# **BA IN LIBERAL STUDIES (PHYSICAL EDUCATION)**



### In Workflow

- 1. SSIS College Committee Chair (tristan.josephson@csus.edu)
- 2. SSIS Dean (mendriga@csus.edu)
- 3. Academic Services (torsetj@csus.edu;%20cnewsome@skymail.csus.edu)
- 4. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
- 5. Council on the Preparation of School Personnel Chair (mae.chaplin@csus.edu)
- 6. Dean of Undergraduate (james.german@csus.edu;%20celena.showers@csus.edu)
- 7. Dean of Graduate (cnewsome@skymail.csus.edu)
- 8. Catalog Editor (torsetj@csus.edu)
- 9. Registrar's Office (wlindsey@csus.edu)

### **Approval Path**

 Tue, 10 Mar 2020 20:00:09 GMT Janett Torset (torsetj): Approved for Academic Services

2. Wed, 15 Apr 2020 23:51:01 GMT

Mical Shilts (shiltsm): Approved for SSIS College Committee Chair

3. Fri, 17 Apr 2020 18:20:32 GMT

Marya Endriga (mendriga): Approved for SSIS Dean

4. Tue, 08 Sep 2020 16:30:50 GMT

Janett Torset (torsetj): Approved for Academic Services

5. Thu, 10 Sep 2020 22:09:46 GMT

Julie Fogarty (fogarty): Approved for Senate Curriculum Subcommittee Chair

6. Mon, 14 Sep 2020 19:53:16 GMT

Mae Chaplin (mae.chaplin): Rollback to Initiator

7. Thu, 24 Sep 2020 15:54:31 GMT

Janett Torset (torsetj): Rollback to Initiator

8. Thu, 22 Oct 2020 04:41:29 GMT

Tristan Josephson (tristan.josephson): Approved for SSIS College Committee Chair

9. Thu, 22 Oct 2020 23:31:31 GMT

Marya Endriga (mendriga): Approved for SSIS Dean

### **History**

- 1. May 4, 2018 by clmig-jwehrheim
- 2. Aug 3, 2018 by 212408496
- 3. Aug 7, 2018 by 212408496
- 4. Oct 2, 2018 by 212408496
- 5. Dec 16, 2019 by Tim Fong (tfong01)

Date Submitted: Wed, 07 Oct 2020 17:20:46 GMT

Viewing: BA in Liberal Studies (Physical Education) Last approved: Mon, 16 Dec 2019 17:51:40 GMT Last edit: Thu, 22 Oct 2020 04:41:02 GMT

Changes proposed by: Kristin Van Gaasbeck (101051492)

Academic Group: (College)

Social Sciences & Interdisciplinary Studies

**Academic Organization: (Department)** 

College of Social Science & Interdisciplinary Studies

### **Catalog Year Effective:**

2021-2022 Catalog

Individual(s) primarily responsible for drafting the proposed degree major program:

| Name (First Last)       | Email          | Phone 999-999-9999 |
|-------------------------|----------------|--------------------|
| Kristin A. Van Gaasbeck | kavan@csus.edu | 916-278-6062       |

### Type of Program Proposal:

Major

#### **Program Change Type:**

Non-Substantive

#### Title of the Program:

BA in Liberal Studies (Physical Education)

### **Designation: (degree terminology)**

Bachelor of Arts

### Briefly describe the program proposal (new or change) and provide a justification:

Liberal Studies majors complete an extensive, interdisciplinary core curriculum. In addition to satisfying the interdisciplinary core curriculum, students are required to complete additional coursework that is focused on an area of study in the form of a concentration or a minor. A concentration requires 12 units of coursework as defined in the concentration curriculum.

Recent curricular changes implemented by the Kinesiology program affected the ability of Liberal Studies majors to complete the Physical Education concentration as currently written in the catalog. Specifically, course prerequisites were added to the courses listed, and total units associated with courses were changed. These changes increased the effective units required to complete the Physical Education concentration.

In consultation with the Kinesiology faculty and the Liberal Studies Council, we are proposing changes to the Physical Education concentration in Liberal Studies to address the aforementioned curricular changes. There are changes to neither the units in the concentration (12 units), nor to units to degree for Liberal Studies majors. Consultation with the Kinesiology representative on Faculty Council is attached in the form of email correspondence and minutes from the Liberal Studies Council March 2020 meeting.

