

# EDC 244: TRAUMA AND CRISIS COUNSELING

## In Workflow

1. GPSE Committee Chair (nevarezc@csus.edu)
2. GPSE Chair (nevarezc@csus.edu)
3. ED College Committee Chair (sarah.ives@csus.edu;%20dale.allender@csus.edu)
4. ED Dean (kdohara@csus.edu)
5. Academic Services (torsetj@csus.edu;%20cnewsome@skymail.csus.edu)
6. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
7. Council on the Preparation of School Personnel Chair (mae.chaplin@csus.edu)
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9. Dean of Graduate (cnewsome@skymail.csus.edu)
10. Catalog Editor (torsetj@csus.edu)
11. Registrar's Office (w lindsey@csus.edu)
12. PeopleSoft (PeopleSoft@csus.edu)

## Approval Path

1. Mon, 24 Aug 2020 19:27:59 GMT  
Carlos Nevarez (nevarezc): Rollback to Initiator
2. Mon, 24 Aug 2020 21:50:19 GMT  
Carlos Nevarez (nevarezc): Approved for GPSE Committee Chair
3. Mon, 24 Aug 2020 21:53:25 GMT  
Carlos Nevarez (nevarezc): Approved for GPSE Chair
4. Thu, 10 Sep 2020 22:04:38 GMT  
Sarah Ives (sarah.ives): Approved for ED College Committee Chair
5. Tue, 15 Sep 2020 01:38:02 GMT  
Karen O'Hara (kdohara): Approved for ED Dean
6. Wed, 14 Oct 2020 16:48:19 GMT  
Janett Torset (torsetj): Approved for Academic Services
7. Tue, 20 Oct 2020 21:56:29 GMT  
Julie Fogarty (fogarty): Rollback to Initiator
8. Thu, 22 Oct 2020 23:08:56 GMT  
Carlos Nevarez (nevarezc): Approved for GPSE Committee Chair
9. Fri, 23 Oct 2020 16:20:38 GMT  
Carlos Nevarez (nevarezc): Approved for GPSE Chair
10. Fri, 23 Oct 2020 19:26:52 GMT  
Dale Allender (dale.allender): Approved for ED College Committee Chair
11. Fri, 23 Oct 2020 23:58:09 GMT  
Karen O'Hara (kdohara): Approved for ED Dean

Date Submitted: Thu, 22 Oct 2020 05:14:31 GMT

**Viewing: EDC 244 : Trauma and Crisis Counseling**

**Last edit: Fri, 23 Oct 2020 23:58:03 GMT**

Changes proposed by: Bitá Rivas (223000752)

### Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Bitá Rivas	b.rivas@csus.edu	9162785950

### Catalog Title:

Trauma and Crisis Counseling

### Class Schedule Title:

Trauma & Crisis Counseling

### Academic Group: (College)

ED - Education

### Academic Organization: (Department)

Graduate Professional Studies in Education

**Will this course be offered through the College of Continuing Education (CCE)?**

No

**Catalog Year Effective:**

Fall 2021 (2021/2022 Catalog)

**Subject Area: (prefix)**

EDC - Education - Counselor Education

**Catalog Number: (course number)**

244

**Course ID: (For administrative use only.)**

201433

**Units:**

3

**In what term(s) will this course typically be offered?**

Fall, Spring

**Does this course require a room for its final exam?**

Yes, final exam requires a room

**Does this course replace an existing experimental course?**

No

**This course complies with the credit hour policy:**

Yes

**Justification for course proposal:**

Updating student learning outcomes to meet CACREP 2016 standards and updating for each proposed program concentration.

**Course Description: (Not to exceed 80 words and language should conform to catalog copy.)**

This course provides opportunities for both theory and skill development by examining crisis and trauma counseling, including crisis theory; multidisciplinary responses to crises, emergencies, or disasters; cognitive, affective, behavioral, and neurological effects associated with trauma; brief, intermediate and long-term approaches; assessment strategies for clients in crisis and principles of intervention for individuals with mental or emotional disorders during times of crisis, emergency, or disaster.

