

EDC 280: COUNSELING SKILLS LAB

In Workflow

1. GPSE Committee Chair (nevarezc@csus.edu)
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7. Council on the Preparation of School Personnel Chair (mae.chaplin@csus.edu)
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11. Registrar's Office (w lindsey@csus.edu)
12. PeopleSoft (PeopleSoft@csus.edu)

Approval Path

1. Tue, 17 Aug 2021 22:26:20 GMT
Carlos Nevarez (nevarezc): Approved for GPSE Committee Chair
2. Tue, 17 Aug 2021 22:33:43 GMT
Carlos Nevarez (nevarezc): Approved for GPSE Chair
3. Fri, 17 Sep 2021 02:23:44 GMT
Bitá Rivas (b.rivas): Approved for ED College Committee Chair
4. Thu, 23 Sep 2021 22:06:00 GMT
Karen O'Hara (kdohara): Approved for ED Dean

History

1. May 23, 2019 by Elisabeth Liles-Lourick (eliles)
2. Mar 3, 2021 by Bitá Rivas (b.rivas)

Date Submitted: Tue, 18 May 2021 22:22:52 GMT

Viewing: EDC 280 : Counseling Skills Lab

Last approved: Wed, 03 Mar 2021 15:00:58 GMT

Last edit: Fri, 17 Sep 2021 02:38:40 GMT

Changes proposed by: Bitá Rivas (223000752)

Contact(s):

Name (First Last)	Email	Phone 999-999-9999
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Catalog Title:

Counseling Skills Lab

Class Schedule Title:

Counseling Skills Lab

Academic Group: (College)

ED - Education

Academic Organization: (Department)

Graduate Professional Studies in Education

Will this course be offered through the College of Continuing Education (CCE)?

No

Catalog Year Effective:

Spring 2022 (2022/2023 Catalog)

Subject Area: (prefix)

EDC - Education - Counselor Education

Catalog Number: (course number)

280

Course ID: (For administrative use only.)

202962

Units:

2

Is the primary purpose of this change to update the term typically offered or the enforcement of prerequisites at registration?

No

In what term(s) will this course typically be offered?

Fall term only

Does this course require a room for its final exam?

No, final exam does not require a room

Does this course replace an existing experimental course?

No

This course complies with the credit hour policy:

Yes

Justification for course proposal:

We are modifying 1) to add a pre-requisite and update the co-requisite, 2) updating the course name to better reflect the content and experience, and 3) update term offered. No other changes are being made.

Course Description: (Not to exceed 80 words and language should conform to catalog copy.)

Supervised practice in the basic styles of communication, verbal and nonverbal, with additional focus on the particular skills of selected theories. In conjunction with EDC 216, the material in this course is aimed at helping students develop basic skills necessary for effectively counseling and communicating with clients. The course requirements support three components: (1) personal growth, (2) counseling skills development utilizing multiple approaches, and (3) professional development. Students are expected to be actively involved in their learning.

Are one or more field trips required with this course?

No

Fee Course?

No

Is this course designated as Service Learning?

No

Does this course require safety training?

No

Does this course require personal protective equipment (PPE)?

No

Course Note: (Note must be a single sentence; do not include field trip or fee course notations.)

Recommended to be taken within the first 6 units of study in the Counselor Education Program

Does this course have prerequisites?

Yes

Prerequisite:

Classified Student in MS Counseling program

Prerequisites Enforced at Registration?

No

Does this course have corequisites?

Yes

Corequisite:

EDC 216. Please sign up for the same section of EDC 216 and 280, they are paired by section.

Corequisites Enforced at Registration?

No

Graded:

Credit / No Credit

Approval required for enrollment?

No Approval Required

Course Component(s) and Classification(s):

Laboratory

Laboratory Classification

CS#06 - Seminar/Clinical Process (K-factor=1 WTU per unit)

Laboratory Units

2

Is this a paired course?

No

Is this course crosslisted?

No

Can this course be repeated for credit?

No

Can the course be taken for credit more than once during the same term?

No

Description of the Expected Learning Outcomes: Describe outcomes using the following format: "Students will be able to: 1), 2), etc."

1. Students will apply interventions for working with clients including development of measurable outcomes for clients.
2. Students will apply skills necessary for effectively communicating with and counseling clients.
3. Students will analyze the counseling process and its application within a multicultural society to develop a personal approach to counseling that is theoretically consistent and culturally sensitive.
4. Students will analyze counselor characteristics and behaviors that influence helping processes and apply these skills using essential interviewing and counseling skills.
5. Students will apply strategies using wellness interventions, theories, and techniques in practice.
6. Students will be able to analyze client presentation through selection of appropriate theoretical models and applying these counseling theoretical interventions.
7. Students will analyze their own values and personal beliefs/assumptions about people and gain insight into the relationships between personal beliefs, theory, and practice in counseling.
8. Students will be able to analyze, practice, and apply counseling techniques through role-play and sharing personal thoughts within their dyad/triad, and giving/receiving feedback through their dyads and supervision.

Attach a list of the required/recommended course readings and activities:

EDC 280 Syllabus.docx

Assessment Strategies: A description of the assessment strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above.

1. RESPECTFUL Paper (ELO 1-7)
2. 18 Counseling Skills Quiz (ELO 1-2,5,8)
3. Midterm Evaluation (ELO 1-7)
4. Session Video (ELO 1-7)
5. Session Transcript (ELO 1-7)
6. Final Evaluation (ELO 1,2,5-6,8)

Is this course required in a degree program (major, minor, graduate degree, certificate?)

Yes

Has a corresponding Program Change been submitted to Workflow?

No

Identify the program(s) in which this course is required:

- Programs:**
- MS in Counseling
 - MS in Counseling (Career Counseling)
 - MS in Counseling (Marriage, Couple, and Family Counseling)
 - MS in Counseling (Clinical Rehabilitation Counseling)
 - MS in Counseling (School Counseling with Embedded PPS Credential)

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

University Learning Goals

Graduate (Masters) Learning Goals:

- Critical thinking/analysis
- Communication
- Information literacy
- Disciplinary knowledge
- Intercultural/Global perspectives
- Professionalism

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

Yes

For the Council for the Preparation of School Personnel (to be filled out with assistance of your department chair):

Does this course change impact your department's currently written Program Standards Document?

No

Common Standards: In what way does this course or program change impact the currently written Common Standards document? Please include any suggested language changes:

none

Is this change in response to program or unit assessment activities?

No

Will this course introduce any new or changes to program assessments?

No

Is this a Graduate Writing Intensive (GWI) course?

No

Key: 1291