### Objectives of the degree program:

**BA** Degree

### **University Learning Goals**

### **Undergraduate Learning Goals:**

Competence in the disciplines Knowledge of human cultures and the physical and natural world Integrative learning Personal and social responsibility Intellectual and practical skills

Will this program be required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

Yes

### For the Council for the Preparation of School Personnel (to be filled out with assistance of your department chair):

Does this program change impact your department's currently written Program Standards Document?

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Program Standards: Please include suggested language changes.

None required.

Common Standards: In what way does this course or program change impact the currently written Common Standards document? Please include any suggested language changes.

It does not impact the currently written Common Standards document.

Is this change in response to program or unit assessment activities?

No

Will this program introduce any new or changes to program assessments?

No

Do these changes impact the Smart Planner roadmap?

No

**Catalog Description:** 

Units required for Major: 100-103 Total units required for BA: 120

### **Program Description**

The Liberal Studies program is an interdisciplinary major, which encompasses a wide variety of areas of knowledge in a multidisciplinary curriculum. The program provides a broad academic program that encourages academic excellence, diversity, community, and collaboration. There are two tracks in the Liberal Studies Program: Pre-Credential and General.

- •The Pre-Credential program is a multidisciplinary major designed for students who intend to become K-8 or special education teachers in California, and it has been approved by the California Commission on Teacher Credentialing. Its purpose is to provide beginning teachers with a strong grounding in the wide ranging subject matter that will be needed to be effective teachers. The core section is comprised of courses in reading, language and literature, mathematics, natural science, history and social sciences, visual and performing arts, physical education, human development, and health. The Pre-Credential program requires a 12-unit concentration.
- •The General program is designed for students who are interested in a multidisciplinary major, but who do not necessarily plan to become teachers. The Liberal Studies major is an excellent preparation for careers in government service, public administration, business, management, community service, counseling, law, librarianship, public health, as well as professional or graduate school. This major requires students to include a minor.

The Liberal Studies major is a complex program requiring early and continuing contact with an adviser. Students meet with an adviser at least once each semester to provide a hands-on approach to learning. Students must complete 120 units and meet the University foreign language requirement in order to earn a Bachelor of Arts degree. Students are urged to obtain advice as early as possible to avoid delays in the completion of these requirements. The Liberal Studies program director and faculty and staff advisers are located in Lassen Hall 2008, (916) 278-6342.

Admission Requirements: Course prerequisites and other criteria for admission of students to the degree major program, and for their continuation in it.

### **Minimum Grade Requirement**

A minimum grade of 'C-' is required in all courses applied to the Liberal Studies major.

## **Requirements for Concentrations (Pre-Credential Program)**

All concentrations require a minimum of 12 units, 3 of which may overlap with the core course requirements (except for concentration in multicultural studies). Students who wish to complete requirements for a supplementary authorization in any CCTC-approved discipline, which allows them to teach that subject in grades K-9, should see an adviser for important information.

### **Requirements for the General Program**

Students who are following the General Liberal Studies program will complete a minor instead of a concentration. Please talk to an adviser for more information.

As defined by policy http://www.csus.edu/umanual/acadaff/fsm00010.htm, a change in units constitutes a substantive change to the program. If your changes constitute a substantive change, please refer back to the 'Program Change Type' field above to ensure that 'Substantive' is selected.

Program Requirements: (If new courses are being created as part of a new program, it will be useful to propose courses first.)

### **Program Requirements**

| Code  | Title   | Units |
|---|---|-------|
| Core Requirements for the Pre-Credential program (88 Units) 1 |   |       |
| Reading, Language and Literature                              | •   |       |
| COMS 5  | The Communication Experience <sup>2</sup>   | 3     |
| ENGL 5  | Accelerated Academic Literacies <sup>2</sup>                                      | 3     |
| ENGL 16   | Structure Of English  | 3     |
| ENGL 20   | College Composition II <sup>2,3</sup>   | 3     |
| ENGL 116A   | Studies in Applied Linguistics  | 3     |
| ENGL 116B   | Children's Literary Classics  | 3     |
| Mathematics <sup>4</sup>                                      |   |       |
| MATH 17   | An Introduction to Exploration, Conjecture, and Proof in Mathematics <sup>2</sup> | 3     |
|   |   |       |

