

# MINOR IN NUTRITION AND FOOD

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**SACRAMENTO STATE**  
*Redefine the Possible*

## In Workflow

1. FACS Committee Chair (shiltsm@csus.edu)
2. FACS Chair (lhanna@csus.edu)
3. SSIS College Committee Chair (tristan.josephson@csus.edu)
4. SSIS Dean (mendriga@csus.edu)
5. Academic Services (torsetj@csus.edu;%20cnewsome@skymail.csus.edu)
6. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
7. Faculty Senate Executive Committee Chair (kathy.garcia@csus.edu)
8. Faculty Senate Chair (kathy.garcia@csus.edu)
9. Dean of Undergraduate (james.german@csus.edu;%20celena.showers@csus.edu)
10. Dean of Graduate (cnewsome@skymail.csus.edu)
11. President (cely.smart@csus.edu)
12. Provost (amy.wallace@csus.edu;%20minekh@csus.edu)
13. Catalog Editor (torsetj@csus.edu)
14. Registrar's Office (w lindsey@csus.edu)

## Approval Path

1. Wed, 30 Sep 2020 16:48:23 GMT  
Mical Shilts (shiltsm): Approved for FACS Committee Chair
2. Wed, 30 Sep 2020 19:16:15 GMT  
Lynn Hanna (lhanna): Approved for FACS Chair
3. Fri, 09 Oct 2020 16:10:24 GMT  
Tristan Josephson (tristan.josephson): Rollback to Initiator
4. Mon, 12 Oct 2020 19:01:53 GMT  
Mical Shilts (shiltsm): Approved for FACS Committee Chair
5. Mon, 12 Oct 2020 19:48:34 GMT  
Lynn Hanna (lhanna): Approved for FACS Chair
6. Fri, 23 Oct 2020 02:08:35 GMT  
Tristan Josephson (tristan.josephson): Approved for SSIS College Committee Chair
7. Fri, 23 Oct 2020 20:08:13 GMT  
Marya Endriga (mendriga): Approved for SSIS Dean

## New Program Proposal

Date Submitted: Mon, 12 Oct 2020 19:00:23 GMT

### Viewing: Minor in Nutrition and Food

**Last edit: Fri, 23 Oct 2020 02:07:28 GMT**

Changes proposed by: Mical Shilts (102012285)

#### Academic Group: (College)

Social Sciences & Interdisciplinary Studies

#### Academic Organization: (Department)

Family and Consumer Sciences; Family Life Education

#### Catalog Year Effective:

2021-2022 Catalog

NOTE: This degree major program will be subject to program review evaluation within six years after implementation.

**Individual(s) primarily responsible for drafting the proposed degree major program:**

Name (First Last)	Email	Phone 999-999-9999
Seunghie Wie	wie@csus.edu	916-278-7108
Mical Shilts	shiltsm@csus.edu	916-628-4910

**Type of Program Proposal:**

Minor

**Is this a pilot program?**

No

**Is this a Fast Track program?**

No

**Title of the Program:**

Minor in Nutrition and Food

**Designation: (degree terminology)**

Minor

**Abstract of the proposal:**

1. Propose a Minor in NUFD because the existing Minor in FACS is no longer relevant to the recently elevated NUFD program.
2. Update the core requirement and the list of electives among NUFD courses by replacing FASH courses (Fashion Merchandising and Management) and FSHD courses (Family Studies and Human Development).
3. Reduce the total units required from 24 (3 core units and 21 elective units) to 21 units (15 core units and 6 elective units).

**Briefly describe the program proposal (new or change) and provide a justification:**

In September 2017, we were informed that our current degree program (B.S. in Family and Consumer Sciences (FACS), Nutrition and Food (NUFD) concentration) was non-compliant with EO 1071. In order to comply with EO 1071, our previously existing NUFD concentration was proposed as a stand-alone degree program, "B.S. in Nutrition and Food." This was approved and became effective in fall 2019. As a result of this change, we propose to develop a Minor in NUFD as the existing Minor in FACS is no longer relevant to the new NUFD program. The existing minor is in FACS and contains courses from three disciplines within FACS (FASH, FSHD & NUFD). The proposed NUFD minor is updated to contain the new course codes (NUFD) and nutrition and food focused core and elective courses. This revision can complement many campus-wide majors such as Family Studies & Human Development, Health Science, Public Health, Kinesiology, Nursing, Child Development, Recreation, Parks & Tourism Administration, Psychology, and Gerontology.

