)
6. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
7. Council on the Preparation of School Personnel Chair (mae.chaplin@csus.edu)
8. Dean of Undergraduate (james.german@csus.edu;%20celena.showers@csus.edu)
9. Dean of Graduate (cnewsome@skymail.csus.edu)
10. Catalog Editor (torsetj@csus.edu)
11. Registrar's Office (w lindsey@csus.edu)
12. PeopleSoft (PeopleSoft@csus.edu)

## Approval Path

1. Mon, 24 Aug 2020 21:48:20 GMT  
Carlos Nevarez (nevarezc): Approved for GPSE Committee Chair
2. Mon, 24 Aug 2020 21:53:14 GMT  
Carlos Nevarez (nevarezc): Approved for GPSE Chair
3. Thu, 10 Sep 2020 22:02:42 GMT  
Sarah Ives (sarah.ives): Approved for ED College Committee Chair
4. Tue, 15 Sep 2020 01:37:46 GMT  
Karen O'Hara (kdohara): Approved for ED Dean
5. Wed, 14 Oct 2020 16:30:40 GMT  
Janett Torset (torsetj): Approved for Academic Services
6. Tue, 20 Oct 2020 21:56:07 GMT  
Julie Fogarty (fogarty): Rollback to Initiator
7. Thu, 22 Oct 2020 22:46:21 GMT  
Carlos Nevarez (nevarezc): Approved for GPSE Committee Chair
8. Fri, 23 Oct 2020 16:07:32 GMT  
Carlos Nevarez (nevarezc): Approved for GPSE Chair
9. Fri, 23 Oct 2020 19:25:20 GMT  
Dale Allender (dale.allender): Approved for ED College Committee Chair
10. Fri, 23 Oct 2020 23:25:55 GMT  
Karen O'Hara (kdohara): Approved for ED Dean

Date Submitted: Thu, 22 Oct 2020 05:01:34 GMT

## Viewing: EDC 233 : Substance Use and Addiction Counseling

Last edit: Fri, 23 Oct 2020 23:25:50 GMT

Changes proposed by: Bitá Rivas (223000752)

### Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Bitá Rivas	b.rivas@csus.edu	9162785950

### Catalog Title:

Substance Use and Addiction Counseling

### Class Schedule Title:

Substance&Addiction Counseling

### Academic Group: (College)

ED - Education

### Academic Organization: (Department)

Graduate Professional Studies in Education

**Will this course be offered through the College of Continuing Education (CCE)?**

No

**Catalog Year Effective:**

Spring 2021 (2021/2022 Catalog)

**Subject Area: (prefix)**

EDC - Education - Counselor Education

**Catalog Number: (course number)**

233

**Course ID: (For administrative use only.)**

116456

**Units:**

3

**In what term(s) will this course typically be offered?**

Fall, Spring

**Does this course require a room for its final exam?**

Yes, final exam requires a room

**Does this course replace an existing experimental course?**

No

**This course complies with the credit hour policy:**

Yes

**Justification for course proposal:**

Updating student learning outcomes to meet CACREP 2016 standards and updating for each proposed program concentration. Updating title and course description to reflect professional nomenclature in the substance use counseling field and to align with DSM-5 languaging which has eliminated 'abuse' and replaced with levels of SUD risk.

**Course Description: (Not to exceed 80 words and language should conform to catalog copy.)**

Provides an overview of substance use disorders, addiction, and co-occurring disorders. Students will develop an understanding of Substance Use Disorders (SUD's); the physiological, psychological, behavioral, and social consequences on the user and family members; to facilitate the development of addiction counseling competencies that are associated with positive treatment outcomes, and to increase the student's level of confidence relative to providing substance use evaluation, education, and treatment services. Emphasis will be placed on developing and practicing substance use counseling skills.

**Are one or more field trips required with this course?**

No

**Fee Course?**

No

**Is this course designated as Service Learning?**

No

**Does this course require safety training?**

No

**Does this course require personal protective equipment (PPE)?**

No

**Does this course have prerequisites?**

Yes

**Prerequisite:**

EDC 231, classified student in the Counselor Education Program.