**Are one or more field trips required with this course?**

No

**Fee Course?**

No

**Is this course designated as Service Learning?**

No

**Does this course require safety training?**

No

**Does this course require personal protective equipment (PPE)?**

No

**Does this course have prerequisites?**

No

**Does this course have corequisites?**

No

**Graded:**

Letter

**Approval required for enrollment?**

No Approval Required

**Course Component(s) and Classification(s):**

Seminar

**Seminar Classification**

CS#02 - Lecture/Discussion (K-factor=1 WTU per unit)

**Seminar Units**

3

**Is this a paired course?**

No

**Is this course crosslisted?**

No

**Can this course be repeated for credit?**

No

**Can the course be taken for credit more than once during the same term?**

No

**Description of the Expected Learning Outcomes: Describe outcomes using the following format: 'Students will be able to: 1), 2), etc.'**

This course addresses the following 2016 CACREP Standards:

1. Students will analyze counselors' roles and responsibilities as members of interdisciplinary community outreach and emergency management response teams, as well as be able to identify case management systems of care for the severely mentally ill.
2. Students will analyze and apply the different theories of crisis theory, as well as the cognitive, affective, behavioral, and neurological effects associated with trauma.
3. Students will analyze effects of crisis, disasters, and trauma on diverse individuals across the lifespan.
4. Students will apply suicide prevention models and strategies.
5. Students will analyze crisis intervention, trauma-informed, and community-based strategies, and apply through the completed training in Psychological First Aid.
6. Students will analyze and assess risk of aggression or danger to others, self-inflicted harm, or suicide.
7. Students will analyze trauma and abuse and apply procedures for reporting abuse, as well as analysis of community resources for victims of abuse.
8. Students will analyze compassion fatigue and apply self-care strategies appropriate to the counselor role aimed at minimizing compassion fatigue and vicarious trauma.
9. Students will analyze ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan.
10. Students will analyze the impact of trauma on children, families, communities, and those with disabilities.
11. Students will develop emergency management plans for crises and disasters.
12. Students will apply techniques, through experiments, role-plays, and sharing personal thoughts and ideas.
13. Students will analyze and apply Mental Health Recovery-Oriented Care and Resiliency through Case Management and application within Systems of Care.

**Attach a list of the required/recommended course readings and activities:**

EDC 244 Syllabus.docx

**Assessment Strategies: A description of the assessment strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above.**

- Psychological First Aid Certification (ELO 1)
- Natural/Manmade Disaster Presentation (ELO 2, 13)
- Homicide Case Study Analysis (ELO 2-7)
- Recovery Portfolio (ELO 1-4, 8-9, 13)
- Contextualizing Crisis Response (ELO 1-5)
- Eco-map (ELO 11-13)
- Applied Models (ELO 2,4-5,13)
- Natural/Manmade Disaster Presentation (ELO 3,5,10,11)

**Is this course required in a degree program (major, minor, graduate degree, certificate?)**

Yes

**Has a corresponding Program Change been submitted to Workflow?**

Yes

**Identify the program(s) in which this course is required:**

**Programs:**

- MS in Counseling
- MS in Counseling (Career Counseling)
- MS in Counseling (Marriage, Couple, and Family Counseling)
- MS in Counseling (Rehabilitation Counseling)
- MS in Counseling (School Counseling with Embedded PPS Credential)

**Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?**

No

**Will there be any departments affected by this proposed course?**

No

**I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.**

I/we agree

**University Learning Goals**

**Graduate (Masters) Learning Goals:**

- Critical thinking/analysis
- Communication
- Information literacy
- Disciplinary knowledge
- Intercultural/Global perspectives
- Professionalism

**Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?**

Yes

**For the Council for the Preparation of School Personnel (to be filled out with assistance of your department chair):**

**Does this course change impact your department's currently written Program Standards Document?**

No

**Common Standards: In what way does this course or program change impact the currently written Common Standards document? Please include any suggested language changes:**

The change does not impact currently written common standards document.

**Is this change in response to program or unit assessment activities?**

No

**Will this course introduce any new or changes to program assessments?**

No

**Is this a Graduate Writing Intensive (GWI) course?**

No

**Reviewer Comments:**

**Bitá Rivas (b.rivas) (Sat, 22 Aug 2020 02:04:14 GMT):** I need to change from no to yes this is part of a teacher credentialing program and no it does not cause any significant changes

**Carlos Nevarez (nevarezc) (Mon, 24 Aug 2020 19:27:59 GMT):** Rollback: fyi

**Julie Fogarty (fogarty) (Tue, 20 Oct 2020 21:56:29 GMT):** Rollback: See email from 10/20/20 regarding ELOs and assessment strategies.

Key: 1278