

# NUFD 222: ADVANCED COMMUNITY NUTRITION AND NUTRITION EDUCATION

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## In Workflow

1. FACS Committee Chair (shiltsm@csus.edu)
2. FACS Chair (lhanna@csus.edu)
3. SSIS College Committee Chair (tristan.josephson@csus.edu)
4. SSIS Dean (mendriga@csus.edu)
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6. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
7. Dean of Undergraduate (james.german@csus.edu; celena.showers@csus.edu)
8. Dean of Graduate (cnewsome@skymail.csus.edu)
9. Catalog Editor (torsetj@csus.edu)
10. Registrar's Office (w lindsey@csus.edu)
11. PeopleSoft (PeopleSoft@csus.edu)

## Approval Path

1. Sun, 07 Mar 2021 04:59:30 GMT  
Mical Shilts (shiltsm): Approved for FACS Committee Chair
2. Tue, 09 Mar 2021 17:30:43 GMT  
Lynn Hanna (lhanna): Approved for FACS Chair
3. Wed, 24 Mar 2021 16:27:56 GMT  
Tristan Josephson (tristan.josephson): Rollback to Initiator
4. Thu, 25 Mar 2021 04:59:03 GMT  
Mical Shilts (shiltsm): Approved for FACS Committee Chair
5. Thu, 25 Mar 2021 18:18:30 GMT  
Lynn Hanna (lhanna): Approved for FACS Chair
6. Mon, 05 Apr 2021 20:11:34 GMT  
Tristan Josephson (tristan.josephson): Approved for SSIS College Committee Chair
7. Mon, 05 Apr 2021 23:48:15 GMT  
Marya Endriga (mendriga): Approved for SSIS Dean

Date Submitted: Thu, 25 Mar 2021 04:42:18 GMT

**Viewing: NUF222 : Advanced Community Nutrition and Nutrition Education**

**Last edit: Mon, 05 Apr 2021 20:10:13 GMT**

Changes proposed by: Mical Shilts (102012285)

### Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Mical Shilts	shiltsm@csus.edu	916.628.4910
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### Catalog Title:

Advanced Community Nutrition and Nutrition Education

### Class Schedule Title:

Adv Comm Nutr+Nutr Educ

### Academic Group: (College)

SSIS - Social Sciences & Interdisciplinary Studies

### Academic Organization: (Department)

Family and Consumer Sciences

### Will this course be offered through the College of Continuing Education (CCE)?

No

### Catalog Year Effective:

Fall 2022 (2022/2023 Catalog)

**Subject Area: (prefix)**

NUFD - Nutrition and Food

**Catalog Number: (course number)**

222

**Course ID: (For administrative use only.)**

133321

**Units:**

3

Changes to a course's units impact any related programs. As a result, a corresponding change must also be submitted for those programs

**In what term(s) will this course typically be offered?**

Fall term only

**Does this course require a room for its final exam?**

Yes, final exam requires a room

**Does this course replace an existing experimental course?**

No

**This course complies with the credit hour policy:**

Yes

**Justification for course proposal:**

NUFD 222, Advanced Community Nutrition and Nutrition Education, is currently a 1-unit course developed in 2003 as part of the post-baccalaureate Dietetic Internship (DI). The DI is a full-time supervised practice program with emphasis on disease prevention and public policy. The DI must adhere to accreditation requirements from the Accreditation Council for Education in Nutrition and Dietetics (ACEND).

Community nutrition programming and nutrition education are crucial to address complex issues like food insecurity, obesity and chronic disease prevention and treatment. The existing 1-unit NUFD 222 requires updating and expansion to better align with contemporary and evidence-based approaches in diverse populations. This is also reflected in recent changes to ACEND competencies in diversity, equity, inclusion, and nutrition education.

Specific course content added and expanded include developing interventions with evidence-based techniques of behavior change and applying the Systems Science approach. Scaling-up research will be explored to take effective small-scale interventions and expand reach into larger real world settings. All major concepts of the course will also be updated to maximize application of diversity, equity, and inclusion promotion.

The proposed changes to NUFD 222 will ensure students receive necessary content and depth for advance study and competency in community nutrition and nutrition education for diverse populations. Changing the NUFD 222 units from 1-3 will not impact DI completion time as it will be offset by decreasing the required NUFD 295 DI Field Study by 2 units.

**Course Description: (Not to exceed 80 words and language should conform to catalog copy.)**

The course will examine the implementation of nutrition care for population groups across the lifespan. Explore assessment and evaluation methodologies of community based food and nutrition programs. Nutrition policy development and evaluation based on community needs and resources to address health disparities. Learn advanced nutrition education intervention techniques applying behavioral models and theories.

**Are one or more field trips required with this course?**

No

**Fee Course?**

No

**Is this course designated as Service Learning?**

No

**Does this course require safety training?**

No

**Does this course require personal protective equipment (PPE)?**

No

**Does this course have prerequisites?**

Yes

**Prerequisite:**

Admission into Dietetic Internship Program or instructor permission.

**Prerequisites Enforced at Registration?**

Yes

**Does this course have corequisites?**

No

**Graded:**

Letter

**Approval required for enrollment?**

No Approval Required

**Course Component(s) and Classification(s):**

Seminar

**Seminar Classification**

CS#05 - Seminar (K-factor=1 WTU per unit)

**Seminar Units**

3

**Is this a paired course?**

No

**Is this course crosslisted?**

No

**Can this course be repeated for credit?**

No

**Can the course be taken for credit more than once during the same term?**

No

**Description of the Expected Learning Outcomes: Describe outcomes using the following format: "Students will be able to: 1), 2), etc."**

1. Explain community nutrition practice and how it relates to the field of dietetics, public health and preventive medicine.
2. Demonstrate an in-depth understanding of health behavioral models and theories used to develop more effective nutrition policies, interventions, and evaluations.
3. Analyze, interpret, and evaluate research studies applying health behavioral models and theories.
4. Develop skills to promote diversity, health equity, inclusion in community nutrition programming
5. Differentiate between methods of evaluation relevant to community nutrition programming.
6. Assess community nutrition needs and develop relevant evaluation methods.
7. Apply health behavioral models, theories and research methods to the student's own research, clinical cases, or evaluation-based program intervention of interest.

**Attach a list of the required/recommended course readings and activities:**

Syllabus\_NUFD 222\_Adv Community Nutrition Edu\_v3\_4\_2\_21.doc

**Assessment Strategies: A description of the assessment strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above.**

Exams (LO 1-7)

Activities (In-class, take home, discussion board activities related to course readings) (LO 1-7)

Journal article review and synthesis (LO 2-7)

Theory driven intervention focusing on health equity (LO 2, 3, 4, 7)

Community Nutrition Grant proposal (LO 2-7)

**Is this course required in a degree program (major, minor, graduate degree, certificate?)**

No

**Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?**

No

**Will there be any departments affected by this proposed course?**

No

**I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.**

I/we agree

## **University Learning Goals**

### **Graduate (Masters) Learning Goals:**

Critical thinking/analysis  
Communication  
Disciplinary knowledge  
Intercultural/Global perspectives

**Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?**

No

**Is this a Graduate Writing Intensive (GWI) course?**

No

### **Reviewer Comments:**

**Tristan Josephson (tristan.josephson) (Wed, 24 Mar 2021 16:27:56 GMT):** Rollback: Please see email for requested changes.

Key: 14008