The FACS minor currently does not have any students (n=0) enrolled since we have not taken new minors except for a few students who changed from a FACS major to another major. The FACS Department plans to revise the curriculum in the FACS minor due to the recent degree elevations and will determine if a FACS minor is still relevant, needs revision or if individual program minors will replace it, which most likely will be the case. The current FACS minor although not active, includes only 1 required nutrition course (NUFD 10) and the language is outdated referring to FACS concentrations which don't exist. Students interested in a nutrition would be directed to the proposed NUFD minor instead of the FACS minor so there would be no program duplication.

**Objectives of the degree program:**

Demonstrate basic scientific knowledge of fundamental skills, values, resources, current trends, theories, and issues relating to the utilization and access of food for human health and well-being from the interdisciplinary perspective in Dietetics, Food Administration, and Nutrition.

**University Learning Goals****Undergraduate Learning Goals:**

Competence in the disciplines  
 Knowledge of human cultures and the physical and natural world  
 Integrative learning  
 Personal and social responsibility  
 Intellectual and practical skills

**Will this program be required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?**

No

**Please attach a Comprehensive Program Assessment Plan (required)**

Minor in NUFD\_Program Assessment Plan\_.docx

**Please attach a Curriculum Map Matrix (required)**

NUFD Minor Curriculum Matrix Map.docx

**Please attach a five-year budget projection (required)**

NUFD Minor Budget\_3.docx

**Catalog Description:****Units required for Minor: 21, all of which must be taken in Nutrition and Food.**

## Program Description

The minor in Nutrition and Food gives students an understanding of the role food and nutrition play in health and disease prevention through coursework in food safety, cultural foods, nutrition & wellness, and metabolism and elective options in life-cycle nutrition, sports nutrition, and current nutrition controversies. The minor could be a relevant addition to any major and is particularly well-suited towards students pursuing careers in public health, gerontology, psychology, human development, health science, education, medicine, nursing, and other healthcare professions.


**Admission Requirements: Course prerequisites and other criteria for admission of students to the degree major program, and for their continuation in it.**

## Minimum Grade Requirement

A minimum grade of 'C-' is required for all prerequisite courses within and outside the Department.

**Program Requirements: (If new courses are being created as part of a new program, it will be useful to propose courses first.)**

## Program Requirements

Code	Title	Units
NUFD 9	Food Safety and Sanitation	3
NUFD 10	Nutrition And Wellness <sup>1</sup>	3
NUFD 107	Nutrition Education, Communication, and Counseling	3
NUFD 113	Nutrition And Metabolism <sup>1</sup>	3
NUFD 114	Cultural and Social Aspects of Food	3
<i>Select two from the following:</i>		6
NUFD 100	Course NUF 100 Not Found	
NUFD 112	Current Topics in Nutritional Sciences 	
NUFD 115	Nutrition: Pre-conception Through Childhood	
NUFD 119	Nutrition: Adolescence Through Older Adulthood	
NUFD 120	Practical Application in Sports Nutrition	
NUFD 121	Nutrition Assessment, Methods and Support	
Total Units		21

<sup>1</sup> Courses satisfy the General Education requirements.

**Attach the results of a formal survey in the geographical area to be served indicating demand for individuals who have earned the proposed degree and evidence of serious student interest in majoring in the proposed program:**

NUFD Minor Survey\_Form B.docx

**For graduate programs, the number of declared undergraduate major and the degree production over the preceding years of the corresponding baccalaureate program:**

N/A

**Professional uses of the proposed degree major program:**

N/A

## The expected number of majors in:

**1st Year Enrollment:**

5

**3rd Year Enrollment:**

15

**5th Year Enrollment:**

25

**1st Year Graduates:**

0

**3rd Year Graduates:**

5

**5th Year Graduates:**

15

**Please attach any additional files not requested above:**

NUFD Minor Consultations.pdf

**Reviewer Comments:**

**Tristan Josephson (tristan.josephson) (Fri, 09 Oct 2020 16:10:24 GMT):** Rollback: Please see email for requested additional information.

**Tristan Josephson (tristan.josephson) (Fri, 23 Oct 2020 02:07:28 GMT):** Added paragraph about no program duplication between proposed NUFd minor and existing FACS minor as requested by author.

Key: 480