| MATH 107A                        | Fundamental Mathematical Concents   | 3    |
|----------------------------------|---|------|
| MATH 107A<br>MATH 107B           | Fundamental Mathematical Concepts Fundamental Mathematical Concepts                         |      |
| Natural Science                  | Fundamental Mathematical Concepts   |      |
| BIO 7                            | Introduction to the Science of Biology <sup>2</sup>   | 4    |
| CHEM 106                         |   |      |
| GEOL 8                           | Chemical Concepts Earth Science <sup>2</sup>  |      |
| GEOL 8T                          |   |      |
|                                  | Earth Science Lab for Teachers  |      |
| PHYS 107                         | Conceptual Physics and Scientific Inquiry   |      |
| Social Science and Humanities    |   | 3    |
| GEOG 100                         | Themes In World Geography   |      |
| HIST 17A                         | United States History, 1607-1877 Q <sup>2</sup>   |      |
| HIST 50                          | World Civilizations, Beginnings-1600 <sup>2</sup>   |      |
| HIST 132                         | Topics In World History   |      |
| HIST 187                         | Topics in United States History 1600-1900   |      |
| or ECON 104                      | Introduction to the United States Economy   |      |
| LBST 110                         | California Studies  | 3    |
| POLS 1                           | Essentials Of Government <sup>2</sup>   | 3    |
| Visual and Performing Arts       |   |      |
| ART 133                          | Art Education for Children  | 3    |
| MUSC 101                         | Experiences In Music  | 3    |
| THEA 118                         | Children's Theatre  | 3    |
| Physical Education               |   |      |
| KINS 172                         | Movement Education  | 3    |
| Health Science                   |   |      |
| PUBH 136                         | School Health Education   | 2    |
| Human Development                |   | _    |
| CHDV 35                          | Child and Adolescent Development  | 3    |
| Integrative Study                | onina ana naoiceacht Bevelopment  | J    |
| HRS 162                          | American Space and Identity   | 3    |
| or MATH 107C                     | Elementary Mathematics and the Learning Process   | 3    |
| Field Experience                 | clementary mathematics and the Learning Process   |      |
| CHDV 35F                         | Human Development and Elementary Field Experience   | 2    |
|                                  | numan Development and Elementary Field Experience   | 2    |
| Select one of the following:     | Connective Education Experience   | 3    |
| EDUC 194                         | Cooperative Education Experience  |      |
| EDUC 124A<br>& EDUC 124B         | Tutoring Children in Mathematics<br>Tutoring Children in Mathematics: Practicum             |      |
| EDUC 125A                        | Tutoring Children in Reading  |      |
| & EDUC 125A                      | Tutoring Children in Reading Practicum  |      |
| Summative Assessment Require     | · · · · · · · · · · · · · · · · · · ·   |      |
|                                  | ial Program is in compliance with California Commission on Teacher Credentialing standards, |      |
|                                  | s major are waived from taking the California Subject Matter Examination (CSET).            |      |
| -                                | ns (for the Pre-Credential program) (12-15 Units)   |      |
| Select one of the following cond | · · · · · · · · · · · · · · · · · · ·   | 12 - |
|                                  |   | 15   |
| Linguistics/Composition          |   |      |
| Literature                       |   |      |
| Foreign Language                 |   |      |
| United States History            |   |      |
| World History                    |   |      |
| California Studies               |   |      |
| American Studies                 |   |      |
| Multicultural Studies            |   |      |
| Mathematics                      |   |      |
| Natural Science                  |   |      |
|                                  |   |      |
| Art                              |   |      |
| Music                            |   |      |
| Theatre                          |   |      |

### Physical Education Human Development

Total Units 100-103

- The Core Requirements for the General program are similar to the Core Requirements for the Pre-Credential I program except there are a number of substitutions that can be made. Please see an adviser for more information.
- Course also satisfies General Education (GE)/Graduation Requirement.
- Course to meet critical thinking requirement. See adviser for specific options.
- Students who complete a mathematics concentration may substitute MATH 30, MATH 31, and MATH 35 for the above requirements. In addition, there are other ways of completing a concentration in mathematics. For further information on a concentration in mathematics, please consult the mathematics adviser in Liberal Studies.

### **Concentration in Physical Education**

| Code                              | Title   | Units |
|-----------------------------------|---|-------|
| REQUIRED COURSES (6 Units)        |   |       |
| KINS 138                          | Sport Pedagogy  | 3     |
| KINS 172                          | Movement Education  |       |
| <b>ELECTIVE COURSES (6 Units)</b> |   |       |
| Select two from the following:    |   | 6     |
| KINS 141                          | PRO ACT I - Dual Sports                                     |       |
| KINS 142                          | Professional Activities II - Creative Movement and Dance    |       |
| KINS 145                          | Pro Act III - Team Sports                                   |       |
| KINS 148                          | 148 ProAct V - Nontraditional Games and Sports              |       |
| KINS 149                          | Professional Activities of Health and Skill Related Fitness |       |
| KINS 177                          | Introduction to Adapted Physical Education                  |       |
| Total Units                       |   | 12    |

**Note:** Students must complete the above classes for this concentration. Students may complete additional courses to complete the supplemental authorization in Physical Education. When added to a teaching credential, this authorization allows teachers to teach physical education in grades K-9. A grade of 'C' or higher is required in every course to meet this requirement for a California Commission on Teacher Credentialing approved Supplementary Authorization (if still available).

