

# EDC 254: COUNSELING AND PSYCHOTROPIC MEDICINE

## In Workflow

1. GPSE Committee Chair (nevarezc@csus.edu)
2. GPSE Chair (nevarezc@csus.edu)
3. ED College Committee Chair (kdohara@csus.edu; b.rivas@csus.edu)
4. ED Dean (kdohara@csus.edu)
5. Academic Services (torsetj@csus.edu; cnewsome@skymail.csus.edu)
6. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
7. Dean of Undergraduate (james.german@csus.edu; celena.showers@csus.edu)
8. Dean of Graduate (cnewsome@skymail.csus.edu)
9. Catalog Editor (torsetj@csus.edu)
10. Registrar's Office (w lindsey@csus.edu)
11. PeopleSoft (PeopleSoft@csus.edu)

## Approval Path

1. Mon, 24 Aug 2020 19:28:20 GMT  
Carlos Nevarez (nevarezc): Rollback to Initiator
2. Wed, 05 May 2021 22:54:26 GMT  
Carlos Nevarez (nevarezc): Approved for GPSE Committee Chair
3. Wed, 05 May 2021 22:57:03 GMT  
Carlos Nevarez (nevarezc): Approved for GPSE Chair
4. Fri, 17 Sep 2021 02:08:30 GMT  
Bitá Rivas (b.rivas): Approved for ED College Committee Chair
5. Thu, 23 Sep 2021 21:53:30 GMT  
Karen O'Hara (kdohara): Approved for ED Dean

Date Submitted: Wed, 05 May 2021 21:20:07 GMT

**Viewing: EDC 254 : Counseling and Psychotropic Medicine**

**Last edit: Thu, 23 Sep 2021 21:47:17 GMT**

Changes proposed by: Bitá Rivas (223000752)

### Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Bitá Rivas	b.rivas@csus.edu	9162785950

### Catalog Title:

Counseling and Psychotropic Medicine

### Class Schedule Title:

Counseling+Psychotrpc Medicine

### Academic Group: (College)

ED - Education

### Academic Organization: (Department)

Graduate Professional Studies in Education

### Will this course be offered through the College of Continuing Education (CCE)?

No

### Catalog Year Effective:

Spring 2021 (2021/2022 Catalog)

### Subject Area: (prefix)

EDC - Education - Counselor Education

### Catalog Number: (course number)

254

**Course ID: (For administrative use only.)**

116796

**Units:**

3

**Is the primary purpose of this change to update the term typically offered or the enforcement of prerequisites at registration?**

No

**In what term(s) will this course typically be offered?**

Fall, Spring

**Does this course require a room for its final exam?**

Yes, final exam requires a room

**Does this course replace an existing experimental course?**

No

**This course complies with the credit hour policy:**

Yes

**Justification for course proposal:**

We are modifying 1) the pre-requisite to limit enrollment to those officially in the MS in Counseling program; and 2) the assessment strategies to match our ELO's . No other changes are being made.

**Course Description: (Not to exceed 80 words and language should conform to catalog copy.)**

Provides an introduction to psychopharmacology; the biological bases of behavior; basic classifications, indications, and contraindications of commonly prescribed psychopharmacological medications; and effective approaches to collaborating with clients, their families and other professionals so that appropriate referrals can be made for medication evaluations and so that the side effects of those medications can be identified. Meets the BBS licensure requirements for Professional Clinical Counselors and Marriage and Family Therapists.

**Are one or more field trips required with this course?**

No

**Fee Course?**

No

**Is this course designated as Service Learning?**

No

**Does this course require safety training?**

No

**Does this course require personal protective equipment (PPE)?**

No

**Does this course have prerequisites?**

Yes

**Prerequisite:**

EDC 231 and Classified or Admitted Student in the MS Counseling program

**Prerequisites Enforced at Registration?**

No

**Does this course have corequisites?**

No

**Graded:**

Letter

**Approval required for enrollment?**

No Approval Required

**Course Component(s) and Classification(s):**

Lecture

**Lecture Classification**

CS#02 - Lecture/Discussion (K-factor=1WTU per unit)

**Lecture Units**

3

**Is this a paired course?**

No

**Is this course crosslisted?**

No

**Can this course be repeated for credit?**

No

**Can the course be taken for credit more than once during the same term?**

No

**Description of the Expected Learning Outcomes: Describe outcomes using the following format: "Students will be able to: 1), 2), etc."**

1. analyze limits of professional functioning related to the psychopharmacological treatment of children, adolescents, and adults.
2. apply ethical and legal considerations related to the psychopharmacological treatment with children, adolescents, and adults.
3. examine of basic neurobiology to include the functions of the brain and neurological system, the anatomy and function of neurons, the role of neurotransmitters involved in emotions and behavior, and the electrical and chemical communications between cells.
4. examine psychopharmacology and pharmacokinetics including routes of drug administration; drug absorption, distribution and metabolism; pharmacokinetic principles, and prescription and pharmacy terms
5. Identify current pharmacological medications to include basic classifications, indications, therapeutic effects, side-effects, and contraindications for usage in the following disorders: unipolar depression, bipolar depression, anxiety disorders, psychotic disorders, disorders of attention, and personality disorders.
6. examine interdisciplinary practices including collaboration and psycho-education with health care professionals, family, and other social services in the management of pharmacological treatment.
7. apply current professional research in psychopharmacology relevant to strategies for intervention and treatment.

**Attach a list of the required/recommended course readings and activities:**

EDC 254 Syllabus.docx

**Assessment Strategies: A description of the assessment strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above.**

- Midterm/Final (ELO 3-7)
- Professional Interview Paper (ELO 5-6)
- Case Study Group Presentation (ELO 3-4, 7)
- Professional and Personal Journal (ELO 1-2)

**Is this course required in a degree program (major, minor, graduate degree, certificate?)**

Yes

**Has a corresponding Program Change been submitted to Workflow?**

Yes

**Identify the program(s) in which this course is required:****Programs:**

MS in Counseling

MS in Counseling (Marriage, Couple, and Family Counseling)

MS in Counseling (Clinical Rehabilitation Counseling)

MS in Counseling (Career Counseling)

**Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?**

No

**Will there be any departments affected by this proposed course?**

No

**I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.**

I/we agree

## **University Learning Goals**

### **Graduate (Masters) Learning Goals:**

Critical thinking/analysis  
Communication  
Information literacy  
Disciplinary knowledge  
Professionalism

**Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?**

No

**Is this a Graduate Writing Intensive (GWI) course?**

No

### **Reviewer Comments:**

**Carlos Nevarez (nevarezc) (Mon, 24 Aug 2020 19:28:20 GMT):** Rollback: fyi

Key: 1281