EDUC 155: INTRODUCTION TO COUNSELING

In Workflow

- 1. GPSE Committee Chair (nevarezc@csus.edu)
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- 3. UGSE Chair (hembrees@csus.edu)
- 4. ED College Committee Chair (sarah.ives@csus.edu;%20dale.allender@csus.edu)
- 5. ED Dean (kdohara@csus.edu)
- 6. Academic Services (torsetj@csus.edu;%20cnewsome@skymail.csus.edu)
- 7. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
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- 9. Dean of Graduate (cnewsome@skymail.csus.edu)
- 10. Catalog Editor (torsetj@csus.edu)
- 11. Registrar's Office (wlindsey@csus.edu)
- 12. PeopleSoft (PeopleSoft@csus.edu)

Approval Path

- 1. Mon, 07 Sep 2020 23:25:09 GMT Carlos Nevarez (nevarezc): Approved for GPSE Committee Chair
- 2. Mon, 07 Sep 2020 23:26:27 GMT Carlos Nevarez (nevarezc): Approved for GPSE Chair
- 3. Thu, 10 Sep 2020 00:15:47 GMT Sheri Hembree (hembrees): Approved for UGSE Chair
- 4. Thu, 15 Oct 2020 17:36:01 GMT Sarah Ives (sarah.ives): Approved for ED College Committee Chair
- 5. Fri, 23 Oct 2020 18:10:59 GMT Karen O'Hara (kdohara): Approved for ED Dean

Date Submitted: Mon, 07 Sep 2020 21:24:05 GMT

Viewing: EDUC 155 : Introduction to Counseling Last edit: Fri, 23 Oct 2020 18:10:22 GMT

Changes proposed by: Bita Rivas (223000752) **Contact(s):**

Name (First Last)EmailPhone 999-999-9999Bita Rivasb.rivas@csus.edu9162785950

Catalog Title:

Introduction to Counseling

Class Schedule Title: Introduction to Counseling

Academic Group: (College) ED - Education

Academic Organization: (Department)

Graduate Professional Studies in Education

Will this course be offered through the College of Continuing Education (CCE)? Yes

Please specify:

CCE and Stateside

Catalog Year Effective: Spring 2021 (2021/2022 Catalog)

Subject Area: (prefix)

EDUC - Education

Catalog Number: (course number) 155

Course ID: (For administrative use only.) 116176

Units:

3

In what term(s) will this course typically be offered? Fall, Spring

Does this course require a room for its final exam?

Yes, final exam requires a room

Does this course replace an existing experimental course? No

This course complies with the credit hour policy:

Yes

Justification for course proposal:

We propose moving this Counseling minor course from Undergraduate Studies in Education to the Department of Graduate and Professional Studies in Education. Faculty in GPSE are better equipped to administer a course that is aligned with one of their programs (Counseling), and Counseling faculty typically teach the course.

Course Description: (Not to exceed 80 words and language should conform to catalog copy.)

Introduction to the profession of counseling, including differences between professional counseling and other professions, counseling theories, consultation skills and an introduction to basic counseling skills. Lecture three hours. Requirement for the Counseling minor, not included in 200-series 60 unit program for master's degree.

Are one or more field trips required with this course?

No

Fee Course?

No

Is this course designated as Service Learning? No

Does this course require safety training?

No

Does this course require personal protective equipment (PPE)?

No

Does this course have prerequisites?

No

Does this course have corequisites? No

Graded:

Letter

Approval required for enrollment? No Approval Required

Course Component(s) and Classification(s): Lecture Lecture Classification

CS#02 - Lecture/Discussion (K-factor=1WTU per unit)

Lecture Units

3

Is this a paired course? No

Is this course crosslisted?

No

Can this course be repeated for credit?

No

Can the course be taken for credit more than once during the same term?

No

Description of the Expected Learning Outcomes: Describe outcomes using the following format: 'Students will be able to: 1), 2), etc.'

1. Explicate the various facets of the profession of counseling, including professional associations, contemporary issues, and counseling research as well as the various settings in which counselors work.

2. Analyze and explain major counseling theories, counselor and consultant characteristics, and approaches in the counseling field and behaviors that influence helping processes including age, gender, and ethnic differences, verbal and nonverbal behaviors and personal characteristics, orientations, and counseling skills.

3. Explain the historical development of counseling, and the stages of counseling and the major models of counseling, and technological strategies and applications.

4. Describe the critical elements of interviewing, counseling, and consultation skills.

5. Practice and demonstrate basic counseling and consultation skills.

6. Explain the critical role of ethical and legal issues in counseling.

Assessment Strategies: A description of the assessment strategies (e.g., portfolios, examinations, performances, pre-and posttests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above.

-Participation in class activities and self-reflection (ELOs 1-6)

-Journal Entries (ELOs 4-6)

-Quizzes (ELOs 1-4, 6)

-Interview Presentation (ELOs 4-6)

- Final Paper (ELOs 1-4, 6)

Is this course required in a degree program (major, minor, graduate degree, certificate?)

Yes

Has a corresponding Program Change been submitted to Workflow?

Yes

Identify the program(s) in which this course is required:

Programs:

Minor in Counseling

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

University Learning Goals

Undergraduate Learning Goals:

Competence in the disciplines

Integrative learning Personal and social responsibility Intellectual and practical skills

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)? No

GE Course and GE Goal(s)

Is this a General Education (GE) course or is it being considered for GE? No

Please attach any additional files not requested above:

EDUC 155 Frankel.doc

Key: 1657