# **General Education Requirements** <sup>1</sup>

| Code  | Title   | Units |
|---|---|-------|
| Area A: Basic Subjects  |   |       |
| A1 - Oral Communication <sup>2</sup>  |   | 0     |
| A2 - Written Communication <sup>2</sup>   |   | 0     |
| A3 - Critical Thinking <sup>2</sup>   |   | 0     |
| Area B: Physical Universe and It  | ts Life Forms (3 Units)   |       |
| B1 - Physical Science <sup>2</sup>  |   | 0     |
| B2 - Life Forms <sup>2</sup>  | _   | 0     |
|   | to be taken with one of the following: B1, B2 or B5) <sup>2</sup>   | 0     |
| B4 - Math Concepts <sup>2</sup>   |   | 0     |
| B5 - Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements. |   | 3     |
| Area C: Arts and Humanities (12   | 2 Units)  |       |
| C1 - Arts   |   | 3     |
| C2 - Humanities   |   | 3     |
| C1/C2 - Area C Course   |   | 3     |
| C1/C2 - Area C Course - Take up   | per-division course to complete Area & upper division requirements. | 3     |
| Area D: The Individual and Socio  | ety (6 Units)   |       |
| Area D Course 2   |   | 0     |
| Area D Course <sup>2</sup>  |   | 0     |
| Area D Course   |   | 3     |
| Area D Course - Take upper-division course to complete Area & upper division requirements.                                    |   | 3     |
| Area E: Understanding Personal Development (3 Units)  |   |       |
| Area E Course   |   | 3     |
| Total Units   |   | 24    |

- 6 BA in Liberal Studies (Physical Education)
- To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (http://catalog.csus.edu/colleges/academic-affairs/general-education/).
  - Note: There is no way to list all possible overlaps so please consult with a professional adviser. The Academic Advising Center can be visited online (http://www.csus.edu/acad/), by phone (916) 278-1000, or email (advising@csus.edu).
- Required in Major; also satisfies GE.

### Graduation Requirements 1

| Code                       | Title  | Units  |
|----------------------------|--|--------|
|                            | ents (required by CSU) (3 Units)                 |        |
| American Institutions      | : U.S. History <sup>2</sup>                      | 0      |
| American Institutions      | : U.S. Constitution & CA Government <sup>2</sup> | 0      |
| Writing Intensive (WI)     |  | 3      |
|                            | ents (required by Sacramento State) (6           | Units) |
| <b>English Composition</b> |  | 0      |
|                            | American Society (RE) <sup>2</sup>               | 0      |
| Foreign Language Pro       | oficiency Requirement <sup>3</sup>               | 6      |

To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (http://catalog.csus.edu/colleges/academic-affairs/general-education/).

Note: There is no way to list all possible overlaps so please consult with a professional adviser. The Academic Advising Center can be visited online (http://www.csus.edu/acad/), by phone (916) 278-1000, or email (advising@csus.edu).

Required in Major; also satisfies Graduation Requirement.

If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). 'C- or better required.' The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html (https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html)

### **Fiscal Impact to Change an Existing Program**

Indicate programmatic or fiscal impact which this change will have on other academic units' programs, and describe the consultation that has occurred with affected units:

None.

Attach a copy of correspondence with these units:

LIBS\_Conc\_PEConsultation.pdf

Provide a fiscal analysis of the proposed changes:

Not applicable.

How will the above changes be accommodated within the department/College existing fiscal resources?

Not applicable.

Will the proposed changes require additional resources?

No

What additional space, equipment, operating expenses, library, computer, or media resources, clerical/technical support, or other resources will be needed?

Not applicable.

Estimate the cost and indicate how these resource needs will be accommodated:

Not applicable.

#### **Reviewer Comments:**

Mae Chaplin (mae.chaplin) (Mon, 14 Sep 2020 19:53:16 GMT): Rollback: Rolledback to the author for editing. Janett Torset (torsetj) (Thu, 24 Sep 2020 15:54:31 GMT): Rollback: Rolled back at author's request.

Tristan Josephson (tristan.josephson) (Thu, 22 Oct 2020 04:41:02 GMT): Fixed typo in Note for Concentration section of Program Requirements.

Key: 364