**Prerequisites Enforced at Registration?**

No

**Does this course have corequisites?**

No

**Graded:**

Letter

**Approval required for enrollment?**

No Approval Required

**Course Component(s) and Classification(s):**

Discussion

**Discussion Classification**

CS#04 - Lecture /Recitation (K-factor=1 WTU per unit)

**Discussion Units**

3

**Is this a paired course?**

No

**Is this course crosslisted?**

No

**Can this course be repeated for credit?**

No

**Can the course be taken for credit more than once during the same term?**

No

**Description of the Expected Learning Outcomes: Describe outcomes using the following format: 'Students will be able to: 1), 2), etc.'**

This course addresses the following 2016 CACREP Standards:

1. Students will analyze basic philosophical and scientific assumptions that underlie the various theoretical models of addiction and recovery.
2. Students will analyze and articulate the behavioral, psychological, physiological, and social effects of psychoactive substances on the user and significant others.
3. Students will analyze key issues in the field of addiction, including consideration of multiple models that account for addiction and recovery; alternative courses of action; evidenced-based treatment interventions; and the potential outcomes and impacts for individuals, families, and communities.
4. Students will analyze a variety of models and theories for conceptualizing substance use, addiction, and co-occurring disorders.
5. Students will apply and integrate various models of addiction and recovery into the counseling setting.
6. Students will develop a well-defined personal theory of addiction and recovery apply it to practical to their work the counseling field.
7. Students will analyze the psychopharmacology of alcohol and major drugs, classes of abused substances, and prescription drugs commonly used in treating mental health and addiction issues.
8. Students will apply principles, strategies, and apply strategies for prevention, intervention, and treatment of addiction.
9. Students will practice and apply assessment and diagnosis across the continuum of substance use disorders using the DSM-5.
10. Students will apply strategies for engaging and retaining those with addiction, as well as their significant others and family in treatment.
11. Students will analyze multicultural addiction counseling skills to increase their confidence in assessing, diagnosing, and treating addiction.
12. Students will analyze and understand common co-occurring disorders encountered with substance use disorder including common risk factors.
13. Students will apply standard screening and assessment tools for substance use disorders and process addictions.

**Attach a list of the required/recommended course readings and activities:**

EDC 233 Syllabus.docx

**Assessment Strategies: A description of the assessment strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above.**

- Midterm/Final (ELO 1-13)
- Role Play (ELO 5, 8-10,13)
- Debate Discussion (ELO 1-3,6)

- Class Activity and Case Studies (ELO 2-3, 5-13)
- Wellness/Treatment Plan (ELO 5, 7-8, 11-13)

**Is this course required in a degree program (major, minor, graduate degree, certificate?)**

Yes

**Has a corresponding Program Change been submitted to Workflow?**

Yes

**Identify the program(s) in which this course is required:**

**Programs:**

- MS in Counseling
- MS in Counseling (Career Counseling)
- MS in Counseling (Marriage, Couple, and Family Counseling)
- MS in Counseling (Rehabilitation Counseling)
- MS in Counseling (School Counseling with Embedded PPS Credential)

**Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?**

No

**Will there be any departments affected by this proposed course?**

No

**I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.**

I/we agree

## **University Learning Goals**

**Graduate (Masters) Learning Goals:**

- Critical thinking/analysis
- Communication
- Information literacy
- Disciplinary knowledge
- Professionalism

**Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?**

Yes

## **For the Council for the Preparation of School Personnel (to be filled out with assistance of your department chair):**

**Does this course change impact your department's currently written Program Standards Document?**

No

**Common Standards: In what way does this course or program change impact the currently written Common Standards document? Please include any suggested language changes:**

The change does not impact currently written common standards document.

**Is this change in response to program or unit assessment activities?**

No

**Will this course introduce any new or changes to program assessments?**

No

**Is this a Graduate Writing Intensive (GWI) course?**

No

**Reviewer Comments:**

**Julie Fogarty (fogarty)** (Tue, 20 Oct 2020 21:56:07 GMT): Rollback: See email from 10/20/20 regarding ELOs and assessment strategies.

Key: 1272